



# THE STONE NEWS

*SEPTEMBER - OCTOBER 2017*



# Featured ARTICLES



# 6 & 18

## **MEMBERSHIP NEWS**

*Important updates on new changes to membership, initiation fees, and gifting.*

*- pg. 6*

## **STAYING FIT AT THE STONE**

*Our fitness staff is always coming up with clever ways to staying motivated. Read their article to learn about how you can keep up a healthy lifestyle!*

*- pg. 18*



# TABLE OF CONTENTS

<i>President's Message</i> .....	4
<i>General Manager's Message</i> .....	5
<i>Membership News</i> .....	6
<i>Welcome New Members</i> .....	8
<i>Dining Offerings</i> .....	10
<i>Social &amp; Dining Events</i> .....	12
<i>Golf Events</i> .....	14
<i>Tennis</i> .....	16
<i>Aquatics</i> .....	17
<i>Fitness</i> .....	18
<i>Directory</i> .....	20



# President's Message

## Fellow Members,

This is the time of the year where there is such a high level of anticipation in the air. A new school year has started, high school and college football are underway, and our courses will host great tournaments of competitive golf this autumn.

Autumn is also an excellent time for reflection. Approximately 8 years ago, after we completed the club acquisition from Daniel Corporation, many members began asking: "What is next for Greystone?" After much study and several member surveys, our club initiated a capital drive to support the design and construction of the new facilities at Founders that we continue to use and enjoy. We are now at a similar crossroads in the evolution of our club. We have experienced membership growth, expanded dining options, extended the Regions Tradition contract, provided impeccable golf course conditions, and a broader range of member services.

At our recent Board of Directors planning retreat, we participated in a lengthy benchmarking discussion with an industry expert, analyzing and comparing our club's expenditures and income with the median financial data from over 1,000 other country clubs. The overwhelming impression on our Board was that our financial percentages were virtually the same as the median of all these clubs. Obviously, there are some deviations (some good and some needed improvement) and those are the areas where the Board spent the majority of our weekend time seeking a deeper understanding on how we can bring financial stability to our club and provide a foundation for the club's future.



The Board tackled these questions and agreed on a multi-point plan as our outline for the next five years:

- All future budgets will be determined by known income from dues and other revenue sources such as golf tournaments, weddings, and other events at our clubhouses. We will streamline our club management team to reflect our expected income and to increase communication efficiency with our membership.
- The Board acknowledged the value of our existing assets (club houses, courses, equipment) and made the commitment to pursue a plan to address the current and long-term capital funding needed to maintain and replace our existing physical assets, while avoiding continued deterioration of our assets.
- Commit to the ongoing success of the Regions Tradition at Founders and to understand, and resolve, the reasons behind the lack of engagement and support from the membership at large.
- To consolidate and focus the majority of member social events and dining options to the Founders clubhouse and to transition Legacy into an ultra-exclusive golf only club with much more restrictive guest options.

There are so many details to be worked out in order to incorporate this outlined plan of action. During these transitional times, I am asking for your ideas, patience, and support. We hope you will share the excitement associated with the commitment to stabilizing and improving the long term financial strength of our club.



Thanks for the opportunity to work on your behalf,

Russ Hale  
Board President



# General Manager's Message



## Dear Members,

I am excited to be writing to you. We had a great summer at the Club and an even better Fall season ahead.

The summer started with some challenges including the pumps at the pool and search for a new Aquatics Director; Restructuring of the Tennis Department; new aerification schedule; and the Chef's first summer season at the Club. I feel that Andy Gray, Ryen Valentine, Jason Miller and Alan Martin showed their high value to the Club and created a very positive summer experience. We will never settle and always strive for improvement, but fortitude and humility are important traits each of these men share.

We have some very exciting changes in the food and beverage department. A new menu is coming to Cellar 91 just after Labor Day and we will soon be installing drapes to section the dining area from the bar. Also, the atmosphere at night will change to table cloths and candles in the dining room. We will offer the dinner menu and a bar menu, which will both be available in either location. The purpose of separating is so that those entertaining guests will not have the bar menu unless requested. Another important addition will be finally starting Pizza delivery service inside the gates. We are very close to having the final aspects in place and will notify the members a couple of weeks before we start.

Another fun activity this Fall will be Night Putting at Founders once or twice a week. We will install lights on the side of the Golf Operations building and have a golf staff member and plaza bar open with a fire pit to enjoy some fun with friends.

The Short Courses are open at each Club and the Pro Shop has score cards. The team will be happy to take you through the course and explain how it works. We plan to have a big kick off event in the Fall with a visiting PGA Tour professional.

There are still weekends in September to enjoy the pool. We have a DJ every Saturday and will be hosting an Adult event called Blues, BBQ and Boil on September 16 and a Teen Glow fest event on September 22. Also, look out for these fun events – Star Wars Kids Breakfast, J. Bookwalter Wine Dinner featuring John Bookwalter Speaking and Red Hills Brewery for a Beer Dinner.

If you are a House or Social Member please remember that you can upgrade to a different membership category at a discount until September 30. Membership interest is very strong and there are several prospect events coming up, so if you have a friend interested, please let Ashley know so she can invite them to an event. Please remind your friends that this is a wonderful time to join Greystone since the initiation fees go up on January 1, 2018.

I look forward to seeing you around the Club.

Best,

A handwritten signature in black ink that reads "David Porter".

David Porter, CCM





# Membership News

## Dear Members,

What a great time to be a member of Greystone! So many exciting things are happening at the Club that I wanted to highlight some of the important details:

### INITIATION FEES

Greystone's value has increased dramatically thanks to our goal of becoming a Premier Club, coupled with the renovations completed in 2015-2016. Now is the time to promote the Club to your friends so they can join before the initiation fees increase next year.

January 1, 2018 initiation fees for new members will increase to:

- Golf Membership \$29,000
- Non-Metro Membership \$14,500
- National Membership \$9,500 (previously known as Non-Resident)
- Social Membership \$7,500

### MEMBERSHIP UPGRADES

The Board also wants to provide our existing members the opportunity to upgrade their existing membership (at a financial discount) to expand their access and enjoyment of the Club. If this is something you'd like to find out more about, be sure to contact me before September 30th. If you have friends or neighbors out there that might be interested in a dining only membership – the month of September will be the LAST CALL for new House Members. Effective October 1, 2017, the Club will cease the sales of new House Memberships. All current House members will be grandfathered in and House dues will eventually escalate to ½ of Social Member dues.

### GIFTING

The Gifting Program was developed years ago to offer equity members with redemption rights, the ability to gift their redemption in the form of an initiation fee to a family member or close family friend. However, the spirit of this program has been diminished recently as the definition of a "close friend" has become too broad. As a result, the Board voted to redefine this program.

- There is no change in the policy regarding immediate family members. Family is defined as parents, siblings, and children (inclusive of step children).
- Effective immediately, all Gifts to a non-family member will incur a \$10,000 transfer fee and will be assessed to the new member coming into the Club.

### MEMBER CRUISE

Most important of all...call Emily Bell with Norwegian Cruise lines today and book your cabin for our amazing Spring Break Cruise March 24-31, 2018. Mention Greystone's Group ID#A616750. Don't forget to register your friends with me in the membership office so I can link your name as the referring member. That way, you can start earning points towards a free cruise with each new member you bring into the Club. See details on the next page and email me with your referrals! Thanks to your support, we are 875 towards our goal of reaching 1000 Members!



**ASHLEY DEVINE**  
Membership Marketing Director  
adevine@greystonecc.com  
205.986.5146







# DON'T MISS THE BOAT

Set Sail with Fellow Members  
**Spring Break 2018**

**NCL'S NORWEGIAN ESCAPE**  
 7-day Eastern Caribbean from Miami  
**March 24 - 31, 2018**

**STEP 1 BOOK YOUR CRUISE TODAY!**  
 CONTACT EMILY BELL WITH NORWEGIAN CRUISE  
 LINE AT (954) 514-4471 OR [ELBELL@NCL.COM](mailto:ELBELL@NCL.COM).  
 GREYSTONE GOLF & COUNTRY CLUB GROUP ID IS A616750



**STEP 2 MEMBERS HAVE THE CHANCE TO  
 ACCUMULATE POINTS TOWARDS A FREE CRUISE BY  
 REFERRING NEW MEMBERS WHO JOIN BY FEB. 2018**  
 REGISTER REFERRALS WITH [ASHLEY DEVINE/ADEVINE@GREYSTONECC.COM](mailto:ASHLEY DEVINE/ADEVINE@GREYSTONECC.COM)

**Points will be awarded as follows:**

REGULAR/CORPORATE	25	POINTS
SOCIAL/JUNIOR	15	POINTS
NON-METRO	15	POINTS
NATIONAL	10	POINTS



**STEP 3 EARN 50 POINTS FOR A CRUISE FOR ONE OR  
 100 POINTS FOR A CRUISE FOR TWO**  
 REIMBURSEMENT GIVEN IN MARCH 2018



\*SOME RESTRICTIONS APPLY



# Welcome **NEW MEMBERS**

## **JUN & MIKIKO NAGATA**

*President & CEO,  
Auto Investment, Inc.*



## **TAYLOR McCULLUM**

*Student, University  
of Memphis*



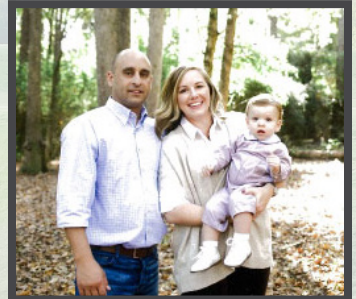
## **DARBY & RACHEL BRYANT**

*President & Owner,  
PITOThreads*



## **JOHN & LESLIE MANISCALCO**

*Owner,  
Squeegee Clean, LLC.*



## **OTIS AUST**

*Owner, Aust  
Financial Advisory*



*Returning Member*  
**WAYNE & DEBBIE  
FLEMING**

*Owner, Valve Accessories  
& Controls, Inc.*



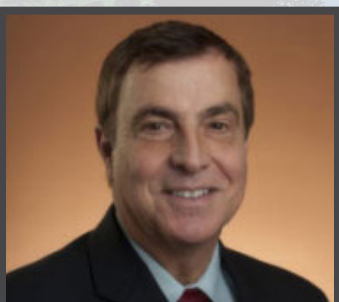
## **BILL & RENET FAGAN**

*Operations Manager,  
Dutch Lubricants, LLC.*



## **JEFF & MAGGIE WILSON**

*Chief Operating Officer,  
Southern Veterinary  
Partners*



## **ANTHONY & LAVERNE LAROCCA**

*CPA, Member, DiPiazza,  
LaRocca and Heater &  
Co, LLC*



*Returning Member*  
**MIKEY & KATIE  
SPITZER**

*General Manager,  
Benchmark Automotive*



## **JOHN & TERESA CHAMBLEE**

*VP Business Development,  
Complete Communication  
Services*



## **MORGAN DRISKELL**

*Professional Golfer,  
Open Golf Atlanta Tour*



**NORMAN &  
NICOLE SAIA**

*Owner,  
Ameribuild Homes*



**MARK & ALLISON  
JACKSON**

*CEO, Honorary Consul  
General of Japan*



**JANIE JACKSON**

*Professional Golfer,  
Symetra Tour*



*Returning Member*

**MARY JO CARTER**



**ELIJAH & YOSHIBA  
BLANCHARD**

*Owner, A&E Service  
Company*



**CASEY O'TOOLE**

*Professional Golfer,  
Asain Tour*



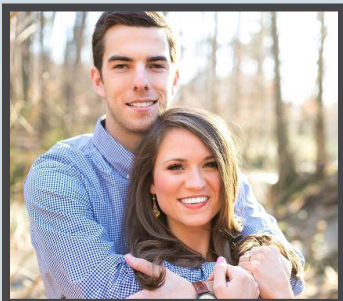
**GREG & MEREDITH  
MCELROY**

*MGM Sports, Arts &  
Entertainment, Inc.*



**BARBARA  
HUFFMAN**

*Author*



**ROBBY & MARY KATE  
CLEMENTS**

*Project Manager, Complete  
Communications Services*



*Returning Member*

**DON & EVA  
PICKENS**

*Retired*



**CHRISTOPHER &  
JOHNNETTA JARRETT**

*Assistant Division Manager,  
American Cast Iron Pipe  
Company*



**BRYANT KELLEY**

*Technical Sales Rep,  
Coating Specialists, Inc.*





# DINING OFFERINGS

SEE THE DEALS AND SPECIALS AVAILABLE WEEKLY

## WEEKEND BREAKFAST

*Breakfast is served on the weekends at both Clubhouses from 7am until 11am*

Join fellow Members for a full breakfast menu featuring Croque Madame, Breakfast BLT, Bananas Foster French Toast, & more.

*Reservations are not necessary. Club Casual Attire*

## LEGACY SMOKES

*Saturdays & Sundays Legacy Clubhouse from 11am – 5pm*

Two smoked entrée options served with southern sides.

*Reservations are not necessary. Rain or shine Club Sports Attire*

## LEGACY SOUTHERN LUNCH

*Sundays from 11am – 2pm Legacy Clubhouse*

Chef's selection of seasonal southern style specials served in addition to the Legacy menu.

*Reservations are not necessary. Club Casual Attire*

## LEGACY CLOSED

*Legacy will be closed from **September 7th through 21st** and will reopen on the 22nd, during this time **Chef's Dinner** will be the **only** event still open at Legacy.*

## SUNDAY BRUNCH

*Sundays 10:30am – 2pm Founders Main Dining Room*

Extensive Buffet featuring:

- Omelet Station*
- Southern Breakfast Table*
- Salad Bar*
- 3 Signature Entrees*
- Child's Table*
- Assorted Desserts*

*Reservations strongly encouraged by calling 980-5200. Club Casual Attire*

## GRAB & GO DINNER

*Mondays & Tuesdays Legacy Clubhouse\**  
*Pick up from 4-7pm*

*No Grab & Go on 8/4 (Labor Day)*

*\*When Legacy is closed from 8/7 - 8/21 we will move Grab & Go to Founders*

Chef's choice fresh take-out dinner for the family. Order must be placed by noon the day of pick up.

*Order online at greystonecc.com or by calling 980-5200.*



## CHEF'S DINNER

*Friday Only Legacy Clubhouse 5:30pm-9pm*

Seasonal menu featuring locally-grown produce, fresh from the gulf seafood & farm-fresh dishes.

*Reservations strongly encouraged online at greystonecc.com or by calling 980-5200. Club Casual Attire*

## BUCKET OF BEER

*Everyday at Both Clubhouses 2pm-5pm*

Buy 6 domestic beers for \$20 + get a complimentary order of Buffalo Wings free!

## POOLSIDE CAFÉ

*Saturday - Sunday 11am-8pm Closes on Oct. 1st*







# CELLAR 91

*\*Reservations strongly encouraged online at greystonecc.com or by calling 980-5200.*

**HAPPY HOUR** Tue-Sun 5-6pm & Fri-Sat 9-10pm  
\$2 off all alcoholic beverages and appetizers

**PIZZA & PINTS TUESDAY** 5-9pm  
Buy one Pizza, get one half off  
\$2.00 Pints (Bud Light and Michelob Ultra)

**WINE DOWN WEDNESDAY** 6pm  
Complimentary wine tasting, charcuterie, & cheese. Discounted bottle and wine by the glass pricing.

- 9/6 Rush Wine
- 9/13 9
- 9/20 United Johnson Brothers
- 9/27 Grassroot Wines
- 10/4 CruxImports
- 10/11 Grassroot Wines
- 10/18 United Johnson Brothers
- 10/25 International Wine

**ACOUSTIC FRIDAY** 6pm  
Meet your friends and enjoy the soothing sounds of your favorite covers mixed with original works.

- |                       |                        |
|-----------------------|------------------------|
| 9/1 Megan Kane        | 10/6 Megan Kane        |
| 9/8 Even Stephen Duo  | 10/13 Even Stephen Duo |
| 9/15 Raquel Lily      | 10/20 The Castors      |
| 9/22 The Castors      | 10/27 Raquel Lily      |
| 9/29 Charlie Millikin |                        |

# WINE CLUB

## MONTHLY TASTING DATES

**RUSH WINES**  
Tuesday, September 5th | 6pm | Cellar 91  
Exclusively for Wine Club Members

**GRASSROOT WINES**  
Tuesday October 3rd | 6pm | Cellar 91  
Exclusively for Wine Club Members

## WHY JOIN?

Only \$25 a month with several benefits including Wine Dinner discounts, waived corkage fees, additional 10% off on full cases of wine, & more! Visit greystonecc.com or contact Michael Edwards, medwards@greystonecc.com to become a Wine Club Member.

## WINE SERVICE

Greystone offers a wine delivery service that allows members to purchase wine by the case or bottle and we'll deliver it to your home inside the Greystone Gates or load it into your car for pickup. Time of delivery will be scheduled when order is placed. For our list of wines and pricing, please contact Candice Smith, csmith@greystonecc.com.





# EVENTS » SOCIAL & DINING

## SEPTEMBER

### 4TH

#### **LABOR DAY COOKOUT EVENT FOR WHOLE FAMILY 11-3PM | GREYSTONE POOLS**

Bring your family and your appetite to our Labor Day Cookout by the Family Pool. There will be burgers, hotdogs, a mac n' cheese bar, and Chef Alan will prepare specialty entrees that will be offered from the pool kitchen. Member charge bar also available.

*\$12 per person  
Club Casual Attire  
RSVP to 205.980.5200 or online at  
greystonecc.com*

### 14TH

#### **SOUTHERN DINNER WITH WANDA'S FRIED CHICKEN 6-9PM | FOUNDERS**

Enjoy Wanda's famous fried chicken and other southern specialties at this club-favorite event.

*Adults: \$17.95++  
Children (ages 3-12): \$9.95++  
Club Casual Attire  
RSVP to 205.980.5200 or online at  
greystonecc.com*

### 16TH

#### **BLUES, BOIL, & BBQ ADULTS ONLY EVENT 7-10PM | GREYSTONE POOLS**

Featuring some smooth jams from a live blues band and the perfect mix of southern food culture: the classic gulf-coast shrimp boil & a traditional southern BBQ. Member Charge bar will also be available.

*\$29.95++  
Club Casual Attire  
RSVP to 205.980.5200 or online at  
greystonecc.com*

### 21ST

#### **FRANK FAMILY VINEYARDS WINE DINNER NAPA VALLEY WINES 6:30PM ARRIVAL | 7PM DINNER FOUNDERS**

Enjoy a 4-course meal paired with wines from Frank Family Vineyards. Housed in Napa Valley's historic Larkmead Winery, Frank Family Vineyards hand crafts wines that live up to the heritage of the land. Their passion for Napa Valley is reflected in the hand-crafted wines they produce.

*\$85 for Wine Club Members  
\$95 for Non-Members  
Club Cocktail Attire  
RSVP to 205.980.5200 or  
online at greystonecc.com*

### 22ND

#### **GLOW FEST 2017 FOR ALL TEENS 7-10PM | GREYSTONE POOLS**

Let's get glowing at Greystone's Glow Fest with blacklights, party games, food, drinks, and glow sticks, lots and lots of glow sticks. Also look out for our Snapchat filter at the Glowing Selfie Booth!!

*Complimentary Event  
Pool Cafe will be open for purchases  
RSVP to 205.980.5200 or online at  
greystonecc.com*

### 23RD

#### **STAR WARS BREAKFAST REBELS VS. THE EMPIRE 9-11AM | FOUNDERS**

Are you apart of the Rebel Alliance or have you fallen to the Dark Side? Show us what you've got at our Star Wars Breakfast. We will have food, games, and contests to prove which side, light or dark, is the strongest.

*\$15 per person  
Come dressed as your favorite Jedi or Sith  
RSVP to 205.980.5200 or online at  
greystonecc.com*

### 28TH

#### **SOUTHERN DINNER WITH WANDA'S FRIED CHICKEN 6-9PM | FOUNDERS**

*Adults: \$17.95++  
Children (ages 3-12): \$9.95++  
Club Casual Attire  
RSVP to 205.980.5200 or online at  
greystonecc.com*





# OCTOBER

## 12TH

### **SOUTHERN DINNER WITH WANDA'S FRIED CHICKEN 6-9PM | FOUNDERS**

Enjoy Wanda's famous fried chicken and other southern specialties at this club-favorite event.

*Adults: \$17.95++  
Children (ages 3-12): \$9.95++  
Club Casual Attire  
RSVP to 205.980.5200 or online at  
greystonecc.com*

## 13TH

### **J. BOOKWALTER WINE DINNER PRESENTATION BY OWNER, JOHN BOOKWALTER 6:30PM ARRIVAL | 7PM DINNER FOUNDERS**

Enjoy a 4-course meal paired with wines from J. Bookwalter Winery. J. Bookwalter has grown from one of Washington's oldest wineries into one of Pacific Northwest's most recognized boutique wine brands, relying on exceptional vineyard sources and meticulous winemaking to produce some of the world's finest wines.

*\$85 for Wine Club Members  
\$95 for Non-Members  
Club Cocktail Attire  
RSVP to 205.980.5200 or online at  
greystonecc.com*

### **RED HILLS BREWERY BEER DINNER 6:30PM ARRIVAL | 7PM DINNER FOUNDERS**

Our executive Chef will be preparing a 4-course meal to be served with beer from the Red Hills Brewery, located just down the road in Birmingham, Alabama.

*\$65 per person  
Club Casual Attire  
RSVP to 205.980.5200 or online at  
greystonecc.com*

## 26TH

### **SOUTHERN DINNER WITH WANDA'S FRIED CHICKEN 6-9PM | FOUNDERS**

*Adults: \$17.95++  
Children (ages 3-12): \$9.95++  
Club Casual Attire  
RSVP to 205.980.5200 or online at  
greystonecc.com*



## 31ST

### **HALLOWEEN SPOOKTACULAR EVENT FOR WHOLE FAMILY 5PM-8PM | FOUNDERS**

Before the Trick or Treating begins, join us for dinner & all your favorite Halloween festivities like hayrides, pumpkin carving, costume contests, games and, of course, candy. If you live in the neighborhood, plan your trick or treat route to Founders & enjoy this spooktacular event!

*\$15 per person  
Costumes encouraged  
RSVP to 205.980.5200 or online at  
greystonecc.com*

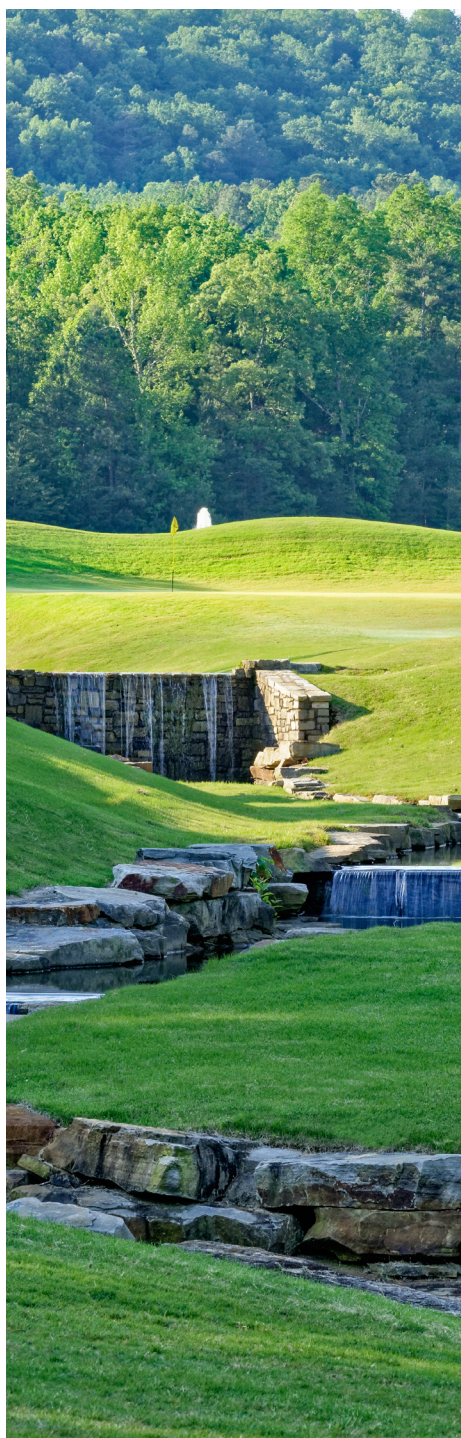




## SEPTEMBER

## 19TH

## 22ND



### **WILLOW POINT MEMBER GOLF TRIP\*** LADIES' EXCURSION **ALEXANDER CITY, AL**

The Ladies will enjoy a trip to Willow Point Golf Club on Lake Martin in September and will be accompanied by Steve Smith and Liz Mattioli for a great day on one of Alabama's finest.

- *11 players*
- *\$125 per player*
- *Includes 18 holes of golf*
- *10:30am 1st teetime*

## & 19TH & 20TH

### **THE GROVE & HIDEAWAY MEMBER GOLF TRIP\*** MEN'S EXCURSION **ARRINGTON, TN**

A trip to Nashville in September to two great courses. Just outside of Nashville in the Cool Springs area, these two courses have just recently opened in the last couple of years. Natural elements including creeks, limestone outcroppings and grasses were incorporated throughout the courses.

- *11 players with Dave Kuykendall*
- *\$300 per player*
- *Includes 18 holes of golf both days + lunch on day one*

### **COUPLES GOLF** PRESENTED BY GLGA **LEGACY COURSE | 5:00PM**

Please come out and join us for a great afternoon of golf with your spouse or partner. This event is designed for all levels of golf, from beginners to "pros." Teams can be assigned by the pro shop so you don't have to worry about finding another couple to play with. After golf, please join us for light snacks and drinks on the patio of Cellar 91.

- *5PM shotgun*
- *9 holes*
- *Fast Tees*
- *2-putt scramble*

## & 28TH & 29TH

### **GLGA CLUB CHAMPIONSHIP** LADIES' EXCURSION **FOUNDERS COURSE**

Formats: Gross, Net, & Quota Pts.  
(Day 1, 2 & Overall)

\*Players must have a USGA h'cap to compete in Net Flights.

- *Thursday 10am (teetimed)*
- *Friday 9am shotgun*
- *Lunch + awards follow*
- *Lunch \$15++*
- *Entry fee \$20  
(covered via GLGA dues)*





**OCTOBER**

**& 4TH  
& 5TH**

**6TH**



**1ST**

**PXG CLUB FITTING DAY  
WITH PXG'S MASTER FITTERS  
LEGACY CLUBHOUSE | 12-5PM**

This elite group of Master Fitters delivers an unparalleled fitting experience through an innovative mobile program. Meticulously trained by the engineers and designers who build PXG clubs, PXG's Master Fitters are product and fitting experts.

- *Determine the best head-weight & weight configuration for you*
- *Identify the most efficient head-shaft combination for optimum distance, control, and consistency*



**MOSSY OAK & OLD WAVERLY  
MEMBER GOLF TRIP \*  
OPEN TO ALL MEMBERS  
WEST POINT, MS**

Last fall, Gil Hanse, the designer of the famed Olympics Course in Rio, along with Streamsong Black and the re-do of Doral, built Mossy Oak Golf Club located right across the street from Old Waverly Golf Club. Old Waverly, on the other hand, will be hosting the 2019 Women's US Amateur. You'll stay one night at the cottages at Old Waverly and play both courses.

- *11 players with Steve Smith*
- *\$450 per player*
- *Includes 18 holes of golf each day dbl. accommodation (single +\$75)*

**THE SUB 40  
(40 UNDER 40)  
GUEST DAY  
LEGACY COURSE | 1:30PM**

A fun-filled, no pressure day to entertain your friends or future members at the best golfing time of the year!

- *4 person team (3 guests)*
- *\$295- foursome*
- *Box lunch & refreshments during play, light after round snacks & awards following.*

**8TH**

**COUPLES GOLF  
PRESENTED BY GLGA  
FOUNDERS COURSE | 2:00PM**

Please come out and join us for a great afternoon of golf with your spouse or partner. This event is designed for all levels of golf, from beginners to "pros." Teams can be assigned by the pro shop so you don't have to worry about finding another couple to play with. Come out and make new friends, have fun, and enjoy a great time at "the Stone."

- *2PM shotgun*
- *18 holes*
- *Mystery Format*
- *After round bites provided by GMGA*



\* For more info on Member Golf Trips contact our Director of Golf, Steve Smith 205-986-5151 or send an email to [ssmith@greystonecc.com](mailto:ssmith@greystonecc.com)



*Junior*

# TENNIS CLASSES

BEGINNER • INTERMEDIATE • HIGH SCHOOL

STARTING  
SEPTEMBER 4TH

ENDING  
SEPTEMBER 28TH

## BEGINNER CLASS

**MONDAY OR WEDNESDAY**  
FROM 4-5PM

**\$60** for Members  
(Monthly fee)

**\$70** for Non-Members  
(Monthly fee)

**BOTH DAYS**  
FROM 4-5PM

**\$60** for Members  
(Monthly fee)

**\$70** for Non-Members  
(Monthly fee)

## INTERMEDIATE CLASS

**MONDAY OR WEDNESDAY**  
FROM 4:30-6PM

**\$80** for Members  
(Monthly fee)

**\$95** for Non-Members  
(Monthly fee)

**BOTH DAYS**  
FROM 4:30-6PM

**\$150** for Members  
(Monthly fee)

**\$175** for Non-Members  
(Monthly fee)

## HIGH SCHOOL CLASS

**MONDAYS, WEDNESDAYS,  
AND THURSDAYS**  
FROM 4:30-6:30PM

### ONE DAY A WEEK

**\$30** for Members  
(Drop-In fee)

**\$35** for Non-Members  
(Drop-In fee)

### TWO DAYS A WEEK

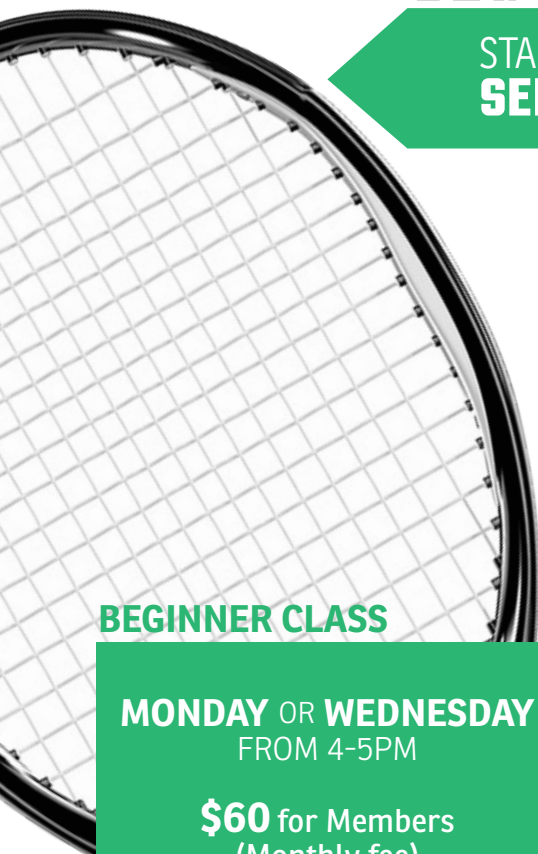
**\$200** for Members  
(Monthly fee)

**\$250** for Non-Members  
(Monthly fee)

### THREE DAYS A WEEK

**\$300** for Members  
(Monthly fee)

**\$350** for Non-Members  
(Monthly fee)





# AQUATICS

## & THE GREYSTONE POOLS

### AFTER LABOR DAY POOL HOURS

THE GREYSTONE POOLS WILL BE OPEN **SATURDAY & SUNDAY** FROM **11AM-8PM**  
POOLS WILL OFFICIALLY **CLOSE** FOR THE YEAR ON **OCTOBER 1ST**  
**ADULT POOL** WILL REMAIN OPEN DAILY WITH A **SIGNED WAIVER**

### UPCOMING EVENTS AT THE GREYSTONE POOLS

#### SEPTEMBER 10TH NATIONAL GRANDPARENTS DAY

- No guest fees for grandparents or grandchildren.
- Grandmothers will receive a rose at sign-in
- Beer special for the grandfathers

#### SEPTEMBER 16TH BLUES, BOIL, & BBQ

The perfect mixture of Jazz & the southern food culture: the classic gulf-coast shrimp boil & a traditional southern BBQ. Member Charge bar will also be available.

#### SEPTEMBER 22ND GLOW FEST 2017

Teens of all ages, GET READY TO GLOW! Greystone Pools will be hosting Glow Fest featuring a Live DJ, a Blacklight Selfie Booth, snacks, drinks, & lots and lots of glow sticks.

#### EVERY SATURDAY DJ IVAN AT THE FAMILY POOL

#### AVAILABLE UNTIL OCT. 1ST SWIM LESSONS FOR ALL AGES

**FUN WITH A SPLASH OF CONFIDENCE!**  
When kids learn to swim they not only gain strength and confidence, but also the ability to be safe in and around water. Our qualified swim instructors are excited to help teach your child to swim!



## GREYSTONE GATORS ENDING THE SEASON WITH A HUGE SPLASH!

By the end of this season, over half of the team qualified for the End of the Season Senior County Championship where twelve Gator's swam Best Times! Taylor Tribble & Mark Underwood even broke GGCC records! Additionally, six of our fifty-seven Gators earned Jefferson Shelby Swim Council awards – Michael, John & Mark Underwood, Taylor Tribble, Eli & Morgan Sivel – and have been invited to attend a special banquet at the Vestavia Country Club on Sunday, September 10th. Good job to all those who participated with us this summer! And a huge thank you to all of our parents for their time and dedication!  
**NONE OF THIS WOULD BE POSSIBLE WITHOUT YOU!**





# FITNESS CENTER

## INFO • NEWS • UPDATES

### HELLO GREYSTONE MEMBERS!

School is back in session, schedules are more consistent, and vacations are coming to an end. NOW is the time to make your fitness training and health a priority in your daily routine! We have an incredibly knowledgeable team of personal trainers and group instructors at our Greystone Fitness Center that will help you learn and grow in your journey to better yourself every day. All it takes from you is to show up; we will handle the rest.

When it comes to success in health and fitness, the key is consistency. Every goal begins with a dream or an idea, but is achieved once executed through a plan of action. Creating consistency must be done in a way that doesn't cause such major changes in your life that will eventually burn you out or become impossible to stick with. Make small, tangible goals that you can stick with and build from there. This is what we are here for! To help you with planning a program that is designed around your goals, your lifestyle, and your schedule. We will help you make fitness a part your lifestyle, not a chore.

See you soon!



Todd Makofski



### STAY IN THE KNOW!

The best way to hear about new programs and any changes is by reading over you weekly emails, club newsletters, brochures, and flyers. You can also follow us on Facebook, Instagram, and Snapchat! We have launched a new texting program to inform you of any last minute changes in group fitness classes so you can plan accordingly. We will only use this as a last resort.

TEXT: EZQMK49402  
TO: 797979





## JOIN THE TEAM

GREYSTONE FIT WANTS YOU!

### What is StoneFit?

StoneFit does not necessarily mean you have bulging biceps and six-pack abs. StoneFit means you are part of the active lifestyle here in our amazing community. Active lifestyle means you are doing anything that keeps you moving. This may be regular attendance to our group fitness classes, taking advantage of one of our outstanding personal training services, or just coming in daily to enjoy one of our many state-of-the-art cardio machines. If you can do this consistently, you are StoneFit and you will be recognized and rewarded as such with limited edition clothing items, gift certificates, and many other prizes.

We want to go a bit further this Fall and keep you moving in many ways that are fun! We have also worked with Chef Alan on creating a variety of healthy menu options that will be StoneFit approved to help you stay on track while you enjoy your time at the club.

Watch out for these upcoming clubs and events that you can do with your spouse or your friends!

- Weekly walking, jogging, & cycling groups
- Small groups that will get you from the "couch" to 5K ready
- Fun & active classes like: ballroom dancing, self-defense, kids martial arts, and flexibility and mobility for golf
- Monthly competitions and challenges with great prizes
- Complementary classes on nutrition, exercise techniques, and programs



## GOLF SPECIFIC

SPORT PERFORMANCE

Is your physical condition keeping you from playing the game you love at your full potential? We can help you in the Fitness Facility! All our personal trainers in the Fitness Center are now certified by the prestigious Titleist Performance Institute to work with golfers to maximize their physical performance!

We use an advanced approach created by the Titleist Performance Institute (TPI) to screen golf athletes for common movement dysfunctions that may be hurting your game or causing you injury. During a TPI movement screen, we will assess your physical fitness and movement quality. We use these results prescribed exercises that will correct physical issues that will give you the capability to produce a more efficient golf swing. Results are based on the individual and may include any of the following: fitness training, physical therapy, coaching of swing mechanics and biomechanics, and nutrition.

Call us today to set up an appointment with one of our TPI professional trainers at 986.5139 or email [fitness@greystonecc.com](mailto:fitness@greystonecc.com).







**FOUNDED 1991**  
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776.3180	Event Planning
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986.5126	Founders Golf
986.5215	Course Maintenance
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