





From Frieze to Silk - the History of Finnish

This year we photographed our collection in Suomenlinna, a fortress island just off Helsinki. Construction of the fortress started in 1748, around the same time the Finnish textile industry was born. A cloth factory and wool spinning mill were established in Turku due to a decree ordering army equipment to be acquired from a Finnish manufacturer.

Thus for centuries the soldiers at Suomenlinna and wool were connected. Without frieze, a heavy woolen fabric, soldiers would have found it difficult to survive the harsh weather conditions. Even today cold conditions make

Finns exceptionally good dressers.

Wool, that irreplaceable product of nature, is still held in high regard by those who enjoy the outdoors. Clothes made from pure merino wool breath with your body, are environmentally friendly and form a cornerstone of your wellbeing.

Discerning customers are increasingly choosing undergarments made of natural fibres, because they feel comfortable, are like a second skin and eventually disintegrate as part of nature's own cycle.



Textile

Other natural fibres such as silk, silk wool and organic cotton also have an important role in our collection. Our aim is to provide comfortable garments for every season and all weather conditions.

Organic quality bed linen – blankets, pillows and mattress toppers – enhances your sense of wellbeing. Try it out and discover what a good night's sleep feels like.

Dive into our collection and find your own favourites.



Ossi Näkki, Managing Director





NATURAL FIBRES Luxury of feeling good

Nature provides us with wonderful materials for supporting our wellbeing. Outfits made of organic wool, silk, silk wool and organic cotton simply feel so good that one would not have the heart to take them off at all.



Warming Organic Wool



The explanation for the unique properties of wool is in its structure and its chemical composition. Thanks to its curly nature the wool fiber binds plenty of air. This air layer equalizes the temperature between the skin and the environment. The good feeling is increased by the ability of the wool to absorb moisture, up to 30% of its weight, as well as the ability to clean itself. Wool absorbs and neutralizes the skin secretions, so these do not form a breeding ground for bacteria. Wool clothes do not need to be washed often, as just airing helps them to freshen up and become clean. Wool is suitable for almost everyone, as the wool itself does not contain ingredients that cause allergies. Only the finest types of wool are suitable for underwear. Ruskovilla organic wool is very thin, long fibers and soft merino wool, which is seven times thinner than the wool of finnish sheep.

Colour options:



Lovely Natural Silk



Silk clothing touches the skin gently, almost caressing. Silk texture is very close to the composition of human skin, and thanks to this, silk feels good to even the most sensitive skin. Silk absorbs moisture without feeling wet. Thanks to good thermal insulation properties the silk is warm in cool weather and cool in hot weather. Like wool, silk repels dirt and neutralizes odors. A person with sensitive skin can choose the silk layer, say, under a winter sports suit.

The precious natural fiber known for thousands of years is topically right today, its therapeutic properties can alleviate many of the ailments specific to our times such as skin allergies and rheumatism. The silk thread used by Ruskovilla has been granted the safe textile certificate Öko-Tex Standard 100.

Colour options:





RUSKOVILA®

A pioneer in natural clothing in Finland, already from 1981.

For more information on our natural fibers see: www.ruskovilla.fi/materials

Comfortable Silk Wool



Sustainable Organic Cotton



30/70 silk wool has the wonderful warmth of wool and the sweet softness of silk. Soft merino wool and pure natural silk operate as a combination for summer and winter. As a material, silk wool is thin, soft and elastic, giving the skin a wonderful feeling of warmth. Silk wool helps you feel good.

Silk wool clothes are best suited under your everyday clothing as well at home as outdoors. Silk wool clothes are also suitable for the summer; on a camping trip, it is great "sleep underwear". People with holiday homes and boaters appreciate their silk wool underwear in Finland's cool summer and autumn weathers.

We do not recommend silk wool outfits for the actual sweat exercise, because the intense sweating, combined with mechanical stress can easily cause premature felting of the garment.

Colour options:



Cotton is relatively durable and smooth-surfaced fiber. On the skin cotton clothing is comfortable and breathable, but it does not isolate heat like wool and silk. Cotton absorbs moisture well and its washability is very good. Cotton is ideal for itchy skin and so strongly allergic people can use clothes made of cotton. Undyed organic cotton can be recommended for underwear material especially for infants and children with sensitive skin.

The cotton used by Ruskovilla is organically farmed Indian cotton. In the cultivation of organic cotton is used a.o. biological pest control, organic fertilizer, crop rotation and hand-picking as well as social responsibility for the farmers and their families.

Colour options:



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CONTENT

Adults WOOL

VVOOL	
Outdoor underwear	10-11
Basic underwear	12-13
Polo shirt,	
short underpants	14-15
Accessories	16-17
Warmers	18-19
SILK/WOOL white	20-21
SILK/WOOL black	22-23
SILK	24-25

Children

WOOL

11001	
Basic underwear	28-29
Bodysuits	30-31
Accessories	32-33
SILK/WOOL white	34-35
SILK/WOOL black	36-37
SILK	38
ECOLOGICAL COTTON	39

Babies

WOOL	42-45
SILK/WOOL	46-47
SILK	48-49
ECOLOGICAL COTTON	50-51
NAPPIES	52-55
NURSING	55
Classic SHEEPSKINS	56-57

Bedclothes

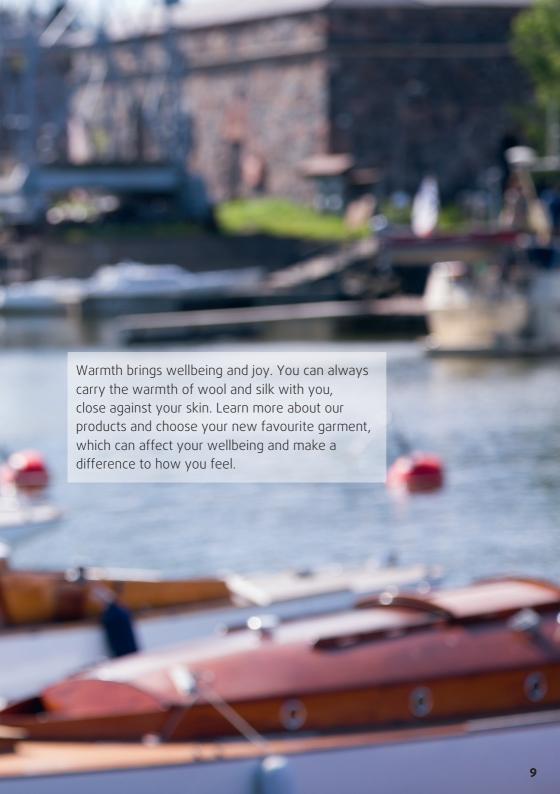
Adults and children60-	-61
Babies62-	63
MILLET HUSK PILLOW64-	65

IIIIO	
Measurement table68	
Repelling moths etc69	
Washing and care70	
Washing detergents71	
Factory shop 72.72	













Outdoor shirt

- No shoulder seams: backpack straps won't chafe.
- A protective reversible collar with a wind flap under the zipper.
- Long sleeves that reach the knuckles protect the wrists from frost and wind, wristbands have separate thumbholes.
- Extended rear hem keeps your lower back warm.



OUTDOOR SHIRT 99 €		
Colour	Product no.	Sizes
GREEN	1321	XS-XXL
RED	1326	XS-XXL
BLUE	1327	XS-XXL
BLACK	1329	XS-XXL

Outdoor underpants (long johns)

- Fit men and women.
- Adjustable rubber waistband.
- Double-layer gusset at front and rear keeps you warm.
- Double-layer reinforcement on knees provides extra warmth.
- Rib knitted legs: trouser legs fit well into boots.



OUTDOOR UNDERPANTS 99 €		
Colour	Product no.	Sizes
GREEN	1481	XS-XXL
RED	1486	XS-XXL
BLUE	1487	XS-XXL
BLACK	1489	XS-XXL





UNDERSHIRT 59,50 €		
Colour	Product no.	Sizes
WHITE	1210	XS-XXL
GREEN	1211	XS-XXL
RED	1216	XS-XXL
BLUE	1217	XS-XXL
BLACK	1219	XS-XXL



The blue woollen garment set is also available in a longer version. See p. 68.

UNDERPANTS MEN'S 59,50 €

Colour	Product no.	Sizes
WHITE	1400	S-XXL
GREEN	1401	S-XXL
BLUE	1407	S-XXL
BLACK	1409	S-XXL



UNDERPANTS WOMEN'S 59,50 €

		-
Colour	Product no.	Sizes
WHITE	1410	XS-XL
GREEN	1411	XS-XL
RED	1416	XS-XL
BLUE	1417	XS-XL
BLACK	1419	XS-XL



MERINO WOOL keeps you warm even when moist

POLO SHIRTS

A polo shirt can be used to form a set of underwear with either basic underpants or with outdoor underpants (see previous spread). It is at its best in winter activities. Polo collar protects the neck and throat from draft and cold.

SHORT UNDERPANTS for men and women

Act as additional protection both under trousers and skirts.



POLO SHIRT 62 €		
Colour	Product no.	Sizes
GREEN	1311	XS-XXL
RED		XS-XXL
BLUE		XS-XXL
BLACK	1319	XS-XXL



SHORT U	INDERPAN	TS 41	€
Colour	Product no.	Sizes	

Colour	Product no.	Sizes
BLACK	1449	XS-XL



MERINO WOOL warms from head to toe

ACCESSORIES

Complete your outfit with woollen mittens, socks, and headwear and avoid being caught by cold. It is important to protect the extremities of the body as they will cool down more quickly than the rest of the body. Nothing beats wool in winter conditions: the warmth it produces is pleasant, yet you do not feel sweaty.

Humans usually regulate heat through sweating from the head. A woollen cap warms even when damp and does not feel cold even when sweaty. A woollen balaclava bonnet or a woollen neck warmer offer good protection. For people with sensitive skin Ruskovilla collection also includes a real silk balaclava bonnet and mittens with silk lining.

A full face bonnet provides adequate basic protection for the face against strong cold wind.

In wintertime, toes can often feel cold; then it is the fully woollen **socks** that keep your feet warm and dry. Ruskovilla woollen socks can even be used all around the year as they fit in various types of shoes. When using Ruskovilla woollen socks in boots and hiking shoes, we recommend that you wear them under a thicker sock, as they will last longer this way. You can also acquire mending thread from us!

Tips: Warm woollen socks help you to fall asleep.







MITTENS 20,50 €					
2-layered wool					
Colour	Product no.	Sizes			
WHITE	1140 *)	S, M, L			
GREEN	1151	S, M, L			
RED	1156	S, M, L			
BLUE	1157	S, M, L			
BLACK	1159	S, M, L			
1) 61 10 0 1					



WOOL	BONNET 2	20,50 €		
100 % wool				
Colour	Product no.	Sizes		
WHITE	1030-A	one size		
GREEN	1031-A	one size		
RED	1036-A	one size		
BLUE	1037-A	one size		
BLACK	1039-A	one size		



PROTECTIVE HEADWEAR 22,50 €				
2-layered wool				
Colour	Product no.	Sizes		
WHITE	1040-A	one size		
GREEN	1041-A	one size		
RED	1046-A	one size		
BLUE	1047-A	one size		
BLACK	1049-A	one size		

34-36

37-39

40-42

Sizes



CAP 22,50€				
2-layered wool				
Colour	Product no.	Sizes		
WHITE	1050-A	one size		
GREEN	1051-A	one size		
RED	1056-A	one size		
BLUE	1057-A	one size		
BLACK	1059-A	one size		



11130EE3 7,30 C/Pail
100 % wool, on the other side jute covered with india rubber to keep them steady.
Nr. 1860
36 - 48, add size number after code

INSOLES 950 € /pair







100 % wool

100 % wool with terry soles, reinfoircement on heel and tip								
Colour	WHITE	WHITE	WHITE	WHITE1	BLACK	BLACK	BLACK	В
Product no.	1800-10	1800-14	1800-16	1800-18	1809-10	1809-14	1809-16	18

ANKLE SOCKS 14,90 €

WHITE1 BLACK	BLACK	BLACK	BLACK	1000	Colour	WHITE	BLACK
1800-18 1809-10					Product no.	1910	1919
43-45 34-36	37-39	40-42	43-45		Sizes	50 g	50 g





Warmers

Knee warmers

Product no. 1630, white Product no. 1639, black Sizes S, M, L, XL



Wrist warmers

Product no. 1620, white Product no. 1629, black one size

€ 15,50/pair





Shoulder warmer

Prod. no. 1600, white Prod. no. 1609, black Sizes XS, S, M, L, XL, XXL

€ 42,-

Hipster/Waist warmer

Product no. 1610, white Product no. 1619, black Sizes S, M, L, XL

€ 42,-

Leg warmers

Product no. 1640, white Product no. 1649, black one size

Bolero, women's, long sleeves

€ 49,50





ADULTS · WOOL · WARMERS · 19





SILK WOOL feels comfortably



Undershirt sleeveless unisex, black Product no. 4279 Sizes XS, S, M, L, XL € 41,-



Undershirt short sleeves unisex, black Product no. 4229 Sizes XS, S, M, L, XL € 52,-



Undershirt long sleeves unisex, black Product no. 4219 Sizes XS, S, M, L, XL € 59,50



Underpants
men's, black
Product no. 4409
Sizes XS, S, M, L, XL
€ 59,50

SILK WOOL

- 70 % wool
- 30 % silk









100 % REAL SILK

- light, soft, and breathable
- balances temperature: warm in cold and cool in hot
- its smooth and flat fibre suits even to the most sensitive skin
- absorbs moisture very well without feeling wet
- off-white and black

Undershirt long sleeves

Product no. 2210, white Product no. 2219, black Sizes S, M, L, XL

€ 99,50



Undershirt sleeveless

Product no. 2230, white Product no. 2239, black Sizes S, M, L, XL € 66,-



Underpants women's

Product no. 2410, white Product no. 2419, black Sizes S, M, L, XL

€ 99,50



Underpants men's

Product no. 2400, white Product no. 2409, black Sizes S, M, L, XL € 99,50



Product no. 2030-A, white Product no. 2039-A, black € 36,-





CHILDREN

Ruskovilla products show children from a young age how warmth affects wellbeing. And that you can stay comfortable even in challenging conditions.

Our selection includes soft underwear perfect for wearing under clothes to school or kindergarten, garments for the autumn and spring seasons, and clothes suitable for layering during the coldest period of the year.





MERINO WOOL warms conviniently





Undershirt

Product no. 1210, off-white Product no. 1217, blue Product no. 1216, red Sizes 80, 90, 100, 110 cm € 34,-

120, 130, 140, 150 cm **€ 42,-**



Underpants, short-legged adjustable waist band Product no. 1447, blue Sizes 100, 120, 140 cm € 28,50



Underpants, long-legged

reinforced knees (not in size 150) double-layered wedge on the rear, adjustable rubber waist band

Product no. **1410**, **off-white**Product no. **1417**, **blue**Product no. **1416**, **red**Sizes 80, 90, 100, 110 cm
€ **34**,120, 130, 140, 150 cm

120, 130, 140, 150 cm **€ 42,-**





ACCESSORIES made of organic wool and silk

Fleecy merino wool is also a wonderful material for children's mittens, socks, and headgear. Wool has an extraordinary quality to balance warmth and it stays warm even when wet.



BALACLAVA BONNET 19,50 €

100 % wool

Colour	Product no.	Size
white	1030-2	1-2 yrs
\bigcirc	1030-4	2-4 yrs
	1030-6	5-8 yrs

blue	1037-2	1–2 yrs
	1037-4	2-4 yrs
	1037-6	5-8 yrs

red ,	1036-2	1-2 yrs
	1036-4	2-4 yrs
	1036-6	5-8 yrs





NECK WARMER 19,50 €

100 % wool children's size

Colour	Product no.
white	1080-C
\bigcirc	
blue	1087-C

red	1086-C

The one-size neck warmer fits a toddler as well as a school-aged child.





MITTENS 19,50 €

100 % wool

off-white: with silk lining, coloured: double-layered wool

Coloui	Product no.	2176
white	1140-1	1 yrs
	1140-2	2-3 yrs
	1140-4	4-6 yrs
	1140-5	7-10 yrs

blue	1157-1	1 yrs
	1157-2	2-3 yrs
	1157-4	4-6 yrs
	1157-5	7-10 yrs

red	1156-1	1 yrs
	1156-2	2-3 yrs
	1156-4	4-6 yrs
	1156-5	7-10 vrs



ANKLE SOCKS 11,30 €

100 % wool with terry soles

Colour	Product no.	Size
white	1800-3	22-24
	1800-4	25-27
	1800-6	28-30
	1800-8	31-33
black	1809-3	22-24
	1809-4	25-27
	1809-6	28-30
	1809-8	31-33



BALACLAVA BONNET 32 €

100 % real silk

Colour	Product no.	Size
white	2030-2	1–2 yrs
\bigcirc	2030-4	2-4 yrs
\bigcirc	2020 6	F 0 1/50



INSOLES 7,50 €

100 % wool, on the other side jute covered with india rubber, can be cut to size with scissors.

Product no.	Siz
1860-28	28
1860-30	30
1860-32	32
1860-34	34
1860-35	35

SILK WOOL for kindergarten and school WASHING INSTRUCTIONS









Undershirt long sleeves
Product no. 4219, black
Sizes 120, 130, 140, 150 cm
€ 42,-



Underpants

Product no. **4419**, **black** Sizes 120, 130, 140, 150 cm **€ 42,-**



Undershirt sleevelessProduct no. **4239, black**Sizes 120, 130, 140, 150 cm **€ 26,50**



Undershirt short sleevesProduct no. **4229, black**Sizes 120, 130, 140, 150 cm **€ 37,50**



SILK Cares for the sensitive skin



Undershirt long sleeves

Product no. **2210** Sizes 80, 90, 100, 110 cm

€ 52,-

120, 130, 140, 150 cm

€ 62,-



Underpants

with reinforced knees (not available in size 150) Product no. **2410** Sizes 80, 90, 100, 110 cm € **52,-**

120, 130, 140, 150 cm

€ 62,-



Balaclava bonnet

Product no. Size

2030-2 1–2 vrs

2030-4 2–4 yrs

2030-6 5–8 yrs

€ 32,-



ORGANIC COTTON clean, soft and durable



Undershirt long sleeves

Product no. 3210 Sizes 80, 90, 100, 110 cm

€ 18,-120, 130, 140, 150 cm

€ 23,50



Underpants

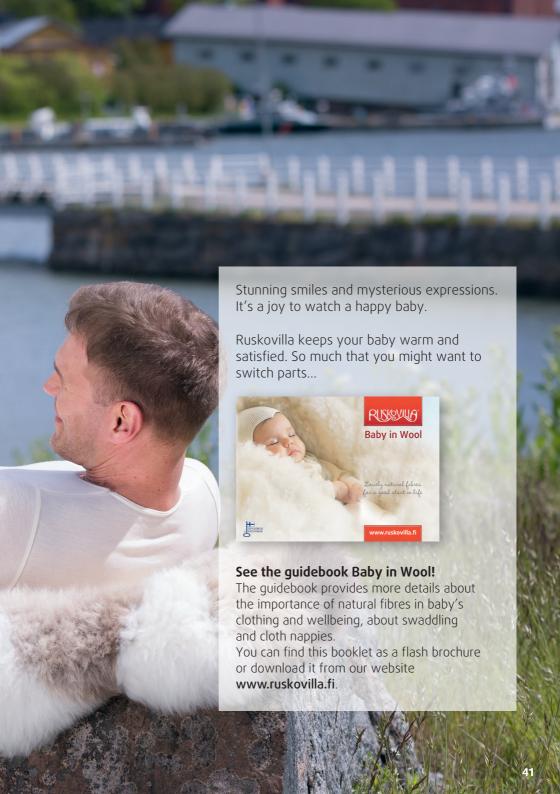
Product no. 3410 Sizes 80, 90, 100, 110 cm € 18,-

120, 130, 140, 150 cm

€ 23,50







MERINO WOOL supports the baby's well being





- the softest wool of all
- off-white
- feels good on the skin
- pleasantly flexible
- warms comfortably
- breathes and does not make you sweat
- absorbs moisture without feeling wet
- keeps you warm even when moist
- neutralizes body odour
- airing helps to remove odours
- is fireproof

Bodypants

Product no. **1540**Sizes 60 and 70 cm
€ **29,**-



Bodypants

Product no. **1540** (Sizes 80 and 90 cm





Rompers

Product no. **1520** Sizes 60 and 70 cm

€ 29,-



Baby shirt

Product no. **1200** Sizes 60 and 70 cm

€ 24,-



MERINO WOOL warms comfortably





An excellent gift article!

Outdoor set for baby in a Baby in wool (in finnish) and

Outdoor set Product no. 1000 € 99,-

Bodysuit

€ 69,-

a full length zipper, with feet Product no. 1550 Sizes 50, 60, 70, 80 cm



Balaclava bonnet

Product no. 1030-0 Size 0



Product no. 1030-1 Size 0-1 vr

€ 19,50

Sleeping sack

Product no. 1570 for baby up to 1 year, with adjustable shoulder straps and poppers at the bottom € 49,-



beautiful gift box. The set includes a bodysuit 60 cm, balaclava bonnet 0-1 yr, mittens without thumb, the guidebook a sample of washing liquid.

Mittens without thumb

with silk lining Product no. **1140-0**

€ 19,50

Socks

Product no. Size 1800-0 15-16 1800-1 17-18 1800-2 19-21

€ 10,30













baby shirt 50 cm (sleeves with fingers-over-twist), rompers with feet 50 cm, guidebook Baby in wool (in finnish) and a sample of washing liquid.

The shirt and the bonnet have a cute Ruskovilla-logo.



Bodypants short sleeve Product no. 4530 Sizes 50, 60, 70, 80, 90 cm € 26,50



Underpants
Product no. 4410
Sizes 60 and
70 cm
€ 29,-

Bodypants







The silk bonnet protects the newborn's still-open crown area and also provides protection from the surrounding environment's noises, which can irritate the baby's sensitive hearing. The baby's head is relatively large compared to the rest of its body, which means that the heat loss through the head is significant. Head covered with a silk bonnet, the baby stays warm, and the bonnet can be worn around the clock. If the silk bonnet is too large for the newborn, the bonnet can be tied into a knot at the top of the head using a narrow silk or cotton ribbon.



Baby's silk bonnet

100 % real silk Product no. Size

2060-0 Tiny

0-3 months, newborn 2060-1 3-6 months

2060-2 2060-3 6-12 months 2060-4 12 months -

€ 32,-

Baby shirt

100 % real silk Product no. 2200

Sizes 60 and 70 cm

€ 42,-

Balaclava bonnet

100 % real silk

Product no. 2030-0 Size 0 yr Product no. 2030-1 Size 0-1 yr

€ 32,-

Underpants

Product no. 2410 sizes 60 and 70 cm

€ 42,-

100 % REAL SILK

- · clean and safe
- off-white
- light, soft, and breathable
- balances temperature very well: warm in cold and cool in hot
- its smooth and flat fibre suits even to the most sensitive skin
- absorbs moisture very well without feeling wet



ORGANIC COTTON smooth and breathable

Baby shirt

100 % organic cotton Product no. **3200** Sizes 60 and 70 cm € **16**,-



Bodypants

100 % organic cotton Product no. **3540** Sizes 60, 70, 80 and 90 cm



€ 21,-

Rompers

100 % organic cotton Product no. **3520** Sizes 60 and 70 cm € **21.**-



Nappy pants

100 % organic cotton Product no. **3460** Sizes 60 and 80 cm



€ 9,10

Did you know that

A newborn's skin is just about one fifth as thick as an adult skin.

Therefore, it is much more sensitive to any external irritants, such as dyes, bleaches and finishing substances, which pass easily into the body through the baby's thin skin.

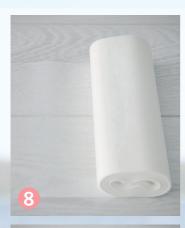
Natural white baby clothes of Ruskovilla are a safe choice, as they contain nothing redundant that could irritate the baby's sensitive skin.

100 % ORGANIC COTTON

- off-white
- the soft surface does not irritate even the most sensitive skin
- well suited for babies with allergies
- made from hand picked cotton
- unbleached and without any chemical residues



RUSKOVILLA Ecological nappy products



1. Cotton nappy

organic cotton, oxygen-bleached Product no. **3730** Size approx. 85 x 85 cm Weight approx. 110 g

€ 20,- / 4 nappies

6. Nappy pants, long-legged

100 % wool, double layered

 Size
 Product no

 0-1 yrs
 1500-60

 1-2 yrs
 1500-80

 over 2 yrs
 1500-90

€ 29,-

2. Underpants

100 % organic cotton Product no. **3460** Sizes 60 and 80 cm

€ 9,10

7. Nappy pants, long-legged

100 % wool, double layered Size Product no

40 cm **1500-40** Premature 50 cm **1500-50**

50 CIII **1500-3**

€ 29,-



100 % wool,
3-layered
Threaded inside
the cloth nappy
for added suction
Size approx. 12 x 32 cm
Product no. 1710
€ 13,10 / 2 pc

8. Rice paper

decreases soiling of the nappy 100 pieces/roll, biodegradable Product no. **8705**

with grips on each end.

9. Snappi diaper fastener, T-shaped

fabric to ensure a well fitting nappy

These grips embed in the nappy

€ 4,-



ecological
cotton flannel
Product no. **3710**Size approx. 40 x 40 cm
€ **11,-/3 nappies**

€ 3,60 / 2 pc

Product no. 8706

10. Flocky yarn

100 % wool Product no. **1900** 100 g ball of yarn **€ 6,50**

Flocky yarn is an untwisted pre-stage of normal knitting yarn, it is soft and absorbent and is suitable for handknitting of e.g. nappy pants.

You can also knit nappy pants for your baby from flock yarn. Smaller pants require approximately 70 grams of yarn and larger pants approximately 100 g. Instructions are included for knitting various different models of nappy pants, and a bonnet and booties. (Instructions only in finnish and swedish).



5. Nappy pants, short-legged 100 % wool.

double layered Size Product no

0-1 yrs **1510-60** 1-2 yrs **1510-80**

€ 25.-

CLOTH NAPPIES are comfortable for the baby

Ruskovilla is the classic of cloth nappies!

Materials 100 % organic wool 100 % organic cotton off-white

Wool pants are the secret of the nicest cloth nappies

Cotton nappy and woollen nappy pants are a natural combination, in which a child feels comfortable - it efficiently absorbs moisture and still remains warm and feels dry. It does not make you sweat, cause diaper rash or tighten.

> The baby wears bodypants and long-legged nappy pants

Wool makes Ruskovilla cloth diapers comfortable for your baby

- Wool absorbs moisture well without feeling wet
- Wool generates warmth even when damp
- Wool is self-cleaning, airing reduces the need for washing
- Wool breathes, woollen nappy pants can also be used in summer

Cloth nappies will bring many benefits for the baby, as well as for the family and the environment

- It is gentle option on baby's skin
- cloth diapers are always more economical than disposable diapers
- use of cloth nappies is a environmentally sustainable option
- · potty training will become easier
- the same cloth nappies can be recycled for more children

Read more from the guidebook Baby in Wool.

These will get you started:

- 24 cotton nappies (folded in triangular form)
- 9 extra flannel or wool nappies for the night or outdoor use
- two sets of long-legged and two sets of short-legged nappy pants
- wool-washing agent, bile soap, wool conditioner

When your baby grows:

- the same cotton nappies (folded in rectangular form)
- 15 additional extra flannel or wool nappies (an extra nappy is always handy when the baby grows)
- 4 pairs of larger nappy pants
- underpants or bodysuits to keep the nappy in place.

Before use wash the nappy pants by hand. It is also recommended to wash new cotton nappies a couple of times by hand before use so that they reach the optimal absorption capability.

Helping the nursing mother

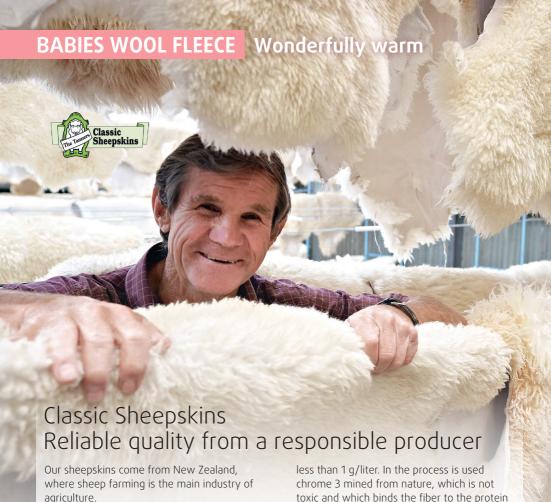


For breast protection, Ruskovilla has designed soft woollen and silk breast warmers and bra protectors made of ecological cotton, which help to take care of breasts. Milk-filled breasts are sensitive to cold, wind, and draft. Moist nipples should be protected throughout the entire time of nursing and kept warm to avoid painful breast infection.



Breast warmers ø approx 20 cm silk and wool Product no. 2650 € 19.- / pair Bra protectors ø approx. 10 cm 100 % ecological cotton Product no. 3650 € 8,50 / 2 pair

In freezing weather, you can also protect your breasts with an elastic **waist warmer**, Product no. **1610** (p. 17) $(S, M, L) \in 42$,



- The skins are supplied to us by Classic Sheepskins, a company founded by Maurice Callaghan in 1969.
- The skins used for babies are carefully selected with extreme care. Hair length and diameter are defined precisely. They are tanned according to the requirements of the New Zealand Wool Board and they must be treated to be permanently hygienic.
- The factory is ISO 9001 certified, which means that every step is under observation and the entire operation is transparent and certified.
- In the tanning process are used alum and chromium compounds. Chromium is mainly used to improve the skins wash-ability. The amount of chromium is very small compared to the amount used by most manufacturers,

without leaving a trace. No formaldehyde is used at any stage of the process.

• The factory is a pioneer in developing new, alternative tanning procedures, such as natural air-drying in the sun of Hawkes Bay. (Figure)

Maurice Callaghan has over the years become our good friend; we meet every year and improve the world together. We in Ruskovilla have also visited New Zealand exploring the different phases of production. There are a surprising number of things in common between us, even though we live on different sides of the world. Our causes for concern are e.g., environmental issues, as well as the many producers who irresponsibly tan skins with questionable methods.



Wonderfully warm wool fleece for your baby

The high quality washable sheep's wool fleeces by Ruskovilla are made so that they are safe for your baby: they are treated to be constantly hygienic and contain no detrimental elements, they are also tanned to be machine-washable. Wonderfully warm and multipurpose fleece can be used in the baby's crib or bed, on the floor, in the pram, or in a car seat. Wool fleeces are excellent during trips as they make your baby feel just like at home.

Sheep's wool fleece, machine-washable White

Product no. 7904

Honey-coloured Product no. **7905**

Size approx 85 x 70 cm

€ 85,-











Nature is present also in your home

1. Wool Duvet Adult size

Product no. 7850-A Size 150 x 205 cm € 169,-

2. Wool Mattress overlay Adult size Product no. 7860-A Size 80 x 200 cm € 139,-

3. Wool Pillow Adult size Product no. 7870-A Size 45 x 55 cm € 32,-

Wool Duvet Children's size Product no. 7850-C Size 120 x 150 cm € 112,-

Wool Pillow Children's size Product no. 7870-C Size 35 x 45 cm € 23,50

4. Silk Duvet

filling silk wadding (Öko-Tex) made from Ruskovilla's silk patches, covered with dense organic cotton cloth

3

Adult size

Product no. **7820-A** 150 x 205 cm

€ 229,-





• Cover material 100 % organic cotton

 Our bedclothes are also available in custom sizes in 5 cm increments. Please contact our customer service for prices and delivery time. Deliveries of custom sizes only directly from the factory.









1. Cover for changing table

100 % wool teddy Product no. 7800 Size approx. 75 x 90 cm € 57,-

2. Silk Duvet (Hefel)

Top layer of dense cotton cloth, silk wadding filling Product no. 7855-B Size 80 x 100 cm € 58,-

3. Millet husk pillow

(see also page 65) Cover material of dense organic cotton cloth, millet husk filling Product no. 7880-B Size 25 x 35 cm € 17,-

4. Baby blanket

soft organic wool tricot triple-layered, topmost layer decorated wool Product no. 7810 Size approx 70 x 95 cm € 59,-

5. Swaddle cloth

Soft, unbleached ecological cotton flannel Product no. 3720 Size approx. 80 x 120 cm € 20,-

6. - 7. Sheep's wool fleece, washable

White Product no. 7904 Honey-coloured Product no. 7905 Size approx. 85 x 70 cm € 85,-

Baby's **sleeping sack** see p. 45

A soft start for life

Babies spent most of their time sleeping: therefore it is particularly important to choose their bed clothes carefully. Natural fibres help the baby fall into a peaceful sleep; they breathe and keep the child's temperature suitable.

A swaddling cloth / light summer blanket

Baby will feel warm and safe inside a swaddling cloth as it gives the same close feeling that the baby felt inside the womb. Swaddling cloths can be used at least during the two-three first months. It also is a splendid light summer blanket.

Washable sheep's wool fleece for your baby

Read more on CLASSIC Sheepskins on p. 56.















The whole family's favourite pillow

The filling of millet husks pillows consists, according to its name, of millet husks or the inedible shells of grain. Small bowl shaped husks form the porous filling, which adapts to the smallest movements.

Supports the head properly

Many of us have neck pain and tension caused by stress or incorrect work position. If the neck muscle groups get enough rest and support during the night, they recover and withstand more stress during the day. Many physiotherapists and massage therapists recommend millet husk pillows for their patients suffering from neck pains.



Good properties of a millet husk pillow

- supports everybody in an individual way and always adapts to the sleeper
- the amount of filling can be increased or decreased to suit your desires
- inside of the pillow the air circulates and keeps you comfortable all night
- easy to maintain and long lasting



MILLET HUSK PILLOW

- Cover material 100 % organic cotton, zipper at the side
- Filling millet husks from ecologically sound farms

MILLET HUSK PILLOW

For babies

Product no. **7880-B**Size 25 x 35 cm
Filling approx. 250 g of husks
€ **17,-**

For children

Product no. **7880-C**Size 35 x 45 cm
Filling approx. 750 g of husks **€ 34,-**

For adults

Product no. **7880-A**Size 45 x 55 cm
Filling approx. 1,5 kg of husks
€ **47,-**

Millet husks by weight

for filling pillows

Product no. Weight Price **T-2501-05** 0,5 kg € **9,50 T-2501-10** 1,0 kg € **19,-T-2501-15** 1,5 kg € **28,50**





MEASUREMENT TABLE

The measurements shown in the table are body measurements. Compare your own body measurements with those in the table, and select the appropriate size accordingly.

Adult sizes		XS	S	M	L	XL	XXL
Body measurements:							
Chest circumference		79-86	87-94	95-102	103-110	111-120	121-128
Waist circumference		63-70	71-78	79-86	87-95	96-105	106-115
Hip circumference		89-94	95-100	101-107	108-115	116-123	124-132
Side length (from waist	to ankl	e)					
men		106	108	110	113	116	
women		98	100	102	104	104	
Unisex		101	104	107	110	113	116
Children's sizes		100	110	120	130	140	150
Body circumference		59	63	67	70	74	78
Sleeve length+shoulder		43	47	51	56	60	64
Side length (leg)		59	66	73	80	86	92
							-
Babies´ sizes	50	60	70	80	90	8 5 6	
Rody circumference	48	50	52	54	56	Water Barrier	S. Carlot

90
56
39
52

BLUE WOOLLEN GARMENTS FOR TALLER CUSTOMERS!

Our size tables are based on the average values of different body types and lengths. Therefore, most of our customers can find a suitable size from our product range.

However, people are becoming taller, and the likeliness of finding yourself outside the size table has increased recently.

The blue woollen garment set for adults – see p. 13 – is available in a longer version (legs + 10 cm, sleeves and hem + 5 cm).



Protect your woollen garments against clothes moths and fur beetles

All organic matter gradually returns to the circle of nature. Our environment is swarming with nature's tiny 'helpers', which are indispensable decomposers, pollinators and objects of nourishment from the aspect of nature. However, some of these are rather bothersome creatures when straying to human abodes, especially moths and fur beetles, the larva of which use the keratin protein in wool for their principal source of nutrition.

Ruskovilla woollen garments are not protected against moths, since moth repellents are harmful to the health of people.

CLOTHES MOTH

The clothes moth is a small, one-colour, slightly golden yellowish brown butterfly with a head the colour of deep rust brown. Clothes moths have spread all over the world alongside humans. In cities they mostly live in the nests of domesticated doves and other animals bred in buildings, but can nest also in peoples' homes, especially if something they can feed on is available. They can breed several generations in a year. Flight is most numerous in spring and from the early summer when the sun starts to warm things up.



FUR BEETLE

Adult fur beetles are smallish, almost hemispherical dark brown insects, whose bodies are covered by fine and thick hair. In Finland fur beetles occur only in heated premises, such as apartments and storerooms. An adult fur beetle eats nothing and can be encountered around the year. They fly well, which contributes to their spreading, for example, in apartment buildings. Adult beetles seek light, and can often be found on window-sills. Fur beetles breed three to four generations in a year. In woollen clothes the larvae eat irregular holes, which are often close together.

Source: publication Rohmut ja Riesat by the Finnish Museum Association, 2005.

NATURAL SUPPRESSION METHODS

Store in a plastic bag: When a woollen garment is no longer in continuous use, it would be good to store it in a tight plastic bag (such as the bag into which the product was initially packaged).

Freezing: Freezing (in summer) and placing into a cold environment (-20 °C) is an efficient deterrent, resulting in the death of all individuals from eggs to adults.

RED CEDARWOOD DISCS

Moths and beetles can be deterred successfully by placing cedarwood discs in the wardrobe. The wood's cedar oil, with its pleasant smell, functions as a natural non-toxic moth repellent. With its fresh smell red cedar also repels fur beetles, silver fish, cockroaches, fleas and ants.

MOTH TRAP - GLUE TRAP FOR CLOTHES MOTHS

Contains: 1 glue pad with integrated attracting substance (pheromone)

Effective duration: 12 weeks from opening the protective package.

The attractant vaporises into the air, disperses in the environment and lures male moths who are seeking mates and are then caught in the glue trap. This prevents the fertilisation of female moths and the number of moths continuously decreases.

Washing and care are part of the ecology of a garment

Treat the lovely natural fabrics correctly, so that they serve you better and longer.

Care instruction	Wool & Silk wool	Silk	Organic cotton			
Washing	by hand or with a hand- wash program 30°C	by hand or with a hand- wash program 30°C	in a washing machine 40-60°C			
Detergent	Sonett Washing liquid for Wool and Silk or Olive Oil Soap. Stains disappear with Sonett Gall Soap. Airing extends washing Intervals. It is recommended to treat woollens that need to be washed often with Sonett Wool Conditioner.	Sonett Washing liquid for Wool and Silk or Olive Oil Soap. Stains disappear with Sonett Gall Soap. Airing extends washing Intervals.	Preferably use a nature- friendly fast decomposing detergent. Stains disappear with Sonett Gall Soap.			
Drying	• Soft spin • Do not tumble dry • Shape clothing whilst damp					
Storing	 Protect wool from moths a When clothing is not being plastic bag 					

BEDCLOTHES

Duvets and mattress overlays

A sufficient care for these is light brushing and regular airing.

- Dry cleaning.
- Do not wash with water as wool wadding would get clumpy in water.
- Stains can be removed with gall soap. Rub the dry stain with dampened soap, let it affect for a moment, and rinse carefully under running water or with a soft dampened sponge.
- Fight house dust mites by keeping the bedclothes for an hour in a hot sauna (60°C) or outside in about minus twenty degrees for 24 hours.

Sheep wool fleeces

- Air and shake outdoors weekly.
- Brush now and then, so that wool fibres remain elastic. Use a coarse steel comb or brush.
- Stains can be rinsed away under running water.
- If washing of the entire fleece is necessary, it can be machinewashed with a wool-wash programme (30°C) and with Sonett washing liquid. Light spin.
- You can stretch the fleece into shape after wash.
- Hang the fleece to dry from two edges, preferably outdoors.
- Do not hang close to a heat source or into sunlight.
- As the fleece's hair is wool, it will slightly curl when washed.

Millet husk pillow

- Use covered with a pillowcase.
- When the cotton cover needs washing, open the fastener and shake the husks out into a suitable container.
- Wash the cover in a washing machine (40-60°C).
- Refill the clean cover with the husks.
- The husks don't need to be washed as they don't accumulate moisture or odours.
- The millet husks should be replaced with new ones in around every 3-5 years.
- The old husks should be put to a biological waste centre.
- You can acquire new husks from Ruskovilla.

SONETT Product Family



Sonett uses tensides only from renewable raw materials that can be broken down in five to seven days. Ecological olive or rape oil and volatile oils are used as rawmaterial for soap. Sonett products do not contain petrochemical products, enzymes that cause allergic reactions, chlorine compounds, phosphates, synthetic perfumes, or colorants.

SONETT - WASHING LIQUID FOR WOOL AND SILK, neutral

Ingredients: Olive oil soap, sugar surfactant, rapeseed oil soap, vegetable alcohol (ethanol), citrate, water. Due to the fat in the olive oil soap. protein fibres like wool and silk maintain their elasticity.

Suitable for hand- and machine-washing at temperatures up to 40°C

Product no S-4725 Size: 500 ml € 9,50 Product no. **S-4724** Size: 120 ml € 3,20

SONETT - GALL SOAP for stain removal

Ingredients: soap boiled from palm and coconut fat, bovine gall, chlorophyll. An incredibly effective stain remover, suitable for removing grease, blood, berry, fruit, wine, ink, or chlorophyll stains. Use for pre-treating shirt collars and sleeves before placing them in the waching machine. Will not harm fibres, will not leave a white ring, will not cause colours to fade, will not cover stains.

Bar of soap 100 q € 3,90 Product no. **\$-4701** Product no. **S-4702** Liquid 120 ml € 4,50



Ingredients: wool grease, olive soap, sugar tenside, lecithin, plant-derived starch, genuine volatile lavender oil, balsam. The wool care agent softens wool garments whose wool grease has disappeared (e.g. frequently washed nappy pants) and protects the wool fibres from premature wear. Wool will thus maintain its original properties, such as softness and the ability to draw in moisture.

Product no. S-4721 Size 120 ml € 5,70

RUSKOVILLA - OLIVE OIL SOAP

Olive oil content > 81 %.

For handwashing of wool and silk wear. Suitable for cleaning of leather and felting. Excellent for handwashing and shower.

Product no. **S-4730** bar of soap 100 g € 2.60

MOTH TRAP - GLUE TRAP for clothes moths

Product information on p. 69.

Product no. S-8703 1 pc € 9.50

CEDAR RINGS

Product informatrion on p. 69.

€ 6.90 Product no. **S-8701** 5 rings / package









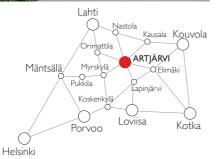
FACTORY SHOP

Welcome to visit Artjärvi









WELCOME TO RUSKOVILLA FACTORY SHOP Open Mon-Fri 9-16, Sat 10-14.

In the spacious store you can find all our products, think about them and fiddle and fit before you buy.

- On display are all the products of our catalog, RRP -10%
- In addition there are smaller batches of special products, which are available only in our store and in our online shop
- Products second choise, RRP -30%
- Toys, gifts, herbal cosmetics

Our store has unrestricted access, and the elevator will bring you (baby carriages, walkers) conveniently to the second floor.

Good parking facilities and a convenient guest toilet with a baby changing table.

We are happy to arrange factory tours for groups by appointment – an ideal trip destination for community colleges, schools, senior citizens, etc.





Our shop manager will be happy to guide you through the choices.

CUSTOMER SERVICE Tel. +358(0)3 871460

Information service on weekdays 08.30 am to 04.00 pm We will also gladly answer all your questions by e-mail at ruskovilla@ruskovilla.fi.

You are wellcome to order from our online store at www.ruskovilla.fi.

Or, you can buy Ruskovilla products from our numerous retailers, see our website for the retailer closest to you.

