Fitness Beach Fishing

Fitness Center (561) 622-3691 / Activity Reservations (561) 846-9987

Come and catch your own catch at the Beach Club. We supply and set up all the fishing equipment for your Beach Club off shore activity. Chef Ernesto can prepare your catch for lunch or dinner. You may have it poached, grilled, blackened or broiled with a variety of side dishes. For more information and reservations, please call the Beach Club at Tel: 561-624-3400.

Beach Fishing Tournament

Competition can sometimes bring out the best in people, and fishing is no exception. Catch the BIGGEST fish and have it cooked for free. We supply and set up all the fishing equipment for your Beach Club off shore activity. For more information and to reserve your place, please call the Fitness

Creek Clubs Sports Games

The Creek Club hosts a variety of games, crafts indoor and outdoor activities. Games and activities change daily and can vary from a basketball shootout, soccer, badminton, relay races, volleyball, dodge ball, kickball and more. All participants, ages workout. (\$7 per person). 6-14, will get together to have fun and play Kids ages 6 to 10 / TEEN ages 11 to 13 in a team environment. Participants may be split into age appropriate groups and Family yoga classes are structured like

the activities are supervised by our trained staff. Creek Club activities meet at the specified location on the calendar.

Beach Games

For exciting fun in the sun come out to the Beach Club and participate in a variety of activities. The beach games are for all participants, ages 6-14, and the games change daily and can vary from relay races, beach bocce ball, volleyball, dodge ball, beach kickball, Wii games, chess contests, flag football and more...

Poolside Arts & Crafts

The Fitness Pool hosts daily fun arts and crafts projects for all ages. The projects can vary from duct tape crafts, make a friendship bracelet, origami, create scratch art, rubber band jewelry and

Kids / TEEN Fitness Class

Join us on select dates for fun aerobics classes in the Fitness Center! An aerobic workout combining either various types of dance, play or yoga to improve flexibility and strength for a fun and challenging Family Yoga Class

kids yoga classes with emphasis on ner poses for kids and adults. (\$10 per family) Ages 4 to 12.

Bocce Ball

Imagine a game that combines the best of skee-ball, bowling, and shuffleboard. Bocce ball has been known under many names - like lawn bowling and is a game for all ages, gender and athletic ability.

Kayak & Paddleboard Trips:

Experience one of the best activities in town. Paddle-boarding & Kayaking are easy to learn and some great photos can be taken right by the Jupiter Light House. Age group: 12 and up, Time: Call to reserve your trip time. Location: Jupiter Square Grouper at Jupiter Outdoor Center, 116 Love Street, Jupiter, 33407. Price: \$39 per person. Please Jupiter Outdoor directly, to make your reservations, for questions or information **Tel: 561-747-0063** (weather permitting)

Jet Ski Experience by the Jupiter Lighthouse

RSVP needed: Jupiter Inlet Boat Rentals Price: \$95 per hour two passenger Jetski Age group: Requirements: must be 26 or older to operate, no age limit for riders. Time: Call to schedule your reservation. Call 561-741-1212 for reservations and information. Location: 1095 N. A1A, Jupiter, Florida,33477. @ Jupiter Seaport Marina (weather permitting)

(561) 622-1623

Adult Tennis Clinic

Tennis

All levels are welcome, pros will assign players into each court according to skill level. Men and Women are welcome. Please contact tennis pro shop for more

Children Clinics:

Ages: 3-6, learning basic eye-hand coordination. There will be lot of games. Children at this level may not be able to swing at tennis balls but they will learn the basic on how the racquet moves and how the ball bounces.

Ages 7-10 This level is going to learn the basic fundamentals of tennis strokes such as forehand, backhand, volley and serve. There will be lots of games in-between. Ages 11-15, this level is for a child who has

mastered basic tennis strokes and is ready to move up to playing level. Strong basic tennis strokes will be implemented as well as learning how to play a proper game of tennis.

JR. Singles Tennis Tournament

All levels and all ages are welcome. Each player will be categorized and placed according to age and skill level.

JR. Doubles Tennis Tournament

All levels and ages are welcome. Each players can sign up as a twosome or if he or she does not have a partner, please inform pros and we will arrange a partner.

Davis Cup

This is a team atmosphere. Each team contains two people (players in the team will be playing both single and doubles).

Each team will represent a country around the world. The objective is to play against another country and the team with the most points wins the trophy.

Parents JR. Doubles Tournament

This tournament is for an intermediate level. Children need to have a basic understanding on how to play basic tennis game. Each category will be put together according to the child's age and skill level.

Crazy Tennis

This is for a beginner level. This tournament is for parents or grandparents to enjoy being and competing with their little ones, see how they progress and utilize what he/she has learned from their lessons as well as show them what a competition is all about. NO SKILL needed!

(561) 622-1620

Junior Clinic Description

2:45 Registration for Session 1 3:00 - 3:45 pm Ages 5 to 10 3:45 Registration for Session 2 4:00 Ages 11 and UP

Family Golf Events Description

12:00 Registration / 12:45 Shotgun 9 or 18 Holes—Format: Scramble Groups may be comprised of any combination. Grandparents - Parents - Grandchildren etc. (Men, Women - Boys, Girls)

(561) 622-6370

Shows 1

Clubhouse

Golf

The shows are interactive events for kids ages 5-12 to participate in. They vary from science to wildlife to a grandmother's tea party.

Ice Skating

A fun winter wonderland family event for all ages.

Arts & Crafts

The arts and crafts is for ages 5-12 years Family friendly movies in the clubhouse. and is a variety of fun, filled art projects.

Carnival

A day of carnival rides and fun for the whole family.

Movie





Fun, Sun & Creek Club **RECREATION GUIDE FOR KIDS**

Special Happenings for the week of Monday, February 16 - Friday, February 20 FRENCHMANS BEACH & COUNTRY CLUB









Monday February 16, 2015	Tuesday February 17, 2015	Wednesday February 18, 2015	Thursday February 19, 2015	Friday February 20, 2015
9:00 am Beach Club Beach Fishing	9:00 am Beach Club Beach Fishing	9:00 am Beach Club Beach Fishing Tournament &	9:00 am Beach Club Beach Fishing	9:00-10:30 am Tennis Courts Adult Tennis Clinic
9:00-10:30 am Tennis Courts Adult Tennis Clinic	9:00-10:30 am Tennis Courts Adult Tennis Clinic	9:00-10:30 am Tennis Courts Adult Tennis Clinic	9:00-10:30 am Tennis Courts Adult Tennis Clinic	10-11am Basketball Court Basketball Ages 6-12
10-11am Basketball Court Basketball Ages 6-12	10:30—11:30 am Tennis Courts Bocce Ball Ages 6-12	10-11am Tennis Court 16 Badminton Ages 6-13	10:30—11:30 am Tennis Courts Bocce Ball Ages 6-12	11-12pm Basketball Court Soccer Ages 6-12
11-12pm Basketball	11am Fitness Center Family Yoga Class	11am Fitness Center TEEN Zumba Class Ages 11-13	11am Fitness Center Kids Yoga Class Ages 6-10	11:30 pm – 12:00 pm Tiny Tots Tennis Clinics Ages 3-6
Soccer Ages 6-12 11am Fitness Cen-	11:30 pm – 12:00 pm Tiny Tots Tennis Clinics Ages 3-6	11:30 pm – 12:00 pm Tiny Tots Tennis Clinics Ages 3-6	11:30 pm – 12:00 pm Tiny Tots Tennis Clinics Ages 3-6	12-1 pm Sharks Tennis Clinics Ages 7-10
ter Kids Zumba Class Ages 6- 10	12-1 pm Sharks Tennis Clinics Ages 7-10	12-1 pm Sharks Tennis Clinics Ages 7-10	12-1 pm Sharks Tennis Clinics Ages 7-10	1-2 pm Ages 11-15 Challengers Tennis Clinics
11:30 pm – 12:00 pm Tiny Tots Tennis Clinics Ages 3-6	1-2 pm Ages 11-15 Challengers Tennis Clinics	1-2 pm Ages 11-15 Challengers Tennis Clinics	1-2 pm Ages 11-15 Challengers Tennis Clinics	1-3 pm Beach Club Beach Games
12-1 pm Sharks Tennis Clinics Ages 7-10	1-3pm Beach Club Beach Games/2pm Volleyball	12:45 Shotgun Golf Course Family Golf Event	1-3pm Beach Club Beach Games/2pm Chess or Wi Tournament	2pm Main Pool Poolside Arts & Crafts (Color Me Bracelets)
1-2 pm Ages 11-15 Challengers Tennis Clinics	2pm Main Pool Poolside Arts & Crafts Ages 5-12 (Decorate a Cow Bank)	1-3pm Beach Club Beach Games/2pm Flag Football	2pm Main Pool Poolside Arts & Crafts Ages 5-12 (Weave A Bowl)	
1-3pm Beach Club Beach Games/2pm Flag Football	2:45-3:45 pm Practice Range Junior Golf Clinic Ages 5-10 year	2pm Main Pool Poolside Arts & Crafts Ages 5-12 (Sand Bottles)	4-6 pm Tennis Courts Boys/Girls Singles Tennis	
2pm Main Pool Poolside Arts & Crafts Ages 5-12 (Flower Pencil Toppers)	3:45-5:00 pm Practice Range Junior Golf Clinic Ages 11 & up	Jupiter Marina (Off property) Jet Ski Experience Activity	Tournament	
2:45-3:45 pm Practice Range Junior Golf Clinic Ages 5-10 year	Jupiter Outdoor Park (Off property) Kayak & Paddleboard Afternoon Day Trips			
3:45-5:00 pm Practice Range Junior Golf Clinic Ages 11 & up	7:15 / 7:30 pm Clubhouse Family Bingo 7:15 Registration / 7:30 Bingo Begins			