

Everything

TM

Horses AND Livestock

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*To Shoe or
Not To Shoe*

BY JOSHUA
RUSHING

ALSO FEATURING ARTICLES BY

DR. HARRY ANDERSON, JANICE PACK, CHAD MATHES,
CORY YOUNG, JOLENE THOELE, CAL MIDDLETON,
SHANNON ROWL, MELISSA COWAN, AND KELLY BEHNKE

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Being raised by an Avid Outdoor Sports Writer, it was only natural for me to start our Magazine, Everything Horses and Livestock.

In my youth, I talked with my father about writing some small books on living off the land in our area and caring for animals.

Out of high school, I gave riding lessons, trained horses, boarded, produced a variety of events and sold items from my own retail business, while also working for others.

I wrote articles on proper feeding and horse management for magazines, websites and newsletters. It was very enjoyable to listen to my father edit them for me.

He said, "It's good to write how you feel, what you believe, just get rid of the extra words!"

My father and I never got around to writing our booklets before he passed away November 1, 2009. I have many fond memories of my father and our time together.

He worked at the same publishing company for 62 years.

My passion is proper care and feeding of all animals and helping others enjoy their ride. Our family loves to hunt, ride and team rope.

Flip through our pages. Enjoy articles, photographs, cartoons, word search, & fun news!

This magazine is dedicated to my dad, mom, sisters, husband, son, family, friends, and everyone out there enjoying the ride!

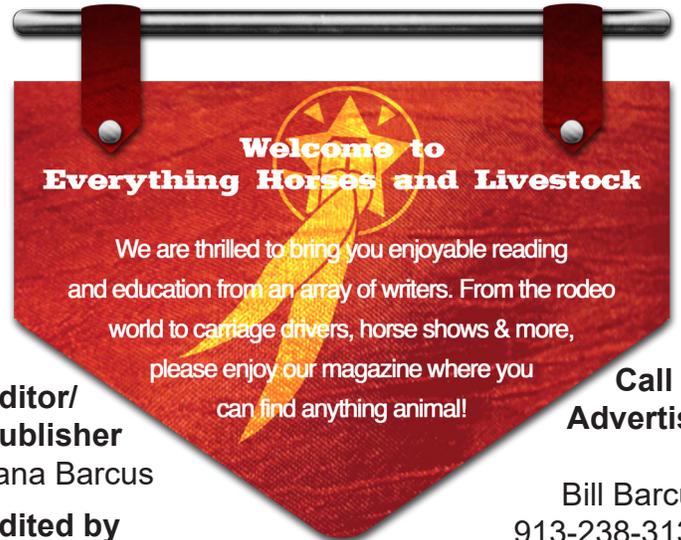
~Jana T. Harrington Barcus



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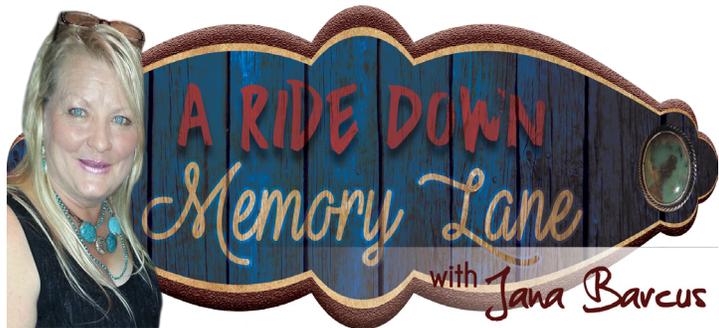
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Working Hard on A Good Life - Meet Matthew Jobe, Windsor, Missouri

Matthew joined the Air Force in December 1998. With 2 deployments to the Middle East and several other deployments overseas under his belt, he is no stranger to giving of his time and helping others. Matt tells us "I help anywhere I can".

I asked Matthew "when did you get into the horses and training". He told us that in 2010, he had a boarding facility that included a young 4-H Member and her "leased" horse. She had big hopes to compete on him at the 4H Shows. This horse was awesome in the arena, but bucked her off outside of it.

One day they asked me to ride him for them. I told them I wasn't a trainer and they paid me to ride anyway. I was able to fix that horse so they brought me another one. Again, I mentioned, "I am not a trainer". The next thing I know, their friends started bringing me horses, too. This repeated for 2 years as I continued stating "I'm not a trainer" and them paying me to ride their horses. So I started taking lessons and trying to learn from some great trainers and then I finally said "I am a horse trainer". I continue to be blessed as the horses just keep coming.

Matthew owns and operates C BAR J Ranch in Windsor, Mo. When he purchased the Ranch he contracted to care for 8 stallions and 16 mares. He managed the entire breeding operation including foaling out and breeding outside mares.

Every day is busy at the C Bar J Ranch. Checking the cattle on the grazing contract, running the boarding facility, training horses, and give riding lessons keeps Matt running all day. He also takes time

to work on his own passions of Mounted Shooting and Extreme Cowboy Racing.

Matt started competing in Mounted Shooting and the Extreme Cowboy races in 2013. He has already won many state and regional championships in both associations. Matt recently won the Mounted Shooters of America Men's Semi-Pro World Champion and The Missouri State Champion in the American Horsemen Challenge Association.



When asked about his Equine Management program, Matt says "I feed Total Equine to all my horses in training and to many of my boarded horses. I feed my two personal competition mares 5# each per day. One weighs 1080# and the other is 925#. Before and during travel, I increase their feed to about 10# per day, split into two feedings. It keeps them calmer and cooler and I believe faster also!

One of the many quality ingredients is kelp. It helps with circulation, keeps swelling in their legs down during travel and while staying in small stalls at shows and competitions.

Continued Page 31

Total Feeds

with *Dr. Harry Anderson*



BY PRODUCT INGREDIENT VALUES

This month's article will be brief and to the point about by products used in Total Feeds products and they are the same ones many other companies use very well.

I get challenged from time to time about the by-products that I formulate into all of our products and I would like to explain a few basics of why they are used and why people should not discredit them as low quality ingredients.

The following table shows the basic nutrient values of the by-products used in Total Feeds products.

INGREDIENT NUTRIENT LEVELS

TDN %	PROT. %	FIBER %	NDF %	FAT %	CA %	PH %	K %
ALFALFA HAY							
61	19	27	46	3.0	1.4	0.27	2.5
WHEAT MIDLINGS							
82	19	8	36	4.5	0.15	1.00	1.4
SOYBEAN HULLS							
77	13	38	46	2.6	0.55	0.17	1.4
BEET PULP							
75	11	21	41	0.7	0.7	0.08	1.4
RICE BRAN							
72	30	13	24	17.0	0.07	1.70	1.8

Even though alfalfa hay is not a by-product, I am showing it as a reference on fiber and energy since it is generally accepted as a high quality ingredient and never questioned. Note the energy and protein of wheat middlings and soybean hulls. Both are

high in energy and are used in many commercial products for that reason. Both ingredients contain some of the most digestible fiber of any ingredients available. Soybean hulls contain as much NDF as wheat middlings, which is normally the difficult fiber to digest. This ingredient it is easily digested and that is why the TDN value for them is so high. However the NDF in this ingredient is easily digested and that is why the TDN value for them is so high.

One point about both wheat middlings and soybean hulls is that they are found in human food in many different products. If you ever eat whole grain bread or pastries you are eating wheat middlings as they are a part of the wheat kernel. Soybean hulls are part of many products that contain soybean as part of the ingredients.

Beet pulp is a commonly accepted ingredient in equine diets. In looking at the specifications, it is no better in energy or fiber than these other ingredients. I find it very useful to use as a replacement for grain to lower the NSC level in a product.

Rice bran is a by-product of the rice industry when they make that pretty white rice that people purchase and eat all the time. Actually it is much better nutritionally than the white rice. Again, in human food, whole grain rice is more nutritious than white rice and often this is overlooked.

Until Next time....

Dr. Harry Anderson

Email any questions to: Harry@TotalFeeds.com



Curiosity Corner

WHAT ARE THESE ??

Do you know what these are? Who ever can identify them with a name and purpose will received a FREE T-Shirt from Better Equine! Email your Answer to:

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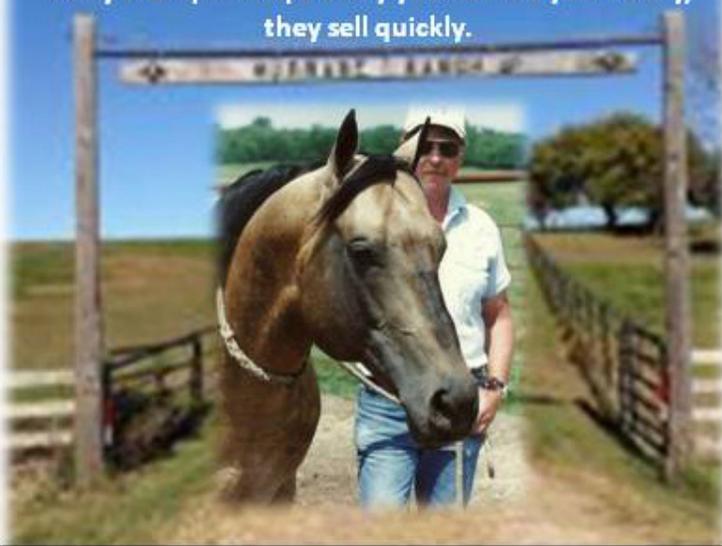

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“Mary Hall - Gracious Lady and Wonderful Artist”

I have often wondered what to do on a rainy day—something practical and necessary or something fun and enlightening. On such a rainy day this fall, I had no problem choosing something fun and enlightening! I made an appointment with Mary Hall, an artist from Richmond, KS.



When I pulled into her driveway I saw an unassuming house with the charm of a country cottage. Flowers abounded everywhere in the yard and on the patio. Ahead of me I saw a small metal-sided barn brightly painted with sunflowers and blue sky. What a lovely setting for a rainy day.

Mary and her husband, Arlen, greeted me at the door. Mary and I sat down with a cup of coffee to visit. My eyes wandered around the friendly studio. Water color paintings of every size and subject hung on the walls. Some remained stacked on chairs and tables. Before I arrived Mary had been working on framing some sold prints.

We talked first about her family. Mary grew up on a farm near Foster, MO with her parents, two brothers and a sister. Her siblings all possess varied artistic talents. Brother David Laughlin now 86 years old studied art in Warrensburg, Mo. and has made a living painting and metal sculpting in Chicago and later in Arizona. He is now a well known and respected artist in Tucson, Arizona. He also researched and made meticulous pen and ink renditions of the Buffalo Soldiers starting in Leavenworth, Ks., through the Midwest and on into Arizona. Brother Jim Laughlin remained on the farm and raises cattle. He also plays the guitar and sings. Sister Iris, who passed away last year, played the keyboard and sang also.

Mary and Arlen attended high school in Rich Hill, Mo, married and still remain on their life journey together. Arlen spent time in the Air Force as a radar tech. As a civilian, Arlen had connections to the local horse world as he worked for Richmond Coop, the feed store in Lane, Ks and for Gary Colbern Electric as an electrician. Gary's boys participated in Franklin County, Ks. in 4-H horse projects.

They raised three talented daughters: Carla Springer, a master gardener and purchaser for Big Cedar Resort. Branson, MO, Sheila Kratzberg, a Greeley KS beautician, who creates works of stained glass, and Martha Hall, a dental hygienist who makes her own glass beads to create one of a kind jewelry. She also knits and has recently purchased a loom and started weaving.



Mary told me, “I always knew I wanted to paint.” With her daughters grown, educated and raising their own families, Mary started to paint part-time

Continued on page 26



Traveling with Horses

I've traveled thousands of miles pulling all sorts of trailers with many mixed loads of livestock in all conditions of weather.

I remember one trip leaving in a rainstorm and driving through a snowstorm and blizzard before reaching the desert where it was over 105 degrees.

These types of trips can be hard on horses, especially if not handled properly. Traveling with horses is often something taken for granted, but there are numerous things to consider.

Routine maintenance of your truck or SUV and trailer is obviously important. Checking tires, and being sure the spare is aired up can be helpful. Also making sure that the jack and tire iron are able and ready.

Did you know that the average most popular best selling 4 way tire iron does not have the correct size lug wrench to fit the lug nuts on many of the most popular horse trailer brands?

One of my best friends, Todd Wright and I learned this the hard way on the way back from Houston, TX one year. We had 2 different brands of 4 way tire irons and between eight options, we still didn't have the one that fit the new trailer we were pulling. Naturally, we were miles from any civilization. It was a good thing we packed plenty of food and it was a nice day for a picnic.

Ventilation is something overlooked. A lot of trailers made specifically for horses have very poor ventilation. This can cause problems in your horse, especially if using wood shavings.

Besides the rig, there is also the horses to consider. Being sure they have loaded comfortably in and out of a trailer is important for helping them to relax while hauling.

If your driving more than half a day, stopping and offering your horse's water is a good idea. Leaving hay bags so your horse can eat while going down the highway can be OK, but they need to be short and hung correctly so as to stay high even once all the hay is gone. If a horse can reach the bottom of it with his foot, it is too low.

If a trailer has mangers, a little grain is fine and the hay bags need to be tied where they cannot fall out of the mangers.

Something else to remember is to drive slow. It sounds obvious, but it is highly important. The way we decelerate and the way we turn corners when hauling horses is crucial to the horse staying comfortable and safe in the trailer.

I remember my grandfather teaching me to drive with a trailer full of horses or cattle and saying "Honey, you want to try to drive where your livestock doesn't have to move it's feet when you turn."

Now and then while driving a trailer, we may need to stop abruptly to avoid an accident if someone or something is in front of us, but generally the key to driving safe with a trailer is the same as driving on slick snow or ice: only use your brake pedal in an emergency.

When slowing down to a stop light or sign, let off the accelerator early enough to where the truck or SUV crawls up to the stop and then you can tap the brake to stop it, or just shift to neutral and don't use the brake pedal at all. When you have to stop sooner, down shift rather than ride the brake. Yes, even if you're driving an automatic. Nearly every vehicle that can pull a trailer will have three forward gears. Most people only use one.

While learning to properly operate your vehicle, not only is your precious cargo more secure, but your

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Equine Energy Balancing
Mind Body Spirit

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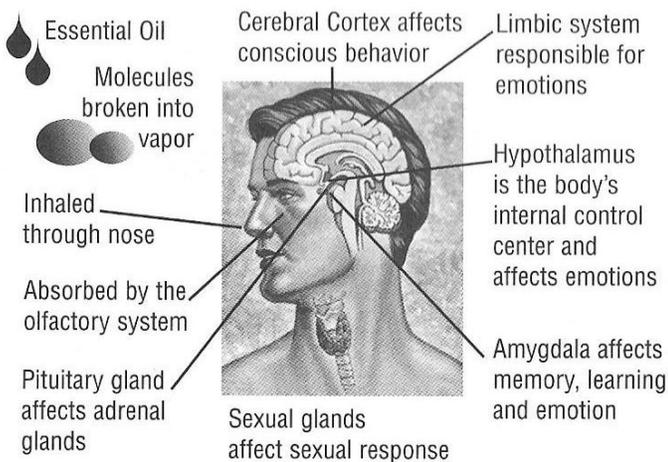
Using Essential Oils on you & your horses....

In my last article we used Essential oils successfully in Red Fred's program. He had damage on the suspensory ligament in zone 2 on the right front along with a chronic tear and calcification in zone 1 on the left front ligament. We were very pleased with the success in healing and he is now back in regular activities including barrel racing. Happy Trails to Red Fred!

This month, I want to introduce you to Aromatherapy and how I use it in my Equine Energy Balancing Therapy.

The practice of Aromatherapy is using essential oils in a variety of methods, through inhalation by means of the nose and Olfactory system is one of the methods. The chemical compounds of essential oils break into molecules that are released into the air and can be inhaled.

Affects of Essential oils when inhaled.

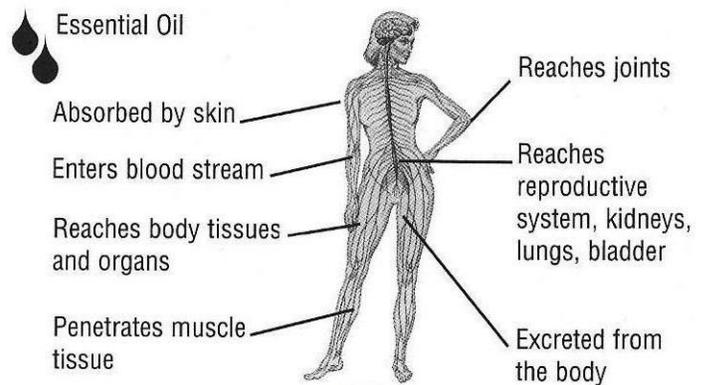


The response to aroma has been proven to be as quick as 3 seconds.

Defusing Essential oils increases the atmospheric oxygen and removes dust particles out of the air. Essential oils contain oxygenating molecules, which transport nutrients to the cells of the body and help the body receive and assimilate nutrients to maintain health. Some essential oils go beyond the blood brain barrier, increasing the oxygen around the pineal and pituitary glands.



Affects of Essential oils when applied externally.



Applied topically by rubbing on the feet, essential oils will travel throughout the body and effect every cell, including the hair in 20 minutes.

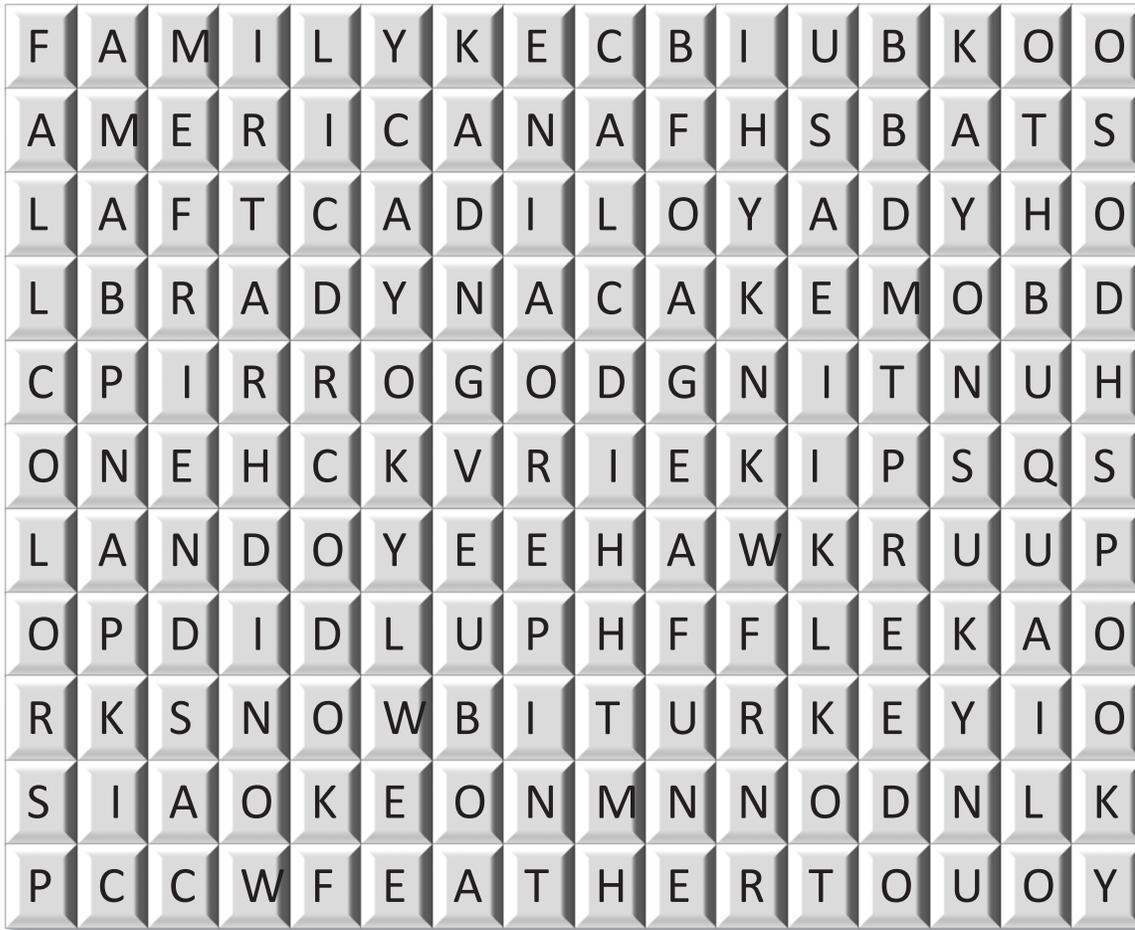
I have experienced some amazing results using essential oils in healing injuries and wounds with horses.

This is Kentucky. He is a Team Roping Horse. I



received a phone call to come check him because the owner could not get a vet to treat him on Sunday. When I saw his horse the first thing I did was to ask God to help me and this horse. I treated the

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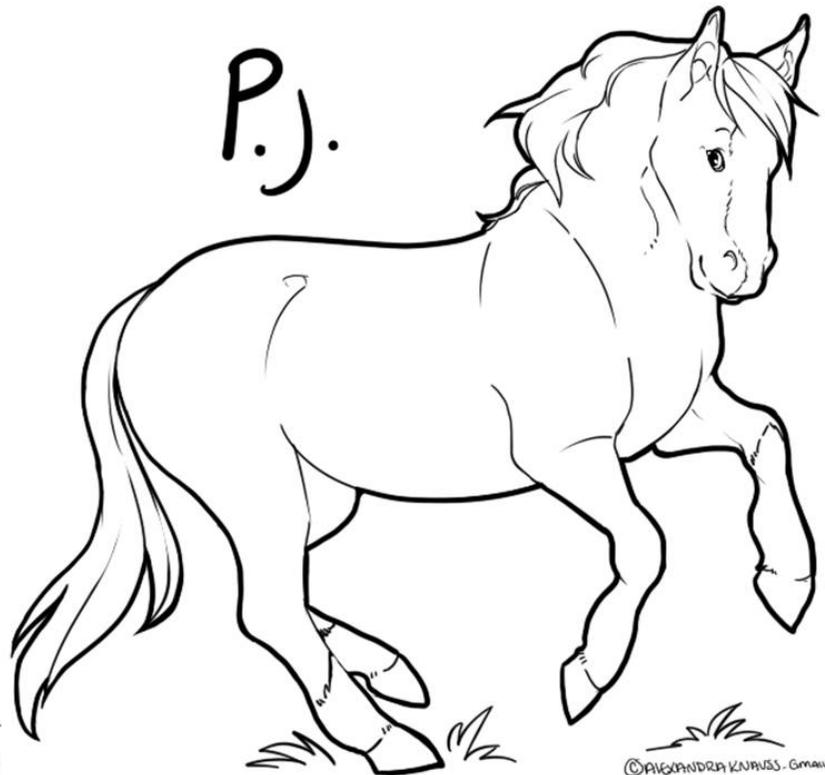
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Hi Kids!
 My name is P.J.

I am a Sorrel Quarter Horse. I love to go to the rodeos and compete. My event is team roping and I am a heel horse.

Have Fun coloring me then take a picture of your completed project, email it to betterequine@gmail.com to win a prize!

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The Big Three

As summer is leaving us, the season for team roping finales is upon us. We've all worked hard and traveled many miles to qualify for our respective ropings. As we prepare for these events, remember the importance of fundamentals. As I continue to grow my clinic business, I am blessed enough to travel to many other states and meet different groups of people with various levels of achievement. I'm seeing a trend at these clinics that I feel needs to be addressed in this article.

There are three things that hold people back the most and basically keep them from advancing at the speed they want to. I call these "The Big Three". Without these three things, the chances of being consistent are very low. I see it over and over, time and time again, the building blocks that we build on can become a hindrance if we don't do them correctly. Let's go through what these are and talk about how they affect us down the line.

The first one we've talked about before, TARGET. Everything we do in a team roping run comes from having a spot to focus on. Without this, it's nearly impossible to ride your horse to position. If you have a really nice horse that positions himself every time, this isn't an issue. However, most novice roper's horses are not as automatic as they would like to think. Having a good target also tells you where to swing your rope. The closer we get the path of the tip to the target, the easier we make the delivery. When we do deliver, we need an exact place to take our top or bottom strand to the steer, depending on how you are delivering. This is the biggest of these three things that cause problems with people who are trying to learn. A lot of people go years without realizing they aren't actually looking at anything when they rope. It's just been a blur this whole time.

The second of "The Big Three" is POSITION. A lot of people that I see struggling simply can't get to the same spot every run. When you are trying to learn the basics of team roping, not being able to get relatively the same position every time just makes things even harder. I have helped a handful of people this year that had never actually felt being in position for more than one stride. If you watch the best ropers on the planet, when they jackpot, they get to the same spot every time on every run. This comes from being disciplined enough to make sure you can get to the same spot every time and maintain it BEFORE you deliver your rope. I use the Smarty to teach my horse these things and teach myself to be disciplined.

The third and final is the hardest to fix sometimes, an OPEN SWING. On our delivery, the further apart the top and bottom strand are, the more area we can cover. That's what being consistent is all about, covering area. A closed loop can come from many different things. Most of the time, people don't buy ropes that fit them. They see the pros using this or that and think that's what they need, most of the time, espe-

cially for heelers, that is not the case. If you are a beginner, a softer, lighter rope is definitely the answer. They are usually smaller and easier to grip. That's usually the issue with an unbalanced loop, the grip is too light and people try to use their wrist to swing the loop instead of their arm. Also, the load in a rope is important. The more load a rope has the easier it is to swing, the less load the harder they are to swing. No matter what you see everyone else using, rope with something you can handle. Heelers, I know that always say you should use at least a medium lay to rope with. However, that doesn't mean that you have to use a big heavy stiff rope. They make lighter heel ropes in harder lays also. Not having an open swing means that the chances of having an open delivery are way low, meaning less catches.

So, think about these three things as you prepare for your next event. If one or any of these three things are missing in your program, you need to consider a big revamp in order to move forward and have success.

Thank you for taking the time out of your day to read this article, it's really appreciated on my end. Keep working, don't get frustrated at the little things, and always PRACTICE HARDER!!!

Chad Mathes

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What's going on at Living Life Ranch

We have been working hard laying out our 2017 Program for Living Life Ranch. In October we presented it to the Board of Directors for approval.

Living Life Ranch serves age groups between 4 yrs – 17 yrs. We offer a day camp for 6-8 children per day camp and each program is designed for the ages of the children attending.

With our local ranch partners such as Better Equine, we have larger scale events scheduled quarterly that will allow us to provide several children a real working ranch experience. Working around livestock learning how to take care of their needs and more.

Our program is Christian based and we will show children through horses how God provides unconditional love no matter what. The Living Life Ranch programs are unique because we work with each child and pair them up with a special horse and leader for the day for their riding and learning session. If needed each child can be supplied an additional partner for support if needed.

These sessions are designed to be adaptable to meet the distinctive needs of each child. Every child is nurtured by a leader who shares in his or her individual challenges and will celebrate their successes. We offer this experience free of charge.

Although the primary focus of the ranch is to serve underprivileged, grieving and abused children, the program is available for any child or family that would like to schedule a visit.

Our Volunteer Program is part of our ministry. We are privileged to join alongside children, families and individual adults who come ready to help wherever needed. Volunteering at Living Life Ranch is designed to be much more than getting chores done. By working together side by side, we have the privilege of seeing

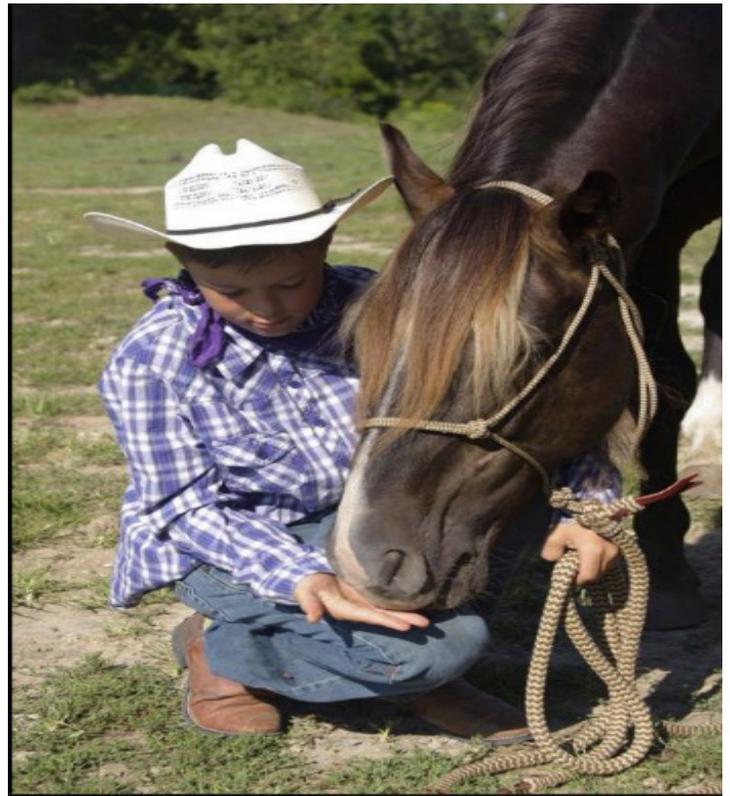
the Lord mend hearts through horse's hooves.

We had our Logo Photo shoot with Trevor and Hammer a beautiful Rocky Mountain Stallion.

Thanks to our very special friend Pam Sorenson from River Ridge Farm for allowing us the privilege of working with Hammer for this special occasion.

Thank you Patti Nance for helping us with this project we are so excited to be working with you and Diane.

Photo courtesy of Diane Harrison



Please come and Enjoy the journey with us.

Living Life Ranch ~ Melissa Cowan

Children that we serve at Living Life Ranch will be offered through hands-on experience, the values of God's Love, hope, trust and faith.

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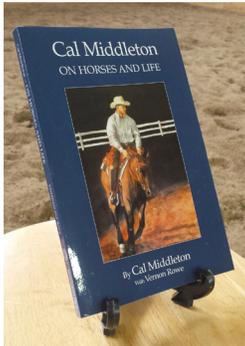
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transmission and brakes can last much longer. You will save money, save stress on your animals, and save time in the long run.

I hope this gave you a few things to consider. Be safe on the road, and enjoy your trip.

Send any questions to cal@calmiddleton.com

~ Cal Middleton



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What's Under Your Hat?

1. Why do Horses Yawn?



Answer:

**Check out our February 2017 Issue
"Why do Horses Yawn"**



Building a Strong Relationship with Christ – The Sardis Example: Wake Up and Be Real – Revelation 3:1-6

For this study we're going to be turning our attention to the fifth letter to the seven churches of Asia Minor found in Revelation:

To the angel of the church in Sardis write:
He who has the seven Spirits of God and the seven stars, says this: "I know your deeds, that you have a name that you are alive, but you are dead. Wake up, and strengthen the things

that remain, which were about to die; for I have not found your deeds completed in the sight of My God. So remember what you have received and heard; and keep it, and repent. Therefore if you do not wake up, I will come like a thief, and you will not know at what hour I will come to you. But you have a few people in Sardis who have not soiled their garments; and they will walk with Me in white, for they are worthy. He who overcomes will thus be clothed in white garments; and I will not erase his name from the book of life, and I will confess his name before My Father and before His angels. He who has an ear, let him hear what the Spirit says to the churches (Revelation 3:1-6 NASB).

Sardis was located around 30 miles southeast of Thyatira on a fairly important trade route that ran through the kingdom of Lydia.

Sardis had a booming industrial economy (including the manufacture of jewelry, dye, and textiles) but was fairly pagan in their religious lives.

The Lord opens this letter by reminding this church (and the readers of Revelation) that He both holds the seven churches (speaking of the Holy Spirit's relationship to Him) and their pastors (the seven stars). He then digs into their only bit of encouragement: their reputation for being alive. Apparently the church, while spiritually dead, had the appearance to others, and potentially to other churches, that they were on fire for the Lord.

That fire was only on the surface as the Lord clearly states, as part of their encouragement/condemnation, that they are dead. Ap-

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The Myofascia Body

By featured writer - Kelly Behnke

The Hay that broke my back

It seemed like just another day as I did my normal routine and went to feed the horses. We feed round bales different than other folks. We stand the bale up and uncoil it so the horses don't waste the hay and we can control how much they are eating.

Just about the time I was almost done, I went to pick up the last little pile with my pitch fork. I heard a very loud pop and down I went in pain not able to move. My pup Flash was trying to help me up knowing that I was not supposed to be on the ground.

What felt like forever was only a couple minutes, as I worked my way over to the fence and pulled myself up. The pain was so bad all I could think was that something had broken. I did not have my cell phone with me. I made my way to the house called my Myofascial Therapist Roberta.

Roberta told me to get ICE on it ASAP and call Dr. Koshlap, my Chiropractor. They both instructed me to get x-rays to see what was going on in my back.

Dr. Koshlap called to set up x-rays. After looking at the x-rays and receiving a good evaluation, thankfully I had nothing was broken.

During the adjustment, we found my right leg to be a ¼ inch short and my pelvis was twisted.

How all that happened is a mystery to me I had done nothing out of the ordinary.

Friday I went to my Myofascial Therapist. She did Cymatic Therapy on my back. Then I went to Dr. Diehn office and picked up some tablets for pain and inflammation. Heading back to Dr. Koshlap for another adjustment, all I can say is WOW. It is amazing how the body can heal after something so painful happens as my Saturday and Sunday were good.

At this time I am wearing a back support and doing ice as often as I can. I will see the Chiropractor a few more times to help the hip to stay in alignment.

I feel doing things in a natural way is the best for the body. We need to learn about our own body and listen to what it is telling us. There is a lot of information out there and we all need to weed through and pick out what will work for us.

We are all different. There is not a one size fits all fix. I will continue to get Myofascial Treatments, Chiropractic adjustments and take the natural anti-inflammatory to help my body heal.

Just so you all know this is not my first rodeo with pain. I just used western medicine before and I will give you an update in the next issue.

~ Thanks for your Time, Kelly

Kelly Behnke - Main Body Works & EMT
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BE MENTALLY PREPARED

By Featured Writer Shannon Rowl

No matter what sport you participate in, mental focus is the name of the game. Without an effective mental program, the rest of your game will never be at the level it should be.



Shoot to shoot great. Every cowboy mounted shooter has the potential to be better than he or she is, and using the mind is one essential way to improve.

The choices you make determine the quality of your run – if you consistently make the right choices, you're destined for greatness.

Mounted shooting is a game of mistakes and unpredictable fortune. If it were not, no one would ever miss a target, a turn, or hit a barrel. The essence of mounted shooting is reacting well to the inevitable mistakes and misfortunes. Learn to separate yourself from the competition not by perfecting your game, but by constantly striving to improve.

One thing mounted shooter should always be

proud of in their game, it's how well they react to mistakes – you may not always have complete control of your horse or your shots, but you can control your attitude.

Learn to get into the process. Success comes from patiently and persistently doing the right things over and over. Create a "to-do list" for you to follow at every practice and competition:

- Trust yourself, your horse, and your gun hand on every shot.
- Execute your "warm up" routine (visualization) before every stage.
- Stay in the present. Don't think about where you're sitting after stage 3 in your class or the overall, or where you might be tomorrow after stage 4. Don't critique or analyze the run you have already completed. Focus on each target as it comes – that is the only target you care about. When it's all over, then see how you did.
- Refuse to let anything in the arena bother you or upset you. Be in a good mood and great state of mind for the entire competition. Enjoy riding your horse and shooting.
- Trust your instincts, be decisive and committed.
- Love your horse and your gun today.
- Maintain a consistent, ideal level of intensity on every target.
- Shoot to shoot great!

The mental part of cowboy mounted shooting can



be just as hard as or even harder than the physical aspects!



When we shoot, we want our subconscious mind to be in charge of the mechanics of our run, we are focused on one target, that is it. Your mind can only think of one thing at a time, so the more you exercise your subconscious mind, the more multi-tasking you can do!

Until next time, keep practicing consistency both physically and mentally with your mounted shooting partner!

~ Shannon Rowl
KSCMSA Secretary



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parently this was the case with the majority of the members of the church. The fact is that it is pretty easy for anyone to fake a great relationship with Christ. While we can simulate a dynamic relationship with Christ and psych out others we cannot fool the Lord.

We must be real.

After stripping away their reputation of being alive, Jesus also rebukes them as being incapable of completing their deeds. They were falling far short of fulfilling their obligations as believers.

The church at Sardis is given the simple encouragement to “wake up” and strengthen their few evidences of life they still had. Christ’s exhortation was threefold: “remember what you have received and heard,” “keep it,” and “repent.” For this church to return to a right relationship with Christ they had to go back to (or remember) what the Lord, the Apostles, and their church planters had originally taught them. Not only that, they were to obey those teachings (do what it says) and then repent (turn away from their sin).

We wake up in Christ by remembering and keeping the Word and repenting.

This group of believers was to “wake up” because they literally did not know when the return of Christ would occur. Using the phrase “like a thief” lends itself to the idea that they would have absolutely no idea when He would return and so would not be prepared for meeting their Savior. 231 as important, a promise that Christ Himself will confess their name before the Father and His angels.

What an awesome encouragement to continue in faithful growth in the Lord and service to Him!

Be Blessed ~ Cory Young

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A MEDLEY OF OLD SADDLES.... by Janice Pack

For this second old saddles article I have chosen to feature a variety of ladies and youth saddles. I have gathered up a unique collection of five saddles that date from 1887 to the 1970s. Most of them have become family heirlooms and a source of family pride. These saddles represent much local and family



history. I can only imagine how many miles they have traveled, the places they have seen and the work and pleasure they have provided for their owners.

The oldest saddle dates from 1887.

A Linn County Kansas farmer had this saddle made for his five

year old son. The

father had the saddle built on a McClellan type open seat tree, probably by a Linn County harness

shop. Tapaderos and a “nubbin” of a horn made

this little saddle safer for young riders. Three generations of children in the family rode this saddle until its retirement in 1969. I learned to ride on an actual McClellan



army cavalry saddle. No horn but my dad installed homemade tapaderos for me.

The ladies’ side saddle first belonged to the wife of the owner of the McClellan youth saddle. The maker and year built remain unknown but the present family member/owner believes the saddle dates from the 1890s.

Side saddles date back to antiquity and developed further in Europe in the Middle Ages. Further changes occurred to side saddles when they came to America. Women rode side saddles for as long as their skirts stayed full-length. No “lady” of that era rode astride like a man as that was not considered modest or genteel. Even Queen Elizabeth II of England rode a side saddle as late as 1986 in ceremonial parades.

As a young woman I showed my dad’s pacer with a side saddle and wore full length vintage riding clothes. My saddle had two pommels (horns), a

straight fixed one shown in this example above that the right leg went around. A second curved adjustable pommel lays just below the fixed one. The left thigh braces up under this horn. The left foot fit into a small iron stirrup. These features made for a safer ride as two horns increased rider support, balance and confidence. Ladies often jumped their horses while riding sidesaddles on foxhunts and later in jumping competitions.



I would like to imagine that the lady who first owned and rode this sidesaddle often took pleasure rides around the farm and countryside. Maybe she

rode to church on Sunday while the rest of the family followed behind in a buggy so not to cover her with dust. Being a farmer's wife she could have ridden out to look at crops and livestock and report



back to her husband.

The present owner of this 1915 Hamley working saddle believes, as I do, that he found a treasure.

He contacted Hamley Saddlery in Pendelton, Oregon and confirmed the date by the numbers on the back of the saddle. The company could not identify the name of the actual builder as a fire in 1919 destroyed all their records.

This saddle has a small 14 -14 1/2 seat perfect for a youth, young lady and perhaps a lean cowboy. Maybe riders just preferred a tight fitting saddle for riding over rough terrain. This saddle has a high back and beautiful oak leaf and acorn tooling. The seat appears to be lightly padded with lighter colored leather than the rest of the saddle. It has brass conchos and long strings so the cowboy could tie on his bedroll and other supplies needed on the trail. The saddle remains in excellent riding condition. The owner traded his business services for this fine saddle. It resides in a place of honor in his home.

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The present owner of this Apache saddle made in Amarillo Texas stated that her maternal grandfather bought this saddle new for her mother as a high school graduation present. Her mother has turned 94 years young. This should make the saddle at least 76 years old. Her dad probably purchased it at a saddle shop in western Kansas.



This saddle crafted with extra thick leather looks almost new today.



Every young cowgirl should get such a nice graduation present! I got a Webster's dictionary to take to college. My dad bought me a beautifully-tooled western pleasure saddle later. I had to make the

honor roll to "earn" it. (Saddle given in love but with a distinct message!)

I accidentally found this tiny pony saddle while checking out another old saddle. After tracking down the owner, I learned the little saddle had been ridden at local "shodeos" by the owner's niece, now 40 years old. The owner



purchased it used at a horse and tack sale for \$25. The 10 inch padded seat made a comfy ride for a young girl. Or-nate tooling with a horse head on both sides and tiny laced leather stirrups made it a fancy outfit for a little girl and her pony. The saddle has no makers mark on it but may be of Mexican origin.

I hope all our EHALL followers have enjoyed reading about these unique saddles as much as I have enjoyed finding and researching them.

Please don't miss the February 2017 Equifest issue for more "Old Saddles."

~ JANICE

Send your saddle pictures & information to;
ehalmagazine@gmail.com



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WHERE AND WHEN DOES TOTAL BULL FIT? Increase Muscling, Better Carcass..... ~ By Dr. Harry Anderson

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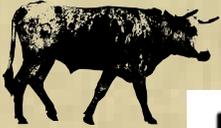
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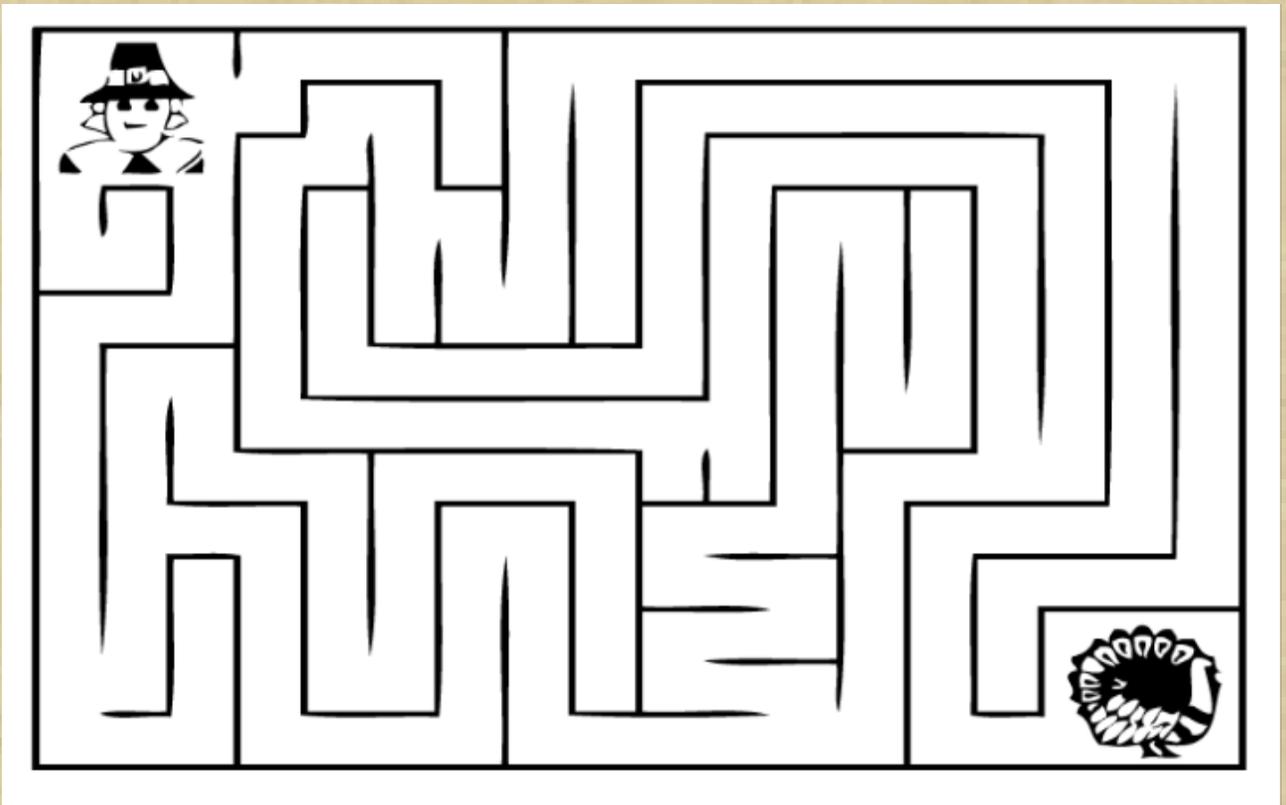
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Continued from page 8

while still working full-time. With no formal training she started painting with acrylics at the age of 50. With the encouragement of her artist brother, David, she eventually gravitated to the water color medium.

I asked Mary "What inspires you to paint?" She replied "the beauty of nature." She explained that the water colors best suited her subjects which always return to flowers and butterflies.



In recent years Mary has added new subjects to her water color projects, historic buildings, old barns with old churches waiting in the wings. Even

more recently she has started to paint pet portraits. These she paints from photos although seeing the real animals helps her to capture their personalities.

In a roundabout way this brings me to how I found Mary. A beautiful water color of a horse head wearing a silver-adorned halter caught my eye at our local library.



In her studio I saw prints of other horse (and dog) portraits. Mary showed me a print of a horse portrait commissioned by a local doctor as a Christmas present for his wife. Four of his wife's horses stood at attention with their heads over a board fence. The doctor apparently couldn't keep his secret and gave the painting to his wife early!

The rain finally quit when I said goodbye to Mary and Arlen. If any of my readers should ever look for something worth while to do on a rainy day, give Mary Hall a call and make an appointment to see her artwork and paintings. You will find note cards and prints available to purchase at her studio.



Mary L. Hall Studio

2614 Clark Road
Richmond KS
785-835-6379

~ Janice

Thank you to Mary Hall for the beautiful Barn Painting we used on the cover of this November Issue.
EHAL Magazine Staff

THE ART OF *Blacksmith*



To Shoe Or Not to Shoe? By Featured Writer Joshua Rushing

As a farrier, one of the most frequently asked questions is this: Does my horse really need shoes?

There are many things to consider when deciding whether or not a horse will need shoes. We have to consider conformation, hoof quality, body condition, facilities, performance expectation and ultimately how often the horse will be ridden as well as what kind of terrain it will be ridden on.

In the wild a horse travels quite a bit for survival. The abrasive terrain usually does a good job of keeping a hoof short and calloused. This means the hoof stays tough and balanced minimizing the chances for sore or bruised feet. The same effect can be achieved in domestic horses under certain conditions.

As a kid my brother and I rode a lot and we rarely had shoes on our horses. We rode a lot of gravel roads and rocky ridges of Linn Co Kansas. We had good footed horses and rode enough their hooves stayed calloused and tough. Ranches in the sand hills of Nebraska typically turn young horses out for several months without hoof care because the



abrasive terrain and bigger pastures do a good job of maintaining feet naturally. Most horses however are kept on smaller acreage and often lush green pasture

that do little to help maintain feet and actually the really good grass in our region promotes more hoof growth.

Without getting too technical it's important to note that to a certain degree sensitive tissue grows with the foot. A domestic horse who does not have to travel for food and water can grow a lot of hoof in 6 weeks. This excess hoof obviously needs to be removed to maintain balance and health. Balance is the main goal when a farrier determines how much hoof needs to be removed. Often times enough hoof has to be removed that the hard, calloused layers are removed exposing softer more sensitive hoof underneath. This is why horses can often be tender after a fresh trim. It isn't necessarily that they have been trimmed to short but that they have grown to long between trims and enough hoof had to be removed to achieve balance that they become sensitive and sometimes sore.

Some horses are naturally flatter footed or thinner soled and are more prone to tenderness. Now, a farrier could trim less hoof, however over time the hoof capsule will elongate. This can cause the sole



Continued on page 30

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wound and then the owner helped me do Rain-drop Therapy on him. Equine Raindrop Therapy is a simple and powerful treatment for the horse. It enhances the immune system, alleviates pain along the spine, and generally invigorates the systems of the horse. The oils will continue to work in the body for 5 to 7 days following the treatment.

Raindrop Therapy is designed to bring balance to the body with its relaxing application. When you combine the electrical frequency and the intelligence of the body, and the frequency of the essential oils, a greater healing process begins. That is why I chose both treatments for this specific wound.

We worked with Kentucky all afternoon that day. The owner used a Lavender Spritz to clean the wound three times a day for six days. I went back to check and decide what to do next, we made Spritz of additional essential oils and the owner once again applied it three times per day for six more days.

Essential oils have an electrical vibration frequency

Kentuckys Wound July 16th before treatment



that can be used to balance the energy system. Electrical frequency is defined as a measurable rate of energy flow that is constant between any two points. Clinical research shows that Essential Oils have the highest frequency of any natural substance known to man. They have frequencies several times greater than that of herbs and foods.

Kentuckys Wound July 22nd After 1 wk treatment



Essential Oils help the body raise the frequency high enough to create an environment in which disease, bacteria, virus, fungus, cannot live. Each essential oil has a frequency. Each organ and body part has their own frequency. The frequency of an essential oil attracts a like frequency in the body.

Frequency is what stays in the body to maintain the longer lasting effects of the essential oil. Essential Oils help to keep the body frequency high enough and well oxygenated, to be free of disease.

Join us for our next issue and learn more about how essential oils and raindrop therapy are helping EPM and trauma horses.

~ Jo Lene

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Continued from Page 27

to become thinner as well as create hoof imbalance which overtime can be detrimental to, tendons, ligaments, and joints.

Since leaving excess hoof isn't always conducive to proper balance sometimes shoes are a good alternative. They allow a farrier to remove more hoof to achieve the proper length and balance necessary for each specific horse while adding even more



protection then the excessive foot to be removed. Since horses carry 60% of their body weight on the front feet sometimes only front shoes are necessary.

Shoes may only be necessary during certain times of the year. Rainy seasons can often leave feet soft and moist making them softer and more vulnerable to rocky or hard ground. Dry seasons can make feet hard and dry. They can Crack or become brittle. Some horses do just fine through these weather

transitions but others may benefit from the added protection shoes can offer.

Shoes are almost a must for horses ridden outside the terrain they are use to. If your horse lives in the lush green pastures the Mo-Kan region has to offer, he probably isn't going to do well in the razor rocks of Arkansas on a trail ride without shoes.

Performance and show horses benefit greatly from the protection and added traction shoes can provide. In some cases slicker shoes called sliding plates with less traction are used on the rear feet of performance horses that stop hard such as, reiners, cowhorses, cutters, heel horses, calf horses, etc. These plates decrease traction slightly allowing a horse to slide which decreases the impact on the hind limbs, joints and muscles used to stop. For ranch horses or working horses shoes are often required as a preventive measure. These horses have a job to do and there owners count on them. Shoes minimize the risk of injury and protect the hoof from excessive wear and tear.

If your asking the question "Does my horse really need shoes" talk to your hoof care provider. Make sure your on a regular consistent schedule. Decide how much your going to ride. Determine what your performance expectations are and what kind of terrain you may encounter. Take into consideration your climate as well as the condition and conformation of your horse. As they say "no foot, no horse."

Joshua Rushing
Shoe-n-R Horsemanship and Farrier Service
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Our Featured Writer Joshua Rushing is a professional farrier in the Mo-Kan region south of Kansas City. His 15 years of service has been spent working with mostly performance, ranch, show, and trail horses. Although most of Joshua's time is spent underneath a horse, he can often be found atop a horse training, competing in cowboy challenges or offering horsemanship clinics.



Matthew Jobe - Continued from page 4



Since starting a feeding program based on Total Equine, my farrier has continued to comment on

hoof improvement. I have also noted a decrease in the need to de-worm my horses due to the diatomaceous earth in the feed. I have noticed calmer bellies in my training horses as well.

Staying true to "I help anywhere I can", Matthew recently helped with the Special Olympics, and continues helping with various kids and veterans programs. Matt is currently serving in the Air Force reserve 442d Fighter Wing, at Whiteman Air Force Base in Missouri.

If you are in the area, stop in and see Matthew and the crew at C Bar J Ranch. They would love to visit with you.

Thank you for your service Matthew

Life is a Journey, Enjoy The Ride....

~Jana Barcus

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