



A PUBLICATION ABOUT LIFE AT FRENCHMAN'S CREEK
BY, FOR AND ABOUT OUR MEMBERS

meet your new neighbor



ANNE BRODSKY STERNLICHT AND STEPHEN RUNGE

purchased a home on Provence Drive in May of 2016. They give kudos to Joe Black who renovated the house and came in on time and on budget. Anne grew up in Providence, Rhode Island, tho she has been a Bostonian for many years. She has 3 children, a daughter in Manhattan, a son at the University of Richmond, Pre Med and a daughter who is a senior in high school. Anne works at Northern Trust in Boston, where she also runs a women's investment group.

Stephen grew up on a peninsula in Massachusetts, called Squantum. Therefore, he was an ardent sailor for over 36 years. He worked in marketing and sales for Merck and Bristol Myers.

He often played golf for business, but never took it seriously. However, at Frenchman's, Billy Burke has helped him with his game and now Stephen is hooked—Billy you have changed his life! While working, Stephen needed a hobby, so he became a gentleman farmer raising cattle. He even built his own barn. Presently, Stephen owns a business in the bio-tech industry. While looking for a home to buy, Anne and Stephen met David Moscow who suggested that Frenchman's Creek was the only place to be. They fully agree and love being here. Although they are snowbirds, they both look forward to spending more time here and becoming involved in our community.

We welcome them and wish them many happy years at Frenchman's.

We thank Judy Tobin for this interview.

OPENING DINNER DANGE

By MIIMI BERGEL

Oh, what a night! The opening dinner dance on Saturday, December 9, 2017 was a very special evening, with a wonderfully large attendance. After a delightful cocktail hour (which included some new and very delicious hors d'oeuvres), everyone entered a magnificently decorated dining room-ballroom. The lighting and table décor were just beautiful. The dinner was delicious and the band was outstanding, dancing to a great selection of tunes just went on and on.

The dining staff did a wonderful job, as usual. A big thank you to co-chairs Judy Konigsberg and Ethel Schultz and their committee (including Paula Wolfson who was responsible for the décor) who planned and executed a delightful and memorable evening.

The beautiful poinsettias around the clubhouse are available for distribution at the end of the Holiday Season. They stay green all year and bloom as cooler winter comes. Please remember, they are poisonous to dogs. If you are interested in any for your garden, please sign up in the Food and Beverage Office.

Louise Albert

GOLF CART HOLIDAY DECORATING CONTEST VERY CREATIVE

Golf carts decked out in Holiday fashion were the order of the day on Sunday, December 2, 2017 as several carts lined the cobblestone circle in front of the Golf Pro Shop. The occasion - it was the first ever, Frenchman's Creek Holiday Golf Cart Decorating Contest. And this year's entrants did not disappoint. Snowmen, Reindeer, Santa Claus, Christmas Trees with Flashing Lights, Ornaments, Elves, and Christmas Music adorned the carts. Participants from our community transformed their golf carts into works of art with decorations that offered a Holiday feel, while dressed in festive costumes.

The emcee for this entertaining event was Elf Adele McDougall. She, along with the 3 judges, Bernadette Ceant, Candy Guo, and Ruth Ann Baghdadi, strolled around the carts smiling and pointing out the delightfulness of each of the golf carts. After much discussion, the winners of the Frenchman's Creek 2017 Golf Cart Decorating Contest were announced and prizes were given to the top 3 winners.

In 3rd place, Krista Nicklaus' Family with her kids Nicole and Taylor. Their cart was cheerfully adorned with Santa Clauses, Ornaments and Poinsettias. Glen Andrews' Family and his kids, Christopher and Madeleine, came in 2nd place. They transformed their cart into a snowy wonderland decorated with Frosty the Snowman, Ornaments and Wreaths; and, all the while playing joyful Christmas music.

And the 1st place winners were Mark Hurd and Kevin Kramp. Rudolf guided their sleigh/cart while Santa and his Mouse helper stacked all of the packages.

All of the contestants as well as the many spectators that came by to see what the excitement was about, and, to get a bit of Holiday Cheer, had a fun time! Be sure to mark your calendar for next year's event. Open to all residents and their kids and/or grandkids, (and Adult kids too) it promises to be bigger and better than this year's inaugural event.

Mark H. Hurd Frenchman's Creek Life



Left to Right: Nicklaus' 3rd Place Entry; Mark and Kevin's 1st Place Entry; Andrews' 2nd Place Entry

What did you do during this summer

LOIS and SONNY STERN'S NAPA VALLEY BIKING TRIP:

This year's bike trip took us to the Napa Valley, one of the beautiful parts of the Unitd States. We are certain most of our readers have visited this area, but perhaps, not on a bike. Traveling on a bike, as far as we are concerned, is a perfect way to see the world— not as fast as a car or as slow as walking. We ride usually between 25—45 miles a day. (Sometimes if flat even a little farther). It is

not a race but a slow way to see the world. This was our 25th trip, but, only our second in the United States.

We started in Bardessomo and stayed overnite at a wonderful hotel. We pedalled to Yountville visiting several of the area's wineries for tasting. Each day we visited another area of the valley. We descended through groves of California redwoods, followed by undulating roads with ups and downs. We rode through the rolling hills of the heart of Napa and along the famed Silverado Trail to Yountville. We

could not get a reservation at one of the country's top restaurants, *The French Laundry*, however we found other great eateries.

Next we visited St. Helena and Calistoga, ending up at a great hotel, the Solage.

We are always impressed by the incredible number of fields of grapes in the valley. Incidentally, the terrain was manageable and the traffic was not a hazard where we rode. The weather in August was great and we are looking forward to our next bike trip -WHERE— have any ideas for us!



Hole-In-One



LINDA SANDLER had a hole-in-one on Tuesday,
December 19, 2017. It was on hole #15 of the North
Course. The hole played at 127 yards and she used a 7 wood.

THE BEACH CLUB: AN ATTRACTIVE EATERY!

Also Serving the Best Stone Crabs Around

Have you been to the Beach Club lately? Well, if you have not, you should make plans to visit the Frenchman's Creek Beach Club for lunch or dinner. It's our own little slice of tranquility right on the beach! Recently re-modeled and re-decorated (because of Hurricane Irma damage), the Beach Club is fresh and vibrant. One member called the interior "Hampton Chic" while another member described the inside as "Key West meets the Caribbean." Cindy Teyssedou, the Beach Club General Manager, calls it "bright and inviting." Regardless of how one defines the new indoors, gone are the old Tiki tacky paddle fans and all of the dark and dull woods. Walls of key lime green highlighted



The star of the dinner-Stone Crabs

with bright white crown molding and accent shutters now beautify the interior. The wood, including the high wood beam ceilings, has been sanded and lightly white washed throughout giving way to an airy, more open dining room. Gone too is the old square stationary salad bar in the far corner of the dining room; and, the old dark wood wine cabinets. Asked if she liked the new design, Cindy commented, "No, I absolutely love the inside. And what I am most happy to have at my disposal is the new salad bar on wheels!" Yes, you read correctly, the salad bar is now movable. This gives staff more diversity in planning dinning and entertainment events for the members.

On the night this author visited the Beach Club, Florida's famous Stone Crabs were being served all-you-can -eat buffet style. And Ernesto Cervantes, the Beach Club Chef, along with his team did not disappoint. The bounty was fresh and plentiful; and the flavor combinations were outstanding and creative. Chef Ernesto certainly worked his magic with just the right seasonings and flavor profiles to pull off a true Southern Florida delight.

What is the best way to get to the Beach Club and savor some of Chef Ernesto's culinary tidbits, you ask? Since parking is limited at the Beach Club, management urges members to utilize the Frenchman's Creek Shuttle, which departs every half hour from the Sales Office and the Beach Club. Or, if you have a large group, call the Food and Beverage office several days prior to your reservation and reserve a van (the writer used this method for his party of 6; and, it was easy and convenient). By utilizing the transportation offered through Frenchman's Creek, you not only avoid parking problems at the Beach Club; but, you also have more freedom to enjoy those luscious cocktails the bartenders whip up or another glass of wine without having to worry about drinking and then driving home.

The new and improved Beach Club – a fabulous casual dining option for members of Frenchman's Creek.

Visit soon!



Plantains-one of the many tasty sides



A bounty of Blue Point Oysters

Mark H. HurdFc Life magazine



MEN'S HEALTH DAY

bobbe wiener

Men's Health Day was held Wednesday, December 13, 2017. Co-Chairmen are Steve Weinberg, Bernie Herman and Richard Fleisher. Men's Health Day began 10 years ago and the first two years the proceeds went for Prostate Cancer to Johns Hopkins. For the past eight years, the proceeds have gone to Jupiter Hospital— to the Heart Cat Lab, The Digestive Center, and for the next few years toward the 3rd Floor Oncological, Meeting Rooms, and Teaching Rooms in the New Cancer Building in the process of construction.

Not only men can contribute the \$1000.00 per year but women also (some of whom have contributed in the past) can participate. This year we saw an increase in the number of contributions, and they raised \$380,000. Watch Channel 999 to see the history, where the contributions were used and the benefits of belonging to The Frenchman's Creek Donor Society of the Jupiter Hospital. Some of which are a concierge service to any part of the hospital one needs; a private ER waiting room, a special food menu when hospitalized, and special hospital rooms. To answer more questions or for an in depth information, speak to any of the Chairmen.



The putting green was flanked by signs in memory of all the men who participated in the past years and were remembered by their loved ones.

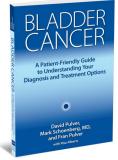
NINE, WINE and DINE

Unlike November, Mother Nature smiled on Frenchman's Creek for The Nine, Wine and Dine on December 1, 2017. Forty-six foursomes, more than covering both courses, signed up for a beautiful, breezy afternoon of golf. Now starting at 3:00 due to standard time, the format was a step aside scramble. As usual, the golf staff did a great job of organizing the flights and making sure all went smoothly.

Also, as usual, the dining staff did a super job with the cocktail party and dinner following golf. Golfers were served an extensive and delicious buffet and had their choice of sitting in the main dining room or the sports bar. It was a lovely evening and a fitting climax to a lovely day.

Mimi Bergel

Up The Creek



DAVID PULVER is thrilled, excited and proud to have his book co-authored with his Urologist Dr. Mark Schoenberg and his sister, Fran Pulver, published and available for purchase.



David Pulver, a 10-year bladder cancer survivor, collaborated with his doctor, Mark Schoenberg, MD, an internationally acknowledged authority on bladder cancer, to write *Bladder Cancer: A Patient-Friendly Guide to Understanding Your Diagnosis and Treatment Options* (July 2017).

In 2007, David was diagnosed with a serious form of bladder cancer. This was a frustrating and frightening experience for him. Although David found an abundance of information about bladder cancer on the Internet, the information was hard to synthesize, digest, and apply to his situation.

"When you first learn you have bladder cancer, you feel frightened, vulnerable, and very much in need of help." said David. "Most people go to their computer and Google the words 'bladder cancer' and up pops more information than they can imagine. They start clicking away, and they get even more frightened, concerned, and depressed. They wonder how they are going to make sense of all the information. They try to understand how this avalanche of information applies to their own situation."

During his search for information about bladder cancer, David found a book called *The Guide to Living with Bladder Cancer* (2000) by Mark Schoenberg, MD, and his colleagues at Johns Hopkins. After reading this book, David became a patient of Dr. Schoenberg.

This began a unique doctor-patient partnership — to not only treat David's bladder cancer but also to coauthor a patient-friendly book for other patients diagnosed with this disease. David and Dr. Schoenberg, along with their coauthor, Fran Pulver, a Cambridge-based medical writer and long-term cancer survivor, embarked on a multi-year project to write the book, with contributions from the country's leading bladder cancer specialists. This is the first time a patient with bladder cancer has collaborated with his doctor to write a book that marries *expert medical information* with a *clear writing style* —that presents and organizes the information in the most patient-friendly way.

"Our mission is to educate patients about the diagnosis and treatment of bladder cancer, so they can make informed decisions regarding their treatment and care," said David.

As a ten-year bladder cancer survivor, David has become very involved in the bladder cancer community. In 2008, he joined the Board of Directors of the Bladder Cancer Advocacy Network (BCAN, bcan.org). BCAN is a non-profit advocacy organization dedicated to educating and supporting bladder cancer patients and their families, increasing public awareness of bladder cancer, and funding bladder cancer research.

David also counsels many bladder cancer patients and helps them think through their bladder cancer situation. These experiences, in addition to his own experience as a survivor of bladder cancer, have helped him understand how the patient thinks and what they want to know.

This book project has been a labor of love. It is David's hope that patients diagnosed with bladder cancer will benefit from this book.

Any profits realized from this book will be donated to bladder cancer research.

More information about *Bladder Cancer: A Patient-Friendly Guide to Understanding Your Diagnosis and Treatment Options* is available at www.bladdercancerbook.org.

Ladies' Day Results 18 Holers

TUESDAY, DECEMBER 5, 2017

FLIGHT ONE

Jenifer Weintraub, Brenda Brown, Jane Feinstein, Judy Konigsberg
 Wendi Adler, Mary Bartfield, Cathy Goldberg, Sharon Strongin
 Susan Fuirst, Ann Cohen, Barbara Sheldon, Ellen Goldstein

FLIGHT TWO

1st Andrea Finkel, Mary Cocci, Lois Kleinberg, Linda Epstein

2nd Lisette Siegel, Ellen Buscemi, Dottie Kovel

3rd Nancy Bernstein, Judy Goldsmith, Connie Forman, Elaine Pearlman

FLIGHT THREE

1st Marjorie Feinstein, Ros Fanaroff, Georgianna Cotton, Joan Simmons

2nd Elaine Parks, Alice Bael, Jeri Jacons, Wendy Weinstein3rd Evelyn Gutkin, Penny Abrams, Marlene Grad, Lois Stern

FLIGHT FOUR

Shirley Goldberg, Anne Neustadter, Joanne Weinbach
 Nina Botel, Annette Schilling, Judy Weiss, Naomi Freedman
 Judy Rubin, Bobbi Sobel, Barbara Gersten, Susan Ludwig

"9 IS ENOUGH"

CONGRATULATES



Eleanor Newman, Terri Capazzi, Joan Mopper and Marcia Rubin

WINNERS OF OUR NOVEMBER 28TH SCRAMBLE TOURNAMENT

2ND PLACE Joan Barovick Anita Schwartz Elaine Muchin 3RD PLACE Barbara Wildstein Joan Isaacson Phyllis Hershman Elaine Sussman

"9 IS ENOUGH"

CONGRATULATES



Arlene Caplan, Marcy Sanders, Susan Wendkos, Patti Raber

Winners of the December 5th Stableford Tournament

Tied for 2nd Place

Mady Friedman Margie Kernan Toni Smith Theresa Capazzi Judy Chesler Bonnie Feinberg

Clarissa Singer

Ladies' Day Results

THE ECLECTIC TOURNAMENT WAS HELD DECEMBER 12TH and 14TH

The Eclectic Golf Tournament was held, Tuesday December 12th and Thursday December 14th. It was played in pairs, the first day was a Chapman Format and the second day was Better Ball of Partners. The combined score of the two days determined the winners. It was played in flights. Winners are:



FLIGHT ONE WINNERS
LINDA ROBINS and JANA SPIESS



FLIGHT THREE WINNERS
SHARON STRONGIN and DOTTIE KOVEL





FLIGHT TWO WINNERS
CONNIE FORMAN and BARBARA SHELDON

FLIGHT FOUR WINNERS

MARLEEN HACKER and LINDA EPSTEIN

NOT PICTURED



NINE IS ENOUGH WINNERS
CINDI SCHWARTZ and
RHO EDELMAN
An emotional win for them
both!

FLIGHT FIVE WINNERS

MYNA HOMBURGER and BARBARA REITMAN

Up The Creek



JEAN and ARTHUR SCHWABE are proud of their granddaughter, Jillian Schwabe, who is co-owner of Mon Ami, a web based fashion retailer which is a new online shopping destination featuring exclusive fashion designs, that are chic, trendy and affordable.

While growing up in Greenwich, Jillian long aspired to make it big in fashion. She acquired an interest in both the

business and fashion aspects of the cut-throat industry. "I balance business and creativity," she said. She used to plaster her childhood bedroom walls with fashion editorials and inspirations, such as Cher, and found comfort in styling herself in a range of apparel. "Fashion makes me feel like a chameleon," she said. "It's my creative escape and a confidence booster."

A few weeks ago, Jillian and her business partner, <u>Marsin Mogielski</u>, debuted their online-based retail brand with a fashion show at the Hyatt Regency Greenwich. The moniker translates to "my friend," which Schwabe, who worked in Paris' fashion industry for several years, believes sums up her new business' mission. In 2014, she followed her fashion ambitions to Paris, where she ran showrooms for New York-based companies. Mogielski, a fashion photographer, videographer and creative director at Social Life Magazine joined her as Mon Ami's creative director. His work is seen on Mon Ami's website with all the brand's product shots. For now, the pair plans to keep the bulk of their business online since "that's how our generation shops."

ANNETTE and DONALD SCHILLING are proud to announce that their daughter, Laura Schilling has been recognized by the Emory University Alumni Association as an outstanding alumna entrepreneur who demonstrates the highest caliber of innovation. Laura was honored as a Wealth Manager and Attorney who helps people achieve their dreams, through her company, Financial Innovations.

Amplifications and Corrections: to the November 2017 publication

In the Aqua Fusion and Aqua Spinning article, Chris Dimond also teaches an Aqua Fusion Aerobics class at 4:00PM on Tuesdays and Thursdays open to all members; and, holds an Aqua Spinning class on Mondays at 4:00PM.

Inadvertently as written, in the Ladies Day Out article, the bags shown were not the ones given out by the mall but given out by a particular store.

Up The Creek



THE PALM BEACH GARDENS CONCERT BAND

For the past 10 years, The Palm Beach Gardens Concert Band has two of Frenchman's Creek members as volunteers, HAROLD SCHEIN who plays the Euphonium (a baritone horn), and NORMAN WAIN who plays the tuba and is the President of the Board of Directors. They are a non profit wholly volunteer band ranging in age 15 to over 90 and musicians in all walks of life, i.e. graphic designer, plastic surgeon, insurance agents, computer techs, music teachers, engineer, RN, Chemist, geologist, accountant, realtor, school administrator. They encourage young players capable of playing with them,to join the band, some of whom go on to Julliard School of Music, New England Conservatory of Music and Berkeley.

Their Conductor, since 2009, is Randy Sonntag who recently was inducted into The Florida Bandmasters Association Hall of Fame.

Most of the musicians have their own instruments, but the band owns some of the larger instruments too heavy or bulky to carry around. They are missing an instrument which would be an asset to the quality of the band— and that is a bass clarinet able to be played by some of the clarinetists.

Each year through their Friends of the Band drive they provide scholarships for talented local music students to attend summer music programs to enhance their music performance skills.

The next concerts are WEDNESDAY, FEBRUARY 7,- Salute To President's Day, WEDNESDAY, MARCH 21, the Great American Songbook with two Soloists and WEDNESDAY, APRIL 25, with Frank Cerabino as guest star- all at 7:30 pm and at Eissey Campus.

In addition of Harold and Norman, being involved, Barbara Wain, Fred Stern and Joan Gelch are on the Board of Directors.

The Community mourns the loss of our following members

BOB BARON who had lived at 3575 Loire Lane and was a member since 1996. How great a familial tie-Bob passed away 10 days after his brother, Dr. Edmund Baron. Again, our condolences to the families.

JUDITH HANDLER who lived at 3200 Burgundy Drive and was a member since 1990. Our heartfelt sympathies to her beloved husband, Dan, and their entire family.

CAROL BROWN who lived at 3615 Loire Lane and was a member since 1986. Our heartfelt sympathies to her beloved husband, Murray, their children and grand-children.

ROBERT KORN who lived at 13877 Rivoli Drive and was a member since 1988. Our heartfelt sympathies to his beloved wife, Joan, and their entire family.

DR. JACK SHAPIRO who lived at 13316 Verdun Drive and was a member since 2012. Our heartfelt sympathies to his beloved wife, Miriam, and their family.

FCLGA POLICY GOING FORWARD:

Major Tournaments:

Partners may not have more than an eight (8) stroke difference between their handicaps; All foursomes may have a forecaddie who will assist both teams. Caddies will not carry clubs. Players may not walk, but shall use golf carts.

Play-offs will be held to determine First Place winners only. Runner up winners will divide the prize money.

Tees played:

For all tournaments including regular Tuesdays, flights shall play from the following tees:

Flight 1 - South Course - all red; North Course - red/green

Flight 2 - both courses - red/green

Flights 3 & 4 - both courses - green

Pace of play:

Penalty shots will be assessed for excessive slow play

Submitted by Lois H. Kleinberg and Ellen Goldstein