



Chebeague Island Council Calendar



#4 | April 2017

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Publisher

Chebeague Island Council

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On the Cover

The 26-foot *Aiden & Sadie* belongs to Mary Todd and is a 26 foot, all-fiberglass Sisu, built in 1980. (The Finnish term "sisu" refers to a kind of stoic toughness and gutsiness—also an apt term for Maine lobstermen.) The *Aiden & Sadie* is a Lowell Brothers design. Mary installed a new Cummings engine in 2013. This is Mary's second boat. She has been a full-time lobsterman for 22 years but also works for the CTC Maintenance Crew. Her stepdaughter Addie Todd fishes her student license off the *Aiden & Sadie* and takes her out alone with her mother, Gail, as her sternman. Soon, Aiden and Sadie will be following in their big sister's footsteps! (Photo courtesy of Mary Todd.)

About the Calendar

The Calendar is published monthly by the Chebeague Island Council. Available on-line at Chebeague Island News (www.chebeague.org) or www.islandcalendar.weebly.com and mailed to every occupied residence on the island, for a small additional fee, it can also be delivered by first-class mail to Island Council members who are off island at the time of publication.

The Calendar welcomes submissions from its readers, including letters and thank you notes, but it cannot publish anything that is political in nature, libelous, or obscene. All submissions should include the author's name and contact information. **Without exception, the deadline for submission is noon on the 20th day of the month preceding publication.** Submissions and ad copy may be mailed (P.O. Box 12), left at the Council office (247 South Rd.), or emailed (chebeagueislandcouncil@gmail.com) and sent as attachments (.doc; no pdfs) or included in the body of the text. Images and photographs should be sent in a .jpg, .jpeg, or .rtf format. As a courtesy and space permitting, island nonprofits are given a free half page each month to publish their news. Any such submissions exceeding a half page will be charged at the usual rate. All submissions become the property of the Chebeague Island Council, which reserves the right to edit them for length and clarity. Submissions that are not time sensitive may be held until there is sufficient space to publish them. Additional information about submissions is available at www.islandcalendar.weebly.com.

Advertising rates are as follows: full page, \$60; 1/2 page, \$30; 1/4 page, \$15; 4-line classified, \$5; 6- to 8-line classified, \$10. Each submission should include the intended publication date, size wanted, and the number of months the ad should run. Rates will increase as of the May 2017 issue.

The deadline for submissions for the May issue is noon on April 20, 2017.



Notes from the Council

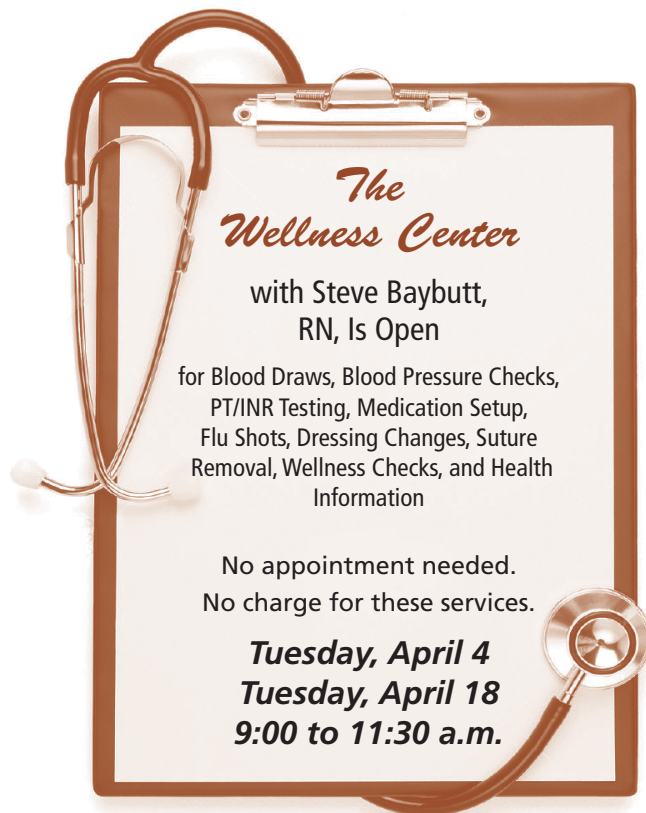
By the time you read this we will have hosted the USM Health Screening, know who won the free Rec Center membership, and perhaps eaten too many homemade donuts! Thank you to Mac and Beth, Dr. Reimann, the USM School of Nursing, and all the volunteers without whom this wonderful community service could not happen.

We are moving ahead with our plans for a free dental clinic. This will include teeth cleaning, oral-cancer check, and placement of temporary fillings, if needed. The Dental Program team has proposed a June date, and we have promised them the use of the Wellness Center. Please call the Council if you are interested. Space is limited to 8. Although we may not have any more openings in June, we can repeat this program in the fall if there is enough interest so we are keeping a waiting list. Many of us dread the thought of going to the dentist, but getting your teeth cleaned is usually painless and we all know you cannot put it off forever. Sooner or later you are going to have a toothache—come get your preventive dental care right on the island and at no charge!

The Council is happy to announce another on-island health service coming to the Wellness Center. Anchored Counseling is going to offer mental health services on a regular basis. You can reach Sarah McKinnon, LCPC-C, at 650-9292 (87 Main Street in Yarmouth) to make an appointment. Sarah is also hoping to offer some “walk-in” hours here at the Wellness Center, so watch for more information.

Don't forget, Dr. Redmond, Casco Bay Chiropractic, is now coming to the Wellness Center. You can now have your chiropractic treatment here right here on the island. When you call his office to schedule your appointment (829-1200), let the office know you would like to be seen on the island.

The Island Council will be sending out membership renewal notices soon. This will include the sign up for first class mail for those members who like to get the Calendar delivered to their off-island homes. Thank you for all your support and encouragement. Because of your generosity, the Island Council is able to offer so many important services to our community, making everyone's life a little healthier, safer, and more fun!



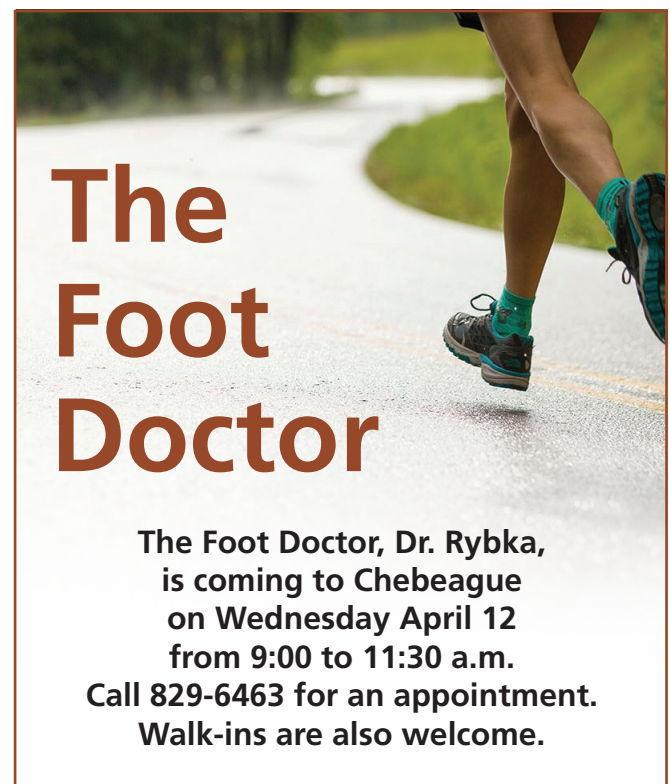
*The
Wellness Center*

with Steve Baybutt,
RN, Is Open

for Blood Draws, Blood Pressure Checks,
PT/INR Testing, Medication Setup,
Flu Shots, Dressing Changes, Suture
Removal, Wellness Checks, and Health
Information

No appointment needed.
No charge for these services.

Tuesday, April 4
Tuesday, April 18
9:00 to 11:30 a.m.



**The
Foot
Doctor**

**The Foot Doctor, Dr. Rybka,
is coming to Chebeague
on Wednesday April 12
from 9:00 to 11:30 a.m.
Call 829-6463 for an appointment.
Walk-ins are also welcome.**

Notes from the Hall

As spring gears up, the Hall is winding down its Wednesday soup/lunch offerings. We have our last Community Lunch on April 19. We do go out with a bang, as the roast beef lunch, faithfully sponsored by Mark H. Dyer, Inc., is always a sellout. Get there early!

We would like to thank our March sponsors: Linda White for the Saint Patrick's Day Community Lunch, Maine Island Energy for the Baked Bean and Bingo Supper, and David Scrase and Melanie Gustafson for two delightful Heritage Soup lunches. We have only two sponsorship slots left for *next year's* Community Lunch and Supper program. As always, we are grateful for the strong community support for these programs in terms of sponsors, volunteers, and attendees. We do it for you, but we could not do it without you. Thank you, and see you at the Hall!

Property Maintenance

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and more...*

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Nathan Doughty
712-4017 or
846-4133



Never fear! The Thrift Shop will be opening as usual, and we are now accepting donations!

As many of you know, the Chebeague Island Grange has closed, but the Island Council, in keeping with its mission, will continue the Thrift Shop. Check the May Calendar and learn how you could win a "private shopping experience" on Opening Day!



Christine Auffant and Sarah Van Fleet will be heading up the volunteers, and you can drop off your treasures, extras, and gently worn items at the former Grange building. Please call Christine at 203-458-8125 or the Council office at 846-4988 if you have any questions or need more information.

Call [Sharkey Graphic Solutions](http://www.sharkeygraphics.com) for all your graphic design needs!
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Island Commons



132 Littlefield Road Chebeague Island, Maine 04017
 Business Office: 207-846-5610 Administrator: Amy Rich Care Manager: Vicki Todd
Compassionate Elder Care...Serving Chebeague Island and Greater Casco Bay
 ASSISTED LIVING ~ ADULT DAY CARE ~ IN-HOME CARE ~ RESPITE CARE

EVENTS:

Sunday April 16
Easter Egg Hunt!
 11:45 (at the Commons)

Saturday May 6
Spring Cleanup & BBQ
 9am-12pm (the Commons)

Saturday May 13
Jenny Wren 5K
 9am from The Commons

Saturday May 27
Plant & Bake Sale
 10am-12noon (the Hall)

Sunday July 16
NEW EVENT!
 Bay Mist Cruise & Live
 Auction (*watch for
 details*)

Saturday August 5
Yard Sale Event
 10am-1pm (the Commons)

Celebrate Mother's Day by participating in the first

Jenny Wren 5K

in memory of Jeanette Hamilton

Walk or Run in memory of honor of a Mother, Grandmother,
 Aunt or Special Woman in your life to benefit Island
 Commons.

**SATURDAY, MAY 13 AT 9am at The
 Commons**

FOLLOWED BY A CASUAL BRUNCH

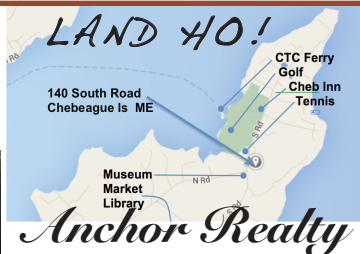
Please go to www.islandcommons.com to learn more.

THANK YOU all who turned out for the SHAMROCK SHINDIG, purchased
 items at The Studio, and donated cleaning supplies! Congratulations to
 raffle winners Wanda & David, who scored 2 tickets to the Bay Mist Cruise!

**July 16: SAVE THE DATE! Island Commons Cruise aboard
 the Bay Mist...live music, live auction, great food & a
 selection of fine wines and craft beers. Tickets go on sale
 next month.**

Island Commons has an OPEN ROOM. Please contact Amy Rich for information...846-5610

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John Holt, associate broker
207.370.4017

come for the property ...
 stay for the community

From the Town Office

Office Hours—We are open Monday and Thursday from 9:00 a.m. to 5:00 p.m. and from 9:00 a.m. to 4:00 p.m. on Friday. As always, if you need assistance at other times, please don't hesitate to call (846-3148) and we will do our best to accommodate your needs.

Transfer Station—The Transfer Station is now open Monday and Thursday morning from 9:00 to 11:00 a.m.; Wednesday and Friday afternoon from 1:30 to 5:00 p.m.; and Saturday and Sunday from 9:00 a.m. to 5:00 p.m. As always the Transfer Station is closed on Tuesday.

New! Now Accepting Credit Cards!—We are happy to announce that we can now accept credit cards as a form of payment in the Town Office. In addition to cash and checks, we will also accept VISA, MasterCard, American Express, and Discover cards. The service is provided through Information Resource of Maine (InforME), which will collect a processing fee for the use of the credit card. A processing fee of \$1 will be added to transactions of up to \$40. For transactions over \$40, the processing fee will be 2.5 percent of the total. For instance, if you use a credit card to pay your tax bill of \$2,000, the processing fee would be \$50.

Nomination Papers Available—Nominating papers will be available at the Town Office beginning March 20. We will have two vacancies: Dave Stevens on the Board of Selectmen and Bev Johnson on the School Board both come to the end of their terms

in June. So, if you've thought about ways to give back to your community, here's an opportunity. Now is a great time to talk to current members about their experiences. To serve on either board, you must be at least 18 years old, a resident of the state as well as a U.S. citizen, and a registered voter (and thus a legal resident) of the town in which you serve. No particular level of education or experience is required to qualify as a municipal officer or as a school board committee member.

Annual Town Report—We are once again gathering materials for the Annual Town Report. The municipal financial information is for the fiscal year from July 1, 2015, to June 30, 2016. Many organizations report on the 2016 calendar year. If you would like to submit something to be printed in the 2016 Annual Report, please send it via email to townadmin@chebeague.net.

Volunteer Opportunities—We still need one more person for the Board of Adjustments and Appeals. Due to a recent resignation, we also need one more person for the Planning Board. Please stop by the Town Office for an application form.

*Thank you for your support, and remember to be kind to one another,
Marjorie E. Stratton, Town Administrator*



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Repair and servicing of electric appliances, water heaters, water-pump systems, septic-pump systems, sump pumps, lamps and light fixtures.

Installation and repair of electrical systems and components, including generator sales and service.

Installation and repair of wiring for telephones, computers, televisions, and sound systems.

Wiring of boats and marine facilities, such as docks and piers.

Thanks for your business, and remember to support your local island businesses.

Kim Boehm

Wellness Matters: Home Alert Systems by Jenny Hackel

It's still ice season, and many of us worry more about falling when we go outside to get the mail or get in our cars; however, falls may also happen inside. Tripping on the stairs or slipping while stepping out of the shower may make it impossible to get to the telephone to call for help. A medical alert call device may be the solution. Many people are not aware that the Island Council can help those who need it to obtain such a device.

While these "help I've fallen and can't get up" buttons have been around for a long time and been the subject of numerous jokes, ask all who have used one and they will assure you that this little button got them the care they needed.

Over the years, the transmission range of these systems has increased and the units have become sleeker, often resembling a necklace or bracelet, rather than

a large panic button. They are programmed to work with a home telephone, triggering a call for help when the button is pushed. Because these devices can be programmed to contact only the people the wearer lists, they can also first place a call to a relative or friend to help before an ambulance is called. Once the situation is assessed, the ambulance can then be summoned if needed. And these units have a battery backup in case of a power failure.

If you are interested in a home alert system for yourself or someone you know, contact the Island Council at 846-4988 or chebeagueislandcouncil@gmail.com. The Council will be happy to help set you up with a device and even help with costs. It is very important for you to feel safe at home, and a medical alert system can give you and your family that peace of mind.



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Chebeague Recreation Center News



(207) 846-5068

www.chebeaguerec.com

crc@chebeague.net

Kids' Place

Open Monday-Thursday until 4:30 PM

New after school program on Tuesdays thru April 25



Island Trails returns this Summer!!!!
Attendance for the past 2 years has been fantastic!

Call early to reserve your spot!
Island Trails runs from 9 to 12:00
Tues, Weds, and Thurs
Cost: \$75 per week

Come explore the island,
look for creepy crawly's, and
engage in a world of imagination and pretend!
Explore the world of science too!
Every day will involve a craft,
a book and a lot of fun!

Let's Get Movin'

Wednesday's after school until 4:30
thru May 31

Art Lessons with Caroline

Every other Saturday at CRC
through May 7, 1-4 PM



Piano or String Lessons

Mondays at CRC by appointment

Teen Center

Friday and Saturday nights 7-10 PM



Yoga with Celia

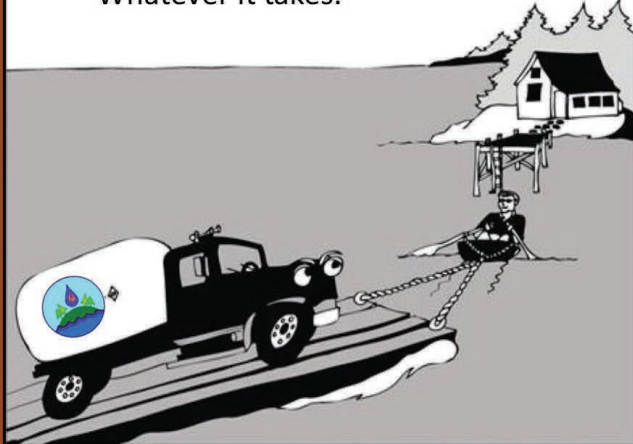
Beginner's Mind (for all levels)
Mondays 5:30pm, Saturday morning
classes TBA Begins Jan. 2nd, 2017

Kettlebell with Brian

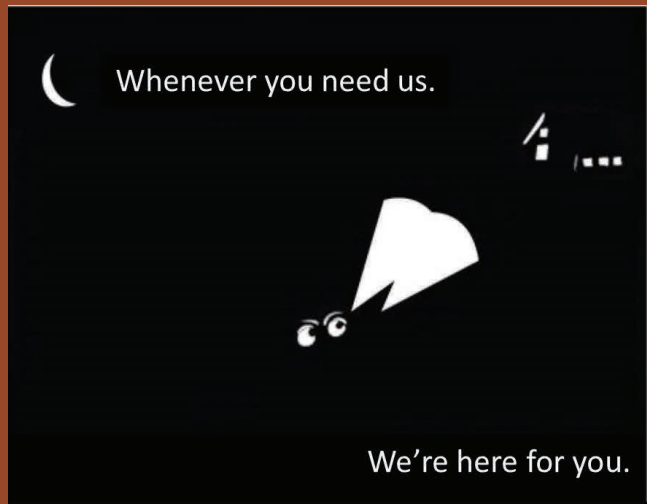
Schedule varies, see website

Children's Theater and Camp Chebeague Schedules are coming together.
Check our website for details.

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Marty's Memories: Memory as Teacher by Marty Trower

Before I moved to the island year-round, that Anthony Newley song "Stop The World—I Want to Get Off" screamed at me often. My vision of what I thought it meant, anyway. Not anymore. I did get off, and the world kept going without me. Like many others of my generation, newcomers, summer residents, and year-rounders who have returned and rooted ourselves on or near Chebeague, I am appreciating my much smaller and more innocent vantage point on that same world.

Without realizing I was doing it, I began noticing a constant companion of memories trotting along beside me as I worked to fashion this last part of my life. You know what I mean—vignettes from the past that appear sometimes as tiny videos, some with audio, and then are gone, leaving you to wonder, why did my subconscious feel a need to keep that one anyway?

I'm realizing that many of these hold valuable lessons from islanders who helped shape who I am now and will help move me through the rest of my life.

Marian and Jan Friis lived in a tiny fairytale house that Jan built on the grounds of their "West Winds" summer camp. Marian would tell me how before their marriage, Jan used to row over from Harpswell to date her on Chebeague, and I'd swoon at his dedication to her. They couldn't have children, but it seems that they had a huge fold of loving surrogate children and grandchildren around them. I was one, and their embrace carried over to Portland where they spent part of every winter at the Eastland Hotel. When I was a new student at the school of art there, they would invite me to have dinner with them at the hotel. They watched out for me, cautiously guided me, and encouraged me in a way they did naturally.

I prospered from my loving relationship with the Friis' for twenty or more years and continue to be bathed in their influence in ways that are hard to put my finger on. As usual, it is the little things. Before I knew or felt birds, for instance, Jan would tell me, "Birds are the best pets you can have. You can feed them, watch them, enjoy them but then, if you have to be away, they can go off and get their own food and be independent!"

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<http://chebeague.chebeague.lib.me.us/winnebago/search/search.asp>



Winter Hours

Sun & Mon	Closed
Tuesday	4 p.m. – 8 p.m.
Wednesday	10 a.m. – 1 p.m.
Thursday	4 p.m. – 8 p.m.
Friday	10 a.m. – 1 p.m.
Saturday	10 a.m. – 1 p.m.

Note: Unfortunately, our online catalogue isn't functioning. New acquisitions can be seen on our webpage. Please either call or email if you are looking for a book. Please like our new Facebook page!

NEW MOVIES

- Fences
- Kubo and the Two Strings

NEW BOOKS

- The Hidden Life of Trees by Peter Wohlleben



One Man's Island by Bob Libby

Where we live in April is an inspiration. Think about it: the month begins with a day dedicated to practical jokes and chicanery. Be wary parents. Someone may put salt in the sugar bowl. Someone may tie knots in your punt's bow line. I have a friend who years ago would put flocks of pink plastic flamingos in yards all over the island. Some years Mother Nature pranks us with a big snowstorm just when we believe spring has arrived. I remember one Easter when I was five or six and all dressed up for church and there was six inches of snow around the tulips, daffodils, and crocuses. Even songbirds are confused by odd weather. Robins return to the island on warm winds, only to discover frozen ground.

April is also opening day at Fenway Park and the hope that springs eternal in Red Sox Nation will afflict many of us as we go about our spring chores, raking and mending, scraping and painting, listening to play-by-play narratives on the truck or boat radio. The Great Chebeague Golf Club will turn green this month; Cary will return and groom the fairways, bunkers, and greens. Gradually, a few golfers will appear and walk down the fifth slope by the shore that David Nyhan dubbed the "Pebble Beach of Maine." For now though, the Canada geese outnumber the golfers.

At the boat yard shrink wrap is being discarded, masts are stepped, and one after another boats that have sat idle return to Casco Bay. The town crew puts the punt floats back at Stone Wharf; the dock barge rehanges the floats on our neighbors' piers. The local boating commuters start racing the *Islander* across the sound.

April is poetry month, and the poetry group will meet at the library and share a love for all things lyrical. Some of us will be presenting public readings of new poems. Performing poetry is like birdsong, something we are compelled to do.

April is Patriots' Day and all that now conjures in New England and island minds: revolutionary history, horrible acts of terrorism appended to our cherished Boston Marathon tradition, and a most devastating example of how extreme weather events can challenge our small community.

Looking at the island from Cousins Wharf, one can see the rosy blush of buds on all the hardwoods along the shore. Our magnolia tree is the first to blossom before any other trees have even leafed out. The Recompense daffodils appear in clusters along the road sides. Sea ducks are trailed in the cove by lines of ducklings, and near the ponds the roar of spring peepers fills the warm air. April is always an inspiration.



Chebeague United Methodist Church News

chebeaguechurch@chebeague.net 846-6987

www.chebeagueumc.org www.facebook.com/chebeagueislandumc/

Office Hours: Thursday 10:00 a.m. to 1:00 p.m.; Other times, by appointment

Phone Number Change—To contact the church office, please call the Parish House at 846-6987. You may continue to reach Pastor Melissa at the parsonage at 846-4106.

Holy Week and Easter Services—Palm Sunday on April 9, 10:00 a.m. worship; Maundy Thursday on April 13, 7:00 p.m. worship; Good Friday on April 14, 7:00 p.m. worship; Easter Sunrise service on Sunday April 16 at 5:45 a.m. for a 6:00 a.m. sunrise followed by breakfast at the Parish House and by Easter worship at 10:00 a.m.

Easter Flower Memorials—Forms for Easter flower memorial listings are available at the Parish House and narthex of the church. Deadline for submission is Thursday April 13. Call the church office with any questions.

Supplies for Guatemala—Peter Carleton is heading to Guatemala at the end of April, and the team is looking for items to send. For the complete list, please visit our Facebook page (www.facebook.com/chebeagueislandumc/) or visit the church to see the list and donation box. We are also accepting checks (made out to Works of Grace) for the purchase of medical supplies. Deadline for supplies is April 2!

For an up-to-date calendar of events held at the church and Parish House, please visit www.chebeagueumc.org/calendar.

BIRTHS

February 24: Hadley Belle Morgan, a daughter, to Hoyt and Elizabeth Morgan

DEATHS

March 2: Virginia (GeeGee) Dyer, 91
March 6: Lorraine Lucille Doughty, 83

Classified Ads

Top Shelf Cleaning and Services: Cleaning, moving cars to and from the Stone Pier or Chandlers Wharf, snowplowing and snowblowing, and winter house watching—daily, weekly, or monthly—lawn mowing, and light tractor work. For more information, call Cindy at 207-846-1055.

Seasonal Rental at 13 Island View Rd: Fully equipped summer home with 3 bedrooms, 2 full baths, and private right of way to the water; \$900 per week plus a \$300 security deposit. Contact Richard Bowen at rhbowen3@gmail.com or 207-831-6148.

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What's New at CTC?

CTC Policies

ANNUAL PARKING PERMIT FEES WERE DUE IN FULL ON MARCH 31ST

The deadline for receiving full payment for annual parking fees for 2017 was March 31st.

Customers who have not paid the full amount due by the end of a 30 day grace period (April 30th) will have to pay the full annual parking fee when submitting an application for 2018.

Please affix your 2017 sticker to your car if you have not done so already to avoid violation tickets and fines.

Reminder

Summer ferry fares go into effect on May 1st.

DESIGNATED COMMUTER PARKING ON COUSINS ISLAND ENDS APRIL 1ST.

CTC OFFICE

(207) 846-5227/846-3700
16 North Road, PO Box 27
Chebeague Island, ME 04017
chebeaguetrans@gmail.com
chebeaguetrans.com

CTC policies are designed for the safe and efficient transportation of our customers. Last month, we reviewed the Safety Policy and Passenger Behavior Policy. Our review of policies continue this month with the Package Transport Policy, Commercial Freight Policy, and Disability Accommodation Policy.

Package Transport Policy

It is the Policy of the Company to transport packages both on and off the island as a service and convenience to our customers. Customers requesting package transport by ferry boat or bus will be responsible for assuring proper packaging of contents and labeling for delivery, as well as making arrangements for delivery or pickup. All packages transported by the Company shall be carried at the customer's risk, and the Company shall have no liability for lost or damaged packages or their contents. Normal freight fees will apply.

Commercial Freight Policy

Freight should be delivered by the 12:15 PM ferry.
Freight should not be delivered

by dual wheel vehicles. Customers who are not on the ferry must notify CTC of the delivery in advance. The first person who calls the CTC office on 4/13/2017 and says "Happy Easter, CTC" gets a free guest ticket book. All unaccompanied freight must display customer's name. Freight must be picked up at the ferry directly after the boat returns to Chebeague. Freight fees must be paid upon delivery to Chebeague.

Disability Accommodation Policy

Passengers needing accommodations because of physical disabilities should call the CTC office during regular business hours at least 24 hours in advance of travel.

Passengers who need assistance boarding the ferry should consider the tides on the dates of travel and travel on high tides if possible. The ramp to the ferry float is very steep on low tide.

Freight on the Bus

In serving the island, CTC transports great quantities of both personal and commercial freight. We would like to remind our customers of some of our freight policies and regulations regarding transportation on our buses.

The CTC buses are used to transport personal freight only for bus passengers.

Commercial freight deliveries to Chebeague should be delivered directly to the wharf from the supplier.

Passengers who have large amounts of personal freight should deliver it to the wharf and then return to the parking lot for the ride on the bus.

Federal regulations prohibit the transportation of any type of fuel or anything that has - or has had - fuel in it on our buses.

Transporting vehicle or marine batteries is also prohibited on buses.

Please review our Package Transport Policy for more information.

Don't Get Towed!!

In accordance with our published policies - CTC may have any unauthorized vehicle towed from our parking lots. All vehicles must have an annual parking permit or a daily parking ticket displayed.

The Annual Meeting of the Chebeague Island Historical Society will be held at the **Island Hall on Saturday, June 17th at 7 p.m.** The purpose of the meeting is to elect Officers & Trustees and to approve the amount of annual dues proposed by the Governing Board for 2017/2018.

The Historical Society Nomination Procedure for new Officers & Board members: anyone wishing to nominate a member may submit a written petition signed by seven [7] or more members of the Society to the recording secretary at least ten [10] days before the Annual Meeting & posted not fewer than seven [7] days before the meeting, routinely held the third Saturday of June.

The proposed Nomination Slate for June, 2017 – June, 2018 is:

The nominating Committee has nominated the following people to serve as Officers for one year or until a successor is duly elected & qualified:

<i>President:</i> Toby Webb	<i>Corresponding Secretary:</i> Cathy McNeil
<i>Vice President:</i> Mary Holman	<i>Recording Secretary:</i>
<i>Treasurer:</i> Mary Holt	

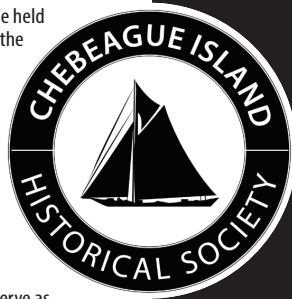
The Nominating Committee has nominated the following people to serve as Trustees for three years [2017-2020]. Members of the Board:

Patricia StCyr	Marjorie Munroe
Michael Hamilton	Karen Corson

An affirmative vote of a majority of the CIHS members present at the Annual Meeting is required to elect Officers & Trustees.

Respectfully submitted,

Karen Corson
Recording Secretary



Mark Your Calendar

June 17 **The Annual Meeting**
Saturday 7:00 PM, Island Hall

June 19 Lecture Series I:
Monday 7:00 – 8:00 PM

July 17 Lecture Series II
Monday 7:00 – 8:00 PM

August 8 CIHS House Tour
Tuesday 10:30 – 4:30 PM

August 21 Lecture Series III
Monday 7:00 – 8:00 PM

September 18 Lecture Series IV
Monday 7:00 – 8:00 PM

HIRING SEASONAL HELP:

The Historical Society is looking for energetic individuals who would like to greet visitors and work at the Museum Gift Shop. This is a seasonal position and would involve weekends. If interested, please email: ChebeagueHistory@gmail.com

Firefighter Footnotes

Burn permits are still available for free through Ralph or Kim Munroe and Lisa Israel or online for a cost of \$7 (\$2 of which goes to the town) at www.13.informe.org/burnpermit/public.

All fires must be attended at all times and require a burn permit.

Ralph Munroe Cell 712-3827 • Ralph and Kim Munroe Home 846-4654 • Lisa Israel 274-0716

Important Resource Numbers

AA 24-hour Hotline..... 774-4335/800-737-6237	24-Hour Crisis Intervention and
AI Anon/Alateen to help	Suicide Prevention Hotline..... 888-568-1112
family/ friends of alcoholics..... 284-1844/800-498-1844	Statewide Sexual Assault Crisis Hotline..... 800-871-7741
NA Hotline..... 800-974-0062	Family Crisis Services..... 800-537-6066

Notices

Ladies Aid: Please join us for crafty projects and camaraderie from **11:00 a.m. to 2:00 p.m. each Thursday**. Our Summer Fair will be held **Thursday August 3 from 11:30 a.m. to 2:00 p.m.** at the Hall.

Catholic Communion Service: A Catholic Communion Service without a priest will be held **each Saturday at 4:00 p.m.** at the Parish House.

Sew Good: Sew Good will meet **April 26 from 1:00 to 5:00 p.m.** at the Parish House. For more information, please call Lola Armstrong (846-4737) or Karen Corson (846-0938).

Women's Potluck: This gathering is modeled after an event Barbara Davis held for 25 years in her New Hampshire community in

which women were invited to discuss their views on a predetermined topic. Each meeting a new question will be addressed. This meeting's question is "Which woman was most influential to you in your life and why?" Each woman will be given five minutes to respond without interruption, but no one will be required to respond. The event will be held **Saturday April 8 at 6:00 p.m.** at the Parish House.

100th Birthday: Margaret Gaston will be celebrating her 100th birthday on **May 22**. Her family would love to have Margaret's Chebeague friends and neighbors remember her with cards and good wishes. Her address is 33 Van Tassel Lane, Ballston Spa, NY 12020. Later in the summer when Margaret is at the cottage, there will be an open house reception to which all will be invited.

The Recompense Fund: Road Maps to the Future



One of the great challenges facing many nonprofit organizations today is to anticipate the current and future physical needs of their aging facilities. Looking ahead at future capital spending helps avoid unhappy surprises, build better budgets, and make the case for financial support from funding sources. To address these challenges, the Chebeague Recreation Center (CRC) and the Kids' Place recently undertook capital needs assessments (CNAs) of their wonderful but aging physical plants. These CNAs were made possible in part by a grant from the Recompense Fund.

A CNA is the process of inventorying a property's major systems—site, exterior and interior architectural components, and mechanical systems—and assessing the systems' current condition and determining approximately when they will need to be replaced or rebuilt, based on industry-standard useful-life assumptions and actual conditions on site. It includes a projection of the costs associated with those capital actions, usually in current and inflated terms.

CNA reports typically comprise both summary and detailed spreadsheet presentations (extending over 15- to 20-year horizons), narrative presentations that track the spreadsheets, and photographic documentation. Together, they represent a road

map of future capital spending.

They are most effectively undertaken by contracting with experienced CNA professionals. Such professionals typically have architectural and/or engineering expertise, capital planning experience, and an established model for conducting and presenting their work. Some also offer an interactive review of a preliminary report that helps laypeople better understand what they have, how things work, and what their options are.

CNAs are now a fairly well established line of work for several local architectural and engineering firms. Anyone considering the process should ask for a sample report because you really want a clear presentation that makes sense to your readers. You should interview the firms under consideration—in person and on-site ideally, but by phone at least. Again, a joint review is strongly recommended as part of the scope of work. The price range for a typical CNA is \$2,500 to \$5,000, depending on size and complexity; often, favorable economies of scale can be gained by packaging up several assignments at once.

The CRC Board is grateful to the Recompense Fund for its help in obtaining this snapshot of our facilities. We are happy to share our experience with other Chebeague nonprofits.

Sandi Whiston, President of the Chebeague Recreation Center

The Mail

HEARTFELT THANKS

I want to extend a heartfelt thank you to the Chebeague Island community for the attentive care of our family throughout my Dad's illness and homegoing.

These are a few of the many things that come to mind: helping my Dad maneuver the bus and boat when he was unsteady on his feet or needed the wheelchair; the many helping hands that were needed to bring him home one last time on that Friday night boat; the encouraging visits, phone calls, and rides back and forth to the boat; the many homemade baked goods for the funeral reception; and the boat captain who turned the boat around for my daughter who was running down the hill with two little ones in tow attempting to see her grampa one more time.

Every act of kindness made such a difference and was like healing balm to our hurting hearts. This experience has etched Chebeague Island even deeper into my heart.

As Paul wrote to the Philippians, I thank my God upon every remembrance of you!

Terry Stevens, on behalf of the family of Richard Collins

Thanks!

I want to thank the Chebeague rescue and CTC boat crew for their kind and caring support in taking me over to the ER during my recent episode. Words don't seem like enough to say thanks for their dedication. We are very lucky to have such good people ready to be there when we need help.

Sam Birkett

"A SPECIAL THANKS"

Dick and I would like to thank everyone for all the good thoughts, prayers, and delicious goodies we have received since my diagnosis. The outpouring of love has been amazing and helped us through.

A special thanks to my kids and grandkids for everything they do—it makes this journey easier for me having you all around.

Leave it to my daughter for getting the word out about loving hugs, keep those coming!

I am home and doing well and looking forward to spring!

Thanks,
Dianne and Dick Calder

**Berkshire Hathaway HomeServices
Northeast Real Estate**

208 U.S. Rt. One Suite 2, Freeport, ME 04032
207-869-5173
On-Chebeague Agent, Specs Eaton – cell 207-491-5150
specseaton@gmail.com



*“Quality real estate
practice becomes great
community service”*

mls #1291141 20 Firehouse Road

\$189,500



This 1850 house and barn are both solid structures. There is much potential here, but elbow grease, ingenuity, and a renovation budget are required. Quaint winder stairs lead to 4 rooms on 2nd floor. A stone and granite foundation sits under main house, with a full basement including the well under the kitchen. Complete roof shingling recently done on both house and barn. Nice neighborhood, yard sitting on 3 acres—a landscaper’s and gardener’s delight.

mls #1289167 North Road, Deer Run Subdivision Lot #1

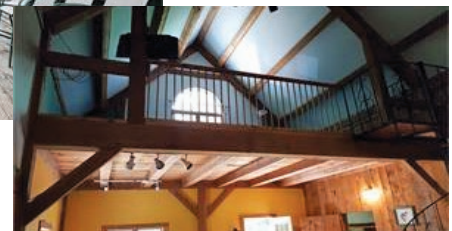
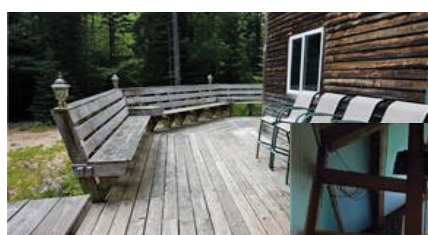
\$79,000



New Price: 3-acre homesite along the North Road. This recently surveyed and soil-tested building lot is part of the approved Deer Run Subdivision. Quiet, wooded, and gently sloping. Short walk or bike ride along paved North Road to the K–5 School, Rec Center, swimming pool, and playground. Nearby beaches. A spacious and affordable lot in an attractive, quiet setting. Warrants earnest consideration! Call for details.

mls #1214563 354 North Road

\$225,000—A good price!



This listing is for both of two separate but adjacent 1.6-acre wooded lots. Both are approvable building lots and are still under separate deeds. This 22-year-old post and beam house is next to the Kids’ Place Day Care; the Rec Center with pool, tennis, and basketball courts; and the Chebeague Island School and renowned playground and athletic fields. A real opportunity offering wooded privacy and convenient accessibility. Ample room for an addition in any direction. Compare this property to the cost of land and building elsewhere on the island.

APRIL 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 Catholic service, PH, 4:00
2 CIUMC worship, 10:00	3	4 Wellness Ctr, 9:30-11:00	5 Coffee/soup, Hall	6 Ladies Aid, PH, 11:00-2:00	7	8 Catholic service, PH, 4:00 Women's Potluck, PH, 6:00
9 Palm Sunday CIUMC worship, 10:00	10 Passover begins	11	12 Dr. Rybka, Wellness Ctr, 9:00-11:30 Coffee/soup, Hall	13 Ladies Aid, PH, 11:00-2:00 CIUMC Maundy Thursday worship, 7:00	14 CIUMC Good Friday worship, 7:00	15 Catholic service, PH, 4:00
16 CIUMC sunrise service, 6:45; Easter worship, 10:00	17 Patriots Day	18 Wellness Ctr, 9:30-11:00	19 Community Lunch, Hall	20 Ladies Aid, PH, 11:00-2:00	21	22 Catholic service, PH, 4:00 Earth Day
23 CIUMC worship, 10:00	24	25	26 Coffee/soup, Hall Sew Good, PH, 1:00-5:00	27 Ladies Aid, PH, 11:00-2:00	28	29 Catholic service, PH, 4:00
30 CIUMC worship, 10:00						