

# JULY 2016



EXCLUSIVE LUXURY COMMUNITY WITH SERVICE BEYOND IMAGINATION





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Visit us at

<http://www.frenchmancreek.com>

to see all the new site features!

**Frenchman's Creek Beach and Country Club**

13495 Tournament Drive

Palm Beach Gardens, Florida 33410

Phone: (561) 622-8300

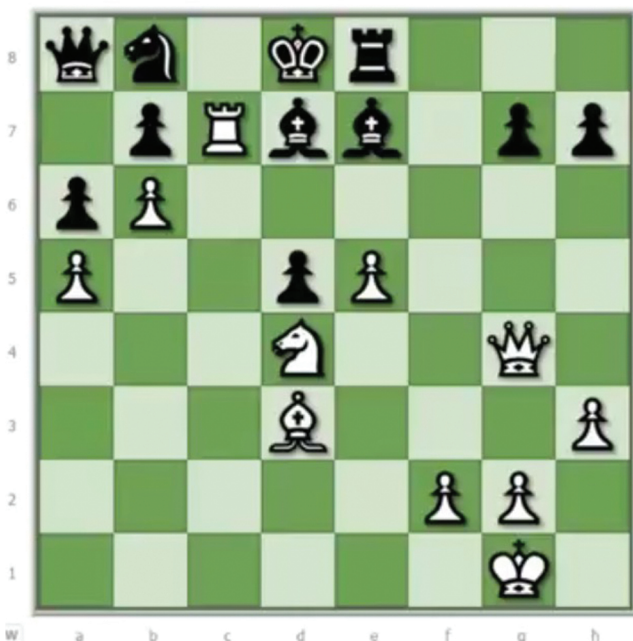
**Frenchman's Creek Beach Club**

400 Celestial Way

Juno Beach, Florida 33408

Phone: (561) 624-3400

## July's Chess Puzzle



White is to move in this month's puzzle. How can you mate black in two moves? Keep in mind that you could make a sacrifice if you calculate your moves properly. Solve this puzzle as quick as you can.

Answer from June's puzzle:

We took advantage of Black's limited move. Bishop to H6 is the best move for white. Whatever move black makes, white will follow with a mate.





# Kathy O'Brien - Community Relations

## House Watch Program

The House Watch program is a great service provided year round. When you are going to be away for a specific period of time, the House Watch program is designed to meet all of your needs. The POA Office will schedule a personalized visit to your home to go over all of your summer requirements. Please contact the POA Office at (561) 627-1467 to sign up for the House Watch program before you leave.



## Community Shredding Day

Wednesday, August 3<sup>rd</sup> at 10:00 a.m. - 12:00 p.m.

It is time to start sorting through your sensitive paperwork. If you need assistance in transporting your shreddables to the Clubhouse, please call the POA Office at (561) 627-1467 to schedule a pick-up.

The shredding truck will be parked at the Sales Office (the bank).

**SHREDDING DAY**

*Protect your identity and the environment!*

### SHREDDABLE ITEMS

**YES! YES! YES!**

**NO! NO! NO!**

- Paper
- Staples
- Paper Clips
- Spirals
- Photos

- X-Rays
- Plastic
- 3 Ring Binders
- No Floppy Disk







## 2016 - 2017 Board Meetings (11:30 a.m.)

All Board Meetings are open for all Frenchman's Creek members.

Thursday, September 15, 2016 (TENTATIVE)

Thursday, October 20, 2016

Thursday, November 17, 2016

Thursday, December 15, 2016

Thursday, January 19, 2017

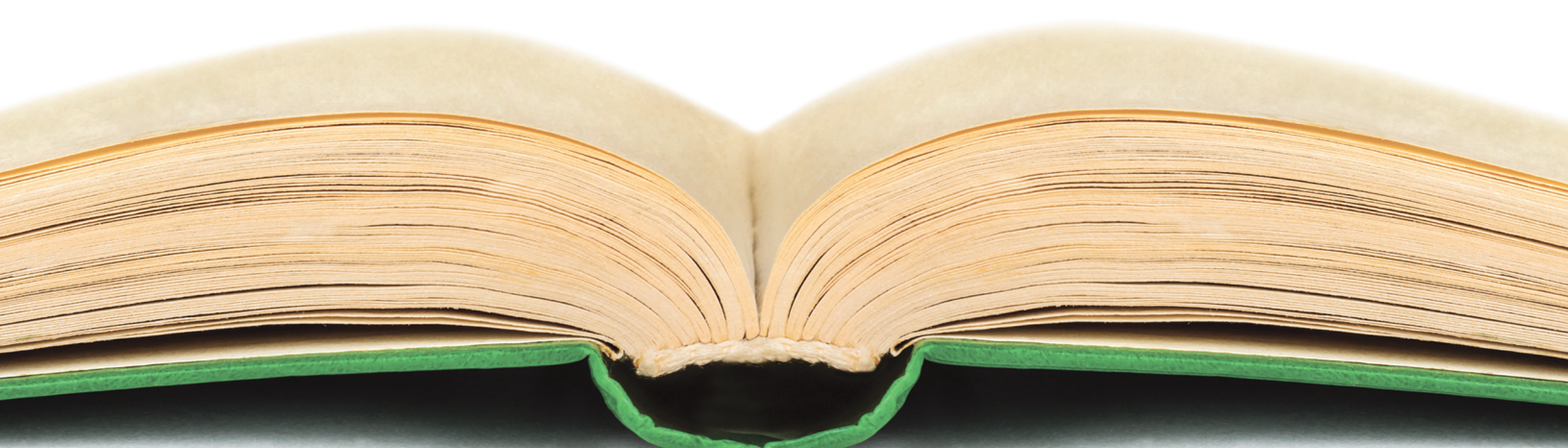
Thursday, February 16, 2017

Thursday, March 23, 2017



## Membership Directory Update

Members should have received the updated request form for the Membership Directory. Please submit it to the POA Office by July 15, 2016. Should you have any questions, please contact the POA Office at (561) 627-1467.







## Be Aware of Phone Scams

Every year, thousands of people lose their money and personal information to telephone scams. Typically, phone scammers will try to sell you something you had not planned to buy. They will pressure you to give out personal information, like your credit card details or Social Security number.

### Common types of Phone Scams

In telemarketing fraud, phone scammers will often use exaggerated—or even fake—prizes, products, and services as bait. Some may call you, but others will use mail, text, or ads to get you to call them for more details. Types of phone scams include:

- Travel packages or prizes- "Free" or "low-cost" vacations can end up costing a fortune in hidden costs.
- Credit and loans - Popular schemes include advance fee loans, payday loans, and credit card loss protection.
- Fake business and investment opportunities - As business and investing can be complicated; scammers take advantage of people not researching the investment.
- Charitable causes - Many phone scams involve urgent requests for recent disaster relief efforts.

### General Good Practices to Avoid Phone Scams

- Do not pay attention to unknown callers.
- Never reply to messages asking you for financial/personal information.
- Never get into a sweepstakes or foreign lotteries.
- Register your home and cell phone numbers with the National Do Not Call Registry or by calling 1-888-382-1222. It was created to offer consumers a choice regarding telemarketing calls. It won't stop all unsolicited calls – but it will help stop most.

If you believe you have been a victim of a telephone scam, you can file an online complaint with the Federal Trade Commission (FTC) at <https://www.ftccomplaintassistant.gov/#crnt&panel1-1>, or by phone at 1-877-382-4357.



## Women for Cancer Research

### W.F.C.R. Tribute Cards

Beautiful Frenchman's Creek Woman for Cancer Research tribute cards are available for purchase over the summer months.

They are in denominations of \$5, \$10, \$50, or \$100, and may be obtained by contacting your tribute chairs or the Frenchman's Creek Food & Beverage Office at (561) 273-2647.

Tribute Cards are available in the following denomination:

\$5.00 cards	5 for \$25
\$10.00 cards	5 for \$50.00
\$50.00 cards	2 for \$100.00
\$100.00 cards	1 for \$100.00

To purchase FCWCR tribute cards, please call one of our tribute chairs:

Anita Fishbein	561-626-2832
Judy Rubin	561-624-0428
Anne Stanfield	561-624-5573

Please make checks payable to Scripps Research Institute



### Calling All Cars

We are planning an antique and exotic auto show, to support Women for Cancer Research, on Sunday, Jan. 22, 2017.

If you have a car you would like to exhibit for this worthy charity event, please contact Judi Cosentino, [jcosentino100@gmail.com](mailto:jcosentino100@gmail.com).







## Fitness Summer Programs

Have fun at the Fitness & Spa with instructional classes and clinics. All summer program offers are complimentary.

For an appointment or to sign up, please contact the Fitness & Spa at (561) 622-3691.

### Yoga for Golfers with Ashley

Saturday, July 2<sup>nd</sup>

9:00 a.m. - 10:00 a.m.

Individual Session 25 min

Stretch and strengthen specific muscles for golf to enhance your performance. Improve your swing rotation. Reduce your risk of injury and recover faster. Great for all fitness levels.



### Facial Skin Analysis with Mary

Saturday, July 2<sup>nd</sup>

11:00 a.m. - 12:00 p.m.

Individual Session 15 min

A complete facial skin analysis to provide insight and offer invaluable skin care advice along with a personal prescription and mini products to leave your skin clear and your face glowing.



Please call in advance to schedule an appointment.





## Summer Spa Specials

### Product Special

Receive 15% off any Spa retail item the same day you receive any Spa service.

### Facial Special

Signature Facial 80 min

### Nail Special

Footlogix Pedicure

### Massage Special

Organic Massage for 50 min or 80 min

### Package Special Spa Delight

Signature Facial 50 min  
& Signature Manicure & Pedicure

Valid from June 1<sup>st</sup> to September 30<sup>th</sup>

Call the Fitness & Spa at (561) 622-3691 to schedule your appointment today!

The services listed are for one person per special /package and all the services are received on the same day.





## Special Offers of this Summer

### Guided Meditation DVD

Would you like to leave the busy world behind and renew your connection to yourself? Would you like to experience the true inner peace?

We now present you the Guided Meditation with Cora Corrine DVD.

Available at the Fitness & Spa.

It contains:

Start Your Day Mindfully

Guided meditation 15 min

Daily Practice Mindful Insight Journey

Guided meditation 45 min

A Restful Night's Sleep

Guided mediation 15 min



### Live Video Personal Training

All you need to have is a smart phone or a tablet. Schedule with your preferred trainer today!

\*The equipment recommended from the trainer is available for purchase.

For more details, please contact the Fitness & Spa at (561) 622-3691.







## Rober Bruno - Golf Director

The Frenchman's Creek Golf Professional Staff would like to personally thank the entire membership for their support and participation in the 2015 -2016 golf program. To our seasonal Frenchman's Creek members we wish you all the best for the summer and look forward to your return in the fall. To our full time Frenchman's Creek members we have set forth a wonderful Summer Reciprocal Program and Summer Golf Events for you to enjoy.

### Guest Play & Tee Times

Effective May 15, 2016 members may have guests play at any time. Tee times are still recommended by the Professional Staff. Please contact the Golf Pro Shop and/or starter for any questions in regard to guest play and tee times. A summer Golf & Lunch Guest Package is available to the membership.

### Practice Facility

The practice facility is available every day to members and their guests for warm-up prior to your round of golf, for a golf lesson with one of instructional staff member's and for working on your game and refining your swing. Please Note: Children under the age of sixteen must be accompanied by an adult and are required to utilize the North End ( Back End ) of the practice facility located by the sales center. All children should be dressed in golf attire at all times when using any part of the practice facility including the putting green.

### Dress Code & Golf Course Etiquette

As a friendly reminder, members and their guests are required to adhere to the standards set at Frenchman's Creek Beach & Country Club. Please follow the proper dress code policy on the golf courses as well as all of the practice facilities. Men are required to wear a collared shirt at all times. No denim, workout attire, tank tops or short shorts are acceptable attire for these areas. All members and guests should follow the proper golf course rules of etiquette. We ask that you adhere to the 90 degree rule while driving your cart, please fill in all your divots with sand, rake all bunkers, fix all ball marks on the green and maintain a four hour pace of play. Cell phones are prohibited on the course as well as the practice facilities. Please respect your fellow members and enjoy your golf.

### 2016 Golf Reciprocity Program

May 15, 2016 through September 30, 2016

Monday through Friday after 9:30 a.m.

Saturday & Sunday upon availability of the host facility.

For more information about the reciprocity clubs, please contact the Golf Pro Shop at (561) 622-1620.



# GOLF CONTINUED

## July Golf Events

### July Golf Events

We would like everyone to sign up as soon as possible, so please check for any schedule conflicts. Only your participation in these events will make it as successful as possible. If you have questions about any of the events, please do not hesitate to speak with the Golf Pro Shop.

Friday, July 1<sup>st</sup>

#### The Firecracker Nine, Wine and Dine

4:30 p.m. Shotgun - 9 Holes

6:30 p.m. Cocktails & Dinner



Saturday, July 2<sup>nd</sup>

#### Independence Day Short Game Skills Challenge

9:00 a.m. – South #9 Green

Format: Skills Challenge



Sunday, July 3<sup>rd</sup>

#### The Stars & Stripes Event

8:30 a.m. Shotgun – 18 Holes

Format: Step Aside Scramble

9:00 a.m. Shotgun – 9 Holes  
Make Your Own Foursome





### Unplayable Ball (Rule 28)

The Player may deem his or her ball unplayable at any place on the course, except when the ball is in a water hazard. The player is the sole judge as to whether his ball is unplayable. If the player deems his ball to be unplayable, he must, under penalty of one stroke:

#### Penalty for Breach of Rule:

**Match Play: Loss of Hole**

**Stroke Play: Two Strokes**



A. Play a ball as close as possible from the spot where the original ball was last played.

B. Drop a ball behind the point where the ball lay, keeping that point directly between the hole and the spot on which the ball is dropped, with no limit to how far behind that point the ball may be dropped.

C. Drop a ball within two club lengths of the spot where the ball lay, but not nearer to the hole.

If the unplayable ball is in a bunker, the player may proceed with A, B or C. If he or she elects to proceed with B or C, a ball must be dropped in the bunker.

When proceeding under this rule, the player may lift and clean his or her ball or substitute a ball!!





# GOLF CONTINUED

## Golf Cart Maintenance Programs

### Program 1

(should be done at least twice a year)

- Water batteries check and rotate.
- Check and fill air pressure in tires.
- Check wiring.
- Check brakes and adjust as necessary.
- Check accessories and advise on any repairs that may be needed.
- Inspect for loose connections on batteries and terminals.
- Address any corrosion on battery tops.
- Grease all fittings.
- Inspect motor for loose connections.
- Report to the member any future or present problems in need of further repair.



### Program 2

Summer battery maintenance program is performed once a month in two parts which include:

- Check the water in the batteries, plug in cart and charge.
- Unplug the charger from the wall and receptacle.

### Program 3

We also have a summer (June through September) refurbishing program for your golf cart which includes painting, curtains, pin striping, lettering and seat covers.

If you have any questions about any of these programs, please do not hesitate to contact your cart-tech Kevin Walker at (561) 273-2667.

## Additional Notice of Golf Cart Maintenance

It has been reported that birds and squirrels are attracted to food being left inside golf carts. They may cause damage to your seat coverings or vinyl. To protect your cart from animal damage, please remove all food items before leaving your cart unoccupied.





## Tikky Srieud - Tennis Director



## Tennis Schedule

### Summer Tennis Shop Hours

Every Tuesday to Sunday, 7:30 a.m. to 1:30 p.m.

### Summer Tennis Clinic

Every Tuesday, 9:00 a.m.

### Private Tennis Lessons for Adults and Children

Lessons are available upon request, please schedule your lesson with the Tennis Pro Shop at (561) 622-1623.

### Tennis Court Maintenance

Please note that the tennis courts #8, #9, and #10 will be converted to Hydro Grid courts. Those courts will be available for play in the middle of July.



## Pickleball

Pickleball courts are always available everyday from 8:00 a.m. to 5:00 p.m. Come and play! Sign up at the Tennis Pro Shop. Pickleball Club is at 9:30 a.m. every Tuesday and Thursday.

## Bocce Ball Game

Come and enjoy the game any time from 8:00 a.m. to 5:00 p.m. Bocce Ball is a calming, competitive way to spend a few hours outdoors in the pleasant company of friends.



## Tennis-Pickleball-Bocce Events

### 4<sup>th</sup> of July Special Events

#### Tennis Round Robin

Saturday, July 2<sup>nd</sup> at 9:00 a.m.

#### Pickleball Club

Sunday, July 3<sup>rd</sup> at 9:00 a.m.

#### Bocce Ball Game

Sunday, July 3<sup>rd</sup> at 10:30 a.m.

Bocce Ball is a calming competitive way to spend a few hours outdoors in the pleasant company of friends and family. Breakfast and mimosas are available courtside.

#### Independence Day Tennis Pro Shop Sales

From Saturday, July 2<sup>nd</sup> to Monday, July 4<sup>th</sup>

Start celebrating with HUGE sales that you don't want to miss!

### Breakfast at Wimbledon

Saturday, July 9<sup>th</sup> - Ladies Finals

Sunday, July 10<sup>th</sup> - Men's Finals

8:00 a.m. – Men's Card Room

Join your friends for champagne, mimosas, freshly baked warm scones with Devonshire cream, strawberries and cream and let's watch the Wimbledon finals.







## Ashish Sethi - Food & Beverage



### July Dining Schedule

#### 19<sup>th</sup> Hole

Breakfast	Monday - Sunday	7:00 a.m. - 11:00 a.m.
Lunch	Monday - Saturday	11:00 a.m. - 2:30 p.m.
Brunch	Sunday	11:30 a.m. - 2:30 p.m.
Dinner	Sunday - Wednesday	5:30 p.m. - 8:30 p.m.

#### Pool Side Cafe

Lunch	Monday - Sunday	11:00 a.m. - 4:00 p.m.
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#### Beach Club

Lunch	Monday - Saturday	11:30 a.m. - 2:30 p.m.
Brunch	Sunday	11:30 a.m. - 2:30 p.m.
Dinner	Thursday - Saturday	6:00 p.m. - 9:00 p.m.

#### Take Out Service

Dinner is available everyday. Place your order by 4:00 p.m. and we will deliver dinner to your home between 5:00 p.m. and 6:00 p.m. Please contact the Food & Beverage Office for assistance with your order at (561) 273-2647.



## Special Dining Evenings

### Chef's Choice at the 19<sup>th</sup> Hole

American Dinner Snack Buffet

Mondays, July 11<sup>th</sup>, 18<sup>th</sup> and 25<sup>th</sup>

July 11<sup>th</sup> - Louisiana Zest

July 18<sup>th</sup> - California Savor

July 25<sup>th</sup> - Asian Flavors



### Fruits de la Mer

Tuesdays, July 12<sup>th</sup>, 19<sup>th</sup> and 26<sup>th</sup>

- Clams, mussels and scallops a la carte;

- Maine lobster specials a la carte - steamed, broiled or stuffed.



### Italian Classics

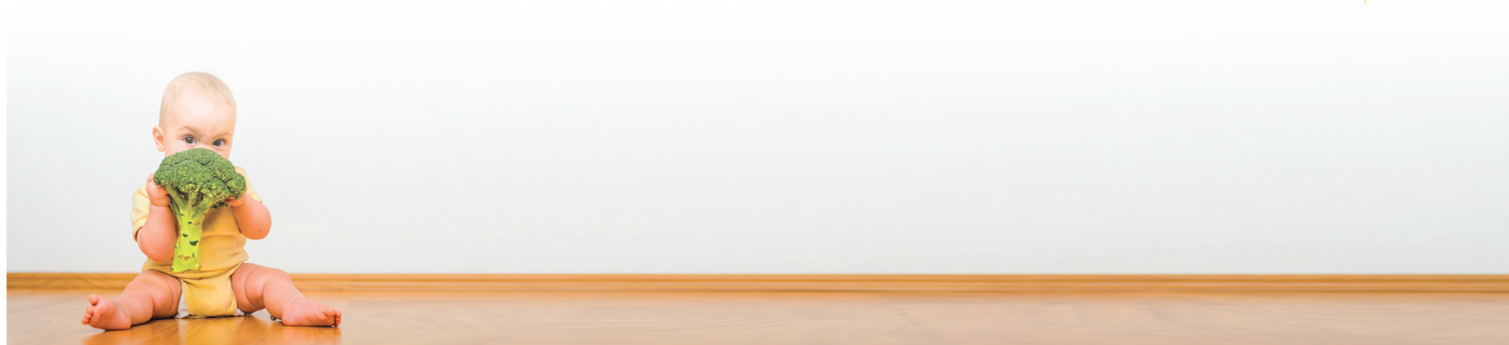
Wednesdays - July 13<sup>th</sup>, 20<sup>th</sup> and 27<sup>th</sup>

Long bone veal chop milanese, Italian meatballs, chicken parmigiana or marsala, seafood fra diavolo...



### The Club Table

Come and celebrate at the Club Table every evening, Sunday to Wednesday at the 19<sup>th</sup> Hole to meet new and old friends! A bouquet of red balloons will mark the spot. Join the Club Table Jubilee at 5:30 p.m. every Wednesday.





## 4<sup>th</sup> of July Special Events

### Clambake at the Beach Club

Saturday, July 2<sup>nd</sup> at 6:00 p.m.

Savor the rich flavors, make memories, start traditions at the Beach Club Clambake celebration!

### American Pie BBQ

Sunday, July 3<sup>rd</sup> at 5:30 p.m.

Get the party grilling, enjoy the mouthwatering BBQ and family festivities!



### Pool Side Cafe Polynesian Luau

Monday, July 4<sup>th</sup> at 6:00 p.m.

Say aloha to summer at the Luau party! Hula-mazing menu, grass skirts, flower shirts, torch lights and tropical delights.



### Tasting Event

Wine Tasting

Friday, July 1<sup>st</sup> & Saturday, July 2<sup>nd</sup> at 6:00 p.m. at the Beach Club

So, want to know how to taste and evaluate a glass of wine like an expert? Easy, just follow your Sommelier Stephen Fisher.

Craft Beer Tasting

Sunday, July 3<sup>rd</sup> at the Main Club House

Summer is "hopping" closer by the day.

Let's all cheer to that with a tall, cold, refreshing glass of beer!



Tropical Cocktails Tasting

Monday, July 4<sup>th</sup> at the Pool Side Cafe

How about a refreshing tropical drink featuring a Luau? A special selection of Polynesian cocktails will be available for your tasting.

## Family Activities

### Creek Kayak & Paddle Boating Adventure

Join your friends and family for a NEW adventure on the crystal blue Lake Frenchman. From Saturday, July 2<sup>nd</sup> to Monday, July 4<sup>th</sup>, 11:00 a.m. to 4:00 p.m. Explore Frenchman's waterway on kayaks and paddle boat.

### Enjoy the Breeze at the Beach Club

Saturday, July 2<sup>nd</sup>

- 9:00 a.m. Beach Fishing
- 1:00 p.m. Beach Wii Game
- 2:00 p.m. Beach Volleyball

Sunday, July 3<sup>rd</sup>

- 9:00 a.m. Beach Fishing
- 1:00 p.m. Beach Soccer
- 2:00 p.m. Beach Sand Castle Building Contest

Monday, July 4<sup>th</sup>

- 9:00 a.m. Beach Fishing
- 10:00 a.m. Beach Wii Game
- 2:00 p.m. Beach Chess Tournament



### Summer Film Festival

Wednesday, July 13<sup>th</sup> at 7:30 p.m. in the Main Dining Room

When Acapulco playboy Valentín finds a baby girl on his doorstep, he hightails it across the border to locate the infant's mother. But when she proves elusive, Valentín unexpectedly begins to develop feelings for the tot.

Wednesday, July 27<sup>th</sup> at 7:30 p.m. in the Main Dining Room

Inspired by insights gained through a self-help seminar, 60-year-old Doris Miller brazenly steps forward to pursue the affections of a much younger co-worker -- and inadvertently becomes a hit with his hipster cohorts.



# SOCIAL ACTIVITIES

## Frenchman's Creek Excursions

### Taste of History

Culinary Guided Tour in Palm Beach

Saturday, July 2<sup>nd</sup>

10:00 a.m. Departure Frenchman's Creek

This is a cultural culinary journey, enjoy food tastings, visit historic spots as well as art and craft shops.

\* Includes 4-5 blocks of walking.



### Loggerhead Turtle Walk

Tuesday, July 5<sup>th</sup>

8:00 p.m. Departure Frenchman's Creek

Attend an informative lecture. Under special supervision of Juno Beach Loggerhead Marinelifelife Center staff watch turtles lay their eggs.



### Shakespeare Festival

Thursday, July 14<sup>th</sup> and Thursday, July 21<sup>st</sup>

7:00 p.m. Departure Frenchman's Creek

Shakespeare fans! You don't want to miss this great events!



### Helicopter Tour

Thursday, July 28<sup>th</sup>

12:00 p.m. Departure Frenchman's Creek

Fly over Manalapan, Hypoluxo Island, Lake Worth Pier, Palm Beach and Downtown West Palm Beach!

Lunch at Christopher's Kitchen.

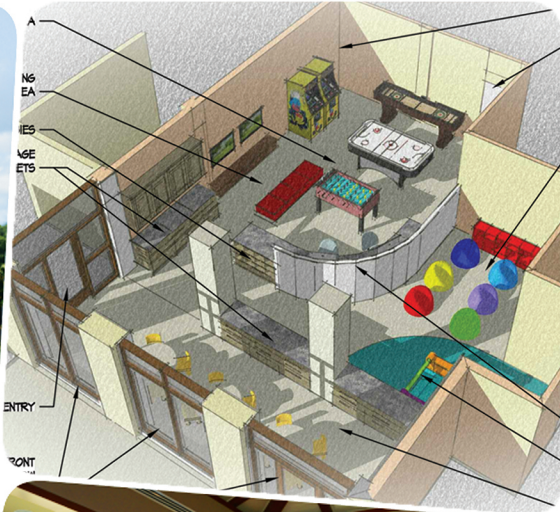




# UPCOMING

## 2016 Summer Projects

### Improvements Update of Sports Bar, Creek Club and the Grille

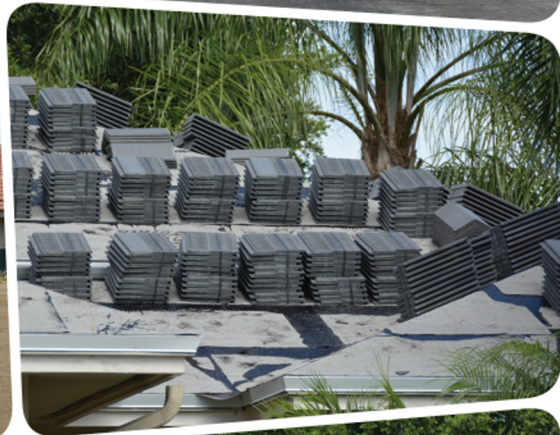




# UPCOMING

## 2016 Summer Projects

### Improvements Update of Porte Cochere and the Sales Office





UPCOMING



# 2016 Summer Projects



## Improvements Update of Golf Course and Tennis Courts







# FRENCHMAN'S CREEK

BEACH & COUNTRY CLUB

