





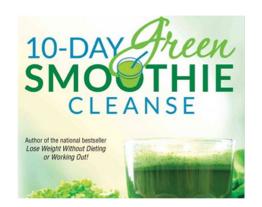
Total Fitness Today

2017 FITNESS COLLECTION

W W W . T O T A L F I T N E S S T O D A Y . C O M







10-DAY GREEN **SMOOTHIE CLEANSE**

Recommends a ten-day cleansing diet for health and weight loss based on drinking green smoothies made from leafy greens and fruit juices.



ACTIONLINE A84016 INDOOR CYCLING BIKE

Non-slip multi-position handlebars, adjustable resistance red knob with a press down brake system.



25" EXERCISE BALL WITH PUMP

Exercise ball measures 25"" across when fully inflated and includes an air pump.



BLUE INTENSITY RESISTANCE BAND

Adjusetable intensity exercise band of 45 punds works your arms, chest and back.



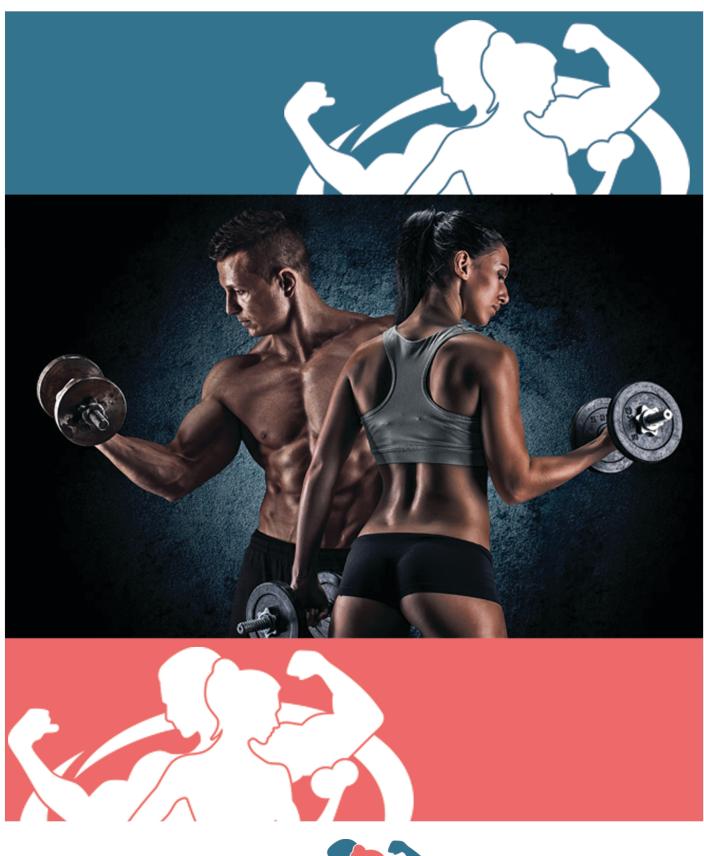
ACTIONLINE KY-34013 EXERICISE TRAINER

This advanced Ab exerciser assists the crunch, makes it easier. It also massages you while working out.



FITNESS ELASTIC ROPE - STRENGTH TRAINING KIT

Elastic rope training can replace the traditional dumbbell fitness equipment, through the training of resistance training way of the muscles of the bod





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