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3 **SMPR Name: Quantitative measurement of β -cryptoxanthin, lutein, and**
4 **zeaxanthin in ingredients and dietary supplements.**

5
6 **Intended Use:** Reference method for cGMP compliance.
7

8 **1. Purpose**
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10 AOAC SMPRs describe the minimum recommended performance characteristics to be used during
11 the evaluation of a method. The evaluation may be an on-site verification, a single-laboratory
12 validation, or a multi-site collaborative study. SMPRs are written and adopted by AOAC Stakeholder
13 Panels composed of representatives from the industry, regulatory organizations, contract
14 laboratories, test kit manufacturers, and academic institutions. AOAC SMPRs are used by AOAC
15 Expert Review Panels in their evaluation of validation study data for method being considered for
16 *Performance Tested Methods* or *AOAC Official Methods of Analysis*, and can be used as acceptance
17 criteria for verification at user laboratories. [Refer to Appendix F: *Guidelines for Standard Method*
18 *Performance Requirements, Official Methods of Analysis of AOAC INTERNATIONAL* (2012) 19th Ed.,
19 AOAC INTERNATIONAL, Gaithersburg, MD, USA.]
20

21 **2. Applicability:**

22 Separate quantitative determination of β -cryptoxanthin, lutein, and zeaxanthin in ingredients and
23 dietary supplements.

24 **3. Analytical Technique:**

25 Any analytical technique(s) that measures the analytes of interest and meets the following method
26 performance requirements is/are acceptable.
27

28 **4. Definitions:**
29

30 **Analytes**

31
32 **β -Cryptoxanthin**

33 IUPAC name: (R)-3,5,5-Trimethyl-4-[3,7,12,16-tetramethyl-18-(2,6,6-trimethylcyclohex-1-enyl)-
34 octadeca-1,3,5,7,9,11,13,15,17-nonaenyl]-cyclohex-3-enol. CAS registry number: 472-70-8. See
35 figure 1 for chemical structure.

36
37 **Lutein**

38 IUPAC name: β,ϵ -carotene-3,3'-diol. CAS registry number 1 27-40-2. See figure 2 for chemical
39 structure.
40

41 **Zeaxanthin**

42 IUPAC name: 4-[18-(4-hydroxy-2,6,6-trimethyl-1-cyclohexenyl)-3,7,12,16-tetramethyl-octadeca-
43 1,3,5,7,9,11,13,15,17-nonaenyl]-3,5,5-trimethyl-cyclohex-3-en-1-ol. CAS registry number: 144-
44 68-3. See figure 3 for chemical structure.
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46
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50 **Dietary Ingredients**
51 A vitamin; a mineral; an herb or other botanical; an amino acid; a dietary substance for use by man
52 to supplement the diet by increasing total dietary intake; or a concentrate, metabolite, constituent,
53 extract, or combination of any of the above dietary ingredients.¹
54
55 **Dietary Supplements**
56 A product intended for ingestion that contains a "dietary ingredient" intended to add further
57 nutritional value to (supplement) the diet. Dietary supplements may be found in many forms such as
58 tablets, capsules, softgels, gels, liquids, or powders.
59
60 **Limit of Quantitation (LOQ)**
61 The minimum concentration or mass of analyte in a given matrix that can be reported as a
62 quantitative result.
63
64 **Quantitative method**
65 Method of analysis which response is the amount of the analyte measured either directly
66 (enumeration in a mass or a volume), or indirectly (color, absorbance, impedance, etc.) in a certain
67 amount of sample.
68
69 **Repeatability**
70 Variation arising when all efforts are made to keep conditions constant by using the same
71 instrument and operator and repeating during a short time period. Expressed as the repeatability
72 standard deviation (SD_r); or % repeatability relative standard deviation (%RSD_r).
73
74 **Reproducibility**
75 The standard deviation or relative standard deviation calculated from among-laboratory data.
76 Expressed as the reproducibility relative standard deviation (SD_R); or % reproducibility relative
77 standard deviation (% RSD_R).
78
79 **Recovery**
80 The fraction or percentage of spiked analyte that is recovered when the test sample is analyzed
81 using the entire method.
82
83 **5. Method Performance Requirements:**
84 See table 1 and 2.
85
86 **6. System suitability tests and/or analytical quality control:**
87 Suitable methods will include blank check samples, and check standards at the lowest point and
88 midrange point of the analytical range.
89
90 **7. Reference Material(s):**
91 Refer to Annex F: *Development and Use of In-House Reference Materials* in Appendix F: Guidelines
92 for Standard Method Performance Requirements, 19th Edition of the AOAC INTERNATIONAL Official
93 Methods of Analysis (2012). Available at: http://www.eoma.aoac.org/app_f.pdf
94
95 USP Lutein
96 USP Zeaxanthin

¹ Federal Food Drug and Cosmetic Act §201(ff) [U.S.C. 321 (ff)]

97 NIST 3280 Lutein (Multivitamin)
98 NIST list of lutein, zeaxanthin, and β -cryptoxanthin in foods
99

100 **8. Validation Guidance:**

101 Appendix D: Guidelines for Collaborative Study Procedures To Validate Characteristics of a Method
102 of Analysis; 19th Edition of the AOAC INTERNATIONAL Official Methods of Analysis (2012). Available
103 at: http://www.eoma.aoac.org/app_d.pdf
104

105 Appendix F: Guidelines for Standard Method Performance Requirements; 19th Edition of the AOAC
106 INTERNATIONAL Official Methods of Analysis (2012). Available at:
107 http://www.eoma.aoac.org/app_f.pdf
108

109 Appendix K: Guidelines for Dietary Supplements and Botanicals; 19th Edition of the AOAC
110 INTERNATIONAL Official Methods of Analysis (2012). Available on line at:
111 http://www.eoma.aoac.org/app_k.pdf
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113 All matrices in table 3 shall be evaluated, or the scope (applicability) of AOAC-adopted method must
114 expressly state the applicable dietary supplement forms.
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116 **9. Maximum Time-To-Result:** None
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Table 1: Analytical Range and LOQ Requirements

Analytical Range	0.0005% to 100%
	5 to 1,000,000 ppm
Limit of Quantitation (LOQ)	$\leq 0.0002\%$
	≤ 2 ppm

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Table 2: Recovery, Repeatability, and Reproducibility Parameters

Range	5 to 20 ppm	>20 to 1000ppm	>0.1% to 1%	>1%
% Recovery	80 to 110	95 to 105	97 to 102	98 – 102
% RSD _r	≤ 8	≤ 5	≤ 4	≤ 2
% RSD _R	≤ 12	≤ 8	≤ 6	≤ 3

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130

% recovery, % RSD_r, and % RSD_R shall be determined individually for each claimed matrixe.

Table 3: Matrices

Tablets
Capsules
Liquids
Powders
Extracts
Plant products
Gummies

Figure 1: Chemical structure of *all-trans* β -cryptoxanthin.

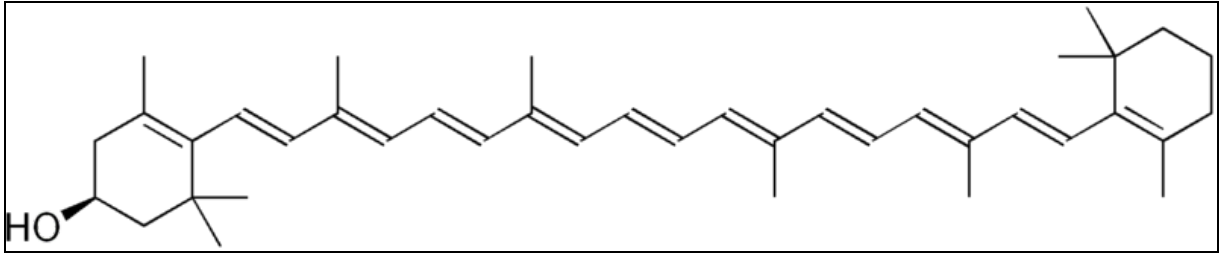


Figure 2: Chemical structure of *all-trans* lutein.

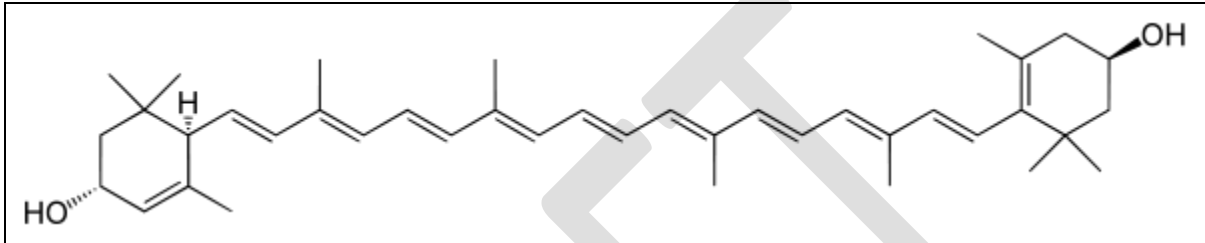


Figure 3: Chemical structure of *all-trans* zeaxanthin.

