# November 2015



Exclusive Luxury Community with Service Beyond Imagination



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Visit us at

#### http://www.frenchmanscreek.com

to see all the new site features!

#### Frenchman's Creek

#### **Beach and Country Club**

13495 Tournament Drive

Palm Beach Gardens, Florida 33410

Phone: (561) 622-8300

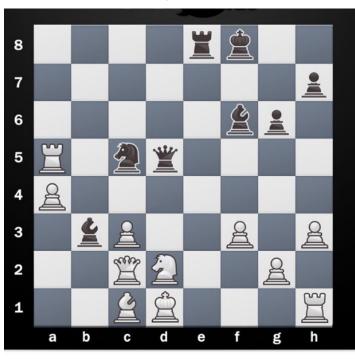
#### Frenchman's Creek Beach Club

400 Celestial Way

Juno Beach, Florida 33408

Phone: (561) 624-3400

#### CHESS CLUB IN NOVEMBER



Calculating moves ahead and exchanging pieces. Try to quickly assess the situation, and find the best move for white.

There are few options, choose the one move which you find will serve you. And keep in mind, exchanges are not bad you can even take a lead or weaken the options for the opponent.

When you look at any game in development, first always analyze the roles, and see who is attacking and who is defending.

For any questions or suggestions, please contact Bilian at 561-846-9987.

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#### POA SERVICES

#### HURRICANE SHUTTER REMOVAL

Your shutters must be removed by November 30<sup>th</sup>. Please contact our Frenchman's Creek Handyman services at (561) 775-6453, to assist with removal prior to November 30<sup>th</sup>.

#### PRESSURE CLEANING

Pressure cleaning and window washing services are available through Decorative Surfacing. Schedule your pressure cleaning through the POA office at (561) 627-1467.

#### TRANSPORTATION SERVICES

You finally made your way to Florida, but you need transportation from the airport to your home at Frenchman's Creek? Please contact the POA office at (561) 627-1467, to make arrangements for your airport pick-up using your vehicle. In order to ensure availability of your chauffeur, please contact us at least one day prior to your requested transportation date.

#### EXTERIOR PAINTING OF POA MAINTAINED HOMES

If you live in a patio, villa or town-house, a portion of your POA fees include the painting of your home. Items painted include the trim every three (3) years and the entire home painted every six (6) years. The fee you pay is based on the cost associated with painting an original standard A, B, or C, patio, villa or town-house.

If you live in a Barbados, Courtyard or Lake Front home these home types are billed POA fees as Patio C Homes. A non-standard A, B, or C patio, villa, or town-house in which changes, additions have been made, either when first built or subsequently, or if there are any extenuating circumstances where additional painting or preparation is required, then there will be an additional charge assessed to you at the completion of the painting job.

The additional amount to be assessed will be the difference between the actual painting costs less the amount billed as part of your POA fees.

Prior to the start of your scheduled trim or full-house painting, a letter will be sent to you by the POA letting you know the approximate time frame your house will be painted. As a courtesy to our homeowners, if there is an additional charge for this painting, the notice will state the amount and reasons for the additional charge.

If you have any questions, please do not hesitate to call the POA Administration at (561) 627-1467.



#### SAVE THE DATE - SHREDDING DAY



On <u>Thursday</u>, <u>February 4<sup>th</sup></u>, Frenchman's Creek is having another Community Shredding Day.

The Shredding Truck will be parked in the west parking lot. Mark your calendars! Begin sorting through your paperwork to locate what needs shredding? We are happy to assist in coordinating the transport to the club.

Shreddable items are: paper, staples, paper clips, spirals and photos. Items that can't be shredded include: x-rays, plastic, 3 ring binders and floppy disks. For more information, please contact the POA office at (561) 627-1467.

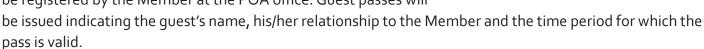
#### PICTORAL MEMBERSHIP DIRECTORY

Annual revisions of the Pictoral Membership Directory have been made. Please pick up your copies in the POA office.

The Membership Directory information is also available in the member section of the www.frenchmanscreek.com website. When logging in to the website on your mobile phone, select the "Directory" icon. Member names are listed alphabetically and calls can be placed directly by tapping on the phone numbers.

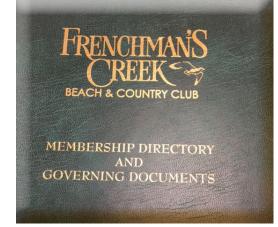
#### **GUEST PASSES**

Our guest registration procedure indicates that all guests must be registered by the Member at the POA office. Guest passes will



Unaccompanied guests must present their passes upon arrival at the Beach Club or Fitness Center. Access to these facilities may be denied without a valid guest pass.

Guest passes are also available online. Simply login to your membership account and select "guest passes" under the POA - tab. Fill out the online form and a confirmation email will be sent to you.





#### LANDSCAPING

We hope everyone had an enjoyable summer! We are looking forward to a great season. The Brickman team has been working hard to get things in shape.

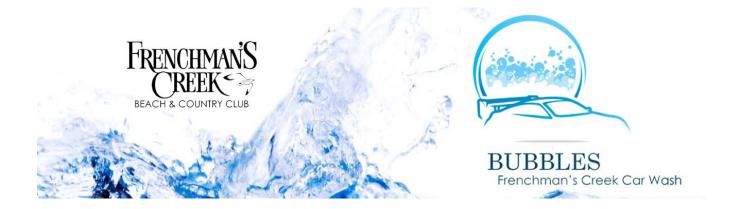
We have improved our structure this year by creating "Service Teams" to provide better service to the membership. These teams will consist of an Account Manager, Production Manager, and the appropriate field personnel to service Frenchman's Creek Beach and Country Club.

Danny and Ben's Team will service Degas Drive, LaPorte Drive, Marseilles Drive, Redon Drive, Loire Lane, Dijon Way, Toulouse Drive, Provence Drive and Deauville Drive.

Jennifer and Lorenzo's Team will be taking care of Verdun Drive, Rivoli Drive, Rivoli Court, LeHavre Drive, PaPont Way, Limoges Lane, Verde Way and Parc Drive.

Rich will be overseeing the common areas and Custom Home Team.

Your account manager will be stopping by shortly to introduce him/herself and welcome you back. In the interim, if you need anything, please contact the POA office at (561) 627-1467 with any requests.



#### **CAR WASH**

The Frenchman's Creek Bubbles Car Wash is available Monday thru Friday from 10:00 a.m. until 3:00 p.m. Drop off your vehicle at the valet stand at the main club, while you are enjoying lunch or other activities around the Club your car will receive a spa treatment.



#### **COMMUNITY MEETINGS**

All Board and Discussion with the President Meetings are open for all Frenchman's Creek Members to attend.

#### 2015-2016 BOARD MEETINGS (11:30 A.M.)

Thursday, November 19, 2015

Thursday, December 17, 2015

Thursday, January 21, 2016

Thursday, February 18, 2016

Thursday, March 17, 2016



#### DISCUSSION WITH THE PRESIDENT (4:30 P.M.)

Wednesday, November 18, 2015

Wednesday, December 16, 2015

Wednesday, January 20, 2016

Wednesday, February 17, 2016

Wednesday, March 16, 2016

#### MEET THE CANDIDATES FORUM

Saturday, February 13, 2016 at 2:30 p.m.

#### ANNUAL MEETING

Saturday, March 19, 2016 at 2:30 p.m.



Please contact Linda George at (561) 273-2615 or Igeorge@frenchmanscreek.com, if you have any questions about these meetings, or would like to schedule a meeting with Mr. Goswami or President Fred Stern.



#### THE LEAGUE OF WOMEN VOTERS

Mary Jane Range of the Palm Beach County League of Women Voters will be here to present –

#### Your Florida Government, Your County Government

Most voters have knowledge of the Federal Government and its branches but so often we hear voters ask, "What does the State Legislature do?" or "Why do we amend the Constitution?" This presentation



is everything you SHOULD know about Florida and County government which so often has a greater effect on our lives and pocketbooks than the Federal government.

The League of Women Voters is a nonpartisan organization of women and men of all ages and backgrounds, encouraging informed and active participation in government through education and advocacy.

Hosted by the Frenchman's Creek External Affairs Committee.

Tuesday, November 17<sup>th</sup> at 5:00 p.m.

Main Club

#### Cocktails and Hors d'Oeuvres to follow



#### THE TEXT MESSAGE SCAM

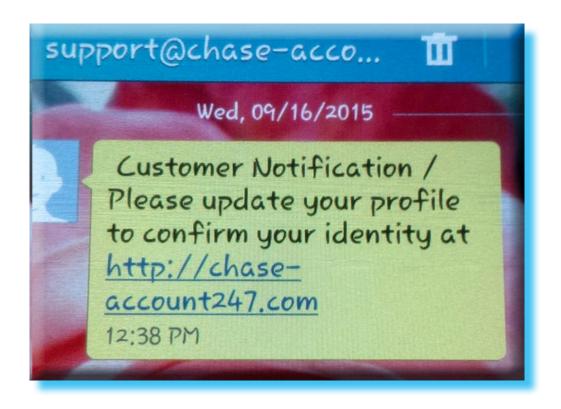
The Better Business Bureau (BBB) is warning consumers about a new text message scam that's fooling people into sharing their personal information with thieves.

#### THE SCAM

The BBB says con artists are sending people text messages that appear to look like an alert from their bank. The message says you need to update your profile information and then provides a link to a website. The URL may even include the name of your bank.

Read more: New scam is targeting WhatsApp users

According to the BBB, once you click on the link, it takes you to a form that appears to be on the bank's website. The page will then ask you to "confirm" your identity by entering your name, user ID, password and/or bank account number. Do not do it! And even if it really is your bank sending you a message, don't risk the possibility that it's not. Taking the time to log in to your online bank account through a secure network is a lot easier than the trouble you'd be dealing with after thieves get their hands on your personal information.





#### HOW TO AVOID THIS SCAM AND OTHERS LIKE IT

Text scams are nothing new and the BBB warned consumers about a similar one back in 2013.

The lesson: Even if a message appears to be from a trusted source, don't trust it!

Here's a general rule of thumb for avoiding these types of scams: Do not click on any link in any email or text message that you were not expecting. If there's a question and you think there's a legitimate message or notification intended for you, go directly to the official website of whatever business it is and check for any notifications there.

If your bank needs you to update your profile, you should be able to find that information by logging in to your account separately through the official site -- or by calling your bank directly.

Here are some additional tips from the BBB for you to protect yourself from text message scams:

- Just hit delete! Ignore instructions to confirm your phone number or visit a link. Some scam texts instruct you to text "STOP" or "NO" to prevent future texts. But this is a common ploy by scammers to confirm they have a real, active phone number.
- Read your phone bill. Check your phone bill for services you haven't ordered. Some charges may appear only once, but others might be monthly "subscriptions."
- Know your rights. Real commercial text messages must provide a free, easy way for you to opt out of future communication. Learn more here.
- Know how to combat spam texts. In Canada, an anti-spam law covers text messages. Learn
  more about reporting and fighting spam here. In the U.S., forward the texts to 7726 (SPAM on
  most keypads). This will alert your cell phone carrier to block future texts from those numbers.
- Watch out for look-alike URLs. Just because a URL has the name of a real company in it, doesn't mean it's legitimate. Anyone can register a sub-domain (realcompany.website.com) or similar URL (realcompany1234.com).
- Ask your phone carrier about blocking third-party charges. Mobile phone carriers permit
  outside businesses to place charges on your phone bill, but many carriers also allow you to
  block these charges for free.

Please do not hesitate to contact Frenchman's Creek Security if you have any questions or for advice about the Text Message Scam at (561) 622-7800.



#### FIRST CLASS FITNESS

Great Fitness Classes await! Revive, refresh and renew your body and mind by participating in our First Class Fitness. Many of our classes and programs are now being held at your newly designed outdoor workout area.

#### "GET OUT & GET FIT"

This is the motto of one of your new outdoor fitness programs. Outdoor fitness combines cardiovascular, strength training, flexibility and core training. Best of all, it's outdoors! Outdoor BodyFit Circuit Classes will be held every 2<sup>nd</sup> Sunday beginning on November 1<sup>st</sup>. The Outdoor BodyFit Circuit Class is a 40 minute circuit workout and includes cardio as well as lower and upper body strengthening. Introductory classes are available on Fridays, November 6<sup>th</sup>, 13<sup>th</sup> and 20<sup>th</sup> at 9:00 a.m.

#### "FULL MOON YOGA FLOW"

We invite you to experience true inner peace on a full moon night. Unite your body, mind and spirit with an invigorating session of yoga outside with a view of the golf course and lake. During a full moon, all energies are amplified, so it's a perfect time to focus on calming the mind, increasing positive thoughts, and moving energy though the body. The class will consist of Hatha flow, stretching, balance poses, controlled breathing and guided meditation. Join us on <u>Tuesday</u>, <u>November 24<sup>th</sup></u> at 5:30 p.m.

#### "BALANCE YOUR GAME WITH GOLF FITNESS"

Lower your golf scores, improve your consistency and increase your distance. Learn exercises and fitness techniques that will help you improve your overall golf game at the Golf Fitness Outside Clinics.

 $\underline{\text{Thursday, November 5}}^{th} \text{--TPI Core Stability -- 4:00 p.m. and}$ 

<u>Thursday, November 16<sup>th</sup> - TPI Shoulder Lat Flexion - 4:00 p.m.</u>

This is a Golf specific biomechanical assessment / corrective exercise program

#### "OUTDOOR PERSONAL TRAINING"

Personal training services outside are available by appointment. Please contact the Fitness & Spa Center at (561) 622-3691 for scheduling.

The outdoor workout area is located behind the Fitness Center by the tennis court and bocce ball lanes.





# "HEALTH FAIR 2015 - SAVE THE DATE!"

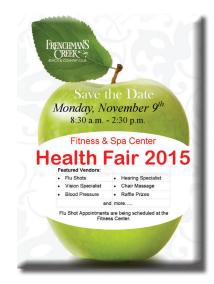
The Annual Member Health Fairthis year is scheduled for Monday, November 9<sup>th</sup>. Featured vendors this year are local providers including: Vision and Hearing Specialists. Flu shots, blood pressure checks, chair massages and raffle prizes will be available. Schedule your appointment for your flu shot directly at the Fitness & Spa Center at (561) 622-3691. Please remember to bring all applicable identification needed.

# MINDFUL MOVEMENT WORKSHOPS - GUIDED MEDITATION SERIES

These workshops help you leave the busy world behind and inspire you to renew your connection to yourself. Each workshop will have a theme and different style of meditation offering you various opportunities to explore this powerful practice. The workshop includes breath work and gentle stretching for meditation preparation.

- Thursday, November 12<sup>th</sup> "Gratitude" Meditation Workshop 4:30 p.m.
- <u>Thursday, November 19</u><sup>th</sup> "Gratitude" Meditation Workshop 4:30p.m.

We invite you to experience true inner peace and unite your body, mind and spirit.





#### YOUNG AT HEART - INTERACTIVE WORKSHOP

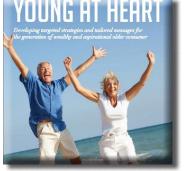
Prevention of Heart Disease. Can it be reversed with exercise?

In this class, learn about the benefits of exercise, the danger of inactivity, and how much exercise is enough. While you are working at exercise stations you will learn the benefits, learn about your heart rate ranges and target zones will be discussed. An individual heart rate training plan will be created for you with you!

The session begins with warm/ups followed by a 30 minute heart rate training plan will be created for you with your production may be created for you with your second for the session begins with warm/ups followed by a 30 minute heart rate training plan will be created for you with your second for the session begins with warm/ups followed by a 30 minute heart rate training plan will be created for you with your second for the session begins with warm/ups followed by a 30 minute heart rate training plan will be created for you with your second for the session begins with warm/ups followed by a 30 minute heart rate training plan will be created for you with your second for the session begins with warm/ups followed by a 30 minute heart rate training plan will be created for your with your second for the session begins with warm/ups followed by a 30 minute heart rate training plan will be created for your will be

• <u>Tuesday, November 10</u><sup>th</sup> - Prevent Heart Disease Workshop - 4:30 p.m. Anyone looking to improve their lifestyle and performance will enjoy this class.

All healthy heart and meditation workshops take place in the Fitness Center Group Aerobics Room.





#### FITNESS TRUNK SHOW

Frenchman's Creek welcomes you back with open arms to another exciting shopping season.



#### FITNESS CLASS INTRODUCTIONS

- <u>Let's Get Moving</u> Get ready for a variety of exercises that will focus on muscle strengthening, coordination, balance, stability and most of all FUN! Seated and standing exercise options will be provided. Complimentary classes are scheduled for F<u>ridays</u>, November 6<sup>th</sup>, 13<sup>th</sup> and 20<sup>th</sup> at 10:00 a.m.
- <u>Aquα Spin</u> Now available on Fridays! Come jump on a bike and work out your whole body in the water.
  There is no stress on your joints, your core is engaged so it is a total body work out. Complimentary classes are available on <u>Fridays</u>, <u>November 6<sup>th</sup></u>, <u>13<sup>th</sup></u> and <u>20<sup>th</sup></u> at 9:30 a.m.

Please contact the Fitness & Spa Center to schedule your fitness and / or spa appointments at (561) 622-3691.

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#### FITNESS & SPA, CONTINUED

Spa Member Guest Day

#### SPA MEMBER GUEST DAY

#### SPA & Fitness



# Member Guest Spa Day



Come by yourself or bring a friend to indulge and spend the day playing cards & relaxing at the Spa and Pool.

Member-Guest Spa and Fitness Day

#### Friday December 11th

from 9:00 a.m. to 4:00 p.m.

Three spa packages to select from, refreshing champagne cocktails, light spa hors d'oeuvres, spa lunch, fitness classes, 15% off all retail & product purchases and a complimentary gift bag.

For an appointment, please call the Fitness Center and Spa at 561-622-3691



#### PICKLEBALL - A.K.A. "TIKKY BALL"

We are proud to announce that we are the only club in America that has 6 Har-Tru Pickleball courts. The game is growing popularity everywhere especially at Frenchman's Creek. This game is not hard to learn, all you need is the understanding of the ball bouncing and minimum hand-eye coordination.

If you are not sure what "Tikky Ball" is, come by to take a look. If you are interested we do offer several classes per week. The game gives you tremendous cardio, fun and the comradery among your friends is fantastic. Don't be the last one to know or learn about Pickleball.

Tikky is offering several Pickleball classes per week.

- Thursdays 9:00 a.m. to 10:00 a.m.
- Fridays 9:00 a.m. to 10:00 a.m.

Those of you who have already mastered the game, here is the regular Pickleball schedule for each week.

- Mondays 3:00p.m. 4:00 p.m.
- Thursdays 3:00 p.m. 4:00 p.m.
- and Sundays at 10:00 a.m.

If this schedule does not work for you, please contact the tennis pro shop at (561) 622-1623. We are happy to arrange Pickleball games for you any day of the week.

#### TENNIS ACTIVITIES

#### Children's Fun Tennis Clinics

Every Sunday at 9:30 a.m.

#### **Adult Tennis Clinics**

Every Tuesday 8:30 a.m. to 10:00 a.m. Everyone is welcome, please register with the Tennis Pro Shop

#### **Tennis Round Robin**

Every Thursday and Saturday 8:30 a.m. to 10:00 a.m.

#### Private Tennis Lessons for Adults and Children

Lessons are available upon request, please schedule your lesson with the Tennis Pro Shop

#### Tennis Ball Machine Clinic

Monday, November 2<sup>nd</sup>

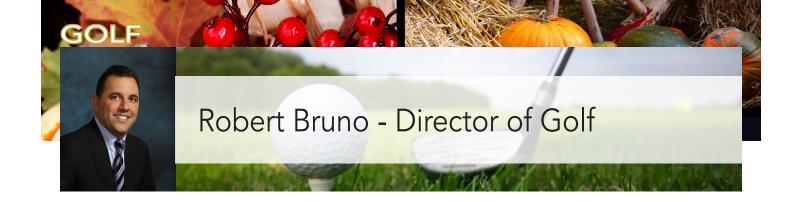
3:00 p.m. - 4:00 p.m.

Complimentary ball machine clinics are scheduled on every first Monday of the month.

#### TENNIS STRETCH

A dynamic 30 minute warm up routine with Tikky and Kristen to prepare you before tennis practices, matches and tournaments. Every Tuesday, Wednesday, Friday and Saturday at 8:00 a.m.

Clinics are located behind Court #1 at the Fitness Outside Workout Area.



#### MEN'S HEALTH DAY EVENT

The 2015 Men's Health Day event benefitting Jupiter Medical Center is scheduled for December 16<sup>th</sup>. The Committee is confident that Frenchman's Creek members will be in full support of such a worthy cause. Raising over \$250,000 in last year's event shows how generous our community is and we look forward to a continued relationship with Jupiter Medical Center.

The Jupiter Medical Center Foundation is once again pleased to offer the special premiums to members participating in the event. With a minimum contribution of \$500 you are eligible to participate in the golf event. A contribution of \$1,000 or more allows you to become a President's Club member for (12) twelve months as of the receipt of your gift. No membership card will be issued.

When contacting the Jupiter Medical Center or arriving at the emergency room, identify yourself as a Frenchman's Creek President's Club Member. They have developed a database of all current members to ensure your upgraded service. If you wish, you may enter through the Emergency Room by Private Entrance and you are also extended the use of the Founders Waiting Room which is normally reserved for donors of \$100,000 or more.

The President's Club Donor Card provides:

- Expedited Registration Process
- Doctor Referral Services
- Deluxe Rooms
- Recognition for Frenchman's Creek on the Wall of Honor in the Main Lobby
- Deluxe Meals
- In Hospital Visit from a Patient Advocate
- Private Founders Waiting Room Access
- Expedited Outpatient Services

The Golf Event and Luncheon on Wednesday, December 16th:

7:30 a.m. Breakfast in the Main Dining Room

8:45 a.m. Golf Event Begins

Make your own foursome

Sign up as an individual & the Committee will assign you to a group. Non Golfers are welcome

to attend the luncheon & presentations. Raffle Prizes & Contestant Gifts for everyone

contributing to the Men's Health Day Charity event.

12:45 p.m. Luncheon in the Main Dining Room

Please contact the Golf Pro Shop at Frenchman's Creek if you have any questions regarding the event.

Thank you for your time and support.



#### NOTES FROM THE GOLF COMMITTEE

#### **GUEST PLAY & TEE TIMES:**

Guest tee times are available for you and your guest during the season on a daily basis. Guests are allowed to play before 8:00 a.m. and after 12:00 p.m. Tee times may be available after 10:00 a.m. on lighter play days and must be approved by the Director of Golf or Head Professional. You may request tee times online via the Frenchman's Creek Website. Go to <a href="https://www.frenchmanscreek.com">www.frenchmanscreek.com</a> and log into the private section of the website. Click on the tee time tab which will take you to the Chelsea Tee Time System. Please contact the golf shop and/or starter for any questions in regard to guest play and tee times.

#### PRACTICE FACILITY:

The practice facility is available every day for our members and their guests for warm-up prior to your round of golf. Schedule a golf lesson with one of your instructional staff members or utilize it to improve upon your game and refine your swing. Please Note: Children under the age of sixteen (16) must be accompanied by an adult and are required to utilize the North End (Back End) of the practice facility located by the sales center. All children should be dressed in golf attire at all times when using any part of the practice facility including the putting green.

#### DRESS CODE & GOLF COURSE ETIQUETTE:

As a friendly reminder, members and their guests are required to adhere to the standards set at Frenchman's Creek Beach & Country Club. We all must follow the proper dress code policy on the golf courses as well as all of the practice facilities. Men are required to wear a collared shirt at all times. No denim, workout attire, tank tops or short shorts are acceptable attire for these areas. All members and guests should follow the proper golf course rules of etiquette. We ask that you adhere to the 90 degree rule while driving your cart, please fill in all your divots with sand, rake all bunkers, fix all ball marks on the green and maintain a four (4) hour pace of play. Cell phones are prohibited on the course as well as the practice facilities. Please respect your fellow members and enjoy your golf.

#### HANDICAPPING THE HOLES & SCORECARD COLLECTION

The Men's and Ladies Golf Committees will be evaluating the Handicapping of each hole on both the North and South Golf Courses. In order to accurately establish the difficulty of each particular hole and handicapping of each hole we ask that the membership accurately record their respective score on each hole played. Please follow the handicapping procedures for proper posting of scores. We ask that all playersturn their scorecards into the Golf Pro Shop upon complettion of play.



#### HANDICAPPING PROCEDURES

#### WHY IS IT IMPORTANT TO POST YOUR SCORE?

Scores should be posted after the completion of any round of golf. It is extremely important that this procedure is carried out correctly in order for games and/or matches to remain enjoyable and competitive. A player's handicap needs to be accurate and represent their current state of play. Without posting scores on a regular basis this is not possible. Here are a few tips on how to record your scores.

The most important rule on handicapping is to POST ALL SCORES.

The Handicap Committee will be reviewing the posting of scores on a weekly basis to identify and monitor members who are not posting or not posting properly. On the rare occasions when you cannot post your score immediately upon completion of your round you have an alternative option to post your score via the internet through the Frenchman's Creek website.

#### POSTING FOR INCOMPLETE ROUNDS OF GOLF

All scores for rounds of at least 13 holes are to be entered into the handicap computer. If fewer than 18 holes, but at least 13 holes are played, the player shall add the total score for the holes played with the total of par for the un-played holes, plus any handicap strokes to which the player is entitled to on the un-played holes.

Example: If your handicap is 18 on the North Course and you have completed 13 holes, you will add 20, which is par for holes 14 through 18 on the North Course, plus an additional 5 strokes which are the handicap strokes you are entitled to for these un-played holes. This total of 25 strokes plus the total for the 13 completed holes played on the North Course must be entered into the computer for handicap purposes.

All 9-hole scores are to be entered into the handicap computer. If you play 7 holes or more, a 9-hole score must be posted.

All away scores must be entered. All scores can be entered via the internet as well.

All tournament scores must be entered into the handicap computer with a "T" to differentiate between a score shot during tournament play and non-tournament play. If you do not complete a hole in tournament play, you must give yourself a probable score for that hole up to your maximum allowed under the equitable stroke control recommended by the U.S.G.A.

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#### POSTING FOR UNFINISHED HOLES

If a player starts but does not complete a hole, he shall record for handicap purposes the score that most likely would have been made.

EXAMPLE: A and B are partners in a match play competition on a hole which neither player receives a handicap stroke. A lies two, 18 feet from the hole. B lies two, 25 feet from the hole. B holes the putt for a three and A picks up his but because he cannot better B's score, A records a score of four because he most likely would have two putted.

#### EQUITABLE STROKE CONTROL

Equitable stroke control is the adjustment of individual hole scores for handicap purposes in order to make handicaps more representative of a players potential ability. Equitable stroke control sets a maximum number that a player can post on any hole, depending on the player's handicap.

#### EQUITABLE STROKE CONTROL TABLE

Course Handicap	Maximum Number On Any Hole
9 or less	Double Bogey
10 through 19	7
20 through 29	8
30 through 39	9
40 or more	10

Always play summer rules unless stated otherwise.

The accurate entry of all scores is essential to maintain a fair and equitable handicap system. A member not complying with these rules will be subject to the arbitrary penalties as authorized by the U.S.G.A. handicap manual.

The Golf Committee and Handicap Committee will address any and all issues in reference to the maintaining of proper handicaps.

Enjoy Your Game!





#### UPCOMING GOLF EVENTS

#### **NOVEMBER**

Ladies Opening Day Golf & Luncheon "Proud as a Peacock"

Tuesday, November 3<sup>rd</sup>

9:30 a.m. Shotgun

**Format:** ABCD Step Aside Scramble

11:30 a.m. Luncheon & Awards

Main Dining Room

Men's Opening Day Golf & Luncheon

Wednesday, November 4<sup>th</sup> 8:30 a.m. Shotgun

Format: 1 Best Ball Shamble

(Make Your Own Foursome)

12:30 p.m. Luncheon & Awards

Main Dining Room

Men's Par "3" Championship

Friday, November 6th

8:30 a.m. Shotgun – South Course – 18 Par 3 Holes **Format:** 1 Best Ball (Two Man Teams in Flights)

(8 Strokes Maximum between Partners)

Sign Up in the Golf Shop Hallway

Nine, Wine & Dine Event

Friday, November 13th

3:00 p.m. Shotgun – 9 Holes

Format: TBA

(Make Your Own Foursome)

5:00 p.m. Dinner & Awards in the Sports Bar

Men's Member / Staff Event & Luncheon

Friday, November 20<sup>th</sup>

8:45 a.m. Shotgun

Format: 1 Best Ball Shamble

(Make Your Own Fivesome – 1 Staff & 4 Members)

#### **DECEMBER**

Nine, Wine & Dine Event

Friday, December 4th, 2015

3:00 p.m. Shotgun – 9 Holes

Format: TBA

(Make Your Own Foursome)

5:00 p.m. Dinner & Awards in the Sports Bar

Ladies Eclectic Golf Event

Tuesday, December 8<sup>th</sup> Round 1 Thursday, December 10<sup>th</sup> Round 2 Tuesday, December 15<sup>th</sup> Rain Date

8:30 a.m. Shotgun – 18 Holes 9:30 a.m. Shotgun – 9 Holes

Men's Presidents Cup Golf Event

Friday, December 11<sup>th</sup> Round 1
Saturday, December 12<sup>th</sup> Round 2
8:30 a.m. Shotgun – 18 Holes
Format: Two Man Teams

Men's Health Day Charity Golf Event

Wednesday, December 16th

7:30 a.m. Breakfast in the Main Dining Room

8:45 a.m. Shotgun – Golf Event Begins

Format: 1 Best Ball Shamble

(Make Your Own Foursome or Committee Will Pair)

12:45 p.m. Luncheon & Awards

#### THANKSGIVING HOLIDAY

Junior Golf Academy

Monday, November 23<sup>rd</sup> Tuesday, November 24<sup>th</sup>

2:45 p.m. Registration 3:00 p.m. Instruction



## **DEMODAYS**

# Callaway Titleist TaylorMade

The golf shop has schduled the first series of Golf Demo Days. This season the fitness staff will be joining them at these events. The golf companies will be visiting Frenchman's Creek demonstrating the latest golf equipment. the Fitness and Spa Center will provide TPI certified personnel that will be doing Golf fitness assessments and coordinating with the Golf Pros on a swing analysis to introduce a program to improve your golf swing.

Demos are from 12:00 p.m. to 4:00 p.m.

Golf Fitness Assessments and Swing Analysis are available from 1:00 p.m. to 3:00 p.m.

#### CALLAWAY

Thursday, November 5<sup>th</sup>

Thursday, December বুল

12:00 p.m. to 4:00 <u>p.m.</u>

12:00 p.m. to 4:00 p.m.

#### TITLEIST

Thursday, December 17th

12:00 p.m. to 4:00 p.m.

#### TAYLORMADE

Thursday, February 11th

12:00 p.m. to 4:00 p.m.



#### NOVEMBER DINING SCHEDULE

#### 19TH HOLE

Breakfast Monday - Sunday 7:00 a.m. - 11:00 a.m.
Lunch Monday - Sunday 11:30 a.m. - 2:30 p.m.
Dinner Monday - Saturday 5:30 p.m. - 8:30 p.m.

#### SPORTS BAR

Lunch Monday - Sunday 11:30 a.m. - 2:30 p.m.

Dinner Monday - Sunday 5:30 p.m. - 8:30 p.m.

#### MAIN DINING ROOM

Brunch Sunday 11:30 a.m. - 2:30 p.m. BBQ Dinner Sunday 5:30 p.m. - 8:30 p.m.

#### THE GRILLE

Lunch Monday - Saturday 11:30 a.m. - 2:30 p.m. Dinner Tuesday - Saturday 6:00 p.m. - 9:00 p.m.

#### POOL SIDE CAFÉ

Lunch Monday - Sunday 11:00 a.m. - 4:00 p.m.

#### BEACH CLUB

Lunch Monday - Saturday 11:30 a.m. - 2:30 p.m.

Brunch Sunday 11:30 a.m. - 2:30 p.m.

Dinner Monday, Wednesday - Saturday 6:00 p.m. - 9:00 p.m.

#### TAKE OUT SERVICE

Dinner is available every day. Place your order by 4:00 p.m. and we will deliver dinner to your home between 5:00 p.m. and 6:00 p.m. Call the Food & Beverage office for assistance with your order at (561) 273-2647.

A new season Take Out menu is available and included in this mailing. With the Thanksgiving Holiday around the corner and for you who would like to celebrate at home, but without the cooking, Frenchman's Creek can provide you with all the trimmings for your perfect Holiday dinner. Sue in the Food & Beverage Office is happy to assist you in coordinating your Holiday Take Out at (561) 273-2647.



## Wednesday, November 4<sup>th</sup> and Friday, November 20<sup>th</sup>

Cigar Club

3:30 p.m. to 5:00 p.m.

Cigar Clubs are back this season. Get together for a fine smoke, your favorite cocktail served with Hors d'Oeuvres of the day and great conversation. Meet in the Cigar Club Lounge outside the Men's Card Room.



#### Monday, November 16<sup>th</sup>

Trivia

6:00 p.m. The Grille

A night of dinner and fun quizzes. While there are plenty of hard brain teasers out there, it is nice to have some easy Trivia Questions and Answers. Prizes awarded to best team.



#### Friday, November 20th and

Saturday, November 21st

Peter Luger Steak Night at The Grille

6:00 p.m. to 9:00 p.m.

Make your reservations online today.



#### Thursday, November 26th

Thanksgiving Dinner

5:30 p.m. to 8:30 p.m. Main Dining Room

A festive Holiday dinner with a delicious food variety served buffet style. Jackets (Tie optional).



Family Bingo

7:15 p.m. Main Dining Room

A game of chance played with randomly drawn numbers. Great for family and friends. Cash and gift prizes to be awarded.



#### SOMMELIER'S CLUB EVENTS

#### Wednesday, November 11th

Gourmet Wine Dinner

6:30 p.m. Main Dining Room

Join us for this formal dining experience. Enjoy a 5-7 course wine pairing dinner. The first Gourmet Dinner of the season features a fabulous wine selection from France. Jacket and Tie.



#### Wednesday, November 18th

Skype Wine Dinner

6:00 p.m. Beach Club

Hill Family Estate in Yountville Napa Valley will be featured at your first Skype Wine Dinner at the Beach Club. Doug Hill planted his first vineyard in 1984. After three decades of farming the family decided to make their own wine. They sell 80% of the grapes that they grow. How good are the grapes? These are their customer; Caymus, Duckhorn, Silver Oak, Cakebread, Quintessa, Far Niente, and David Ramey, just to name a few. So join us and see what the remaining 20% of their grapes taste like.



#### Thursday, November 19th

Beaujolais Nouveau

5:30 p.m.

The first crop of the year. Taste this young wine vintage 2015. Available in all dining outlets.



#### Monday, November 23<sup>rd</sup>

Scotch Dinner

introducing Conor Adair - Certified Whiskey Specialist

6:30 p.m. Lounge

Conor will educate us on the variety of flavours of the Glenmorangie whiskey selection. He grew up in the wine lands of South Africa. After graduating from The Cape Hotel School Conor moved to the USA. Conor managed numerous award winning restaurants. This is a MUST for the scotch lover. Try a different variety scotch with each course. After dessert relax with a freshly rolled cigar.







#### THE BIG ISSUES:

#### US-CHINA RELATIONS AND FOREIGN POLICY

Nicholas Burns with Jon Huntsman Thursday, November 12<sup>th</sup> at 8:15 p.m.



The rise of China will be a key issue in the election and pose challenges to the United States for decades to come.

What is the current state of US-China relations and how should a new administration handle our complex relationship with Beijing? Join two leading foreign policy experts for a penetrating discussion about the future course of the United States and China and the role foreign policy will have in the choice of our next leader.

#### LIVE ON SATURDAY NIGHT

Featuring Bobby Slayton "The Pitbull of Comedy"



Saturday, November 14<sup>th</sup> 7:00 p.m.

Main Dining Room

An exciting and inviting Supper Club with an exclusive entertainer for a very special evening.

Guests welcome.

Make your reservation online or call the Food & Beverage office at (561) 273-2647.



#### BEACH CLUB SPECIAL DINING

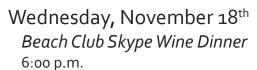
Thursday, November 5<sup>th</sup>

Stone Crab Night at the Beach Club
6:00 p.m. to 9:00 p.m.

Make your reservations online today.



A unique and intimate evening, featuring fabulous cabaret performers with a specialty menu. Tables of 6 please!



Enjoy a wonderful creative menu paired with a great selection of wines. Each winery selected will be connected via Skype and introduce their wines while you are enjoying the Beach Club atmosphere.

#### Saturday, November 28th

Lobster Fest at the Beach Club

6:00 p.m. to 9:00 p.m.

This fabulous dinner includes all the freshly caught and cracked out of the shell lobster you would like to eat. A real treat.



#### BEACH CLUB SHUTTLE

Hop on the Beach Club shuttle and join us at the beach. The shuttle service is available every day at the sales office from 10:00 a.m. to 9:00 p.m. Please contact the valet stand for additional information and to make arrangements at (561) 273-2700.

# SOCIAL ACTIVITIES. Upcoming Events Preview







#### Frenchman's Creek Excursions

#### NOVEMBER 2015 EXCURSIONS

Norton Museum, Downtown West Palm Beach Thursday, November 5<sup>th</sup> Art after Dark

4:30 p.m. Departure Frenchman's Creek

5:30 p.m. Special Exhibition Tour

Vincent Van Gogh's the Poplars at Saint Rémy and Edgar Degas' Portrait of Mlle. Hortense Valpinçon

7:00 p.m. Wine Tasting followed by life music8:30 p.m. Return to Frenchman's Creek

#### Navy Seal Museum and More, Fort Pierce

Thursday, November 12th

Pietro's on the Ocean and Castronovo

9:00 a.m. Departure Frenchman's Creek

10:00 a.m. Navy Seal Museum

1:00 p.m. Lunch at Pietro's on the Ocean

4:00 p.m. Castronovo Chocolate Factory, Stuart World award winning chocolate

#### Norton Museum, Downtown West Palm Beach Sunday, November 22nd

Israel on Film - Film Series: Many Faces of Israel

1:00 p.m. Departure Frenchman's Creek

2:00 p.m. These films explore the rich cultural traditions associated with food.

Jerusalem on a Plate, 2014, James Nutt, director (56 minutes)
Internationally-renowned chef Yotam Ottolenghi
returns to his home town of Jerusalem to discover
the hidden treasures of its extraordinarily rich and
diverse food culture.

Life and Hummus, 2015, Alex, Matros, director (40 minutes)

A Jewish American filmmaker travels through Israel,
on the hunt for 'the world's best' hummus





To reserve your seat for an excursion, please contact the Food & Beverage office at (561) 273-2647. If you have any suggestions on where an excursion should lead us, please call Bilian direct at (561) 846-9987.

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#### ALL THINGS BRIDGE

#### **DUPLICATE BRIDGE RESUMES**

Join us for the friendliest Bridge game in town! If you enjoy social Bridge, you will love our duplicate game with your friends and neighbors. We enforce "zero tolerance" - never a sad word spoken to opponent or partner! Hank Rosely will again be our eminent director.

Duplicate Bridge resumes on Friday, November 13<sup>th</sup> at 12:30 p.m. in the Main Dining Room and will be played every Friday.

#### BRIDGE CLASSES WITH PHILIP ALDER



Phillip Alder is returning this year to teach Intermediate/Advanced Intermediate Bridge classes. Bridge champion, coach, author and teacher, he writes the United Feature Syndicate bridge column, and was the bridge columnist for The New York Times. As a bridge teacher, Alder has conducted many classes and bridge holidays.

During the summer he will be teaching around the country, for example, in Arizona, Illinois, Maine, Missouri, Pennsylvania, Michigan and North Carolina.

He will be at Frenchman's Creek at the beginning of the new year 2016 on Monday, January  $11^{th}$  and  $18^{th}$ ; on Monday, February  $1^{st}$ ,  $15^{th}$ ,  $22^{nd}$  and  $29^{th}$  as well as on Monday, March  $7^{th}$  from 9:30 a.m. to 11:30 a.m.

For more information, please contact the Food and Beverage Office at 561-273-2648.

#### PLAY BRIDGE WITH THE PROS



Frenchman's Creek Women for Cancer Research is hosting its second "Play Bridge with the Pros" event on Sunday, December 13<sup>th</sup> at 12:00 p.m. at the Main Clubhouse. All pros have donated their time for this special fundraising event.

Mark your calendar as space is limited. Ladies and gentlemen of all skill levels are invited. Play will be in threesomes, make your own or we will arrange it. Enjoy a fun-filled relaxing afternoon with friends.

Checks are made payable to the Scripps Research Institute. Your check is your reservation. Donations are tax-deductible, participation per person is \$150. Please RSVP to the Food & Beverage Office at (561) 868-6370. For additional information, please contact Susan Jackowitz: susan.jackowitz@gmail.com or Helene Shuter: HWainer@aol.com

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#### Volunteer Match Program Showcase







Presented by Frenchman's Creek Volunteer Match Coordinators

# Thursday, November 12<sup>th</sup> 10:00 a.m. - 3:30 p.m. Main Dining Room

Drop in at your convenience to our first annual agency showcase of volunteer opportunities. Find ways to get involved. Take this opportunity to combine your personal passion with the needs in our community. This is a chance to make a difference. A few of the agencies that will be at the showcase are shown below.



















#### FC 3 Softball Team



#### We are looking for Softball Players!

We meet at the Frenchman's Creek parking lot at 8:45 a.m. and head over to Mirasol Field.

Thursday, November 5, 2015

Thursday, December 3, 2015

Thursday, January 7, 2016

Thursday, March 3, 2016

Save the Date!

Thursday, February 4, 2016 CHARITY WEEKEND GAME

on the FCCC Practice Range on

Saturday, April 2, 2016

at 4:30 p.m.



To join our team, please call: Art Lerner (917) 273- 4143 or Barry Fenner (561) 622-6533



#### Women for Cancer Research



#### Frenchman's Creek Women for Cancer Research Lead the Way Raising Funds for Cancer Research at Scripps Florida

PALM BEACH GARDENS & JUPITER, FL- Celebrating their 8<sup>th</sup> anniversary, Frenchman's Creek Women for Cancer Research (WFCR), will once again set the bar in our community for fundraising events. WFCR has raised over \$1 million for Scripps Florida, 100% of their philanthropic contributions directly support the cutting edge research being done in the Cancer Biology Department. This is

where life-changing discoveries are happening every day. WFCR has an ongoing partnership with The Scripps Research Institute in the challenge of conquering cancer through research....and these events help Scripps Florida get closer to this goal each year.

#### About The Scripps Research Institute:

The Scripps Research Institute is one of the world's largest independent, not-for-profit organizations focusing on research in the biomedical sciences. Over the past decade, Scripps Research has developed a lengthy track record of major contributions to science and health, including laying the foundation for new treatments for cancer, rheumatoid arthritis, hemophilia, and other diseases. The institute employs about 3,000 people on its campuses in La Jolla, CA, and Jupiter, FL, where its renowned scientists—including two Nobel laureates—work toward their next discoveries. The institute's graduate program, which awards Ph.D. degrees in biology and chemistry ranks among the top ten of its kind in the nation. For more information, see www.scripps.edu.

There are many exciting fundraising events planned again this season including: **Play Bridge with the Pros** on December 13<sup>th</sup> at Frenchman's Creek; **Fashion Show and luncheon** on December 14<sup>th</sup> at Neiman Marcus, Palm Beach; **Cocktail Reception and Auction** on January 7<sup>th</sup> at Scripps Florida; **Home Tours** on January 24<sup>th</sup> at Frenchman's Creek; **Tennis Tournament** on January 25<sup>th</sup>, followed by the annual **Golf Tournament and Luncheon** on January 26<sup>th</sup> at Frenchman's Creek.

"All of us at Scripps Florida are extremely grateful for the continued support of WFCR. We look forward to continuing our partnership- as your commitment to Scripps Florida plays a very important part in our continual success," said Dr. Tom Kodadek, Chairman of the Department of Cancer Biology.

To learn more about WFCR and/or any of these events, please contact the Food and Beverage Office at 561-868-6370.





















