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Visit us at  
<http://www.frenchmancreek.com>  
 to see all the new site features!

**Frenchman's Creek Beach  
 and Country Club**  
 13495 Tournament Drive  
 Palm Beach Gardens, Florida 33410  
 Phone: (561) 622-8300

**Frenchman's Creek Beach Club**  
 400 Celestial Way  
 Juno Beach, Florida 33408  
 Phone: (561) 624-3400

S A A H Z P P F C E L O V E N  
 H I N A A H S R O A G E A R N  
 O V I N S E L E Y Y B D N H U  
 T I R N P T M N Y L B A I B Z  
 G R A A T R E C N O C V R R J  
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 N G V A B E R M N L O E F C T  
 Q K O S H N V A E S R W P J B  
 H G E L Y D S N U U I Z J M R  
 C U B V F T T S T R I E W O C  
 O B D Y A I M C B G B J Y T C  
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 H G M I X O L O G Y T M G U X

## FEBRUARY WORD SEARCH

- |                 |           |
|-----------------|-----------|
| BRIDGE          | LECTURES  |
| CABARET         | LOVE      |
| CANASTA         | MIXOLOGY  |
| CONCERT         | PRESIDENT |
| FEBRUARY        | SAVANNAH  |
| FRENCHMAN'S CUP | SHOTGUN   |
| GOLF            | TRIVIA    |
| GRAPES          | VALENTINE |



## UPCOMING MEETINGS

### DISCUSSION WITH THE PRESIDENT & BOARD MEETINGS

#### **FEBRUARY 2018**

- Saturday, February 10 at 2:30 p.m.: Meet the Candidates (Main Dining Room)
- Thursday, February 15 at 12:00 p.m.: Monthly Board Meeting (Board Room)
- Thursday, February 15 at 4:30 p.m.: Discussion with the President (Living Room)

#### **MARCH 2018**

- Saturday, March 17 at 2:30 p.m.: Annual Meeting (Main Dining Room)
- Thursday, March 22 at 12:00 p.m.: Monthly Board Meeting (Board Room)
- Thursday, March 22 at 4:30 p.m.: Discussion with the President (Living Room)

The above Board and Discussion with the President meetings are open for all Frenchman's Creek members to attend. Please contact Linda George at (561) 273-2615 or [lgeorge@frenchmancreek.com](mailto:lgeorge@frenchmancreek.com), if you have any questions about these meetings, or would like to schedule a meeting with Mr. Goswami or President William Gersten.



## DOG PARK ETIQUETTE

At Frenchman's Creek we also offer a fun lifestyle for your four-legged friend. At the dog park which is located off Frenchman's Creek Drive, you will find two areas available for your dogs. One side is for small dogs 25 lbs. or less and the adjacent side is available for larger dogs 25 lbs. and up. All dogs are welcome to enjoy this amenity, but dear owners, please remember a few dog park etiquette rules:

- *Never leave your dog unattended and always keep your attention on your dog.*
- *Help keep the dog park stay clean and well-maintained by picking up after your pets.*
- *Make sure your dog is current on its shots.*
- *Keep dogs on leashes at all times except in designated "off-leash" areas.*
- *Dogs who are leashed may feel threatened by free roaming dogs.*
- *Close all doors to the dog park after entering or exiting.*
- *If your dog becomes unruly or plays rough, please control it as not to disturb the other dogs.*
- *Any dogs showing signs of aggression should be removed from the premises.*
- *Owners are responsible for the behavior of their animals.*

# POA SERVICES

The following services are available at the POA Office, located on the west side of the Main Clubhouse by the Golf Pro Shop:

- **ADMINISTRATIVE** - (copy, fax, scan, e-mail, etc.)
- **HOUSE WATCH** - (monitor home while you are away for any extended period of time)
- **NOTARIZATION** - (appointments are requested for lengthier documents)
- **MAIL AND SHIPPING** - (USPS, FedEx, UPS)
- **TRANSPORTATION** - (to and from the airport, theatre, shopping; limo service is also available)
- **WORK ORDERS** - (landscape/irrigation, post lights, pressure cleaning, humane animal trapping, fence repair, mailbox repair)

If you have any questions, please call us at (561) 627-1467.

## Community Shredding Day



**Friday, February 9<sup>th</sup>**  
**10:00 a.m. to 12:00 p.m.**  
**Sales Office**

**Shreddable items are:**

- paper ✓
- paper staples ✓
- paper clips ✓
- spirals ✓
- photos ✓

**Items that CANNOT be shredded:**

- x-rays plastic ✗
- 3 ring binders ✗
- floppy disks. ✗

# Garbage and Recycling Schedule

Please have your garbage and recycling curbside by 6:00 a.m. on the scheduled collection day.

**Tuesdays: Solid Waste and Yard Waste**

**Fridays: Solid Waste and Recycling**

In your **YELLOW** bin, please place the following items:

- \*Newspapers
- \*Magazines
- \*Unwanted Mail
- \*School/Office Papers
- \*Phone Books
- \*Paper Bags

ALL Cardboard Boxes - NEW (includes beverage cartons, tissue boxes, dry foodboxes, corrugated cardboard. Boxes must be flattened and cut to 3' x 3' maximum.)

In your **BLUE** bin, please place the following items:

- \*Plastic Containers #1-#17
- \*Steel Cans
- \*Aluminum Cans, Foil and Pie Plates
- \*Drink Boxes
- \*Milk and Juice Cartons

To prevent animals from getting into the trash, place garbage bags in trash cans. Please do not leave plastic garbage bags curbside.



## GUEST REGISTRATION

Please register your guest at the POA Office or by going online at **www.frenchmanskreek.com**. On the homepage, click on the *POA* link and choose *Guest Passes* on the right and fill out the online form.

Please remind your guest to present their passes upon arrival and when visiting all venues.

Please contact the POA Office at **(561) 627-1467**, for assistance with guest passes.



# Mark Hall - Security Director

## VENDOR/GUEST LIST

Frenchman’s Creek Security prides itself on providing the highest level of service possible. This service begins with access control at the front gate. However, we are noticing more and more vendors, guests and service personnel are not being called in by our residents. This causes long lines and delays at the gate, which inconveniences your family, friends and guests who are trying to access the property.

We also have incidents where residents call the gatehouse security personnel to place vendors/guests on their guest list, there is a miscommunication and the information is not properly input. The methods below allow residents to manage their own vendor/guest list and help us avoid “third-party” mistakes.

=====

### **Automated Phone System** for calling in vendors/guests

- 1. Dial 775-6428
- 2. Enter your 3-digit security code when directed.
- 3. Leave the name of your guest/vendor on the recording.

### **On-line Gate Access** for entering vendors/guests to your guest list

You can update your guest list without having to call the gatehouse or leave a voicemail. You can do it from your home computer, cell phone or iPad.

- 1. Go to the website: [www.GateAccess.net](http://www.GateAccess.net).
- 2. Enter our community code: FCCC
- 3. Enter your username which is your 10-digit home phone number without spaces, dashes or parentheses.
- 4. Enter your password, which is your 3-digit security code.

Please DO NOT place vendors, service personnel, nurses or aids on your permanent guest list unless they will only be on property for one day in a twelve month period. Please feel free to contact the gatehouse at (561) 622-7800 if you have any questions or concerns about this request.



## Special Events

### *Live on Saturday Night with Redhead Express*

**Saturday, February 3<sup>rd</sup>**

**6:30 p.m. | Main Dining Room**

Have you ever longed for the sound of music that is real and honest? Spend an evening in concert with Redhead Express and you will be captivated by their sound, their realness, their passion, and most importantly, their heart.



### *Peter Luger Style Steak Nights*

**Friday, February 16<sup>th</sup>**

**Saturday, February 17<sup>th</sup>**

**6:00 p.m. | The Grille**

Let us bring Peter Luger Steakhouse down to Frenchman's Creek. Enjoy a special dinner with family and friends. Please make reservations with the Food & Beverage Office at (561) 273-2647.

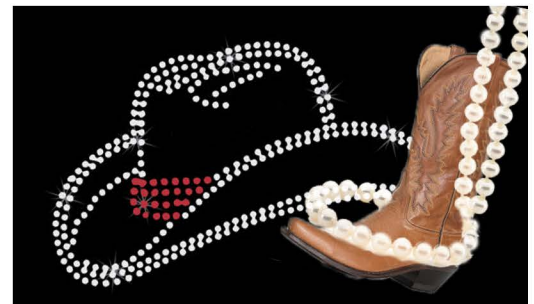


### *Boots and Bling*

**Saturday, February 24<sup>th</sup>**

**6:00 p.m. | Main Dining Room**

It's time to pair your Western boots and your best accessories. It's a night of great Western BBQ and a fun entertainment with a live country band!



### *Trivia Dinner*

**Monday, February 26<sup>th</sup>**

**6:30 p.m. | The Grille**

A night of dinner and fun quizzes. While there are plenty of hard brain teasers out there, it is nice to have some easy Trivia Questions and Answers. Prizes awarded for best team.





# DINING & SOCIAL



**Cindy Teyssedou - Beach Club Director**

## *Beach Club Dining*

### **Stone Crab Night**

Friday, February 9<sup>th</sup>  
6:00 p.m.

### **Winemaker Dinner**

Monday, February 12<sup>th</sup>  
6:00 p.m.

### **Lobster Night**

Wednesday, February 21<sup>st</sup>  
6:00 p.m.

### **Cigar Dinner**

Friday, February 23<sup>rd</sup>  
6:00 p.m.

### **Grapes by the Grapes**

Monday, February 26<sup>th</sup>  
6:00 p.m.



Please call the Beach Club at (561) 624-3400, to make your reservations now.

### ***Beach Club Shuttle Service***

***Hop on the Beach Club shuttle and join us at the beach!***

The shuttle service is available every day at the *Sales Office* from **10:00 a.m. to 9:00 p.m.**

Please contact the *Main Club* valet at **(561) 273-2700** for additional information or to make transportation arrangements.

# DINING AND SOCIAL

**Fridays at 12:30 p.m.**  
**February 2<sup>nd</sup>, 9<sup>th</sup>, 16<sup>th</sup>**  
**Main Dining Room**

**Tuesdays at 4:00 p.m.**  
**February 6<sup>th</sup>, 27<sup>th</sup>**  
**Ladies Card Room**

## Duplicate Bridge

*Join us for the friendliest bridge game in town!*

If you enjoy social bridge, you will love our duplicate game with your friends and neighbors.

We enforce “zero tolerance”...never a sad word spoken to the opponent or partner! Hank Rosely will again be our eminent director.

**Wednesday,**  
**February 7<sup>th</sup>**  
**2:30 p.m.**  
**Main Dining Room**



## Apple Workshop

There are so many amazing things to do and create with your iPhone and/or iPad. Join our Apple Workshop to learn tips and tricks.

**Every Friday!**  
**February 2<sup>nd</sup>, 9<sup>th</sup>, 16<sup>th</sup>**  
**3:30 p.m.**  
**The Grille Terrace**

## Cigar Club

The Cigar Club meets at *The Grille Terrace* to enjoy drinks, hors d'oeuvres and conversation. All while enjoying a cigar. Bring your own or enjoy one from our selection.

**Wednesday,**  
**February 7<sup>th</sup>**  
**8:00 p.m.**  
**Main Dining Room**

## Speaker Series: Jay Solomon

Jay Solomon was the long time chief foreign correspondent for the Wall Street Journal. He is currently at The Washington Institute, focusing on the very dangerous relationships between North Korea, Iran and other nefarious regimes, primarily in the Mideast. At this moment, he is in South Korea.

**Saturday,**  
**February 10<sup>th</sup>**  
**6:00 p.m.**  
**Main Dining Room**

## Concert Dinner with ABBA

Enjoy a wonderful dinner while one of the best selling Swedish artists of all time, **ABBA**, entertain you with their catchy pop tunes on the projection screens in the *Main Dining Room*.

# DINING AND SOCIAL



## Performer Series: Savannah Jack

### ***BACK BY POPULAR DEMAND!***

They mesmerize audiences everywhere with their three part vocal harmonies, great musicianship and infectious energy that will get you on your feet with their very first beat! A fresh new sound and a promise to take the audiences by storm.



## Main Club Cabaret with Lumiri Tubo

The electrifying, dazzling and wonderful Lumiri Tubo is an accomplished actress and singer. Always persuasive and owning a spectacular set of pipes. Tubo shows herself to be the real deal, handling pop, jazz, and R&B stylings. Her honest and pure emotional interpretations coupled with her outstanding vocal ability, immediately put her at the top of everyone's "must see" list.



## Family Bingo

Bring the family and join your friends for an evening of fun, game, and prizes!

Sign up and registration begins at 7:15 p.m.



## Speaker Series: Michael Waldman

Michael is the President of the Brennan Center for Justice at the NYU School of Law, a very highly respected, nonpartisan law and policy institute, which would probably be characterized as tilting left-of-center. Michael is an accomplished speaker who regularly appears on television and other forums.

## BEVERAGE EVENTS

**CHECK OUT THE UPCOMING BEVERAGE EVENTS WITH STEPHEN FISHER**

### **GOURMET WINE DINNER**

Thursday, February 1<sup>st</sup>

6:30 p.m. | *Main Dining Room*

Highlight: Terroir selections

(Attire: Jacket and Tie)

### **WHISKY DINNER**

Thursday, February 8<sup>th</sup>

6:00 p.m. | *The Grille*

Highlight: Japanese whisky selections

### **WINEMAKER DINNER**

Monday, February 12<sup>th</sup>

6:00 p.m. | *Beach Club*

Highlight: Wines from Amici

### **VODKA AND GIN TASTING**

Tuesday, February 20<sup>th</sup>

6:00 p.m. | *Main Clubhouse*

### **BEER TASTING**

Saturday, February 24<sup>th</sup>

6:00 p.m. | *Main Clubhouse*

### **GRAPES BY THE GRAPES**

Monday, February 26<sup>th</sup>

6:00 p.m. | *Beach Club*

Please bring your favorite wine (per person) and share them with the rest of the table. Chef Ernesto and your Sommelier Stephen Fisher will create a menu pairing with the appropriate wines. *For reservations, please email [beverage@FrenchmansCreek.com](mailto:beverage@FrenchmansCreek.com) and include which wine you will be bringing.*

Reserve your seat early! Please call **(561) 273-2647** for wine dinners at the **Main Club** or **(561) 624-3400** for wine dinners at the **Beach Club**.

## Book Talks with Julie

Join us and Julie Gilbert for a series of lectures with Q & A on the best in contemporary fiction. Each session will include literary background, extensive material on the author's life and creative development as well as intensive analysis of the book.

Let's meet for coffee at 9:30 a.m.

Location: Living Room

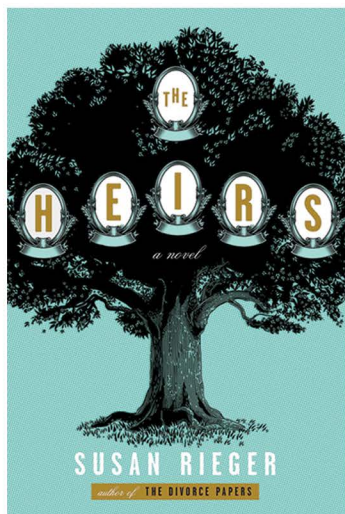
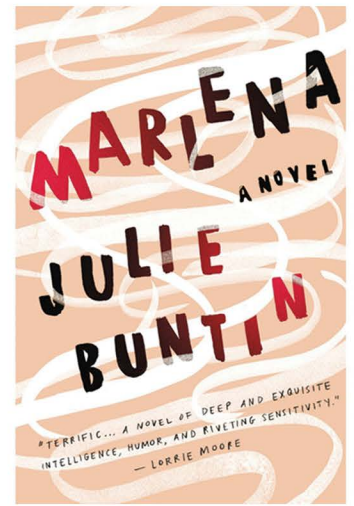
The Book Talks will start promptly at 10:00 a.m.

Please register with the Food and Beverage Office at (561) 273-2648.

### Wednesday, February 14<sup>th</sup>

MARLENA by Julie Buntin

Published by Henry Holt, is a novel depicting a young friendship written with the reflection of an old soul. This story takes place in the woods of Northern Michigan where the casual meeting of two girls is both "unremarkable and life-changing ....Buntin creates a world so subtle and nuanced and alive that it imprints like a memory." Kirkus deems this book "Devastating; as unforgettable as it is gorgeous."



### Wednesday, March 14<sup>th</sup>

THE HEIRS by Susan Rieger

Published by Crown, this is a timeless page-turner hosted by an omniscient narrator. The familiar areas of unrest-family, money and secrets are depicted quite differently. Instead of being laid bare, they are conveyed through Eleanor, the matriarch, and therefore protected. She is the one who displays - or not. A tantalizing read and one that will make readers reflect on their own brood.

#### ABOUT JULIE GILBERT

Julie Gilbert is a writer. Her father, Henry Goldsmith, was a publisher, and her mother, Janet, was an actress. She attended Boston University and worked as a professional actress, writer and teacher. Julie has written biographies, novels and plays, including Umbrella Steps (adapted into film) and Ferber: The Biography of Edna Ferber and Her Circle, which was nominated for the National Book Critics Circle Award. She received a Pulitzer Prize nomination for Opposite Attraction: The Lives of Erich Maria Remarque and Paulette Goddard.

# FEBRUARY 2018

**Sunday**

**Monday**

**Tuesday**

Sunday	Monday	Tuesday
4  Club Brunch Beach Club Brunch  <b>Super Bowl BBQ</b>	5  19th Hole Dinner Sports Bar Dinner Beach Club Dinner	6  19th Hole Dinner Sports Bar Dinner The Grille Dinner
11  Club Brunch Beach Club Brunch  BBQ	12  19th Hole Dinner Sports Bar Dinner <b>BC Winemaker Dinner</b>	13  19th Hole Dinner Sports Bar Dinner The Grille Dinner
18  Club Brunch Beach Club Brunch  BBQ	19 <b>Presidents' Day</b>  <b>Main Club Cabaret</b> 19th Hole Dinner Sports Bar Dinner	20  <b>Family Bingo</b> 19th Hole Dinner Sports Bar Dinner The Grille Dinner
25  Club Brunch <b>BC Calypso Brunch</b>  BBQ	26  <b>Trivia Dinner</b> 19th Hole Dinner Sports Bar Dinner <b>BC Grapes by the Grapes</b>	27  19th Hole Dinner Sports Bar Dinner The Grille Dinner

# DINING & SOCIAL CALENDAR

Wednesday	Thursday	Friday	Saturday
	1  <b>Gourmet Wine Dinner</b> Sports Bar Dinner The Grille Dinner Beach Club Dinner	2  Cigar Club  The Grille Dinner Beach Club Dinner	3  <b>Live on Saturday Night</b> <b>SB Dinner and Disco</b> Beach Club Dinner
7  19th Hole Dinner Sports Bar Dinner The Grille Dinner Beach Club Dinner	8  <b>GR Bar Whiskey Dinner</b> Sports Bar Dinner The Grille Dinner Beach Club Dinner	9  Cigar Club  <b>SB Dinner and Disco</b> The Grille Dinner <b>BC Stone Crab Night</b>	10  <b>MDR Concert Dinner</b> <b>SB Dinner and Disco</b> The Grille Dinner Beach Club Dinner
14 <b>Valentine's Day</b>  <b>Performers Series</b> 19th Hole Dinner Sports Bar Dinner Beach Club Dinner	15  Sports Bar Dinner The Grille Dinner Beach Club Dinner	16  Cigar Club  <b>SB Dinner and Disco</b> <b>The Grille Peter Luger</b> Beach Club Dinner	17  <b>SB Dinner and Disco</b> <b>The Grille Peter Luger</b> Beach Club Dinner
21  19th Hole Dinner Sports Bar Dinner The Grille Dinner <b>BC Lobster Night</b>	22  19th Hole Dinner Sports Bar Dinner The Grille Dinner Beach Club Dinner	23  BC Cigar Club Dinner  19th Hole Dinner <b>SB Dinner and Disco</b> The Grille Dinner Beach Club Dinner	24  Beer Tasting  <b>Boots and Bling</b> <b>SB Dinner and Disco</b> The Grille Dinner Beach Club Dinner
28 <b>Purim</b>  19th Hole Dinner Sports Bar Dinner The Grille Dinner Beach Club Dinner			

# ART CLASSES

JOIN US FOR ART STUDIO  
with Art Instructor Rita Boutros

February Classes:  
6<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup>, 27<sup>th</sup>



## OIL AND ACRYLIC PAINTING

Classes run consecutively weekly every Tuesday  
2:00 p.m. - 5:00 p.m.  
Art Studio (*Main Clubhouse*)

Instruction is tailored to the individual needs of each student. Painters working in oil or acrylic learn composition, color theory and handling of their medium. In addition, students will be encouraged to develop creativity in subject matter and approach. Advanced students have an opportunity to develop a "voice" in their work as they develop a cohesive body of work. Critiques offered. Both beginner and advanced students are welcome.

Please contact the instructor for a supply list in your medium by sending an email to [Rita17NY@gmail.com](mailto:Rita17NY@gmail.com).

You may reserve your place in class by sending your payment directly to the instructor, Rita Boutros at 121 Parkwood Drive, Royal Palm Beach, FL 33411.



### A SHORT BIO ABOUT THE INSTRUCTOR:

Rita Boutros has been the Frenchman's Creek art instructor since 2011. A graduate of the Cooper Union in New York City, she earned her BFA in 1977, and has many years of experience in teaching a variety of art media including oil, acrylic, watercolor and more.



# BRIDGE CLASSES



## Intermediate/Advanced Intermediate Bridge Classes with Phillip Alder at Frenchman's Creek

**Monday, February 5 | Monday, February 19**  
**Monday, February 26 | Monday, March 5**

***9:30 a.m. in the Upper Level Card Room***

Phillip Alder is returning this year to teach Intermediate/Advanced Intermediate Bridge Classes. Bridge champion, coach, author and teacher, he writes the United Feature Syndicate bridge column, and was the bridge columnist for The New York Times. As a bridge teacher, Alder has conducted many classes and bridge holidays. During the summer he will be teaching around the country, for example, in Illinois, Maine, Missouri, Pennsylvania, and North Carolina.

For more information, please contact the Food and Beverage Office at 561-273-2648.



# CHARITY WEEKEND



## 2018 CHARITY WEEKEND

### FRENCHMAN'S CREEK CHARITIES FOUNDATION GIVING IS OUR FAVORITE GAME!

**THURSDAY, MARCH 22<sup>ND</sup>**

**Pickleball  
Bocce Ball**

*(Light refreshments and snacks will be served.)*

**Zen and Sip**

*(Activities need a clear mind and liquid stimulation.)*

**FRIDAY, MARCH 23<sup>RD</sup>**

**Canasta, Bridge,  
Mah-Jongg, and  
Snacks**

**Cocktail Party featuring  
AUCTION OF THE  
PROS AND CADDIES**

**SATURDAY, MARCH 24<sup>TH</sup>**

**Pro - Am Tennis  
Westminster  
Dog Show**

**Softball, Booze  
and Bites**

**SUNDAY, MARCH 25<sup>TH</sup>**

**Golf Tournament  
(A.M. and P.M.)**

**Movie Matinee**

**Closing Festivities  
(Banquet and Raffle  
Drawings)**

# SOFTBALL GAMES

## CALLING ALL SOFTBALL LOVERS

We meet at the Frenchman's Creek Parking Lot at 8:45 a.m. and head over to *Mirasol Field*.

### JOIN US!

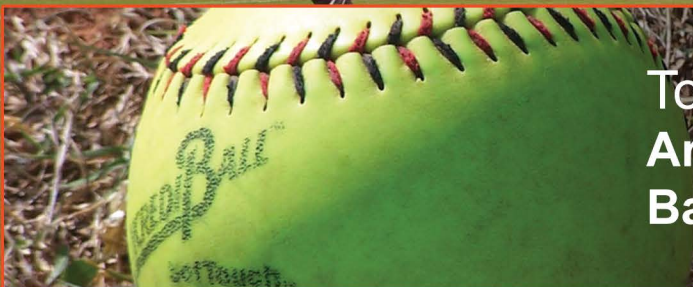
**THURSDAY, FEBRUARY 1, 2018**

**THURSDAY, MARCH 1, 2018**



**SATURDAY, MARCH 24, 2018 AT 4:30 P.M.**

Charity Weekend Game on FCCC North Driving Range



To join our team, please contact:  
**Art Lerner (917) 273-4143 or**  
**Barry Fenner (561) 622-6533**

# VOLUNTEER MATCH PROGRAM

2018  
Projects

Volunteer  
Match  
Program

Thanks  
for your  
support

## HABITAT FOR HUMANITY

*Save the Date*

**Tuesday February 27<sup>th</sup> – 4:00 p.m. to 5:30 p.m.**

**Volunteer Match Program Special Event**

***Main Clubhouse***

You are invited to meet the executives from the **Habitat for Humanity of Palm Beach County** and learn what they do and how they do it. Founded in 1976, **Habitat for Humanity** is a non-profit organization, which brings volunteers together to construct and rehabilitate homes for families that would not otherwise be able to afford them.

An email flyer will be sent out this month with more details.

## GROVE PARK ELEMENTARY SCHOOL

Many of our members have visited Grove Park Elementary School in Palm Beach Gardens and presented programs based on their own talent and expertise. Mickey Berman taught meditation. Minx Boren spoke about Yoga. Peter Berkley talked about how laws are made.

The school is also in need of classroom volunteers for kindergarten and first grades. They particularly need volunteers at the start of their instructional day as well as at other times of the school day. The school is located on Military Trail - south of Northlake - with easy parking at the school.

*(Note: Volunteers have to provide their social security number on the school's website when they check in to volunteer.)* For more details, please contact Barbara Stern at [bstern3831@aol.com](mailto:bstern3831@aol.com), who coordinates our Volunteer Match Program with Grove Park Elementary School.

## LITERACY COALITION OF PALM BEACH COUNTY

**EARLY MARCH** - The “**Adult Essay Read**” was very successful last year and will be offered again in early March in morning and afternoon 2-hour sessions here at Frenchman’s Creek.

Adults in **The Literary Coalition “Learn to Read”** programs participate in an essay contest in which they are asked, “**What are your goals for the next 5 years?**” The essays are collected by the Literacy Coalition from their many programs in the greater community that teach adults to read. Our job as readers is to offer positive feedback and encouragement to the writers of these essays. It was a memorable experience for our members last year and we look forward to growing our literacy connection in 2018.




## Pamela Rudd - Business Development

### 2018 EXCURSIONS



*Ladies Day Out*  
**Monday, February 5<sup>th</sup>**  
9:45 A.M. - 1:30 P.M.  
*The Gardens Mall*


A customized day filled with goodie bags, high-fashion excursions at select retailers and lifestyle stores. Enjoy a variety of amenities; from makeovers to facials, personal shopping to raffles. End the day at *Cooper's Hawk* with wine tasting and a nice luncheon.



**HAMILTON**  
AN AMERICAN MUSICAL

**FORT LAUDERDALE**  
**2018-2019**

**Dates released!**  
December 18, 2018  
through  
January 20, 2019



**BROWARD**  
**CENTER**  
— for the —  
PERFORMING ARTS

Please call the Marketing Office if you're interested in attending a show.

### SUGGESTIONS

What would you like to do and where would you like to go? We would love to hear from you! Call the **Marketing Office** at (561) 868-6383 or email us at [marketdept@frenchmancreek.com](mailto:marketdept@frenchmancreek.com).



## Pamela Rudd - Business Development

### COMMUNITY NEWS

#### Event Photos

To view photos or download from past club events, look under **My Club** and click on **Club Photos**. Log onto **frenchmancreek.com** from your computer or mobile device.

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#### Lost & Found

Have you lost anything lately? Perhaps you have lost keys, a piece of jewelry, or even glasses. For items lost at the main clubhouse, valet, pet park, and any of the dining outlets, please contact the Food & Beverage Office at (561) 273-2647.

#### Items lost...

- at Fitness & Spa Center, can be retrieved at the Fitness & Spa Center reception desk
- on the golf courses, can be retrieved at the Golf Pro Shop
- on the tennis courts, can be retrieved at the Tennis Pro Shop
- on community grounds, can be retrieved at the Security Office
- at the Beach Club, can be retrieved at the Beach Club Office

As always, if you need help finding a lost item, we are here to assist you.

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#### Membership Documents

*Do you know that the following can be accessed on our website?* Log onto **frenchmancreek.com** from your computer or mobile device.

Various membership documents are available under the **POA** link. See below for a few examples:

- Strategic Plan
- Board Meeting Minutes
- Articles of Incorporation
- ARB Application
- Rules & Regulations
- Plant Pallet
- Landscape Guidelines

Any documents available online are also available as a hard copy in the POA Office.



# FCTV

## channel 999

now in **HD**

*Hope you're enjoying the new programming. See the list below for the latest videos now streaming on FCTV (Channel 999).*

Golf Cart Safety

Péntaque (New Game)

Coming Attractions

Golf Tips with Kim Augusta

Mixology with Ryan Lax

Tai Chi Instructional Video

Art Expo (recap)

*Plus more!*

If you have any questions, please contact JP Caldwell of FCTV at (561) 273-2619 or e-mail: [JPCaldwell@Frenchmancreek.com](mailto:JPCaldwell@Frenchmancreek.com).



## J.R. Congdon - Director of Golf

Dear Members,

February is the month that really kicks off our golf event activity. On Monday, February 5th, we will be hosting our first **Men's Member/Guest Invitational** of the year. We have nearly 100 participants, but there is always room for more. On **February 16<sup>th</sup> and 17<sup>th</sup>**, one of the most popular men's golf events of the year will be held "**The Frenchman's Cup**". This event is a fun-filled couple of days of camaraderie, sportsmanship and a great way to meet new members and make new friends. Entry into both of these events can be done through the *Golf Pro Shop* (561) 622-1620.

On another note, at the December Golf Committee meeting, the Committee discussed golfing members that are not adhering to the on course golf cart rules and are driving closer than acceptable to greens, tees and bunkers. The Committee would like to reinforce that the cart path should be used whenever practical, and that those members that have been issued a medical flag are not permitted to drive any closer than 15 feet from any green, tee or bunker. The Committee would also like to remind everyone that driving on steep slopes, bunker edges and lake banks, instead of using the cart path provided, puts the driver and his passenger at risk of an accident and or injury. The Committee is committed to making the golf experience safe and enjoyable, and is determined to protect the quality of the turf on the courses and practice facilities. So please help us in adhering to the stated cart rules, and give a friendly reminder to those that sometime may stray a little too close.

Hope to see you all around the Golf Pro Shop and courses.

Best regards,  
J.R. Congdon  
Director of Golf



## February 2018 Golf Events

### **MIXED COUPLES '9' WINE & DINE**

Friday, February 2<sup>nd</sup>  
3:30 p.m. Shotgun – 9 Holes

### **MEN'S MEMBER/GUEST**

Monday, February 5<sup>th</sup>  
8:45 a.m. Shotgun – 18 Holes

### **LADIES FIELD DAY**

Tuesday, February 6<sup>th</sup>  
8:30 a.m. Shotgun – 18 Holes  
9:30 a.m. Shotgun – 9 Holes

### **MEN'S DAY**

Wednesday, February 7<sup>th</sup>  
8:30 a.m. Shotgun – 18 Holes

### **LADIES MEMBER/GUEST**

Thursday, February 8<sup>th</sup>  
8:45 a.m. Shotgun (Shamble 1 Best Ball)

### **THE ROBERT BRUNO CUP RINGER TOURNAMENT (ROUND 1)**

Tuesday, February 13<sup>th</sup>

### **LADIES FIELD DAY**

Tuesday, February 13<sup>th</sup>  
8:30 a.m. Shotgun – 18 Holes  
9:30 a.m. Shotgun – 9 Holes

### **MEN'S DAY**

Wednesday, February 14<sup>th</sup>  
8:30 a.m. Shotgun – 18 Holes

### **THE ROBERT BRUNO CUP RINGER TOURNAMENT (ROUND 2)**

Tuesday, February 15<sup>th</sup>

### **FRENCHMAN'S CUP DINNER**

Thursday, February 15<sup>th</sup>  
6:30 p.m.

### **FRENCHMAN'S CUP (ROUND 1)**

(2) 9 Hole Matches  
Friday, February 16<sup>th</sup>  
8:30 a.m. Shotgun

### **FRENCHMAN'S CUP (ROUND 2)**

18 Hole Match  
Saturday, February 17<sup>th</sup>  
8:30 a.m. Shotgun

### **LADIES FIELD DAY**

Tuesday, February 20<sup>th</sup>  
8:30 a.m. Shotgun – 18 Holes  
9:30 a.m. Shotgun – 9 Holes

### **MEN'S DAY**

Wednesday, February 21<sup>st</sup>  
8:30 a.m. Shotgun – 18 Holes

### **THE ROBERT BRUNO CUP RINGER TOURNAMENT (RAIN DATE)**

Thursday, February 22<sup>nd</sup>

### **COLOR WAR PAIRINGS PARTY**

Monday, February 26<sup>th</sup>  
4:00 p.m. Cocktails & Hors d'oeuvres

### **LADIES COLOR WAR**

Tuesday, February 27<sup>th</sup>  
9:45 a.m. Shotgun

### **MEN'S DAY**

Wednesday, February 28<sup>th</sup>  
8:30 a.m. Shotgun – 18 Holes



## Ask the Pro

Rich Luchini - PGA Head Professional



### GOLF AND WHAT IT ALL MEANS...

- **Golf** can best be defined as an endless series of tragedies obscured by the occasional miracle, followed by a good bottle of beer.
- You hit down to make the ball go up. You swing left and the ball goes right. The lowest score wins, on top of that, the winner buys the drinks.
- If you find you do not mind playing in the rain, the snow, even during a hurricane, here's a valuable tip...your life is in trouble.
- Golfers who try to make everything **perfect** before taking the shot rarely make a perfect shot.
- A '**gimme**' can best be defined as an agreement between two golfers...neither of whom can putt very well.
- An interesting thing about Golf is that no matter how badly you play, it is always possible to get worse.
- Golf's a hard game to figure. One day you'll go out and slice it and shank it, hit into all the traps and miss every green. The next day you go out and for no reason at all your game really stinks!
- If your best shots are the practice swing and the '**gimme putt**', you might wish to reconsider this game.
- Golf is the only sport where most feared opponent is you.
- Golf is like marriage, if you take yourself too seriously it won't work, and both are expensive.
- The best wood in most amateurs' bags is the pencil.

SOURCE: UNKNOWN



# TENNIS | PICKLEBALL | BOCCE

## Tikky Srieud - Director of Tennis

*We have tennis, pickleball, bocce, and pétanque! Come out and try playing one or all of these wonderful fun sports for the New Year! February is filled with many activities. We look forward to seeing you on the courts!*

## FEBRUARY SCHEDULE



### TRI-SPORTS CHALLENGE

February 11<sup>th</sup>

Tennis 8:30 a.m.

Pickleball 10:30 a.m.

Luncheon 12:00 p.m.

9 Holes of Golf 2:30 p.m.

*Cocktails/BBQ Dinner to Follow*

### VALENTINE'S DAY

February 14<sup>th</sup>

Tennis/Pickleball 9:00 a.m.

*Luncheon to follow*

Tennis /Pickleball 10:00 a.m.

*Luncheon to follow*



### TENNIS

Adult Clinic:

Every Tuesday at 9:00 a.m.

Round Robin:

Every Thursday at 8:30 a.m.

### PICKLEBALL

Every Sunday at 10:00 a.m.

Every Tuesday and Thursday at 3:00 p.m.

Pickleball courts are always available everyday from 8:00 a.m. to 5:00 p.m.

### TENNIS UNDER THE LIGHTS

Thursdays at 5:30 p.m.

Sign up to join a fun evening of tennis!



February 8<sup>th</sup>

February 22<sup>nd</sup>

March 8<sup>th</sup>

March 22<sup>nd</sup>

**Cocktails on courtside.**

### PRESIDENT'S WEEK PROGRAM

February 19<sup>th</sup>-24<sup>th</sup>

Adult Clinic 9:00 a.m.-10:30 a.m.

Tiny Tots (3 yrs-6 yrs) 11:30 a.m.-12:00 p.m.

Sharks (7 yrs-10 yrs) 12:00 p.m.-1:00 p.m.

Challengers (11 yrs-15 yrs) 1:00 p.m.-2:00 p.m.

### MIXED-DOUBLES PICKLEBALL TOURNAMENT

February 25<sup>th</sup>

10:00 a.m.

### BOCCE

Mondays - 4:00 p.m.

Wednesdays - 4:00 p.m.

Thursdays - 4:00 p.m.

### PÉTANQUE *New!*

Mondays - 4:00 p.m.

Wednesdays - 4:00 p.m.

Thursdays - 4:00 p.m.

**Come and play!** Sign up at the Tennis Pro Shop or call (561) 622-1623.

## TENNIS PRO SHOP

The ***Tennis Pro Shop*** is filled with new merchandise for everyone. So shop for Valentine's Day or any occasion!

We thank you for all your support and look forward to seeing you on the courts. It's going to be a fantastic new year!

**Tennis Pro Shop Hours:**  
7 Days a Week | 7:30 a.m. - 4:00 p.m.  
(561) 622-1623





Tiffany DeSouza - Fitness and Spa Director

## Upcoming Events

### **MINDEFUL MOVEMENT AND MEDITATION WORKSHOP**

Thursday, February 1<sup>st</sup> | 4:00 p.m.

For complete details on all of the events or to make appointments, please call the **Fitness and Spa Center** at 561-622-3691.

### **FITNESS & SPA TRUNK SHOW**

Monday, February 5<sup>th</sup> | 8:00 a.m. - 12:30 p.m.

Featuring: *Daniella Ortiz Handbags & Accessories and Anatomie*

### **MINDEFUL MOVEMENT AND MEDITATION WORKSHOP**

Thursday, February 8<sup>th</sup> | 4:00 p.m.

### **VALENTINE'S DAY SPECIALS**

Tuesday, February 13<sup>th</sup> - Thursday, February 15<sup>th</sup>

*Receive any 25 minute or longer Spa service and receive one Valentine's Day Gift and an exclusive offer. Ask about the Champagne Mimosa Manicure or Pedicure OR Chocolate Mint Body Polish.*

### **MEMBER GUEST SPA DAY**

Friday, February 16<sup>th</sup>

### **FITNESS & SPA TRUNK SHOW**

Monday, February 19<sup>th</sup> | 8:00 a.m. - 12:30 p.m.

Featuring: *Bonnie's Loft Handbags and Jenny's Jewels*

### **MEMBER GUEST SPA DAY**

Friday, February 23<sup>rd</sup>

# FITNESS & SPA

## Group Exercise Schedule

Frenchman's Creek Beach and Country Club , Tel: 561-622-3691

### February

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Virtual</b>	Virtual Classes available before or after scheduled live classes	Virtual Classes available before or after scheduled live classes	Virtual Classes available before or after scheduled live classes	Virtual Classes available before or after scheduled live classes	Virtual Classes available before or after scheduled live classes	Virtual Classes available before or after scheduled live classes	Virtual Classes available before or after scheduled live classes
<b>Spin</b>	8:00 Spin Zone - Fran	8:00 Spin Zone - Carolina 4:00 Spin Zone - Angelique	8:00 Spin Zone - Fran	8:00 Spin Zone - Jane 4:00 Spin Zone - Carolina	8:00 Spin Zone - Jeannie	8:00 Spin Zone - Jane	10:00 Spin Zone - Carolina / Erica
<b>Group Fitness</b>	8:00 Cardio Sculpt - Irina 9:00 Mat Pilates - Christine 10:00 Tai Chi for Balance - Lisa 4:00 Yin-Yang Yoga - Marianne	8:00 Barre/latés - Jane	8:00 Cardio Sculpt - Irina 9:00 Restorative Stretch - Cora 10:00 Zumba - Marisol 4:00 Yoga Flow - Marianne	8:00 Body Blast Toning - Marianne 10:00 Tai Chi for Balance - Lisa 3:00 Barre/latés - Christine	8:00 Cardio Sculpt - Irina 9:00 Restorative Stretch - Marianne 4:00 Prana Yoga - Nancy	9:15 Core Express - Jane (30min)	8:30 Ropes Circuit - Marisol 9:30 Tai Chi for Balance - Lisa 10:30 Zumba - Marisol
<b>Aqua</b>	8:00 Waves of Steel-Matt (Water Class for Men) 8:30 Aqua Fusion - Chris	8:00 Waves of Steel-Matt (Water Class for Men) 4:00 Aqua Fusion - Chris	7:30 Aqua Spin - Chris (Advance Sign Up) 8:30 Aqua Fusion - Chris	8:00 Waves of Steel-Matt (Water Class for Men) 4:00 Aqua Fusion - Chris	8:30 Aqua Fusion - Chris	8:30 Aqua Fusion - Chris	9:00 Aqua Fusion - Jane
<b>Pilates</b>	3:00 Reformer Yoga Fusion Class - Jeannie (Advance Sign Up & fee) *All Levels	3:00 Reformer Yoga Fusion Class - Jeannie (Advance Sign Up & fee) *All Levels	3:00 Reformer Evolution Class - Kate (Advance Sign Up & fee) *All Levels	3:00 Reformer Evolution Class - Kate (Advance Sign Up & fee) *All Levels	3:00 Reformer Evolution Class - Kate (Advance Sign Up & fee) *All Levels	3:00 Reformer Evolution Class - Kate (Advance Sign Up & fee) *All Levels	8:30 Reformer Mastery Class - Kate (Advance Sign Up & fee) *Intermediate & Advance Levels 9:30 Reformer Evolution Class - Kate (Advance Sign Up & fee) *All Levels

# FITNESS & SPA

## Group Exercise Schedule

Frenchman's Creek Beach and Country Club, Tel: 561-622-3691

### President's Week February 19th - 24th

	MONDAY 2/19	TUESDAY 2/20	WEDNESDAY 2/21	THURSDAY 2/22	FRIDAY 2/23	SATURDAY 2/24	SUNDAY 2/25
<b>Virtual</b>	Virtual Classes available before or after scheduled live classes	Virtual Classes available before or after scheduled live classes	Virtual Classes available before or after scheduled live classes	Virtual Classes available before or after scheduled live classes	Virtual Classes available before or after scheduled live classes	Virtual Classes available before or after scheduled live classes	Virtual Classes available before or after scheduled live classes
<b>Spin</b>	7:00 Spin Zone -Fran 8:00 Spin Zone -Fran	7:00 Spin Zone -Jane 8:00 Spin Zone -Carolina 4:00 Spin Zone-Angelique	7:00 Spin Zone-Fran 8:00 Spin Zone-Fran 4:00 Spin Zone-Matt	7:00 Spin Zone -Jane 8:00 Spin Zone -Jane 4:00 Spin Zone-Carolina	7:00 Spin Zone-Fran 8:00 Spin Zone-Jeannie 5:00 Spin Zone-Matt	8:00 Spin Zone-Jane	10:00 Spin-Carolina/Erica
<b>Group Fitness</b>	8:00 Cardio Sculpt-Irina 9:00 Power Yoga --Tiffany 10:00 Tai Chi -Lisa 11:00 Kids Yoga -Jeanine (Ages 6-10) 4:00 Yin-Yang Yoga -Marianne 5:00 Ropes Circuit -Matt	8:00 Barrelates -Jane 9:00 Zumba-Marisol 10:00 Power Yoga -Tiffany 11:00 Kids Aerobics -Jeanine (Ages 6-10) 4:00 Yoga Flow-Marianne 5:00 Ropes Circuit -Matt	8:00 Cardio Sculpt-Irina 8:00 <b>OUTSIDEYoga -Jeanine</b> 9:00 Restorative Stretch-Cora 10:00 Zumba -Marisol 11:00 Kids Yoga -Jeanine (Ages 6-10) 4:00 Yoga Flow-Marianne 5:00 Ropes Circuit -Matt	8:00 Body Blast-Marianne 9:00 Barrelates -Christine 10:00 Tai Chi -Lisa 11:00 Kids Aerobics -Jeanine (Ages 6-10) 3:00 Barrelates -Christine 5:00 Cardio Kick Boxing -Matt	8:00 Cardio Sculpt-Irina 9:00 Restorative Stretch-Marianne 10:00 Tai Chi -Lisa 11:00 Kids Aerobics -Jeanine (Ages 6-10) 3:00 Barre-Marianne 4:00 Prana Yoga-Nancy	8:00 Spin Zone-Jane 9:15 Xpress Core (30min)-Jane 10:30 Zumba -Marisol	8:30 Ropes Circuit Fusion-Marisol 9:30 Tai Chi -Lisa 10:30 Zumba -Marisol
<b>Aqua</b>	8:30 Aqua Fusion-Chris 4:00 Aqua Spin-Chris ***(Advance Sign Up)	8:00 Waves of Steel-Matt (Water Class for Men) 4:00 Aqua Fusion-Chris	7:30 Aqua Spin-Chris *** (Advance Sign Up) 8:30 Aqua Fusion-Chris	8:00 Waves of Steel-Matt (Water Class for Men) 4:00 Aqua Fusion-Chris	8:30 Aqua Fusion-Chris	9:00 Aqua Fusion-Matt	
<b>Pilates</b>	3:00 Reformer/Yoga Fusion-Class-Jeanine ** (Advance Sign Up & fee)	3:00 Reformer Class-Kate ** (Advance Sign Up & fee)	3:00 Reformer Class-Kate ** (Advance Sign Up & fee)	3:00 Reformer Class-Kate ** (Advance Sign Up & fee)	3:00 Reformer Class-Kate ** (Advance Sign Up & fee)	8:30 Reformer Mastery Class-Kate ** (Advance Sign Up & fee) *Intermediate & Advance	9:30 Reformer Class-Kate ** (Advance Sign Up & fee) All Levels

# Spa & Fitness Member Guest Spa Days



**TWO DATES REQUESTED BY POPULAR DEMAND**

**THIS DATE IS  
BOOKED**

**Friday, February 16<sup>th</sup>  
and**

**Friday, February 23<sup>rd</sup>**  
*Still available!*

**Two Day Packages to Select from  
to Customize Your Day with Friends or Family,**

**Refreshing champagne cocktails,  
light spa hors d'oeuvres,  
spa lunch, fitness classes,  
15% off all retail & product  
purchases and a  
complimentary gift bag.**

**Call the Fitness & Spa Center for details and pricing:  
(561) 622-3691**



# TAI CHI

a program for better living

## FITNESS & SPA

### MOVING FOR BETTER BALANCE

Strengthen Your Body from The Inside Out

Learn **TAI CHI**, an evidence based program containing all the fundamental elements, for stronger bones and better balance with Lisa Kirshon.

#### What you can expect when participating:

- ◆ All levels are welcome and chairs are available
- ◆ Movements are easier, safer and comfortable to learn
- ◆ Joints are never fully extended or bent too much
- ◆ Reduce pain and stiffness
- ◆ Improve confidence to reduce fear of falling
- ◆ Improve mobility, breathing, balance, mental and physical relaxation

#### CLASS SCHEDULE

Sundays at 9:30 a.m.

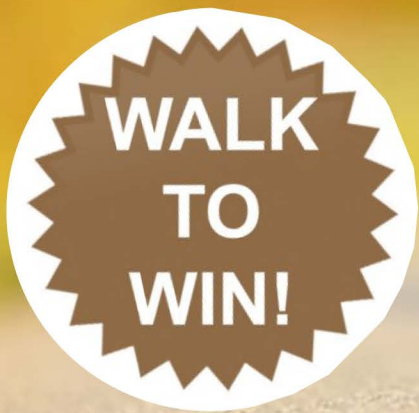
Mondays at 10:00 a.m.

Thursdays at 10:00 a.m.

*Find Joy in Your Tai Chi Practice!*



# Take the Step It Up Challenge



## February Fitness Challenge!

**Step up to the challenge and track your daily steps and win a reward.**

Ask any trainer or desk concierge staff for details to participate.

Fitness & Spa (561) 622-3691





## WHAT ARE NOVALASH LASH EXTENSIONS?

**NovaLash** lash extensions are a glamorous new way to extend the length and thickness of your natural eyelashes and are a practical, convenient and beautiful alternative to the daily use of mascara. Unlike decades-old, traditional false lashes, lash extensions are the first innovation in lash lengthening that can be worn daily without nightly removal. Because each tapered, synthetic lash is bonded to a single natural lash, the final result is effortless glamour.

Our lashes come in a wide variety of lengths, thicknesses, and curl. They can be applied lash by lash to suit any look you desire, from a touch more than natural, all the way down to the dramatic look, with many variations in between to suit any taste. Your eyelashes will look full and flawless, and best of all, the eyelash extensions feel light, natural and are long-lasting, and won't impact even the most active of lifestyles.

**For an appointment, please call the Fitness Center and Spa at 561-622-3691.**

# FRENCHMAN'S CREEK



BEACH & COUNTRY CLUB



Frenchman's Creek Beach & Country Club  
13495 Tournament Drive  
Palm Beach Gardens, Florida 33410  
Phone: (561) 622-8300

Frenchman's Creek Beach Club  
400 Celestial Way  
Juno Beach, Florida 33408  
Phone: (561) 624-3400



**Distinguished  
Club** from **BOARDROOM**  
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