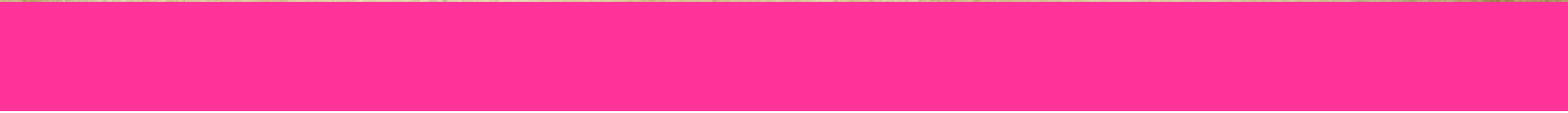
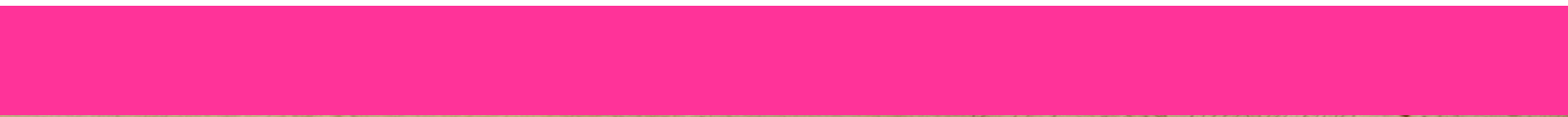


# FRENCHMAN'S CREEK

BEACH & COUNTRY CLUB





# Chess Club

*As requested our chess puzzles are back!*

This particular situation is believed to be one of the most amazing end games in chess history. Bobby Fischer becomes world champion by winning where he plays white. Fischer is to move and his next move makes his opponent withdraw. Can you find Fischer's next move on the board? In the game of chess often a smart sacrifice is needed for a great win. You can find the answer in next month's newsletter. For questions or suggestions please call Bilian at 561-846-9987.

## WHAT YOU NEED TO DO, SEE, HEAR, AND TALK ABOUT THIS MONTH *May*

### Frenchman's Creek Excursion

### Norton Museum of Art—Art after Dark

**Thursday, May 14<sup>th</sup>**

Join us for a tour and discussion of the current exhibitions. Meet at 4:30 p.m. - Main Lobby

**IMAGING EDEN:**

Photographers Discover the Everglades through July 12<sup>th</sup>

**NYMPHEAS, 1914-1917** through July 12<sup>th</sup>

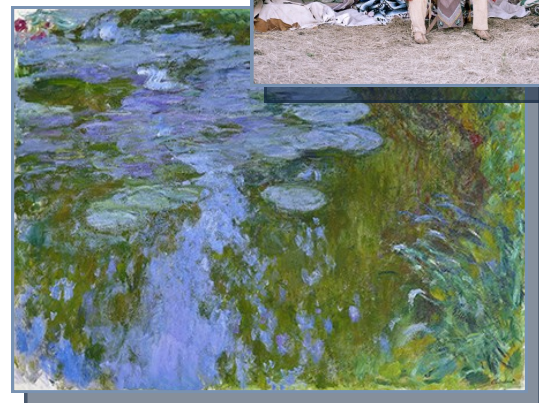
**HIGH TEA:**

Glorious Manifestations East & West through May 24<sup>th</sup>

**THE TRIUMPH OF LOVE:**

Beth Rudin DeWoody Collects through May 3<sup>rd</sup>

Return by 8:00 p.m. The Beach Club will be available for dining. Sign-up at the POA reception. (561) 627-1467 / or direct with Bilian



## *Golf Cart Traffic on the South Course*

The access point located on the 14<sup>th</sup> & 15<sup>th</sup> holes of the South Golf Course (as well as 13<sup>th</sup> hole south) is utilized by a large portion of the membership on a daily basis. The ease of getting back and forth to the clubhouse for a variety of activities through this area is a great benefit to the members. The convenience of this route does affect the players on the golf course playing these particular holes. We ask for the members who follow this traffic pattern to and from the clubhouse to be respectful and courteous to the golfers playing these holes. When accessing the golf course please be aware of players on the green of the 14<sup>th</sup> hole and players on the tee of the 15<sup>th</sup> hole. Once you have accessed please proceed and be aware of players on the 14<sup>th</sup> tee and 13<sup>th</sup> green. Your consideration and understanding of this matter is greatly appreciated by your fellow members. The Golf Committee.



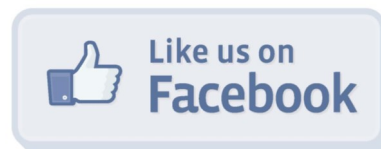
### ***INSIDE THIS ISSUE***

- 2** What we love about...
- 3** Golf Cart Traffic
- 4-6** Social Activities
- 7** Dining Operations Update
- 8-11** Fitness & Spa Center
- 12-15** POA
- 16** Your Golf Cart
- 17** Home Services
- 18** Security
- 19** Frenchman's Creek Experience
- 20** Tennis

Visit us on the Web

<http://www.FrenchmansCreek.com>

To see all our great features!



FOLLOW US ON



# ***Social Activities***

***Sail Away, Sail Away, Sail Away***



Join us at our annual Beach Bash ***Sail Away*** on Friday, May 1st  
Cocktails, Dinner & Dancing, evening begins at 6:30 p.m.

Casual Attire  
Reservations: 561-624-3400



# Kentucky Derby

on *Saturday, May 2nd.*

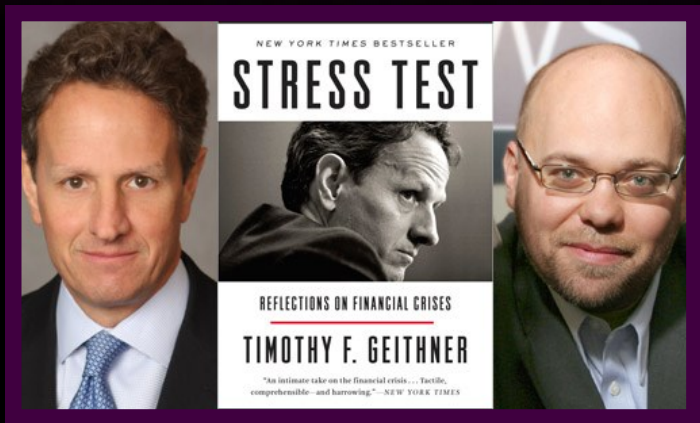
Post time will be 6:24 p.m. Watch the race live at the Sports Bar.

Ladies wear your hats!

Mint Juleps will be available at the Sports Bar beginning at 5:30 p.m.



## LECTURE SERIES



### BUSINESS & FINANCE

Tim Geithner  
in Conversation with Adam Davidson

Tuesday, May 12th at 8:00 p.m.

Main Dining Room

As president of the Federal Reserve Bank of New York and then as President Barack

Obama's secretary of the Treasury, Timothy F. Geithner helped the United States navigate the worst financial crisis since the Great Depression, from boom to bust to rescue to recovery.

# Mother's Day

A background image featuring several pink tulips in various stages of bloom, with green leaves. The scene is decorated with soft, glowing light effects and small white sparkles, creating a celebratory and elegant atmosphere.

Celebrate your Mother,  
on *Sunday, May 10th*  
at our fabulous Mother's Day Brunch  
from 11:30 a.m. to 2:30 p.m.  
in the Main Dining Room or

with a festive Mother's Day Dinner  
at The Grille  
from 6:00 p.m. to 9:00 p.m.  
Dinner Attire: Jackets

Please contact Food & Beverage  
(561) 273-2647 for your reservation.



# May

## Dining Operations Update

Please review the following dining options available to you during the our annual dining room maintenance

### 19<sup>th</sup> Hole:

- Breakfast: Monday through Sunday 7:00 a.m. – 11:00 a.m.  
Lunch: Monday through Saturday 11:30 a.m. – 2:30 p.m.  
Brunch: Sunday 11:30 a.m. – 2:30 p.m.  
beginning Monday, May 18<sup>th</sup>  
Dinner: Sunday through Wednesday 5:30 p.m. – 8:30 p.m.  
The 19th Hole will not be available for dining from Monday, May 11<sup>th</sup> through Sunday, May 17<sup>th</sup>  
During the 19<sup>th</sup> Hole closing, The Grille will offer Breakfast, Lunch and Dinner.

### Card Rooms:

The Ladies and Men's Card Rooms will be relocating to the Main Dining Room from Monday, May 11<sup>th</sup> through Sunday, May 17<sup>th</sup>

### Sports Bar:

- Lunch: Monday through Sunday 11:30 a.m. – 2:30 p.m.  
Dinner: Sunday through Wednesday 5:30 p.m. – 8:30 p. m.

### Beach Club:

- Lunch: Monday through Saturday 11:30 a.m. – 2:30 p.m.  
Brunch: Sunday 11:30 a.m. – 2:30 p.m.  
beginning Thursday, May 14<sup>th</sup>  
Dinner: Thursday through Saturday 6:00 p.m. – 9:00 p.m.

### Annual Beach Club Maintenance Schedule:

The Beach Club annual maintenance is scheduled from Monday, June 1<sup>st</sup> through June 15<sup>th</sup>. The pool and beach will be open for your enjoyment. Limited lunch service will be available.

# *Fitness & Spa Center*

*MAY Trunk Show*

Monday, May 4<sup>th</sup>

8:00 a.m. to 12:30 p.m.

*Jenny's Jewels*

*&*

*Bonnie Loft Handbags*

**This will be the final trunk  
show of the season!**

**Come shop for**

**Mother's Day gifts.**

**We have the gifts that are  
the perfect fit!**

**Please join us to mix, mingle  
and shop our exciting fashions  
and accessories.**

Tel: 561-622-3691



*Healthy  
Living*

A healthy habit tip from Christine Inwood  
**NASM-CES, NASM-FNS, AFFA, TPIFP2**  
Frenchman's Creek Personal Trainer

Many members ask "what do you eat for snacks that keep you satisfied and balanced all day long"? Here are a couple examples of the snacks that the trainers eat.

Mid-Morning snack:

after breakfast/before lunch: Half a banana with 1TBS natural almond butter.

Afternoon snack:

after lunch/before dinner: Turkey breast 4oz (or a lean protein) in a lettuce cup

**Hydrate, hydrate, hydrate** with water throughout the day. An easy way to measure is to drink 4 Frenchman's Creek water bottles a day.





# **FITNESS & SPA**

**Mother's Day Package \$175**

**50 minute Customized Massage**

**80 minute Signature Facial**

**Spa Delight Package \$ 120**

**50 minute Signature Facial**

**Signature Manicure & Pedicure**

**Vitality Package \$130**

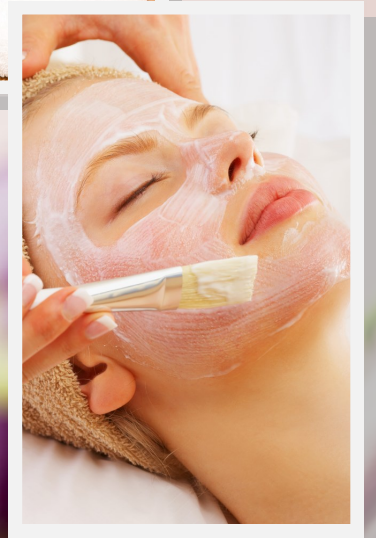
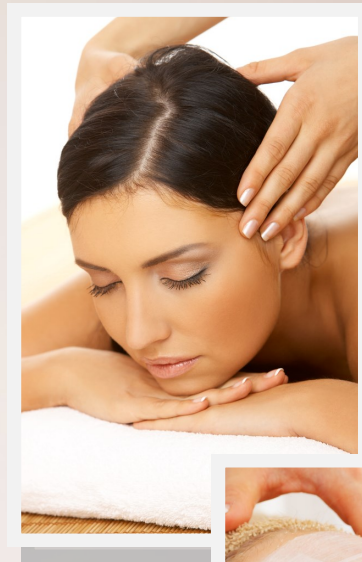
**50 minute Signature Pedicure**

**80 minute Customized Massage**

**Serenity Package \$110**

**25 minute Ginger Lime Body Scrub**

**50 minute Customized massage**



## **Spa Retail Product Special**

**10% Off Any product**

**Or**

**20% Off Any product**

**the same day you receive**

**a spa service**

**May Specials are valid until 5/31/15**

**The services listed are for one person per special /package and all the services are received on the same day .**

**Call to reserve your Spa appointments today.**

**Appointments are limited and going fast!**

**Tel: 561-622-3691**

# Group Exercise Schedule

Frenchman's Creek Beach and Country Club , Tel: 561-622-3691

## May 1st—10th

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Spin Zone		7:00 Spin Cycle Zone Fran		7:00 Spin Cycle Zone Angelique		
	10:00 Spin Zone Matt	8:00 Spin Cycle Zone Fran		8:00 Spin Cycle Zone Fran		8:00 Spin Cycle Zone Elizabeth
			4:00 Spin Cycle Zone Matt		4:00 Spin Cycle Zone Matt	
Group Fitness		8:00 Body Sculpt Irina	8:00 Barrelates Lin	8:00 Body Sculpt Irina	8:00 Barrelates Jeanine	8:15 Body Sculpt Donna
	9:00 Ropes Gone Wild Federico	9:00 Restorative Stretch Liz		9:00 Restorative Stretch Cora	9:00 Body Sculpt Stephanie	9:15 Restorative Stretch Cora
	10:00 Zumba Marisol			10:00 Zumba Marisol		
		4:00 Yin-Yang Yoga Matt		4:00 Yoga & MELT Jeanine		4:00 Prana Yoga Nancy
Aqua			8:00 Waves of Steel (Water Class for Men) Matt	(7:15 Pool Checkin) 7:30 Aqua Spin **(Advance Sign Up) Chris	8:00 Waves of Steel (Water Class for Men) Matt	
	9:00 Aqua Fusion Matt	8:30 Aqua Fusion Chris		8:30 Aqua Fusion Chris		8:30 Aqua Fusion Chris
			4:00 Aqua Fusion Chris		4:00 Aqua Fusion Chris	
Pilates	8:00 Reformer Class **(Advance Sign Up & fee) Lin	<b>Group Exercise Information:</b> Class rates are as follows; daily per class member rate is \$7, daily guest per class rate is \$10 and the unlimited monthly member rate is \$50. <b>(Monthly fee is not applicable to the Pilates Reformer Class). Pilates Reformer Class is \$15 per person.</b> The reformer class is limited to 5 people and registration opens Friday morning. <b>All classes are suited for all fitness levels.</b> **This class requires advance registration at the fitness center desk before the day of the class, It has limited participant space. All classes are 55 minutes. *Classes are 40 minutes.				
	9:00 Reformer Class **(Advance Sign Up & fee) Lin					

# Group Exercise Schedule

Frenchman's Creek Beach and Country Club , Tel: 561-622-3691

## May 11th—31st

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Spin Zone</i>		8:00 Spin Cycle Zone Fran		8:00 Spin Cycle Zone Angelique		8:00 Spin Cycle Zone Elizabeth
			4:00 Spin Cycle Zone Matt		4:00 Spin Cycle Zone Matt	
<i>Group Fitness</i>		8:00 Body Sculpt Irina	8:00 Barrelates Lin	8:00 Body Sculpt Irina	8:00 Barrelates Jeanine	8:00 Body Sculpt Donna
		9:00 Restorative Stretch Liz		9:00 Restorative Stretch Cora		9:00 Restorative Stretch Cora
	10:00 Zumba Marisol					
		4:00 Yin-Yang Yoga Matt		4:00 Yoga & MELT Jeanine		4:00 Prana Yoga Nancy
<i>Aqua</i>	9:00 Aqua Fusion Matt	8:30 Aqua Fusion Chris	8:00 Aqua Fusion Matt	8:30 Aqua Fusion Chris	8:00 Aqua Fusion Matt	8:30 Aqua Fusion Chris
			4:00 Aqua Fusion Chris		4:00 Aqua Fusion Chris	

### Group Exercise Information:

Class rates are as follows; daily per class member rate is \$7, daily guest per class rate is \$10 and the unlimited monthly member rate is \$50. **(Monthly fee is not applicable to the Pilates Reformer Class). Pilates Reformer Class is \$15 per person.** The reformer class is limited to 5 people and registration opens Friday morning. **All classes are suited for all fitness levels.** \*\*This class requires advance registration at the fitness center desk before the day of the class, It has limited participant space. All classes are 55 minutes.

## Be Prepared...

*Hurricane Season* begins on June 1<sup>st</sup>.

At the April 16<sup>th</sup>- Board Meeting the Board of Governors voted to amend the Hurricane Shutter Installation Policy. Hurricane Shutters can now be installed from May 1<sup>st</sup> on.

Frenchman's Creek, Inc.  
Rules and Regulations

### XIII. Hurricane Policy

H. Hurricane and storm shutters may be installed at the beginning of hurricane season but no earlier than May 1<sup>st</sup> and are required to be removed by November 30<sup>th</sup>, except in cases where a tropical storm warning is pending.

The *Engineering Department* can assist by installing your shutters. Call 561-775-6453 to schedule an appointment.

On Monday, May 4, Frenchman's Creek POA and Security are hosting our Annual *Hurricane Dinner*. The evening begins at 6:30 p.m. and is held in the Main Dining Room.

Guest speakers this year include Glenn Glazer, Meteorologist at WPTV,

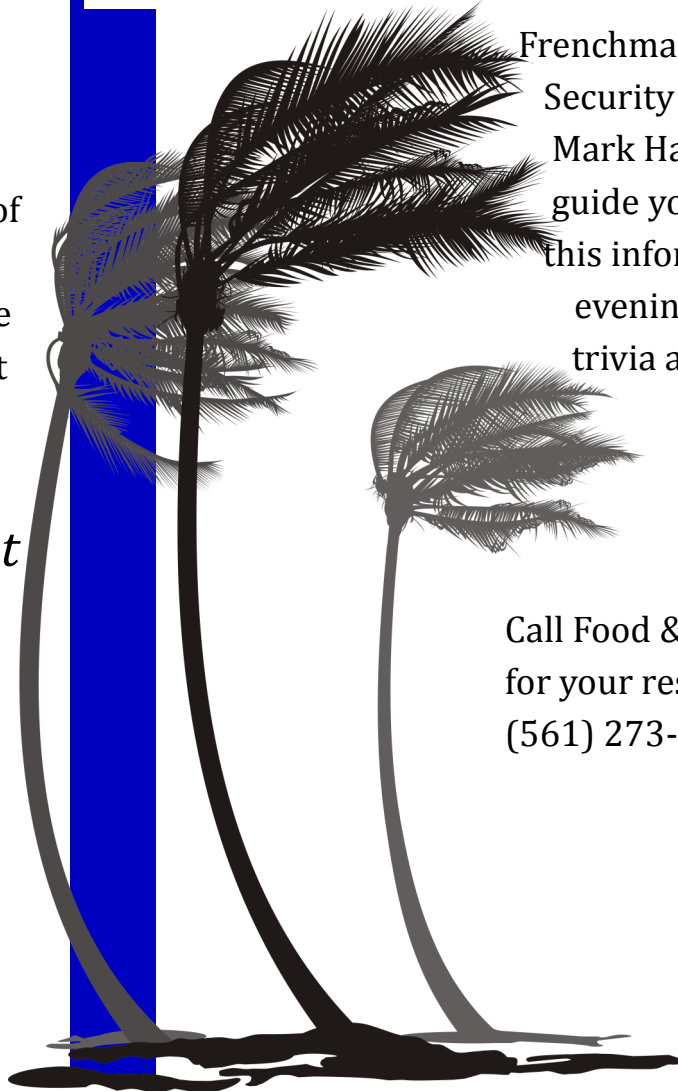


Bryan Koons  
FL Director of  
Emergency Mgmt

Bryan Koons, Florida's Director of Emergency Management as well as Local First Responders, PBG Police Dept. and PBG Fire Rescue.

Frenchman's Creek Security Director Mark Hall will guide you through this informative evening with fun trivia and prizes.

Call Food & Beverage for your reservation (561) 273-2647.



# *Frenchman's Creek Dog Park Etiquette*

- ◆ At Frenchman's Creek there are two areas available for your dogs. One side is available for small dogs 25 lbs and less and the adjacent side is available for larger dogs 25 lbs and up.
- ◆ Never leave your dog unattended and always keep your attention on your dog.
- ◆ Help keep the dog park clean and well maintained by picking up after your pets.
- ◆ Make sure your dog is current on its shots.
- ◆ Keep dogs on leashes at all times except in designated "off-leash" areas. Dogs who are leashed may feel threatened by free roaming dogs.
- ◆ Close all doors to the dog park after entering or exiting.
- ◆ If your dog becomes unruly or plays rough, please control it as not to disturb the other dogs.
- ◆ Any dogs showing signs of aggression should be removed from the premises.
- ◆ Owners are responsible for the behavior of their animals.



# Upcoming Meetings



## 2015-2016 Board Meetings

Thursday, May 14, 2015	at 11:30 a.m.
Thursday, July 16, 2015	at 10:30 a.m.
Thursday, October 15, 2015	at 11:30 a.m.
Thursday, November 19, 2015	at 11:30 a.m.
Thursday, December 17, 2015	at 11:30 a.m.
Thursday, January 21, 2016	at 11:30 a.m.
Thursday, February 18, 2016	at 11:30 a.m.
Thursday, March 17, 2016	at 11:30 a.m.

## Discussion with the President

Wednesday, May 13, 2015	at 4:30 p.m.
Wednesday, July 15, 2015	at 4:30 p.m.
Wednesday, October 14, 2015	at 4:30 p.m.
Wednesday, November 18, 2015	at 4:30 p.m.
Wednesday, December 16, 2015	at 4:30 p.m.
Wednesday, January 20, 2016	at 4:30 p.m.
Wednesday, February 17, 2016	at 4:30 p.m.
Wednesday, March 16, 2016	at 4:30 p.m.

Meet the Candidates Forum Saturday, February 13, 2016 at 2:30 p.m.

Annual Meeting Saturday, March 19, 2016 at 2:30 p.m.

## Closing your Home for the Summer?

# POA

*Here are a few tips to keep in mind before leaving for the summer*

### Summer Departure List:

- \* Call the POA Office to schedule a meeting with your landscape supervisor to review any special landscape maintenance needs you may have while away this summer.
- \* Leave an emergency telephone number and the phone number of your house watch person with Security and the POA office.
- \* Leave a forwarding address with the post office.
- \* Discontinue newspaper service.
- \* Make sure all doors and windows are locked and the security alarm is set.
- \* Secure patio furniture and all moveable items in the garage.
- \* If the electricity is turned off to the refrigerator, prop the door open and turn the ice maker water valve off.
- \* Leave the air conditioning on to avoid mildew and corrosion.
- \* Turn off the water supply to the washer and disconnect washing machine hoses.
- \* Unplug the water supply to the washer and the circulating pump.
- \* Turn off water valve to all water faucets.
- \* Have your house treated regularly by a pest control provider.
- \* LEAVE ON THE POWER SWITCH TO YOUR OUTSIDE POST LIGHTS.

### **KATHY'S HOUSE WATCH PROGRAM**

#### Weekly Inspection of your home

- ◆ Check to make sure your pool is being maintained.
- ◆ Check that appliances and A/C units are in working condition.
- ◆ Email pictures of your home bi-weekly.
- ◆ Accept home deliveries.
- ◆ Patio furniture - take indoors for the summer, put out for the season (\$39 per man hour).
- ◆ Unlocks for packages and home deliveries.
- ◆ Arrange for pressure cleaning of your patio per your request (price to be quoted).
- ◆ Prepare your home for storms, store pots in the garage and arrange to have hurricane shutters installed or closed (\$39 per man hour)
- ◆ Flush toilets / check faucets.
- ◆ Checking doors and windows to be sure they are secure.
- ◆ Smoke / CO detector checks.
- ◆ Regular car start-up

*To sign up for our House Watch services, please call Kathy O'Brien at (561) 273-2616*

## KEVIN'S SUMMER GOLF CART MAINTENANCE SERVICES

### Program I—\$45.00

(should be done at least twice a year)

- Water batteries check and rotate.
- Check and fill air pressure in tires.
- Check wiring.
- Check brakes and adjust as necessary.
- Check accessories and advise on any repairs that may be needed.
- Inspect for loose connections on batteries and terminals.
- Address any corrosion on battery tops.
- Grease all fittings.
- Inspect motor for loose connections.
- Report to the member any future or present problems in need of further repair.

## *Your Golf Cart*

### Program II—\$12.50 per month

Kevin's Summer battery maintenance program is performed once a month in two parts which includes:

1. Check the water in the batteries, plug in cart and charge.
2. Unplug the charger from the wall and receptacle.

### Program III—\$1,685.50

We also have a summer (June thru September) refurbishing program for your golf cart which includes a paint job, curtains pin striping, lettering and seat covers for \$1,685.50 plus tax—a savings of \$200.00. Please call Kevin Walker to schedule your appointment at (561) 273-2667.





## *A/C Preventative Maintenance*

Did you know that maintaining your A/C is the easiest way to keep your system running problem free and efficiently for years to come?

Cleaning your A/C annually will increase energy savings, cut down on breakage, and reduce the chance of water leaks caused by clogged drain lines! Engineering will:

- Check Freon levels
- Change all filters
- Clean all condensate drain lines

Regular price is \$85 for the 1st system and \$45 for each additional.

We are offering a special price for the month of May on Basic Maintenance of your A/C System. \$70 for the 1st system and \$35 for each additional.

Standard size filters are included in price.

Custom size filters are an additional charge.



## *Dryer Vent Cleaning*

Did you know that the lint trap in your dryer only catches 60% of the lint from your clothes? Cleaning your dryer vent annually will lower energy costs and effectively remove the hazard of lint fire.

For your convenience Home Services now has a special rate of \$55 on vent cleaning. Please call and schedule your appointment and start saving now.

## *General Handyman Services*

We are here for you. If you have a need for any of the following services:

Electrical, Plumbing, Hurricane Shutter installation, General Handyman, Carpentry, Air Conditioning or Dryer Vent Cleaning, etc...

Call the *Engineering Department* **(561) 775-6453** to schedule your home service. Handyman services are available to you at a hourly rate of \$39.

# Security



Are your evenings frequently interrupted by a scam call or a telemarketing company? There is a way to put a stop to it! The Federal Communications Commission (FCC) receives complaints daily from all over the nation in regard to unwanted to calls. Pursuant to its authority under the Telephone Consumer Protection Act (TCPA), the FCC along with the Federal Trade Commission (FTC) established a National **Do-Not-Call Registry**. This registry is nationwide and applies to all telemarketers (except certain non-profit organizations). Commercial telemarketers are not permitted to call you if your number is on this registry. As consumers with this service, you can eliminate the unwanted calls to your home and or mobile device. Here is how it works. You can register all of your numbers for free and these numbers will remain on the list until removed by you or if you discontinue your phone service. You will never need to re-register phone numbers. The Do-Not-Call Registry does not prevent all unwanted calls. The following are not covered:

- Calls from organizations with which you have established a business relationship
- Calls for which you have given prior written permission
- Calls which are not commercial or do not include unsolicited advertisements
- calls by or on behalf of tax-exempt non-profit organizations

Consumers may register their residential phone numbers as well as wireless numbers on the national Do-Not-Call Registry at no cost.

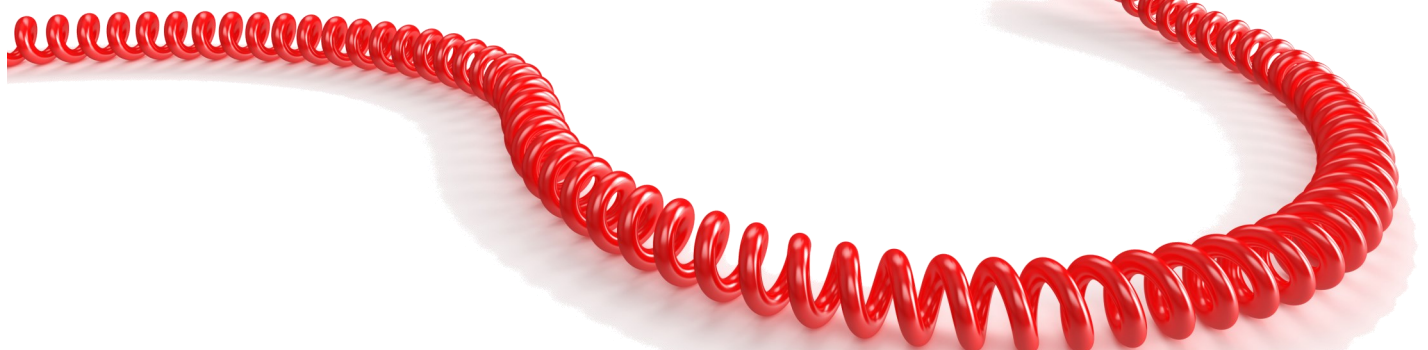
## **How to Register:**

**Online: [www.donotcall.gov](http://www.donotcall.gov)**

**By Telephone: 1-888-382-1222**

**TTY: 1-866-290-42-36**

**You must call from the phone number you wish to register.**



# FRENCHMAN'S CREEK

BEACH & COUNTRY CLUB

## *The Frenchman's Creek Experience*

**W**e appreciate, encourage and support all of our members' effort to promote Frenchman's Creek to potential future residents. Please take the opportunity this season to engage your guests in a 3-day, two night membership experience. They will be free to explore the lifestyle that makes Frenchman's creek unique, and avail themselves of all the amenities. Explore our beach club; play golf or tennis; rejuvenate at our spa; or invigorate at our fitness center. Enjoy your favorite cocktails and superb dining with your friends.

**T**he Frenchman's Creek Experience is a three day two night stay anytime during the year except the December holidays:

- The program has a one-time stay restriction and excludes family members
- There is a nominal charge of \$199 for 4 (2 members and 2 guests), inclusive of enjoyment of all amenities and food & beverage
- Guests reside with the inviting member during the weekend.

Pre-registration required



Plan your 2015-2016 season now and invite your friends to experience Frenchman's Creek. Please contact Martina in Marketing for additional information or to set up the Frenchman's Creek Experience for you and your guests. Phone: (561) 868-6383 or email: [mhaut@frenchmanskreek.com](mailto:mhaut@frenchmanskreek.com)



# Farewell Tennis Party

## Thursday, May 7<sup>th</sup>

Join us for Cocktails, Dinner & Dancing  
celebrating the end of the  
Tennis and Pickleball Season

Awards Presentation  
Evening begins at 6:30 p.m.

For additional information and to sign up,  
please contact the Tennis Pro Shop (561) 622-1623

