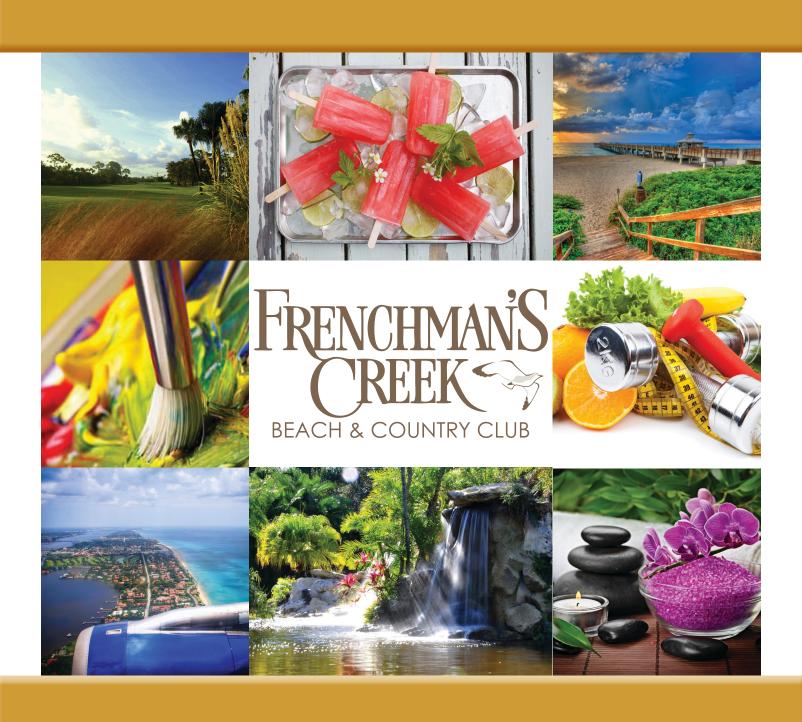
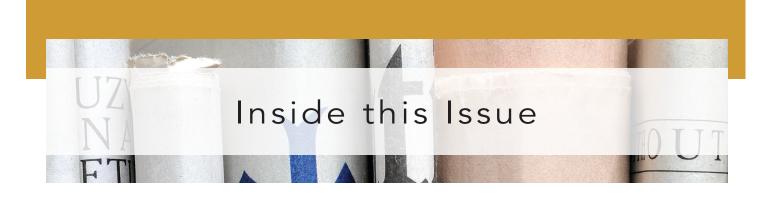
# August 2015



Exclusive Luxury Community with Service Beyond Imagination



- 3 POA
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- 5 Club
- **6** Tennis
- 7 Golf
- 10 Fitness & Spa
- 12 Business Development
- 13 Dining & Social
- **15** Social Activities

Visit us at

#### http://www.frenchmanscreek.com

to see all the new site features!

#### Frenchman's Creek

#### **Beach and Country Club**

13495 Tournament Drive

Palm Beach Gardens, Florida 33410

Phone: (561) 622-8300

#### Frenchman's Creek Beach Club

400 Celestial Way

Juno Beach, Florida 33408

Phone: (561) 624-3400



#### CHESS CLUB

This is a game were black manages to quickly get a second queen. Nevertheless, now white has gain a strong position and is attacking. The goal is to find the fastest way to end this game and mate black with one move.

#### Last month's solution:

In last month's puzzle, our goal was to force black to make a move so white can take the lead in the game. The best move for white was rook to G8, after black takes with rook from D8, white attacks with bishop D4, and it is all lost for black from there. Often instead thinking to win , you could slowly push the opponent into defense by utilizing all of your pieces.

For questions or suggestions you can contact Bilian at (561) 846-9947.



#### **GUEST REGISTRATION**

Please register your guests in any of the outlets, such as the Fitness & Spa Center, or at the POA office. Online guest registration is also available at www.frenchmanscreek.com.

Guest passes will be issued indicating the individual guest name, member affiliation and time period for which the pass is valid. Please note that guests may not bring guests. If you are unable to accompany your guest, please remind them to present their passes upon arrival at the Beach Club or at the Fitness & Spa Center.

#### POA HOUSE PAINTING SERVICE

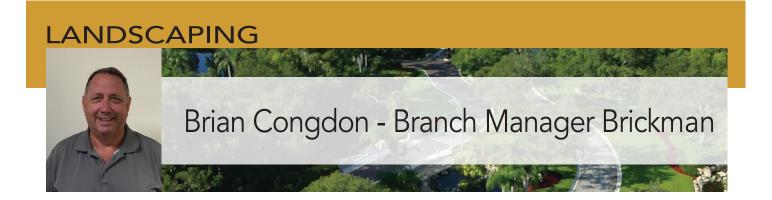
If you live in a patio, villa or town-house, a portion of your POA fees includes the painting of your home. Items painted include the trim every three (3) years and the entire home painted every six (6) years. The fee you pay is based on the cost associated with painting an original standard A, B, or C, patio, villa or town-house.

If you live in a Barbados, Courtyard or Lake Front home (these home types are billed POA fees as Patio C home), or a non-standard A, B, or C patio, villa, or town-house in which changes or additions have been made, either when first built or subsequently, or if there are any extenuating circumstances where additional painting or preparation is required, then there will be an additional charge assessed to you at the completion of the painting job.

The additional amount to be assessed will be the difference between the actual painting costs less the amount billed as part of your POA fees. As a courtesy to our homeowners, prior to the start of your scheduled trim or full-house painting, a letter will be sent to you by the POA letting you know the approximate time frame your house will be painted and, if there is an additional charge for this painting, state the amount and reasons for the additional charge.

If you have any questions, please do not hesitate to call the POA Administration at (561) 627-1467.





## SUMMER PRUNING

We are in the middle of the summer pruning of plant material. This process is especially important in South Florida because we have no dormant season and plants grow year-round.

The summer pruning is necessary to bring the plants back into scale with the architecture. It also promotes new "soft" growth and reduces the leggy look. From a maintenance standpoint, it gives us an opportunity to get deep into the beds and clean out the debris. Otherwise that debris would build up under the plantings. This is completed so that fertilizer and water can get to the root zone easier throughout the season.

This year the summer pruning is a little more severe because we are going below the branching clusters. I sympathize with our year-round residents who have to look at bare branches for a few weeks but it is healthier for the plants in the long run. If you have any questions please do not hesitate to call us at (561) 626-7466.





## **COMMUNITY MEETINGS**

#### 2015-2016 BOARD MEETINGS

Thursday, October 15, 2015	at 11:30 a.m.
Thursday, November 19, 2015	at 11:30 a.m.
Thursday, December 17, 2015	at 11:30 a.m.
Thursday, January 21, 2016	at 11:30 a.m.
Thursday, February 18, 2016	at 11:30 a.m.
Thursday, March 17, 2016	at 11:30 a.m.



#### DISCUSSION WITH THE PRESIDENT

Wednesday, October 14, 2015	at 4:30 p.m.
Wednesday, November 18, 2015	at 4:30 p.m.
Wednesday, December 16, 2015	at 4:30 p.m.
Wednesday, January 20, 2016	at 4:30 p.m.
Wednesday, February 17, 2016	at 4:30 p.m.
Wednesday, March 16, 2016	at 4:30 p.m.



#### MEET THE CANDIDATES FORUM

Saturday, February 13, 2016 at 2:30 p.m.

#### ANNUAL MEETING

Saturday, March 19, 2016 at 2:30 p.m.

Please contact Linda George at (561) 273-2615 for any questions about these meetings, or if you would like a meeting with the president.



## Tikky Srieud - Director of Tennis

## Pickleball Rocks... but you already knew that!

Frenchman's Creek is proud to present our newest and fastest growing sport in the country...

#### ...PICKLEBALL!

The Pickleball craze is sweeping the nation, it is a fun game for all ages. The game is played with a paddle on a court or in the yard, it is a cross between badminton, tennis and ping-pong.

Pickleball was created with one thing in mind: FUN. It was designed to be easy to learn and play whether you are five, eighty-five or something in between.

Last year we introduced the game and it was a big hit. We have converted two additional courts to anticipate the need of a growing demand for the game.

Frenchman's Creek is the only club in the area that has 6 pickleball courts.

If you are interested in learning the game, we offer private or group lessons.

There are *Pickleball Games*Every Sunday
8:30 a.m. - 9:30 a.m.



## Summer Tennis Program

Ladies and Men's Tennis Clinic

**Every Tuesday** 

8:30 a.m. - 10:00 a.m.

Ladies and Men's
Summer Round Robin
Every Thursday and Saturday
8:30 a.m. - 10:00 a.m.

Please contact the Tennis Pro Shop to sign up for games or to schedule your lesson at (561) 622-1623.



## Robert Bruno - Director of Golf

# GOLF OPERATIONS UPDATE

The Golf Professional Staff is excited to begin the 2015-2016 golf season. We look forward to the return of our Frenchman's Creek members. We are eager to get the season off to a successful start. The Golf Professional Staff is lead by Frenchman's Creek PGA Director of Golf, Robert Bruno, PGA Head Professional, Rich Luchini and our Assistant Professionals. Rocco Panzitta, Luis Leon, Jeff Sullivan, Chris Horn and Todd Kitchen have worked diligently throughout the summer to make this season one of the best that we ever have had.

The North & South Golf Courses Summer Maintenance Program has moved along smoothly. The grass is maturing beautifully in the fairways and rough along with the tift-eagle green complexes. The new Short Game Practice Area has also matured and is ready for you to improve your short game skills. Practice your chipping, pitching, bunker play, as well as a variety of uneven lies. We are confident that the membership will be impressed with the North & South Golf Courses condition upon your return.

We swing into a full tournament schedule starting in October. The Men's and Ladies Opening Days will be held the first Tuesday and Wednesday in November.

Over the next few months we will be receiving new models of golf clubs from all of the leading manufacturers including Titleist, Callaway, Taylor Made, Ping, Mizuno, Cobra, Cleveland and Adams Golf. The Golf Shop also features the latest design in fashion from Chervo, Bogner, Jamie Sadock, Swing Control, Sport Haley, Peter Millar, Polo, Bugatchi, and many more. We have new lines arriving in regularly, so come in and browse your new selections.

Kevin Walker, your cart mechanic reminds you to make sure your cart is running smoothly. Please stop by for your 10-Point service and a thorough cleaning and waxing of your cart.

## Guest Play & Tee Times:

Guest tee times are available for you and your guest during the season on a daily basis. Guests are allowed to play before 8:00 a.m. and after 12:00 p.m. Tee times may be available after 10:00 a.m. on lighter play days and must be approved by the Director of Golf or Head Professional. You may request tee times via the telephone system at (561-775-6414) or through the tee time computer terminals located in the golf shop. Please contact the golf shop and/or starter for any questions in regard to guest play and tee times.

#### **GOLF CONTINUED**



## Robert Bruno - Director of Golf

#### **Practice Facility:**

The practice facility is available every day for our members and their guests for warm-up prior to your round of golf. Schedule a golf lesson with one of your instructional staff members or utilize it to improve upon your game and refine your swing. Please Note: Children under the age of sixteen (16) must be accompanied by an adult and are required to utilize the North End (Back End) of the practice facility located by the sales center. All children should be dressed in golf attire at all times when using any part of the practice facility including the putting green.

## Dress Code & Golf Course Etiquette:

As a friendly reminder, members and their quests are required to adhere to the standards set at Frenchman's Creek Beach & Country Club. We all must follow the proper dress code policy on the golf courses as well as all of the practice facilities. Men are required to wear a collared shirt at all times. No denim, workout attire, tank tops or short shorts are acceptable attire for these areas. All members and guests should follow the proper golf course rules of etiquette. We ask that you adhere to the 90 degree rule while driving your cart, please fill in all your divots with sand, rake all bunkers, fix all ball marks on the green and maintain a four (4) hour pace of play. Cell phones are prohibited on the course as well as the practice facilities. Please respect your fellow members and enjoy your golf.



Whether it's Saturday tee time with the guys, a tournament, or a corporate outing to entertain clients, there remains a desire to perform, and perform well. Golfers come to me with one ultimate goal: Play Consistently Well.

Every golfer has a unique swing, fitness level and limitations based on overuse or injury. I address each golfer individually.

I want to briefly touch on something that is super important today at whatever golf level you are. We all want power but it's not just strength that lets you hit the ball a mile. It's technique but of course it's also shoulder mobility. You won't get much backswing height if your latissimus are tight.

Improve your shoulder flexibility and improve your backswing height and this will help the potential to maximize swing speed.

Presented by Elisabeth Holt, Titleist Performance Institute Certified. TPI 2

#### **GOLF CONTINUED**



## Robert Bruno - Director of Golf

## TOURNAMENTS & GOLF EVENTS

#### <u>September</u>

Labor Day Golf & Luncheon Event
Sunday, September 6<sup>th</sup>
8:30 a.m. Shotgun – 18 Holes
9:00 a.m. Shotgun – 9 Holes & Luncheon to Follow
Format: One Best Ball Shamble
Make Your Own Foursome

#### October

Ladies Day Golf Every Tuesday beginning October 6<sup>th</sup> 8:30 a.m. Shotgun – 18 Holes & 9:30 a.m. Shotgun – 9 Holes

Men's Day Golf Every Wednesday beginning October 7<sup>th</sup> 8:30 a.m. Shotgun – 18 Holes

Nine Wine & Dine
Friday, October 23<sup>rd</sup>
3:00 p.m. Shotgun – 9 Holes &
5:00 p.m. – Cocktails & Dinner
Format: Stop Asida Scrambla

5:00 p.m. – Cocktails & Dinner
Format: Step Aside Scramble

168/197

18

#### <u>November</u>

Ladies Opening Day Golf & Luncheon Tuesday, November 3<sup>rd</sup> 9:30 a.m. Shotgun – 9 Holes & Luncheon to Follow Format: Step Aside Scramble

Men's Opening Day Golf & Luncheon Wednesday, November 4<sup>th</sup> 8:30 a.m. Shotgun – 18 Holes & Luncheon to Follow Format: One Best Ball Shamble

Nine, Wine & Dine Golf Event Friday, November 13<sup>th</sup> 3:00 p.m. Shotgun – 9 Holes & 5:00 p.m. – Cocktails & Dinner Format: Step Aside Scramble

Men's Member / Staff Event & Luncheon Friday, November 20<sup>th</sup> 9:00 a.m. Shotgun & Luncheon to Follow Format: One Best Ball Shamble One Staff & Four Member Teams

#### Thanksgiving Holiday Events

Junior Clinics Monday & Tuesday, November 23<sup>rd</sup> & 24<sup>th</sup> 2:45 p.m. Registration 3:00 p.m. to 4:00 p.m. – Junior Clinic Instruction

Family Golf Event Wednesday, November 25<sup>th</sup> 12:45 Shotgun – 9 Holes Format: Scramble

## FITNESS & SPA



## Tiffany DeSouza - Director of Fitness & Spa

## COMPLIMENTARY SUMMER PROGRAMS

Learn about Cardio Coaching with Karen Marcheletta

Wednesday, August 5<sup>th</sup> 10:00 a.m. 10:30 a.m. 30 min Group sessions

TPI / Golf Stretch with Elizabeth Monday, August 19<sup>th</sup> 10:00 a.m. - 12:00 p.m.

15 min sessions

Schedule yourself to participate or book a spa appointment, please call the Fitness & Spa Center at (561) 622-3691.



## SPA SPECIALS

Product Special

Receive 15% Off any spa retail item the same day you receive any spa service

Facial Special

Signature Spa Facial 80 min \$99

Nail Special

Receive a Footlogix Pedicure for \$30

Massage Special
Receive an Organic Massage for
50min \$75 / 80 min \$105

Package Special
Spa Delight

50 minute Signature Facial Signature Manicure & Pedicure \$120

Valid until 9/30/15



## FITNESS & SPA CONTINUED





#### **Group Exercise Schedule**

Frenchman's Creek Beach and Country Club, Tel: 561-622-3691

## **August**

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Spín Zone	10:00 Spin Cycle Zone <mark>Matt</mark>	8:00 Spin Cycle Zone Janel		8:00 Spin Cycle Zone Jane	8:00 Spin Cycle Zone Elizabeth	8:00 Spin Cycle Zone Janel
1688		8:00 Body Sculpt Irina		8:00 Body Sculpt Irina		
group Fítness		9:00 Restorative Stretch Ashley		9:00 Restorative Stretch Cora		9:00 Restorative Stretch Cora
dn-						
Gro		4:00 Yin-Yang Yoga Matt		4:00 Therapeutic Stretch Jeanine		4:00 Prana Yoga Nancy
Aqua	9:00 Aqua Fusion Matt	8:30 Aqua Fusion Chris	8:00 Aqua Fusion Matt	8:30 Aqua Fusion Chris	8:00 Aqua Fusion Matt	8:30 Aqua Fusion Chris
Aq		(9:15 Pool Checkin) 9:30 Aqua Spin **(Advance Sign Up) Chris				

#### **Group Exercise Information:**

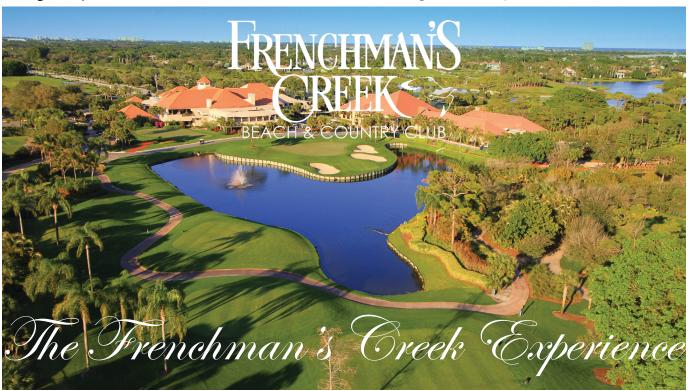
Class rates are as follows; daily per class member rate is \$7, daily guest per class rate is \$10 and the unlimited monthly member rate is \$50. (Monthly fee is not applicable to the Pilates Reformer Class). Pilates Reformer Class is \$15 per person. The reformer class is limited to 5 people and registration opens Friday morning. All classes are suited for all fitness levels. \*\*This class requires advance registration at the fitness center desk before the day of the class, It has limited participant space. All classes are 55 minutes.

# BUSINESS DEVELOPMENT Martina Haut - Marketing/Communications

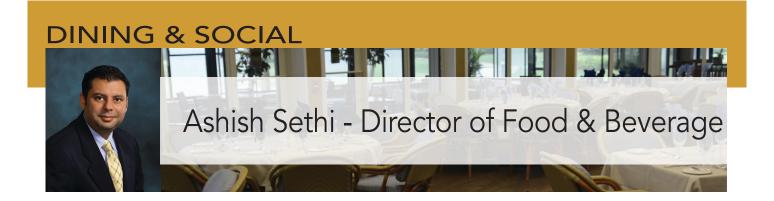
e appreciate, encourage and support all of our members' effort to promote Frenchman's Creek to potential future residents. Please take the opportunity this season to engage your guests in a 3-day, two night membership experience. They will be free to explore the lifestyle that makes Frenchman's Creek unique, and avail themselves of all the amenities. Explore our beach club; play golf or tennis; rejuvenate at our spa; or invigorate at our fitness center. Enjoy your favorite cocktails and superb dining with your friends.

The Frenchman's Creek Experience is a three day two night stay anytime during the year except the December holidays:

- The program has a one-time stay restriction and excludes family members.
- There is a nominal charge of \$199 for 4 (2 members and 2 guests), inclusive of enjoyment of all amenities and food & beverage.
- Guests reside with the inviting member during the weekend.
- Pre-registration required.



Plan your 2015-2016 season now and invite your friends to experience Frenchman's Creek. Please contact Martina in Marketing for additional information or to set up the Frenchman's Creek Experience for you and your guests. Phone: (561) 868-6383 or email: mhaut@frenchmanscreek.com



## AUGUST DINING SCHEDULE

#### 19TH HOLE

Breakfast Monday - Sunday

7:00 a.m. - 11:00 a.m.

Lunch Monday - Saturday

11:30 a.m. - 2:30 p.m.

Brunch Sunday 11:30 a.m. - 2:30 p.m.

Dinner Sunday - Wednesday

5:30 p.m. - 8:30 p.m.



Lunch Monday - Sunday

11:00 a.m. - 4:00 p.m.

#### BEACH CLUB

Lunch Monday - Saturday

11:30 a.m. - 2:30 p.m.

Brunch Sunday 11:30 a.m. - 2:30 p.m.

Dinner Thursday - Saturday

6:00 p.m. - 9:00 p.m.

Lobsten Fest - Saturday, August 8th

6:00 p.m. - 9:00 p.m.

#### TAKE OUT SERVICE

Dinner Monday - Sunday

Place your order by 4:00 p.m. and we will deliver dinner to your door between 5:00 p.m. and 6:00 p.m. Call the Food & Beverage Office for assistance with your order at (561) 273-2647.



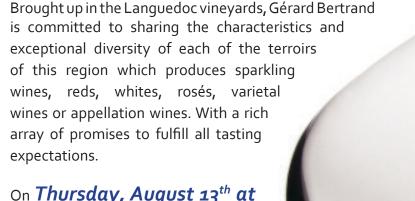






## AUGUST BEVERAGE TASTINGS

Gérard Bertrand is the leading expert from the South of France recognized by all wine lovers. As a wine-grower and owner of flagship estates, he has acquired a unique expertise in the terroirs of Languedoc-Roussillon.



On Thursday, August 13<sup>th</sup> at 6:00 p.m. at the Beach Club

Brian Liska of Gérard Bertrand be on hand to taste some special wines of Southern France. With accolades from Janice Robinson, The Wine Spectator and the Wine Advocate these wines are sure to please.

The red and white wines of Elk Cove, Willamette Valley Oregon with Bob Hudon of Stacole Wines **Monday**, **August 24th at 6:00 p.m.** in the 19th Hole

"Working to balance the acid to fruit flavor in our white wines amazes me every year. Coupled with the stunning, elegant and robust Pinot Noirs I'm privileged to shepherd, working in Oregon really can't be beat. Every year is a clean slate – a new growing season and a new harvest with different fruit profiles, flavors and structure. Endless possibilities to improve on last years blends. And the view is spectacular!"

Heather Perkin, Associate Wine Maker, Elk Cove



## FOREIGN FILM FESTIVAL

## Presented by Debbie Hornstein

These films will conclude the foreign film festival for this year.

I hope you all enjoyed the various selections I have shown since this past January and look forward to a fabulous list of films starting the first Wednesday of next January. Please check the calendar and save the dates! I am very excited and have picked a terrific film to start off the season.

In the meantime the 2 films for August are similar situations but different!

#### PARADISE NOW

#### Wednesday, August 12th



A 2005 crime drama about a Tel Aviv suicide bomber.

On the West Bank there are 2 friends who have known each other for years that have volunteered to be bombers, receive word that the action will take place tomorrow. They get separated and the act is postponed long enough to question ( what are we doing?)

About an hour and a half. This film was nominated for best foreign film at the academy awards in 2006, it won the golden globe the same year, and in total won 14 awards and nominated in 14 others.

## FOR MY FATHER Wednesday, August 26<sup>th</sup>



This 2008 Israeli film was nominated 10 times and won 3 awards.

This is a German Israeli co production that follows a Palestinian who is sent to Tel Aviv also as a suicide bomber. When the bomb fails to explode he is stranded in tel aviv until he's able to fix the issue. The entire film takes place within a weekends time. Approximately an hour and a half long.

Debbie Hornstein

Showtime is 7:30 p.m. in the Men's Card Room. The 19th Hole is available for your dining pleasure.

#### SOCIAL ACTIVITIES CONTINUED

## Summer Lecture Series

## BEETHOVEN AND ROSSINI

also known as "The Italian Mozart"

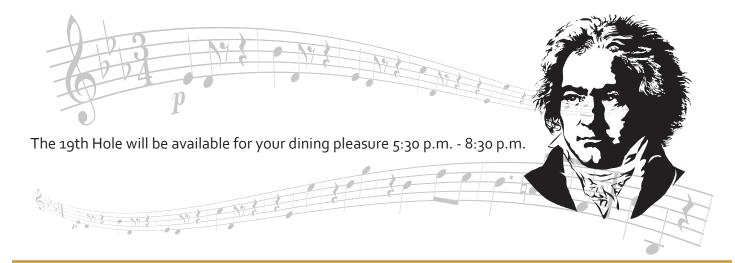
Tuesday, August 11th at 5:00 p.m.

Rossini is also known by some as "The Italian Mozart" due to his prolific opera compositions. Beethoven met Rossini in 1822 when he was 51 years old. Rossini was 30 at the time. Beethoven was impressed with Rossini's opera "The Barber of Seville" and told Rossini to spend most of his time on 'Opera Buffa' (comedic). Beethoven felt that Rossini's music was more popular than his own and was unhappy with that fact.

Lecture presented by Dr. Stuart Bailin

Dr. Stuart Bailin is a Professor Emeritus from York College, The City University of New York and a Beethoven enthusiastic and historian. Professor Bailin received a Bachelor of Science degree from the State University of New York at Cortland, a Master of Science degree from the University of Massachusetts at Amherst, and a Doctor of Education degree from Teachers College, Columbia University in New York City.

Dr. Bailin's passion for Classical and Romantic period music and his expertise with respect to Ludwig van Beethoven's life and music in particular, has given him an opportunity to share the joy of Beethoven's music with his audiences. His lectures are enlightening and inspiring and incorporate both musical excerpts and interesting commentary regarding Beethoven's life and works.



#### SOCIAL ACTIVITIES CONTINUED

## Frenchman's Creek Excursions

# EXCURSIONS IN THE MONTH OF AUGUST 2015

Norton Museum, Downtown West Palm Beach

Thursday, August 6th

#### Art after Dark

4:30 p.m. Departure Frenchman's Creek

5:30 p.m. Special Exhibition Tour

Going Places: Transportation Designs from the Jean S. and Frederic A. Sharf Collection

6:00 p.m. DIY Art Project - Create your own art on a special coloring wall

6:30 p.m. Collection Tour - Bodies in Motion 8:30 p.m. Return to Frenchman's Creek

#### Outlet Mall Visit

Thursday, August 13th

#### Tax Free Shopping Week

9:30 a.m. Departure Frenchman's Creek
10:00 a.m. Enjoy shopping at the Outlet Mall
1:00 p.m. Return to Frenchman's Creek

#### Cirque de Soleil, BB&T Center Sunrise

Saturday, August 22<sup>nd</sup>

#### Varekai

2:00 p.m. Departure Frenchman's Creek - personal chauffeur available -

4:00 p.m. Showtime - Dinner after the Show

Please confirm your attendance by **Tuesday, August 18**<sup>th</sup>, so we can purchase the best available seats for you.

## Norton Museum, Downtown West Palm Beach

Thursday, August 27th

Art after Dark

4:30 p.m. Departure Frenchman's Creek

5:30 p.m. Spotlight Tour: Going Places in the Museum Collection

Join a docent for a lively 10 minute Spotlight Talk on one specific work of art.

6:30 p.m. Curator's Conversation - Artists' Get-Aways: On the Road with Monet, Picasso, O'Keefe

7:30 p.m. Music - Grace and the Victory Riders perform

8:30 p.m. Return to Frenchman's Creek

Please contact Bilian for additional details and to reserve your seat at (561) 846-9987

Newsletter 17 August 2015



## SUMMER ART CLASSES

with Rita Boutros

#### TROPICAL LANDSCAPE

#### Wednesday, August 19<sup>th</sup> 2:00 p.m. - 5:00 p.m.

In this program, we take some inspiration from the tropical landscape, creating a soothing, balmy vista that is perfect for the middle of summer. Use of palette knife work will be encouraged to create more dimension and interest in the work. We'll stay cool with some seasonal fruits and wine coolers.

#### GEORGIA O'KEEFE

#### Wednesday, September 9<sup>th</sup> 2:00 p.m. - 5:00 p.m.

Get ready for some O'Keefe in this Santa Fe-inspired session that will focus on this great artist. O'Keefe explored a variety of subjects that were rendered in her own unique style. We'll learn about her life and the art world in which she lived as we undertake one of her paintings.



Rita Boutros is a fine arts instructor who has been teaching for many years in oils, acrylics drawing and watercolor. She has worked in various media and has exhibited in New York and Florida in both groups and solo exhibitions. Her work is part of the collection of the museum of Art and Origins in New York.

Please contact the Food & Beverage office to register at (561) 273-2648.

#### SOCIAL ACTIVITIES CONTINUED

## Upcoming Events Save the Date

## LABOR DAY WEEKEND

## Saturday, September 5<sup>th</sup> Lobster Fest at the Beach Club

This fabulous dinner includes all the freshly caught and cracked out of the shell lobster you would like to eat. A real treat.

6:00 p.m. to 9:00 p.m.

Reservations: (561) 624-3400



Labor Day Golf & Luncheon Event

8:30 a.m. Shotgun – 18 Holes

9:00 a.m. Shotgun - 9 Holes & Luncheon to Follow

Format: One Best Ball Shamble

Make Your Own Foursome

## Monday, September 7<sup>th</sup>

Traditional Labor Day BBQ

5:30 p.m. to 8:30 p.m.

19th Hole







YOM KIPPUR / BREAK THE FAST Wednesday, September 23<sup>rd</sup>















