



# THE STONE NEWS

*JULY - AUGUST 2017*



# 18

## **BLACKBURN GOLF**

*Offering members the best in premier golf education, The Greystone Performance Center welcomes you to join our golf classes, workshops, and training sessions to become the best you can be at your game! - pg. 18*

# Features



# 22

## **CATCH A MATCH**

*See what upcoming tennis tournaments, matches, and events are on the schedule this summer at the Greystone tennis courts. - pg. 22*

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# President's Message



**I**n this newsletter, I would like to reflect and draw member attention to the wealth of facilities that we have at Greystone Golf and Country Club. If you take a quick inventory, we have two clubhouses, two pools, two championship level golf courses, two golf maintenance facilities housing state of the art turf maintenance equipment, fourteen tennis courts, a new restaurant and bar, a well equipped fitness facility, a multi-purpose cart storage and maintenance building, exterior plazas and acres of open land.

These facilities have given our membership the opportunity to impact the lives of others outside of our membership. For example, the use of our club by the PGA allows our membership to experience a major sporting event right in our backyard and also raise over \$4.5 million for local charities, including Children's of Alabama. Our golf courses host multiple fund raisers annually for charities such as the Tillie Bailey Memorial Invitational Women's Golf Tournament that raises funds for the Norma Livingston Ovarian Cancer Foundation. The upcoming Groove on the Green will utilize the Founders practice tee for a concert event to raise funds for the Greystone Foundation. It is obvious to me that our membership has its heart in the right place. Thank you.

Since this is our club, I encourage each of you to use and experience all activities available to you and your family. Our food service has shown excellent improvement. If it has been a while for you, come on out and experience the taste of new entrees, especially The Chef's Dinner at Legacy. If you have not tried all of the activities available at our club, why not try something new? Take a golf lesson. Get a massage. Climb on a treadmill. Heck, you will actually see me swinging a tennis racket this month for the first time in years.

On a more serious note, although the strength of the Greystone experience lives in the social interaction among all of our members, we must keep an eye on our obligation for the long term maintenance of our assets. To date, a robust growth in membership in 2016 and the supplemental income resulting from the Regions Tradition has allowed the Board of Directors and the club management to maintain our current member experience without a dues increase. However, the Board recognizes that our current capital funds are inadequate to address any unexpected large dollar repairs that may occur. The Board will initiate a plan to evaluate these potential future needs and continue to monitor this situation.

Thanks again for your participation,

Handwritten signature of Russ Allred.

# General Manager's Message



## Dear Members,

I hope you are having a great summer so far and spending a lot of time at the Club.

We have many exciting programs and activities happening at the Club. Our team is working hard at improving the member experience each day. Our senior staff meets weekly and quarterly for a full day retreat to discuss department synergy, training, service levels, creativity, member engagement, and the future of Greystone.

After a lot of planning, we are ready to unveil the Short Courses at each practice facility. Mark Blackburn worked hard on this project with Jason Miller, Steve Smith, and the head professionals. We will have something unique for any Club, especially in our area.

Please take a moment to review the upcoming Golf Trips that Steve Smith has planned. There is something for men, women, and couples. These are opportunities to play other courses in the region, nationally, and internationally. He has four more great trips planned for 2017.



Chef Alan Martin has found his niche at Greystone with improved consistency and quality of food. Alan buys a substantial amount of our seafood from day boat fishermen in the Gulf. It is so fresh that the fisherman calls him from the boat to tell him what he is catching and we have the fish the next day. His philosophy of using local ingredients is so important to the quality he wants to provide for you, so he goes to local farmers for produce that is at the peak of enjoyment.

His commitment to creating food that members want to eat at the Club is very much part of who he is as a professional and person. Alan will be unveiling a new dinner menu in Cellar 91 before the end of the summer.

I am very proud of Jason for working hard at the aerification schedule with Steve Smith to make sure the agronomic practices were the priority on the schedule, but doing it in a way that provided less interruption for member play. Legacy fairways, tees, and rough will be aerified July 17-27 and Founders greens, tees, fairways, and rough July 31-August 10.

Helen Humphreys is working with Chef Alan on an In-Home Catering plan. This will allow members to work with Helen to plan a dinner in their home at the level they desire. So, we can drop food off as needed or the full event inclusive of bringing



in staff, chef, all food prepared, bring in china and glass ware, so the staff leaves with the mess and it was like we were never there.

I am very excited about the continual improvement we are making in many areas. Please reach out to me with feedback or input on any improvements you see that are needed.

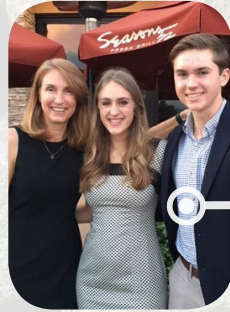
I look forward to seeing you around the Club.

Best regards,



# NEW MEMBERS

W E L C O M E



**Jen Jensen**  
Vice President,  
Business Development of  
Sierra Nevada Corporation



**Arvid & Michelle Hagglund**  
Retired



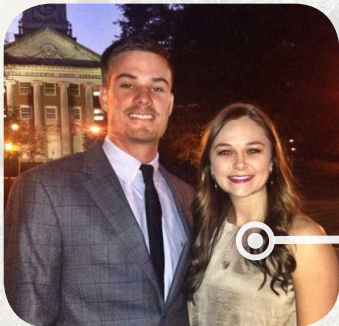
**Dino & DeLynn Rizzo**  
Executive Director, ARC/  
Church of the Highlands



**Glenn Terrell**  
Senior Research Engineer,  
Birmingham Water Works



**Jim & Shannon Clay**  
Head Golf Professional,  
Old Overton Club



**Chris & Savannah Burdette**  
Auditor, The Sheffield Fund



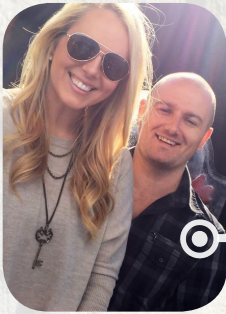
**Harry & Sherita Seawright**  
Bishop, African Methodist  
Episcopal Church



**John & Tamme Seale**  
Owner, Vape Escape



**Bishop Chavers**  
President/Publisher of Alabama  
Magazine/ Chavers Media  
Returning Member



**John Scott & Holly Wheeler**  
Territory Manager, CR Bard



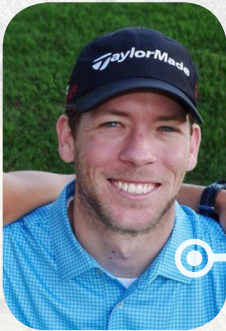
**Bobby & Lauren Lake**  
Partner, C323, Inc.



**Brande Smith**  
Returning Member



**Michael & Kathy Hitchner**  
Chiropractor, Family Chiropractic Health Center



**Payton Gardner**  
Service Division Manager,  
Marathon Electrical Contractors



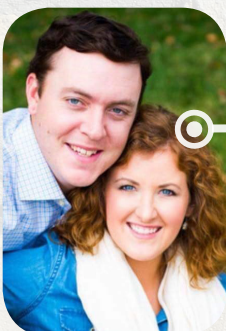
**Tony & Terri Davis**  
Vice President, Strategy,  
Regions Financial



**Jon Mitchim & Katie Williams**  
Owner, Secure Moving & Storage



**Sidney & Lori Aultman**  
Owner, Aultman Properties



**Ryan & Liz Mobley**  
Owner, Greystone Energy & Minerals, LLC



**Tim & Sally Woolley**  
District Sales Manager,  
Anderson Corporation

# DON'T MISS THE BOAT



## 24-31 MARCH 2018

### GREYSTONE MEMBER CRUISE "ESCAPE TO A HAPPIER PLACE!"

#### TO BOOK:

Contact Emily Bell with Norwegian Cruise Line at (954) 514-4471 or [elbell@ncl.com](mailto:elbell@ncl.com). Mention Greystone Golf & Country Club.

#### Group ID# A616750

A \$250 deposit will secure the cabin/location/rate and the full amount of the cruise will be due by 12/24/17.

#### FUN FACTS:

- The Escape Ship has 27 Dining Options
- 21 Bars & Lounges
- The Largest Ropes Course at Sea
- The Mandarin Spa with the largest Thermal Suite at Sea



FREE at Sea Offers included!

#### CHOOSE 2:

- Unlimited Beverage Package
- 4 night Specialty Dining
- Pre-paid service charges
- 250 Min Wifi Package
- \$50 per port shore excursion credit





# JULY 4TH INDEPENDENCE DAY CELEBRATION

tee off by  
**11:30AM**

## GOLF AT BOTH COURSES

Reserve your tee time in our annual Flag Day Tournament online or by calling 986.5125.

**11AM to 3PM**

## POOL PARTY

DJ, games, contests, and holiday cookout featuring: summer classics like burgers, hotdogs, potato salad, and more. \$12++ Adults and \$6++ Children ages 5-12.  
**July 4th Pool & Café Hours: 10am-5pm**

**5PM to 8:30PM**

## FOOD & BEVERAGE CONCESSION

Located outdoors in the plaza.

**4PM to 8PM**

## HOLIDAY BBQ BUFFET

Extensive Buffet at Founders.  
Wristband & reservation required.  
Adults **\$25++** and Children (ages 3-12) **\$15++**  
Please RSVP 986.5120

**5PM**  
sharp

## RADIO FLYER CHILDREN'S PARADE

Complimentary parade led by Greystone Golf & Country Club. Decorated red wagons, bikes, & golf carts are welcome!

**5PM to 8PM**

## INDEPENDENCE DAY CARNIVAL

Complimentary kid's carnival with moon bounce, games, face painting, snow cones, glow sticks & more

**5PM to 8:30PM**

## CELEBRATION BEVERAGE STATIONS

Serving beer, liquor, wine, soft drinks, juice, and water. Cash, credit card, and drink tickets accepted.

**8:30PM**

## FIREWORKS SHOW AT DUSK

Fireworks show compliments of Greystone Residential Association, Legacy Homeowner's Association, and Greystone Golf and Country Club.

**DON'T DELAY!!**  
**buy your wristband & drink tickets now!**

On sale at the Founders Clubhouse front desk 7 days a week  
from 9 am to 9 pm (Monday until 5pm)

COCKTAILS \$10 | HOUSE WINE \$8 | BEER \$6 | NON-ALCOHOLIC \$3

Please, no outside food, beverages, coolers, tents, tables, or umbrellas.

205.986.5120 | greystonecc.com  
4100 Greystone Drive Birmingham, AL 35242

# Dining Offerings

## **CLUB OPEN JULY 3RD**

*Breakfast, lunch & after-rounds will be offered at both clubhouses.*

### **WEEKEND BREAKFAST**

*Breakfast is served on the weekends at both Clubhouses from 7am until 11am*

Join fellow Members for a full breakfast menu featuring Croque Madame, Breakfast BLT, Bananas Foster French Toast, & more.

*Reservations are not necessary.  
Club Casual Attire*

### **LEGACY SMOKES**

*Saturdays & Sundays  
Legacy Clubhouse  
from 11am – 5pm*

Two smoked entrée options served with southern sides.

*Reservations are not necessary.  
Rain or shine  
Club Sports Attire*

### **LEGACY SOUTHERN LUNCH**

*Sundays from 11am – 2pm  
Legacy Clubhouse*

Chef's selection of seasonal southern style specials served in addition to the Legacy menu.

*Reservations are not necessary.  
Club Casual Attire*

### **SUNDAY BRUNCH**

*Sundays 10:30am – 2pm  
Founders Main Dining Room*

Extensive Buffet featuring:  
*Omelet Station  
Southern Breakfast Table  
Salad Bar  
3 Signature Entrees  
Child's Table  
Assorted Desserts*

*Reservations strongly encouraged  
by calling 986.5120.  
Club Casual Attire*

### **GRAB & GO DINNER**

*Mondays & Tuesdays  
Legacy Clubhouse  
Pick up from 4-7pm  
Not Available July 4th*

Chef's choice fresh take-out dinner for the family. Order must be placed by noon the day of pick up.

*Order online at greystonecc.com or  
by calling 986-5120.*

### **CHEF'S DINNER**

*Friday - Saturday  
Legacy Clubhouse  
5:30pm-9pm*

Seasonal menu featuring locally-grown produce, fresh from the gulf seafood & farm-fresh dishes.

*Reservations strongly encouraged online at  
greystonecc.com or by calling 986-5120.  
Club Casual Attire*

### **POOLSIDE CAFÉ**

*Open Daily  
Monday - Friday 11am-7pm  
Saturday - Sunday 11am-8pm*





== CELLAR 91 ==

# Happy Hour

**TUE - SUN**  
5PM - 6PM

**FRI - SAT**  
9PM - 10PM

## Cellar 91

\*Reservations strongly encouraged online at [greystonecc.com](http://greystonecc.com) or by calling 986-5120.

**HAPPY HOUR** Tue-Sun 5-6pm & Fri-Sat 9-10pm  
\$2 off all alcoholic beverages and appetizers

**PIZZA & PINTS TUESDAY** 5-9pm  
Buy one Pizza, get one half off  
\$2.00 Pints (Bud Light and Michelob Ultra)

**WINE DOWN WEDNESDAY** 6pm  
Complimentary wine tasting, charcuterie & cheese. Discounted bottle and wine by the glass pricing.  
7/5 Frank Family Wines  
7/12 United Johnson Brothers  
7/19 International Wine  
7/26 Grassroot Wines  
8/16 Pinnacle Imports  
8/23 United Johnson Brothers  
8/30 Grassroot Wines

**ACOUSTIC FRIDAY** 6pm  
Meet your friends and enjoy the soothing sounds of your favorite covers mixed with original works.

- July 7 Megan Kane
- July 14 Even Stephen Duo
- July 21 Megan Kane
- July 28 The Castors
- Aug. 4 Megan Kane
- Aug. 11 Even Stephen Duo
- Aug. 18 Raquel Lily
- Aug. 25 The Castors

## Wine Club

### MONTHLY WINE CLUB TASTING DATES

July Tasting Cancelled due to holiday

Tue. August 1st | 6pm | Cellar 91  
Exclusively for Wine Club Members

**WINE CLUB MEMBERS, BE SURE TO JOIN US FOR THE LIOCO WINE DINNER ON AUGUST 23RD!**

**INTERESTED IN JOINING THE WINE CLUB?**  
Only \$25 a month with several benefits including Wine Dinner discounts, waived corkage fees, additional 10% off on full cases of wine & more! Visit [greystonecc.com](http://greystonecc.com) or contact Michael Edwards, [medwards@greystonecc.com](mailto:medwards@greystonecc.com) to become a Wine Club Member.

**WINE SERVICE**  
Order wine from Greystone by the case or bottle and we'll deliver it to your home inside the Greystone Gates or load it into your car for pickup. Time of delivery will be scheduled when order is placed. For our list of wines and pricing, please contact Candice Smith, [csmith@greystonecc.com](mailto:csmith@greystonecc.com)



# JULY

## SOCIAL & DINING EVENTS



## 4TH

### **INDEPENDENCE DAY BREAKFAST & LUNCH 9AM-12PM | FOUNDERS**

Join fellow Members for a full breakfast and lunch menu at Founders during our 4th of July Celebration.

*Club Casual Attire  
RSVP to 205.986.5120 or online at greystonecc.com*

### **HOLIDAY BBQ BUFFET INDEPENDENCE DAY 4PM-8PM | CELLAR 91**

We will have an extensive buffet in Cellar 91 all afternoon while you enjoy the festivities around the club. Please remember to buy your wristbands and drink tickets early!

*Club Casual Attire  
RSVP to get your wristbands by calling 205.986.5120 or going online at greystonecc.com*

## 8TH

### **SUPER HERO BREAKFAST FOR KIDS 9AM-12PM | FOUNDERS**

They're back and ready for action! Come play games and see your favorite super heroes!

*Superhero Costumes Encouraged  
RSVP by calling 205.986.5120 or going online at greystonecc.com*

## 20TH

### **ITALIAN NIGHT SPECIALTY MENU 6PM-9PM | FOUNDERS**

Enjoy traditional italian appetizers, entree's and desserts from our specialty menu featuring:  
*a pasta station with chef attendant, summer vegetable minestrone soup, caprese salad, traditional caesar, antipasto platter, chicken picatta, pasta bolognese, seafood rosotto, grilled polenta, tiramisu, cannoli, & gelato.*

*Adults: \$21.95++  
Children (ages 3-12): \$12.95++  
Club Casual Attire  
RSVP to 205.986.5120 or online at greystonecc.com*



## 29TH

### **PATIO PARTY WITH AJ GAITO 8PM-11PM | FOUNDERS**

Join us for dinner before hand or enjoy music and order from our a la carte small bites menu. Cellar 91 dinner will be served until 8pm. After 8 we will only serve from our small bites menu.

*Club Casual Attire  
No need to RSVP for the Patio Party!*

## 1ST

**WINE TASTING**  
WITH VINE CLIFF VINEYARDS  
6PM | CELLAR 91

Sample some of Vine Cliff's outstanding distinctive wines while listening to a presentation from one of Vine Cliff's representatives. This event is exclusively for Wine Club Members.

*Club Casual Attire*  
RSVP to 205.986.5120 or online at [greystonecc.com](http://greystonecc.com)

**PAST & FUTURE PARTY**  
AFRICAN GOLF EXCURSION Q&A  
5PM-7PM | TROPHY ROOM

Come and enjoy great photos from the past journeys and information regarding the Premier Africa's Signature Journeys for 2018. Enjoy drinks, appetizers & discover the magic of Africa.

RSVP to Dave Kuykendall 205.986.5129 or [dkuykendall@greystonecc.com](mailto:dkuykendall@greystonecc.com)



## 10TH

**BACK TO SCHOOL BASH**  
POOL PARTY FOR KIDS  
4-7PM | GREYSTONE POOLS

What better way is there to kick off the school year than with a back-to-school pool party? This event is a wonderful opportunity to reconnect with old friends, and make new ones!

RSVP to 205.986.5120 or online at [greystonecc.com](http://greystonecc.com)

**SOUTHERN DINNER**  
WITH WANDA'S FRIED CHICKEN  
6-9PM | FOUNDERS

Enjoy Wanda's famous fried chicken and other southern specialties at this club-favorite event.

Adults: \$17.95++  
Children (ages 3-12): \$9.95++  
*Club Casual Attire*  
RSVP to 205.986.5120 or online at [greystonecc.com](http://greystonecc.com)

## 17TH

**PATIO PARTY**  
WITH MORGAN ALEXANDER  
8PM-11PM | FOUNDERS

Join us for dinner before hand or enjoy music and order from our a la cater small bites menu. Cellar 91 dinner will be served until 8pm. After 8 we will only serve from our small bites menu.

*Club Casual Attire*  
No need to RSVP for the Patio Party!

## 23RD

**LIOCO WINE DINNER**  
RUSSIAN RIVER VALLEY  
6:30 ARRIVAL | FOUNDERS

Enjoy a 4 course meal paired with wines from LIOCO. This winery makes wine at a cooperative in the heart of the Russian River Valley.

*Club Cocktail Attire*  
RSVP to 205.986.5120 or online at [greystonecc.com](http://greystonecc.com)

## 24TH

**SOUTHERN DINNER**  
WITH WANDA'S FRIED CHICKEN  
6-9PM | FOUNDERS

Enjoy Wanda's famous fried chicken and other southern specialties at this club-favorite event.

Adults: \$17.95++  
Children (ages 3-12): \$9.95++  
*Club Casual Attire*  
RSVP to 205.986.5120 or online at [greystonecc.com](http://greystonecc.com)

## 26TH

**GROOVE ON THE GREEN**  
ANNUAL CHAIRTY EVENT  
5:30PM - 11PM | FOUNDERS

Our annual charity event, benefitting the Greystone Foundation will feature food trucks, cash bar, & live music by 7 Bridges, an Eagles cover band. You're not going to want to miss this!

For more info email Scott Stone at [scottstone9@gmail.com](mailto:scottstone9@gmail.com).

AUGUST 23RD

# LIOCO WINE DINNER



**6:30 arrival | Founders**  
FOR WINE CLUB MEMBERS ONLY

Enjoy a 4 course meal paired with wines from LIOCO. This winery is a Sonoma-based winery that focuses on making food-friendly wines.



Club Cocktail Attire  
RSVP to 205.986.5120 or  
online at [greystonecc.com](http://greystonecc.com)



# SUPER HERO BREAKFAST

9 AM - 12 PM  
**JULY 8TH**

**CALLING ALL SUPERHEROS & SIDEKICKS!**

JOIN US FOR A SUPERHERO'S FEAST  
AT THE FOUNDERS CLUBHOUSE ON  
**SATURDAY, JULY 8TH!**  
EAT, LAUGH AND PLAY GAMES WITH  
ALL YOUR FAVORITE HEROS!

**\$15**



# Southern Dinner

**AUGUST  
10th & 24th**

from 5-9pm

Founders Clubhouse Main Diningroom

**COME ENJOY  
WANDA'S FAMOUS FRIED CHICKEN  
& OTHER SOUTHERN SPECIALTIES!**

**\$17.95++ PER ADULT**

**\$9.95++ PER CHILD**

child ages 3-12, under 3 eat free

RESERVATIONS ENCOURAGED,  
BY CALLING 986.5120





# ITALIAN NIGHT

THURSDAY, JULY 20TH  
6PM-9PM | FOUNDERS

**ADULTS: \$21.95++ & CHILDREN (AGES 3-12): \$12.95++**

## MENU FEATURING:

PASTA STATION WITH CHEF ATTENDANT PREPARING PASTA TO ORDER

SUMMER VEGETABLE  
MINISTRONE SOUP

CAPRESE SALAD

TRADITIONAL CAESAR SALAD

ANTIPASTO PLATTER

CHICKEN PICATTA

PASTA BOLOGNESE

SEAFOOD RISOTTO

GRILLED POLENTA

TIRAMISU

GELATO

CANNOLI

RSVP TO 205.986.5120 OR ONLINE AT [GREYSTONECC.COM](http://GREYSTONECC.COM)





# SUMMER PATIO PARTIES

Founders Clubhouse, Cellar 91 Patio from 8-11pm

**SUMMER NIGHTS UNDER THE STARS,**  
LIVE MUSIC, LIBATIONS AND SMALL BITES. FREE ADMISSION!



SATURDAY, JULY 29

**AJ GATIO**

Singer/Songwriter Pop/Country

SATURDAY, AUGUST 12

**MORGAN ALEXANDER**

Country Singer/Songwriter

Join us in Cellar 91 for dinner beforehand, or come enjoy the music and order from our a la carte small bites menu. Cellar 91 dinner will be served until 8pm.

After 8pm, only the small bites menu will be available.

Make your dinner reservation online at [greystonecc.com](http://greystonecc.com) or give us a call, (205) 986-5120. No need to RSVP for the Summer Patio Parties.





**It's Gonna be One of Those Nights...**

**Gates Open 5:30**

**Band 7:30**



**Groove  
on the  
Green**

**SATURDAY,  
AUGUST 26<sup>TH</sup>  
GREYSTONE  
FOUNDERS**

**FOOD TRUCKS,  
CASH BAR,  
LEMONADE**

**FEATURING: 7 BRIDGES**

**THE ULTIMATE EAGLES  
EXPERIENCE**

**Benefitting The Greystone Foundation**

[www.greystonefoundation.org](http://www.greystonefoundation.org)

**Greystone Members, Residents, & their Guests Only  
Please, No Outside Food or Beverages**

**Hosted by Greystone Golf  
& Country Club, Founders &  
Legacy HOAs**

# BLACKBURN GOLF

## At The Greystone Performance Center



The Greystone Performance Center has yielded our students some amazing achievements this spring and summer. From our beginner juniors to our PGA Tour players, we have had champions at every level, which is a great testament to the talent and dedication of the Instructional team. As such, if you haven't yet had the opportunity to come take a lesson, clinic, or check out the golf school, please feel free to drop in any time to talk about your game and enjoy our state of the art learning center.

### OPERATION 36

Our beginner juniors are thriving under our new Operation 36 programming. Now, there is more emphasis on playing and scoring to earn a ranking, versus just teaching the weekly programming, which consists of supervised practices, instructional classes, and 9 hole matches. The matches teach our kids to shoot par (36) for 9 holes, starting at 25 yards and working back in twenty five yard increments, each time earning a higher ranking. The beauty of this concept is that kids quickly learn strategy, a solid short game, and trump the full swing inside 150 yards, something we preach to our elite players all the time! Once they have shot 36, which is essentially their par form, 25 yards kids move back to 50 yards and work towards shooting 36 from that distance. They continue moving back until they reach 150 yards and earn their level 6 rank. This programming has drawn new families to the Stone and we now have over fifty kids engaged with Operation 36, which is a fantastic feeder into our Junior Development and Junior Elite Programming.

### SUMMER CAMP

Our Summer Camp, July 11th -13th, is a great opportunity to develop your child's golf game if they are keen on developing their skills further. We also hope many of these kids will participate in The Junior

Club Championship, August 5th & 6th, so please encourage your child to attend both.

### FAST TEES & SHORT COURSES

Our new Fast Tee markers are now installed at Founders and Legacy. These are designed for a faster golfing experience or a less intimidating challenge for our members who are new to the game. The beautiful, bright green markers are out in the fairways, or first cut, at both of our courses and play as some fantastic par three holes. In addition to the Fast Tees are the Short Courses, where golfers have the opportunity at both Founders and Legacy to play a challenging mix of chips, pitches, bunker shots, and putts around the practice and putting greens. The scorecards in the golf shop also provide great fun for a later afternoon wager with cocktail in hand. Both the Fast Tees and Short courses are designed to provide the same Stone golfing experience for our members with time limitations or who have just started playing the game. From a coaching perspective, we cannot stress how important the short game is to all golfers and how our new tees and programming are great tools to improve your proficiency in this area.

### LADIES GOLF

The LPGA girls golf clinics continue to bring new young ladies to the Stone. The Mum & Daughter clinic was really well attended with a great combination of games and fun had by all. July and August have some fun classes set with Bunker Blast on July 13th and a Back to School Bash on August 12th. Our Ladies summer evening clinics will continue to run on Tuesday evenings through July and August except on July 4th. We are extremely proud of our junior girls who played on the Spain Park State Championship team this year and look forward to them hopefully repeating in 2018. Well done gals!

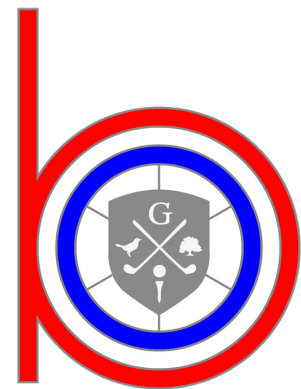
### ELITE JUNIOR DEVELOPMENT

In an effort to help our elite juniors develop through college and transition to the professional ranks, you will begin to see new young player development members and tour ambassadors around the Club. The board and management team have shared our vision at Blackburn Golf to establish the Stone as a center of excellence for developing and coaching golfers with the addition of these membership categories. You can follow these players progress and we are optimistic they will have the same success as our current PGA tour students, such as the likes of Kevin Chappell who won the Texas Open in April for his maiden victory. We will create a weekly leaderboard so the membership can follow these young athletes on their journey.

Our Education evenings and Golf schools have been popular with some members and we encourage you to attend these events to grow your golfing knowledge and skill. If there are any specific topics or renowned instructors you would like us to cover or bring to the stone, please let us know and we will be sure to prepare a fun and educating event or golf school. A big Thank You to those who attended our Golf School with PGA Teacher of The Year, Mike Adams. We look forward to having Mike back to help more of our students in 2018.

Enjoy your summer!

*Mark Blackburn*





# UPCOMING GOLF EVENTS

LADIES GUEST DAY

7

JULY

LEGACY CLOSED FOR AERIFICATION  
MON. JULY 17 - THUR. JULY 27

MEN'S MEMBER - MEMBER  
TOURNAMENT

14-16  
JULY

MEN'S GREY CUP CHAMPIONSHIP  
QUALIFIER #1

19  
AUGUST

MEN'S CLUB CHAMPIONSHIP

25-27  
AUGUST

FOUNDERS CLOSED FOR AERIFICATION  
MON. JULY 31 - THUR. AUGUST 10

GLGA CLUB CHAMPIONSHIP

28-29  
SEPTEMBER

## MEMBER GOLF TRIPS

AUGUST 15TH  
WILLOW POINT GOLF CLUB  
ALEXANDER CITY, AL

The Ladies will enjoy a trip to Willow Point Golf Club on Lake Martin in August and will be accompanied by Steve Smith and Liz Mattioli for a great day on one of Alabama's finest.

SEPTEMBER 19-20TH  
THE GROVE & HIDEAWAY  
AT ARRINGTON  
NASHVILLE, TN

A trip to Nashville in September to two great courses. Two relatively new courses just outside of Nashville in the Cool Springs area have opened in the last couple of years. The Grove and Hideaway at Arrington are two fantastic courses that you'll play.

FOR MORE INFORMATION CONTACT STEVE SMITH AT [SSMITH@GREYSTONECC.COM](mailto:ssmith@greystonecc.com)

# GREYSTONE

# FITNESS CENTER

*New Class!*

## POWER MOBILITY

Calling all golf groups, tennis teams, and friends! Improve your flexibility and core strength with Power Mobility! Only 30 minutes of guided group class that focuses on releasing muscle tension through foaming rolling, achieving a stronger core through a series of simple, yet effective exercises, & lengthening your muscles with dynamic and static stretching. You WILL feel better and perform better! Only \$40 per class, per group (cost will be divided between the number of participants in each class. More people, less money per person!) Meet as few as 2 times per month up to 3 times per week. Call Christy Thompson at 205-567-7172 to coordinate a time.

*Now Offering!*

## WATER AEROBICS AT THE POOL

Water aerobics is a fantastic low impact group exercise class that will get your heart rate up as well as build muscle tone. The water provides a refreshing natural resistance source while protecting the joints. Classes are on Tuesdays and Thursdays at 11am in the Adult Pool. All fitness levels are welcome to attend, cost is included in your Ignite Group Fitness Package or you may pay a \$10 drop in fee. See you there!

*Want to hit the ball 10 more yards?*

## DYNAMIC MOBILITY ON THE GREEN IS FOR YOU!

The Fitness Department provides dynamic mobility and stretching sessions on the driving range every Saturday from 7-9am at the founders driving range. One of our talented personal trainers will be available to give you a quick manual stretch or quick movement warm-up to get you loose and ready to crush the ball! Just look for the tent towards the back of the range and we will be ready to help you!

*Enjoy Your Summer with a*

## RELAXING MASSAGE!

### Swedish-

60/90 minute \$75/\$110

A traditional Swedish massage designed to relax the muscles and relieve both physical and emotional tension.

### Deep Tissue-

60/90 minute \$85/\$120

An intense pressure massage that concentrates on the deep layers of muscle and fascia in the body. By using deep finger pressure and slow, firm strokes, deep tissue massage is used to treat a variety of physical ailments.

### Neuromuscular/Sport Specific-

60-90 minutes \$100/\$145

Neuromuscular massage targets the neurological system and the muscles related to it, addressing trigger points on the body that affect mood and neurological function.

We have therapists available by appointment every day of the week via our convenient online booking or by calling the front desk 205-986-5139. Some of the regular massage benefits include:

- Reduced Anxiety
- Help with Digestive disorders
- Fibromyalgia
- Headache Relief
- Insomnia related to stress
- Myofascial pain syndrome
- Soft tissue strains or injuries
- Sports injuries
- Temporomandibular joint pain

*Consistency is the Key*

## STONE FIT CLUB

Members are always asking about new workouts, techniques, and ideas on how to achieve their fitness goals. One of the most important bits of advice we can give them is to be consistent! The Stone Fit Club is our way to motivate and recognize members who are living the example of consistent exercise that is a way of life! Come to the Fitness Center, sign-in, exercise, feel great, and get an awesome t-shirt and the prestige of being in the Stone Fit Club!

## **FIT FOR LIFE CERTIFICATION**

Due to our insurance policy, we cannot allow members under the age of 14 to enter and use the fitness center even if accompanied by an adult. We do however, allow mature 12 and 13 year olds to use the fitness center if they complete our Fit for Life Certification. Members this age may use the fitness center if and only if they complete this certification. The process consists of an educational session followed by an orientation of equipment. Testing and 10 logged visits with parent supervision are required before child is permitted to use fitness center alone. This will insure everyone stays safe and uses their time wisely. It is our pleasure to do this for our young members at no cost. Contact the fitness front desk to make an appointment for your child today!

## **GUEST POLICY**

Guests that reside within a 75-mile radius of the Fitness Center may utilize the facility twice a calendar month with a member. Those guests that reside more than 75 miles away may exercise at any time with a member. All guests of the fitness center must be 14 years of age or older. All guests must sign a guest waiver form as well as sign-in at the front counter before using the facility. The hosting member is required to notify fitness staff in advance of any and all guests that wish to use the fitness center. Note: Unaccompanied guests will not be permitted to use fitness facility. A \$5 dollar daily guest fee will be charged to the hosting member's account.

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## **TRACK YOUR PROGRESS**

The Inbody 570 advanced body composition measurement device is a more sophisticated and less invasive way to get your body composition. The InBody 570 goes beyond traditional body composition analysis. It not only analyzes how much fat and muscle you have, but it also measures your Total Body Water and divides it into Intracellular Water and Extracellular Water- values important for understanding a user's fluid distribution in medical, wellness, or fitness contexts. With these water values, you can begin to identify and track inflammation, swelling, and even injuries with ECW/TBW Analysis while monitoring how this ratio changes over time under the Body Composition History chart. The measurement provides:

### **LEAN MASS**

*Take a quick and easy body composition test*

### **45 SECONDS**

*Track progress with the body composition history chart on the results sheet*

### **HISTORY**

*Only impedance is used to calculate your results; no statistical data needed*

### **NO ESTIMATIONS**

*Divides Total Body Water into Intracellular Water and Extracellular Water*

### **BODY WATER**

*Divides Total Body Water into Intracellular Water and Extracellular Water*

### **BODY FAT**

*Provides segmental fat and visceral fat analysis*



## SUMMER SCHEDULE

**BEGINNER CLASS (Ages 5-8)**  
*Mon. & Wed. 8:45-9:45am*

**INTERMEDIATE CLASS (Ages 9-13)**  
*Tue, Wed, & Thur 4:00-5:30pm*

**HIGH SCHOOL ACADEMY**  
(High School Team Members)  
*Mon, Tue, Wed. 4:00-5:30pm*

**HIGH PERFORMANCE ACADEMY**  
(Evaluation Necessary)  
*Weekdays 10:00am-12:00pm*

**WIMBLEDON AT THE STONE | AUG. 5TH & 6TH**

**\$10,000 CHARITY STEEL OPEN | PRESENTED BY KAMTEK | AUG. 24TH-27TH**

# TENNIS

**W**hat a summer we have going here at the Greystone tennis courts! We have made a major push to grow our junior team program this summer. We have over 80 juniors playing on 8 different teams ranging from 10 & Under beginners, to 18 & Under advanced. They will play a 6 week season against teams from all over the Birmingham area and finish with the state tournament, held at Auburn University's tennis facilities. These players feed into a large spectrum of tennis classes

that we offer over the summer, from beginner classes all the way to high performance academy. If you have a child who is interested in learning the game of tennis, we would love to get them involved this summer!

**"MEMBERS WILL BE ABLE TO RESERVE THE COURT FOR ONE HOUR ON THE GRASS COURT"**

**A**ugust is a great month for the tennis programs. We will hold our second annual Wimbledon Weekend on the Greystone Founders Driving

Range August 5th & 6th. Our wonderful golf crew will turn a section of the driving range into a grass tennis court, mowed at the same length as the courts at the All England Club. Saturday we will have ladies clinics in the morning on the grass court, junior clinics in the afternoon, and exhibition match between two of Alabama and Auburn's top players. Members will be able to reserve the court for one hour on Sunday to try the grass. We are looking forward to making the event even bigger and better than last year!

**T**he Charity Steel Open Presented by Kamtek is our largest tournament of the year. It is also our only adult tournament, held August 24th-27th. We will have \$10,000 prize money up for grabs in the open draw, which will attract not only professionals, but the top college players from all over the south. The tournament will also have all levels of men's and women's play. All tournament profits will be donated to a charitable cause.

We look forward to seeing you on the courts this summer!

# AQUATICS

## SWIM LESSONS

At Greystone, we believe the ability to swim is a critical life skill. In swim lessons, we use a variety of fun methods to help children overcome fears, build confidence in the water, learn water safety, and develop skills that last a lifetime. Our qualified swim instructors are excited to help teach your child to swim!

**AGES:**  
3 years & up  
All Swim Levels!

**PRICING:**  
Greystone Members: \$125  
Non-Members: \$160  
Lessons are sold in packages of five 30 min. sessions.

**WHEN:**  
Lessons are offered seven days a week and are scheduled based on your personal availability.

**REGISTRATION & CONTACT:**  
Andy Gray  
Director of Aquatics  
agray@greystonecc.com



## BACK TO SCHOOL BASH!

**SATURDAY | AUGUST 10TH**

**4-7PM | GREYSTONE POOLS**

What better way is there to kick off the school year than with a back-to-school pool party? This event is a wonderful opportunity to reconnect with old friends, and make new ones!

To RSVP call 205.986.5120 or go online to [greystonecc.com](http://greystonecc.com).





## FOUNDED 1991

4100 Greystone Drive,  
Birmingham Alabama 35242  
greystonecc.com | 205.986.5120

## BOARD OF DIRECTORS

Russ Hale, President  
Lane Milam, President-Elect  
Terry Smith, Chairman  
Jim Clayton  
Janice Folmar  
Dale Gorham  
Scott Peters  
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## TELEPHONE DIRECTORY

986.5120	Main
986.5146	Membership
776.3180	Event Planning
986.5160	Legacy Golf
986.5126	Founders Golf
986.5215	Course Maintenance
986.5152	Performance Center
986.5120	Dining
986.5149	Cellar 91
986.5145	Tennis
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776-3195	Aquatics
986.5133	Accounting
986.5136	Residential

### GENERAL MANAGER

David W. Porter, CCM  
dporter@greystonecc.com

### MEMBERSHIP

Ashley Fuentes, CMP  
afuentes@greystonecc.com

### CATERING/EVENTS

Helen Humphreys  
hhumphreys@greystonecc.com

### CONTROLLER

Chris Cochran  
ccochrane@greystonecc.com

### TENNIS

Ryen Valentine, USPTA  
rvalentine@greystonecc.com

### DIRECTOR OF GOLF

Steve Smith, PGA  
ssmith@greystonecc.com

### GOLF COURSE OPERATIONS

Jason Miller  
jmiller@greystonecc.com

### GOLF INSTRUCTION & FITTING

Mark Blackburn  
blackburngolf@greystonecc.com

### EXECUTIVE CHEF

Alan Martin  
amartin@greystonecc.com

### FOOD & BEVERAGE MANAGER

Michael Edwards  
medwards@greystonecc.com

### FITNESS

Todd Makofski  
tmakofski@greystonecc.com

### AQUATICS

Andy Gray  
agray@greystonecc.com