





2016 ESCORTED TOUR 06 - 22 AUG

EAST TO WEST CANADIAN SPECTAULAR WONDERS

VISITING: TORONTO - NIAGARA FALLS - OTTAWA - QUEBEC CITY - MONTREAL - CALGARY - BANFF - CANMORE - KAMLOOPS - WHISTLER - VANCOUVER

DAY 1 - MALTA - TORONTO

Meet the tour leader at Malta International Airport for your flight to Toronto. Arrive at Toronto and transfer to your downtown hotel. The remainder of the day is free to explore the streets of this dynamic city. Discover the delights of Toronto's colourful neighbourhoods, take a ride to the top of CN Tower, experience the lively theatre district and indulge in one of the numerous restaurants.

DAY 2 - TORONTO - NIAGARA FALLS

Setting out to discover the many identities of Canada's most cosmopolitan city. After seeing the provincial parliament buildings, the waterfront, the imposing CN Tower and lively Chinatown, we leave the city and head for the Niagara Peninsula. We pass through outlying communities and towns around the southern shores of Lake Ontario en route to Niagara Falls. Time is allocated to admire the falls and take part in some of Niagara Falls numerous activities.

Meals: Breakfast.

DAY 3 - TORONTO - OTTAWA

We leave the Toronto Skyline behind and drive east towards Ottawa. Our route then winds through rolling farmland, following the rivers and lakes of the Rideau Waterway. Upon arrival in Ottawa we enjoy a sightseeing tour of the capital. Defined by the Rideau Canal (designated by UNESCO as a World Heritage Site) and the government buildings on Parliament Hill, the city offers many great sights including the public gardens, the Byward Market and City Hall.

Meals: Breakfast.

DAY 4 - OTTAWA - QUEBEC CITY

This morning we travel along the scenic Ottawa River to the French - speaking province of Quebec.

We skirt the magnificent Laurentians and follow the Chemin du Roy past quebecois villages and historic shrines. Today's journey ends in Quebec's cultural heartland, Quebec City. We tour within the walls of the old city and view the ornate city gates, Lower Town, the Citadel and Battlefields Park.

Meals: Breakfast.

DAY 5 - QUEBEC CITY

The day is at leisure to further explore the sights of this charming World Heritage Site. Explore this French - Canadian city with narrow streets and unique boutiques. Meals: Breakfast.

DAY 6 - QUEBEC CITY - MONTREAL

Departing from Quebec City we drive along St. Lawrence River in the footsteps of the early settlers. Upon arrival in Montreal, we tour the second- largest French-speaking city in the world. The dynamic city of Montreal encapsulates the two founding cultures of Canada and boasts a curious blend of history and modernity. Touring the downtown area we view the Olympic

Complex, charming Old Montreal, McGill University, the residential streets of Mount Royal and the bustling shopping streets. Meals: Breakfast.

DAY 7 - MONTREAL - TORONTO

Today's route takes us back to Toronto, where you will have time to explore colourful neighbourhoods and to sample some of the city's great restaurants and wonderful entertainment.

Meals: Breakfast.

DAY 8 - TORONTO - CALGARY

A transfer bring us to Toronto's Pearson International Airport for a flight over the prairie grain fields of central Canada to Calgary. Meals: Breakfast.

DAY 9 - CALGARY - BANFF NATIONAL PARK - CANMORE

We set off early this morning to tour the sights of Calgary. We admire such modern and historic landmarks as the Calgary Tower, Fort Calgary and the skyscrapers the commercial district.Leaving Calgary behind we set our sights on the Rocky Mountains, which can already be seen, far off in the distance. Experience the maiesty of the mountains as we first travel through the foothills and then enter Banff National Park. We tour the region around Banff amidst snow-capped peaks, sparkling glaciers and emerald green lakes and see landmark Fairmont Banff Springs Hotel, Bow Falls and Tunnel Mountain. Meals: Breakfast.

DAY 10 - CANMORE - BANFF NATIONAL PARK

The entire day is at leisure to tour Banff and browse through the many boutiques and specialty shops along Banff Avenue. Meals: Breakfast.

DAY 11 - CANMORE - KAMLOOPS

Our drive today is on the famed Trans Canada Highway, following a route chartered by the railroad engineers and fur traders of the mid 1800s. We continue our tour of the Canadian parks system as we cross the jagged Kicking Horse Pass into British Columbia's Yoho National Park. From the highway we are treated to a dazzling display of vast icefields, deep canyons, dense forests and glacier- fed streams. One awe - inspiring landscape follows another en route to Glacier National Park. We continue through the Monashee and Selkirk mountain ranges to the rugged interior town of Kamloops. Meals: Breakfast.

DAY 12 - KAMLOOPS - WHISTLER

We can expect a day of dramatic scenery changes when we drive through the ranch lands and head for the coastal mountains. Enjoy the rest of the day at leisure. Meals: Breakfast.

DAY 13 - WHISTLER - VANCOUVER

We drive south along the spectacular Sea-to-Sky Highway through a dramatic landscape of jagged fjords and glacinated mountain peaks. We leave the countryside behind and explore the metropolis of Vancouver on a sightseeing tour. Highlights include Stanley Park, Prospect Point, English Bay, historic Gastown, bustling Chinatown and much more. The afternoon is free to discover more of this coastal gem. Meals: Breakfast.

17 days **£3699**

DAY 14 - VANCOUVER

The Pacific Ocean and the Coast Mountains form the backdrop to your day at leisure in Vancouver. You might want to do some shopping down at Robson Street, relax in Vancouver's playground Stanley Park or stroll through the markets in Granville Island.

Meals: Breakfast.

DAY 15 /16- VANCOUVER - MALTA

The time has come for some last minute shopping and to say farewell to Canada. Transfer to Airport for your flight back to Malta

Meals: Breakfast.

DAY 17 - MALTA

Arrival in Malta.



BOOK	BEFORE 31 ST MAR	AFTER 31 st Mar
TRIPLE SHARING	€ 3699	€ 3849
TWIN SHARING	€ 3899	€ 4089
SINGLE	€ 4559	€ 4759

OUR PACKAGE INCLUDES

- RETURN INTERNATIONAL FLIGHTS MALTA/TORONTO/ VANCOUVER/MALTA
- ONE WAY FLIGHT FROM TORONTO TO CALGARY
- **AIRLINE TAXES AND FUEL CHARGES**
- 14 NIGHTS IN 4*ACCOMMODATION
- **ALL TRANSFERS**
- DELUXE AIR CONDITIONED MOTOR COACH WITH ONBOARD REST ROOM FACILITIES
- ALL EXCURSIONS AS PER ITINERARY
- 14 MEALS
- 14 BREAKFASTS
- COMPREHENSIVE GUIDED SIGHTSEEING
- ACTIVE ITINERARY WITH UNIQUE CULTURAL FEATURES
- SERVICES OF AN EXPERIENCED ROCS TRAVEL TOUR MANAGER

VISA REQUIRED

All bookings are subject to our general information, booking conditions and information. Photographs of rooms are indicative of room type available. Facilities described may be seasonal. Rates are per person and include: return flights, accommodation as stated and airline taxes. Fuel surcharge may apply. Special offers applicable only in specific periods. Prices may vary without notice. For a full list of terms & conditions kindly visit www.rocsgrp.com/travel/terms. For a more detailed description, full details of facilities and supplements, please refer to our website. E&OE.