

Everything

Horses AND Livestock<sup>®</sup>

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Here... **BY DELANA "DEE" HAY**  
*Hold My Mini*

**ALSO FEATURING ARTICLES BY**

DR. HARRY ANDERSON, CHAD MATHES, JANICE PACK, CORY YOUNG,  
CAL MIDDLETON, JOSHUA RUSHING, JO LENE THOELE & WENDY WISEMAN,  
MELISSA COWAN, BRANDY VON HOLTEN, MATTHEW JOBE, MARK PILAND, DVM

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Being raised by an Avid Outdoor Sports Writer, it was only natural for me to start our Magazine, Everything Horses and Livestock ®.

In my youth, I talked with my father about

writing some small books on living off the land in our area and caring for animals.

Out of high school, I gave riding lessons, trained horses, boarded, produced a variety of events and sold items from my own retail business, while also working for others.

I wrote articles on proper feeding and horse management for magazines, websites and newsletters. It was very enjoyable to listen to my father edit them for me.

He said, "It's good to write how you feel, what you believe, just get rid of the extra words!" My father and I never got around to writing our booklets before he passed away November 1, 2009. I have many fond memories of my father and our time together.

He worked at the same publishing company for 62 years.

My passion is proper care and feeding of all animals and helping others enjoy their ride. Our family loves to hunt, ride and team rope.

Flip through our pages. Enjoy articles, photographs, cartoons, word search, & fun news!

This magazine is dedicated to my dad, mom, sisters, husband, son, family, friends, and everyone out there enjoying the ride!

~Jana T. Harrington Barcus

**Editor/Publisher;** Jana Barcus

**Editing/Setup;** Jennie Pearce

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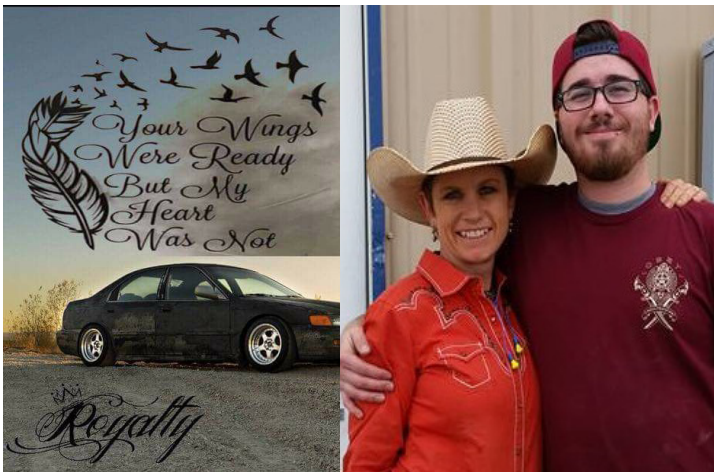
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### 2017 Reflections

I believe life is short here on earth and as we get older, I realize even more, to slow down and “smell the roses”. Two of our great writers here at EHAL, Shannon Rowl and Janice Pack, both recently lost their children. Our hearts are so saddened for these two women and their families. Please pray for peace for them and anyone else you know struggling, as we all continue our journey.



Rest in Peace - Skyler Gage Brown “Scooter”  
Son of Shannon



Rest in Peace - Sue Ellen Vogler  
Daughter of Janice

### Looking ahead to 2018

It’s November and in a short time, it will be a new year for goals and resolutions. This year our family has been blessed with an ever evolving and growing business. But most important, it has been a time for growth in our lives together.



As we look ahead to 2018, I love being able to “live” life with people that I don’t get to see on a regular basis and those I haven’t even met in person. It’s fun to sit relaxing with my husband as we “surf” the internet for information and talk together. Who thought growing up we would have a world of knowledge at our fingertips like this?

Technology works but it doesn’t replace face to face, going to events, talking with young guns coming out of college and with customers coming into our feed and tack store. It doesn’t matter what we are discussing, I love the fellowship. Our family has had a great year and we look forward to an even more exciting 2018. Our calendar is getting full with events each week and weekends are already booked at the Ranch! We are looking forward to the 4H Kids, horseshows, the return of mounted shooting, various horsemanship clinicians, team roping, barrel racing, working cowhorse, stock horse events, reining, saddle cleaning seminars and more! What a line up for 2018!

Hope to see you all at EquiFest of Kansas in Topeka on February 23, 24, 25, 2018 where you will find “Everything Horses and Livestock”, great shopping, clinics and more! Plan your summer to participate in clinics, competitions and enjoy riding with friends and family. Make Your New Year an exciting one!

**Making Memories.... Jana**



# Total Feeds

with Dr. Harry Anderson



## TRACE MINERALS

Trace minerals as a group are one of the most critical nutrient groups to be concerned with in Equine nutrition. They are also some of the most variable in the forages that are available to the Equine. The critical trace minerals needed by horses are Copper, Cobalt, Iodine, Iron, Manganese, Molybdenum, Selenium and Zinc. These are all present in forages, but the levels can vary and unless each batch or hay is analyzed you cannot tell the levels in grass. The levels change as the season progresses; so it is almost impossible to know at any point in time what the levels are.

A minimum level of each trace mineral is required daily in the diet of the horse. However, some trace minerals such as Iron, Molybdenum and Selenium can also cause toxicity or deficiencies of other trace minerals if they are present in excess. One example is excess Selenium causes a sloughing of tails and hooves in any species when present in high levels as it does in a few areas of the country. High levels of Iron and Molybdenum will cause a Copper deficiency by blocking the absorption and use of this critical nutrient. Because of this, it is a good idea to analyze hay and grass for trace minerals and not just for protein, energy and the major minerals

The importance of trace minerals are that every

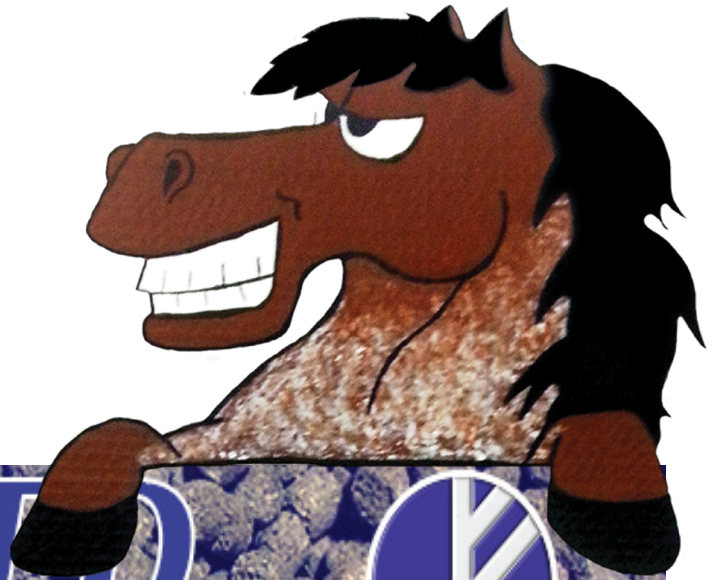
chemical reaction in the body requires one or more trace minerals to act as a catalyst to start the reaction.

Therefore it is important for all supplemental products to contain the correct level, ratio and form of the above mentioned trace minerals. The ratios are important to prevent interference of use, but the form is more important.

There are several different chemical forms of trace minerals available on the market and each have different levels of bioavailability or digestibility; which determines how well the animal can use them efficiently.

Based on the efficiency of use I suggest feeding a product that contains all of the trace minerals I have listed and only the forms of Amino Acid Chelate and/or the chloride form. These are the only two forms that I use in all of my programs for animals and humans.

R. Harry Anderson, PhD  
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Harry@TotalFeeds.com  
[www.totalfeeds.com](http://www.totalfeeds.com)  
Reprint July 2015



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# Curiosity Corner

What is this and what is it used for?



First one to send us the answer Receives a Gray MasterHand Milling Ball Cap!  
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Send us your answer to [ehalmagazine@gmail.com](mailto:ehalmagazine@gmail.com)

## We have a WINNER!

In our last issue we posted;

Does anyone know the name of this and what it was used for?



### WE HAVE A WINNER!!

Congrats to **Susan Kroenke of Iola, Kansas!**  
**ANSWER;** That is a Neck Yoke to keep the cows from going through the fence.

## Congratulations to all the Winners at UHCA & AHCA!

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Featured Writer Matthew Jobe



## SETTING YOUR HORSE UP FOR SUCCESS... Before Sending them to the Trainer

### Here are some “Minimums” to Do;

Your horse needs to be in good flesh. Determining an ideal weight for a horse is difficult, in part due to vast breed differences. A horse too fat will have a hard time getting worked very hard or long in the beginning until it tones up. It is more difficult to work an underweight horse hard and feed them enough to get into shape. Having your horse in good weight will allow the trainer to start working immediately.

Ensure hoof care is current. Whether trimmed or shod a horse needs sound feet before a trainer can train them. Hoof care is more than the farrier's responsibility. Simple things like the ground conditions they are standing in, keeping hooves clean, and healthy feed (we prefer Total Equine!) as well as regular farrier visits will keep your



horse's hooves healthy and your horse ready to perform.

Each barn/training facility may have different requirements for vaccinations. Vaccines can prevent, or lessen illness from a potential infection or infectious diseases, but the tricky part is vaccine selection. Vaccination is not “one size fits all.” These decisions are based on risk of exposure to the diseases, the consequence of a specific disease, the effectiveness of the product, and potential adverse effects. A vaccination program is



really designed to protect all the horses your horse comes into contact with as well as themselves. Also, vaccination is not a remedy for poor management. Discuss which vaccines are right for your horse with your veterinarian.

De-worm your horse at least 7 days prior to taking them to the trainer. A fecal count is the best way to determine the type of de-wormer to use. Fecal testing is the cornerstone of modern parasite control. Targeted deworming is actually less work, less expensive and more effective. The goal is parasite control, not complete eradication. You

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**By Brandy VonHolten**

American Horsemen's Challenge Association is a national organization that combines obstacles and horsemanship.

Their National Championship is in October at the Missouri State Fair Grounds in Sedalia, MO.

Below are the 2017 MO State Champions and a few words about the state championship being held at Von Holten Ranch located just 14 miles SE of Sedalia, MO.

**Rider: Kiley Gibson**  
**Equine: Sweety**  
Division(s): Wrangler & Youth



**Words from Kiley:** "I like the competition because it helps me improve. I like the people in MO AHCA because they are nice and friendly. I was happy that Von Holten Ranch has a covered arena so I didn't get rained on. My haflinger made me happy by becoming a competition horse. I like that the AHCA is about horsemanship and I like riding the great trails between competitions."

**Rider: Andrea Caponetto**  
**Equine: QTS Dunnit Royal aka "Sage"**  
Division(s): Novice & In Hand 2



**Words from Andrea:** "My favorite thing about AHCA has been meeting amazing new friends, challenging myself to reach new goals, and being able to accomplish those goals and grow as a team."

**Rider: Sherri Cale**  
**Equine: Dawn's Jayhawk aka "Pete"**  
Division(s): Limited Amateur & Legends



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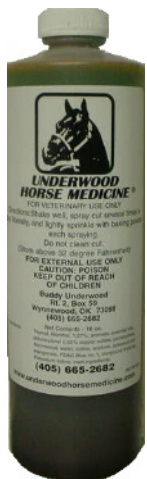




### Equine Therapeutic Aids, Accessories & Adornments

In this age of technological advancements, the Internet has reigned supreme as the place to “shop”. Horse lovers from backyard to amateur to professional, all surf the web for innovations in equine therapeutic aids, accessories and adornments. Endless items vie for shoppers’ attentions. While researching this article, I soon understood unless I planned to write a book, I had to pick and choose a lot.

Advancements in equine medicine allow veterinarians to treat maladies that once led to scarring, crippling or even death. Horse owners can also treat many minor cuts, bruises and swellings at home. Antibiotics, vaccinations, pain killers, sprays, salves, muscle relaxers, stem cell therapy and surgeries all help our equine friends achieve soundness and health again.



Underwood Horse Medicine has become an innovative therapeutic product for equine wound care. This spray proposes to heal wounds from inside out with no scarring, proud flesh or white hairs. It requires that the wound not be cleaned. Apply the medicine several times daily and sprinkle with baking powder after each application.

Many popular brands of joint supplements remain on the market. Acti-Flex 4000 continues as a favorite keeping joints lubricated and friction free. This

product has to be good for young and old horses alike.

Thousands of accessories exist in catalogs and on-line. Horse owners should have no trouble finding the ones right for their equine partners. To me accessories include fly masks, fly leggings, bell boots, splint boots, skid boots, halters, bridles, breast collars, stable & turnout blankets, bits, tiedowns, reins, and lead ropes. Shampoos and grooming tools fit here too. Now I am really scratching my head in confusion.

Any number of these items have usefulness as therapeutic, preventative or even training aids! Fly masks and leggings repel biting flies from causing sores or allow eyes and legs to heal from insect bites. Blankets, depending on weight, can keep the animal warm and its hair short, or protect it from sunburn. I hope you readers see my dilemma!



Surely we can agree on halters, bridles and other head gear serving as accessories. They can be useful & versatile aids to training, showing or changing behaviors. My, My, My, I just said “aids”! I wonder where equine ear plugs fall.. Probably on deaf ears. I will leave this decision to others.

I see all kinds of horse “boots” as necessary accessories for reining, cutting, working cowhorses and barrel racing horses. They serve as protection for legs and feet. I will leave it at that and not cause anymore confusion.

Equine adornments make the horse world a beautiful place. They seem to be a female thing. Many women love jewelry, beads and ornaments and assume their horses will love them too! Even the plainest bridles come with tassles and/or leather tooling.



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## One Handed

There are many misconceptions about neck reining and the idea of riding one-handed versus two handed. Once you understand the animal, you will know that it is best to start a young horse predominantly using two hands and continue using two hands for years. Much later, moving to one hand can be acceptable but is never necessary. Depending on how it is done, this can be detrimental in the long run for your horse.

When you progress from two hands to one, there shouldn't be a sudden "switch". It should be a lengthy, smooth transition beginning with your first ride. If you have been using the correct teaching techniques all along, your horse will be balanced with you on his back, and is well on his way to learning to be guided one-handed.



When guiding your horse with two hands, you can touch him with the neck rein, and with the direct rein and legs if needed. When you add pressure to the reins to help get your horse into frame and stay in frame, always start with one rein then the other, and then release in the same manner. This is the way you help your horse learn to balance himself when you use your reins.

Your horse has to learn to follow your hands/hand. So, if you want to ride or show one-handed, you have to prepare your horse for one handed guidance from the first day you ride him. Paradoxically, preparing your horse for one-handed guidance involves the continuing use of two hands throughout the entire process.

Many people ride with two hands without ever giving thought to their possible end goal of using only one. A common error when using two hands is to pull and hang on the reins and bit in an attempt to control their horse's head position with the reins. This leads to the horse leaning on the bit and reins continually, and never learning to hold himself in proper carriage and balance. Then one day when the rider decides to "switch" to one handed use of the reins, which can automatically loosen the reins, the horse is totally lost and subsequently so is the rider.

Another common error is the other extreme. For instance, a rider decides one day to ride their horse one-handed all the time and never goes back to two, thinking that the horse needs to learn one-handed riding, because that's how a particular competition will be judged.

We know a horse could care less about rules that humans make up for an event that humans also make up. If we care about our horse, he must not be subjected to a game for which he's not ready.

Always do what your horse needs. What your horse needs is to be taught to balance himself and hold himself up on his own, and to accept guidance and to give to pressure from your hands and feet. Even-

Continued on Page 19



# How Does Energy Balancing Work?

with Jo Lene Thoele & Wendy Wiseman

**We will be reviewing how Energy Balancing Therapy works, what is health, and the function of Essentials Oils. We will discuss what part they play in restoring and maintaining health. We will Discuss Aromatherapy Equine Emotional Release.**

All things are made of energy. Everything has a vibration pattern and these patterns can be changed. An energy blockage lowers the vibration of the energy system when it is flooded with negativity, trauma, distress, fear, physical injury, or disease, to name a few.

When energy flow is out of balance it affects the body to the cell level. Each cell contains the complete blueprint for constructing an entire body. In fact, all of the cells in our bodies (except those in the central Nervous system) are replaced at least every seven years. Restoring energy balance to the body makes changes on the cell level affecting the body, mind and spirit in restoring natural health.

flows along prescribed pathways through our bodies much like blood moves through arteries. These pathways are recognized and actively used today in many alternative and preventive health care practices to balance and clear blockages in our energy systems: blockages impact the way we feel physically, mentally and emotionally. These systems include the electrical activity of the nervous system, acupuncture meridians, and energy centers.

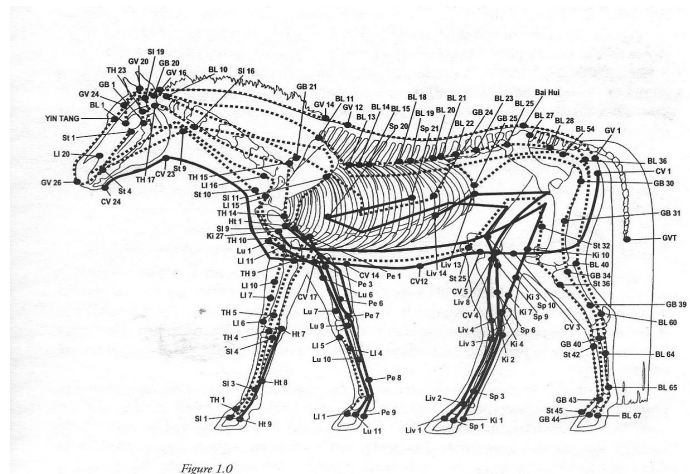
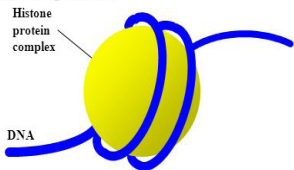


Figure 1.0

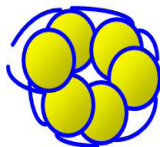
Stimulating the body into producing more energy and healing itself is the same principle that applies to all kinds of vibrational therapies. Using Equine Acupressure on the meridian system, made up of

## DNA Packaging:

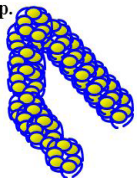
(a) the nucleosome: DNA wraps around histone proteins.



(b) solenoids: loop of nucleosomes.



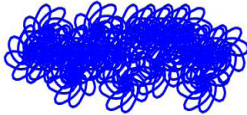
(c) solenoids form a loop.



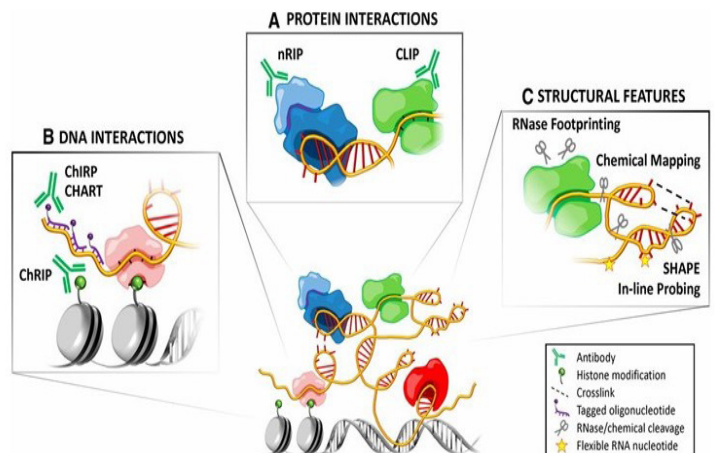
(d) idealized cross section of a chromosome: several solenoid loops.



(e) portion of a chromosome without the protein scaffold.



Current research reveals that electromagnetic forces are the foundation of all life. Scientists are now proving what many Eastern medicine traditions have known for thousands of years—that our bodies not only contain “physical systems” (such as our circulatory or lymphatic systems), they are also made up of “energetic systems” that play a critical role in our health and well-being. Energy



Continued on Page 15





**Word Search**  
**Help Blue Find all the Hidden Words**

- |             |           |
|-------------|-----------|
| Leaves      | Fudge     |
| Bonfire     | Scarecrow |
| Coyotes     | Bird feed |
| Trail Ride  | Hay Ride  |
| Turkey      | Pie       |
| Dressing    | Baby      |
| Cranberry   | Manger    |
| Snowman     | Jesus     |
| Sleigh Ride |           |
| Movies      |           |
| Spiced Tea  |           |
| Hot Cider   |           |
| Popcorn     |           |

Hi Kids - My name is P.J. It stands for "Pistol Junior" I'm a Roping Horse and I love to go everywhere!

Come see me sometime at the Better Equine Ranch!

Have Fun coloring me!

Then take a picture of your completed project, email it to [betterequine@gmail.com](mailto:betterequine@gmail.com) to win a prize!



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[ChadMathesRoping.com](http://ChadMathesRoping.com)

As I was thinking about a subject to touch on in this article, my focus seems to be on absolutes. Meaning, there are many different styles and disciplines that team ropers use to catch steers and win. Some run close, some reach. Some use a stiff rope and some use a softer lay. Which is right and which is wrong. Who's to say? Personally I don't believe that there is one right way to head or heel, but there are a few things that have to happen every time if we want to catch cattle consistently.

The first thing that comes to mind that I see beginners struggle with is an open swing. It's nearly impossible to be a consistent catcher if you can't keep your strands from touching together when you swing. I see people that have roped for years that have a mediocre swing and they get to a certain level and remain stuck there. Their swing doesn't allow them to rope on the gain or maybe catch that steer that's a little low headed. The more open your swing is, the easier it is to cover area, and that's key to being able to overcome bad situations.

Staying with the head side, no matter how you try to think about delivering your rope, the bottom strand has to go under the right horn if you want to catch every time. At clinic after clinic I see people torture themselves because they don't pick a target that helps them to get the rope to the same place every time. If you can't get the bottom strand under the right horn, your chances of catching go down about 75%. So whether you rope right to left, or both horns at the same time, the bottom has to nab that right horn every trip.

Moving to the heel side there are two things that we

absolutely need to keep in mind. The first is timing. I know, I know, you've heard it all, but we can't escape the need to get our rope to the cow when the back feet are back and the front feet are forward. Your tip will NOT come through the feet if it hits the front feet first, that's a fact we can't escape. I believe timing is one of the hardest things to master, but can't be ignored.

My favorite phrase is "if I'm in time with my horse, I'm in time with the steer". That may be one of the craziest things I've ever heard. Your horse is not watching the stride of the steer, we as horsemen and women need to be able to change the speed of our horses stride on every run to try and match up with the steer. If your horse's stride never changes, you will be in time with some steers, but never all. So, timing IS a real subject that has to be addressed.

The last thing I want to discuss is the whole scoop or trap situation. Knowing the difference between the two is a must. A trap is where the bottom strand ends up on the ground in front of the feet. A scoop is when the bottom strand ends up on the ground behind the feet. So many people get hung up and struggle trying to figure out what to do with the bottom strand. No matter whether we scoop or trap, the top strand hits the steer before the bottom lands, this is the absolute. If your bottom is hitting the ground before the top hits the steer, it's going to be difficult to catch consistently. Ropers who are struggling to get the same loop every time need to focus on getting the top strand to hit the same place every time.



If you can accomplish that, a scoop or trap is then decided by the position of your elbow, which could be a whole other subject. So work on getting that top strand to the hock everyone, and then decide what to do with the bottom.

There are a lot of theories and thoughts floating around these days about the "correct" way to rope. Just remember, as long as you keep the absolutes in mind, the only correct way for you to rope is your way!

Thanks so much for taking the time to read my ramblings, I'm just trying to pick the things that help the most! And remember, if your struggling a lot, praying never hurt either!

Until next time, PRACTICE HARDER.  
Chad Mathes



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12 bilateral major meridians and they are the energy pathways that will bring balance to the energy system. Removing blocked energy will increase the energy flow, the vibration of the energy body and restore the energy system back to its normal state. Energy Therapy is a hands-on therapy that is a safe and gentle way of releasing energy blockages that can cause imbalance and disease in the body. Promotes healing in all areas of our mental, emotional, physical and spiritual selves. By doing this, the energetic imprint of a dysfunction or illness can be re-balanced at the cell level.

#### WHAT IS HEALTH?

Health is everything we do, say, hear, see, think and eat. In physical terms, health represents a condition of systems that are in perfect balance and flow: there are no constrictions, impediments, or blockages.

In emotional, spiritual, and mental terms, health is the experience of truth, joy, and love: an expansive state of pure possibility and potential.

The human body vibrating within its normal vibratory range between 62 and 68 MHz is considered in a state of health. 58 MHz is the frequency of your body when you have a cold or the flu and 42

MHz is the frequency of a body wherein degenerative disease can appear.

Essential oils have the ability to penetrate cell membranes, travel throughout the blood and tissues, and enhance electrical frequencies. Essential Oils in the lower frequencies have more effect on structural and physical changes, including cells, hormones, and bones, as well as viruses, bacteria, and fungi.

Essential oils in the higher frequency ranges tend to influence the emotions, mental and spiritual. As we watch an essential oil work, it becomes clear that the powerful life force inherent in many essential oils gives them an unmatched ability to communicate and interact with cells in the human body.

Essential oils have an electrical vibration frequency that can be used to balance the energy system. Electrical frequency is defined as a measurable rate of energy flow that is constant between any two points.

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**“And so, dear brothers and sisters, I plead with you to give your bodies to God because of all he has done for you. Let them be a living and holy sacrifice—the kind he will find acceptable. This is truly the way to worship him.” - Romans 12:1**

It is hard to believe that summer is over and we are heading to winter. The parade was cancelled due to weather, first time in several years I'm told. We had a wonderful time getting the horses ready. It wasn't wasted time at all.

September was here and gone in a flash. A few of us rode in the Cowboy Days Parade. We had a little learning experience there. A couple of our horses do not care for the Miniature horses pulling the little carts with Bells. And my horse Skip had a real issue with the beautifully dressed Gypsy Vanners. I tried to explain; “Skip they are horses just like you.”



**Cowboy Days Parade sporting our “New LLR T-Shirts”**

Here we are already into the fall season, which is one of my favorite seasons. The colors of the leaves and all the festivities with pumpkins, and spices of all kinds are getting us ready for the holiday season. Did I mention how great it is to be on horseback this time of year? Hitting the trails, listening to the leaves rustle under hooves and enjoying the fresh crisp air is one of the best experiences. This is one of my ways of worship, and “No I'm not worshipping the horse,” I'm worshipping God's gift to us on the back of a horse (which is another gift of his creation). You

feel and enjoy your surroundings; his presence is all around us. Kansas is a beautiful state. We are blessed. God created this earth for all of us to live on and enjoy as obedient servants working as disciples and worshipping him.

These past few weeks LLR has partnered with New Life Community Church's Youth Group – Reg and Jayne Hamilton are the Youth Leaders of Fuel and the Journey youth group. Jayne and I are in our third week of our Bible Study with our Mentor Group girls. We are in the book of Matthew reading and learning from “Being a Disciple: Counting the Real Cost” and memorizing Romans 12.

We spend the first half of our session in our study focused on God's word and on what it takes to be a disciple. The second half of our time is spent with the horses, incorporating what we are learning from the study, applying this knowledge when working with horses. I've been reading and gathering knowledge from experienced trainers. I would like to share just a portion of what I'm learning from Lynn Baber, Author and Trainer. These are notes that I took from her book which includes my comments.



Studying Discipleship with the girls I found these same principles in what we expect from our horses. For example; In Lynn Baber's words; God wants three things from us that we ask from our horses.

1. Show Up
2. Focus
3. Offer Obedience

In my own personal experience horses can be easier to work with than people at times, and so much more forgiving, but planting the seeds is not that difficult.

At LLR we just need to show up with these kids and focus on showing them God's love and be obedient by following God's commands.

Continued on Page 35





## Vaccinations for your canine friends – What, Why and When

By Mark Piland, DVM

Pet owners vary with the care that they provide for their pets. Most people understand that vaccinations are necessary to help keep their pets healthy, but many times don't understand what exactly needs to be done and when. The important fact to remember is all of the diseases discussed in this article can be easily prevented.

Basic vaccinations for canines are pretty simple and straight forward, at least from where I'm standing. My advantage is I work with this daily with a variety of animals of all ages and living conditions. Most common vaccines are known as "5 way or 7 way" to pet owners. But what do these numbers mean and why is it important. Five or Seven way vaccines means that there are a number of diseases being addressed in that particular vaccine. An example might be Distemper, Adenovirus, Parvovirus, Parainfluenza and Bordetella is a 5 way vaccine. Five disease are being prevented through this vaccine.

Any of this information is available by way of Google, but understanding exactly what is going on requires a bit more study. So let's visit a bit about these diseases and their effect on your pet. It doesn't make any difference if you have a stock dog, hunting dog or a lap dog, the effects of any of these diseases can be devastating, even deadly. Distemper or "hard pad" disease is a viral infection that affects all canines. Dogs, raccoons, coyotes, skunks and foxes are all susceptible to this infec-

tion. Distemper is a virus from the Morbillivirus category of viruses. Dogs that have a high exposure level to other canines and these wild animals are at particular risk and should certainly be vaccinated and a booster yearly. And even small dogs that may not have as high exposure as others should be protected. Once exposed, it's too late and you are fighting an uphill battle. I personally have seen 7 or 8 cases of Distemper in the last 15 years, none of which were vaccinated and none survived in spite of treatment.

Adenovirus is a virus that effects the liver and causes infectious hepatitis. Clinical signs of this disease are fever, vascular collapse, poor appetite, lethargy, vomiting and diarrhea, abdominal pain and sometimes death. Additionally dogs that recover can have issues with their eyes including glaucoma and corneal ulceration. Bottom line is anything that negatively affects the liver isn't good. Prevention is always a better way to go.

Parvovirus brings about a bad feeling to anyone who has dealt with pets suffering with it. This deadly disease that just about everybody has heard of, generally effects the young but also can effect older dogs. Extreme vomiting and diarrhea are the hallmark signs along with lethargy and dehydration. This virus attacks specific cells in the small intestine, the Crypt Cells. These cells are responsible for providing the villi in the intestine. Villi are the finger-like projections on the surface of the intestine that increase the surface area and allow for better absorption of nutrients. Without villi, absorption is compromised. Diarrhea then takes over along with bacterial overgrowth, endotoxemia then ultimately death. Only 50 per cent of the dogs that contract this disease survive. One other number that I consider important, 50% or half the positive cases I see with parvo have been improperly vaccinated. Meaning the vaccine was not handled correctly.

Coronavirus is very similar in clinical signs that are seen with Parvovirus. Difference being that the clinical signs are not quite as severe. The animal is certainly ill, but not as devastated as in "parvo".

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## Taming the Cowboy Pride – Philippians 2:1-11

As we get ready to celebrate the birth of Jesus this month and next, I'd like to turn your attention to Philippians 2:1-11:

If you have any encouragement from being united with Christ, if any comfort from his love, if any fellowship with the Spirit, if any tenderness and compassion, then make my joy complete by being like-minded, having the same love, being one in spirit and purpose. Do nothing out of selfish ambition or vain conceit, but in humility consider others better than yourselves. Each of you should look not only to your own interests, but also to the interests of others. Your attitude should be the same as that of Christ Jesus:

Who, being in very nature God, did not consider equality with God something to be grasped, but made himself nothing, taking the very nature of a servant, being made in human likeness. And being found in appearance as a man, he humbled himself and became obedient to death—even death on a cross!

Therefore God exalted him to the highest place and gave him the name that is above every name, that at the name of Jesus every knee should bow, in heaven and on earth and under the earth, and every tongue confess that Jesus Christ is Lord, to the glory of God the Father.

I love the way the Apostle Paul starts this passage. In verses 1 and 2 we are given a classic if/then statement. If you took a math or geometry class during your time in high school, then you have studied if/then statements before. (Like how

I sneaked that if/then statement in on you?)

When I was in high school I was constantly confused by the technical terms for if/then statements, which are usually postulates, logical axioms or non-logical axioms (depending on the problem you were working on). Whenever you come across one in Scripture, an if/then statement is pretty easy to understand and apply. The “if” portion of the statement is the starting point that “then” leads to a fairly standard conclusion. It is as if Paul is saying to us “if this is true...then this must be true.”

In verses 1 and 2 Paul teaches that if we have been given new life through salvation in Jesus (as evidenced by being united with Christ, fellowship with the Spirit, and a new tenderness and compassion) then we should have a desire to be like Jesus – being like minded, having the same love, and being one in spirit and purpose. Essentially, we can't be changed on the inside without showing some signs on the outside (how we treat others).

How are we to be like Christ? We are not to be selfish or conceited but we should rather “consider others better than ourselves.”

If we are to be like Jesus then we have to care more about everyone else than we do about ourselves.

That's a tough statement for a prideful cowboy like myself – but it's absolutely true. Paul goes on in verses 5-11 and tells us that Jesus is the most excellent example of humility.

First, Jesus was fully God from even before the foundation of the earth. Jesus knew that if He were to come to the earth in the form of a virgin birth that He could not show Himself as He was in heaven – radiant and glorious. So verse 7 says that He made Himself “nothing” and took on the form of a servant. That does not mean that He was no longer fully God – He simply set aside that same radiance and glory during His ministry here.

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tually, if training is done correctly, the horse will be able to be ridden with one hand and neck reined easily while maintaining self-carriage and balance. The horse will understand what he's supposed to do in response to your pressure.

I am proud to be an official NRHA judge. (National Reining Horse Association) There are numerous other great horse associations out there that organize shows and keep track of registrations. I am a member and have competed in many orga-



nizations. I do think it's past time for some of these organizations to rethink their rules on the use of one hand vs two hands, and the way they structure their classes for competition.

This is true especially for the local clubs that hold weekend shows and are not an affiliate of a larger national association. They need to start thinking more about what's best for the horse in those situations and less on rules about what type of headgear is being used on the horse, or how many hands a rider uses on the reins.

If a horse is far enough along in his training that he can be ridden one handed consistently, then it should be shown one handed. If a horse is not that far along, it should NOT be shown one handed. No matter his age, your horse should be ridden two handed in the show pen until he is trained well enough to confidently show one handed, period.

The rider can develop all sorts of issues trying to show a horse one handed that isn't ready. There is also no reason a horse can't be shown two handed in a shank bridle. Showing two handed is a normal step in any correct training program. I firmly believe that we need to make changes in the rules of our associations, and that is one thing that I love about the NRHA. We have numerous classes where you can compete two handed when your horse is new to the game, or a so-called "green horse."

In the NRHA, you can compete two handed on any horse if you are a green rider. And anyone can show a green horse two handed in any legal bit, not limited to only a snaffle. I believe it is crucial for riders to learn to ride and show two handed before they go to one hand.

This is especially true in the case of children. **One of the worst things a child can learn is always to guide a horse using one hand.** Using two hands is essential for riders to develop an understanding of the horse's movements and carriage in relationship to the rider's hands.

Since 2007, I have helped to organize a ranch horse competition and horse auction in Kansas City called the KC Ranch Horse Classic. There, riders are allowed to use whatever humane and safe means necessary to help their horses through the show. The rules do not dictate how many hands and what type of bit the riders can use.

Ultimately it's up to the rider to do what's right by their horse. No horse should be harmed by putting him through inappropriate pressure just because he has reached the age that someone decided they should be ready to be shown one handed in a particular bit.

Suppose you find yourself in the position of competing in a particular class when your horse is not ready. You have lots of options. You can just pay

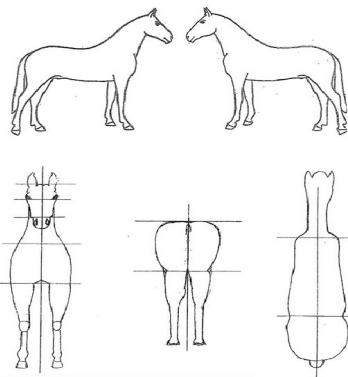
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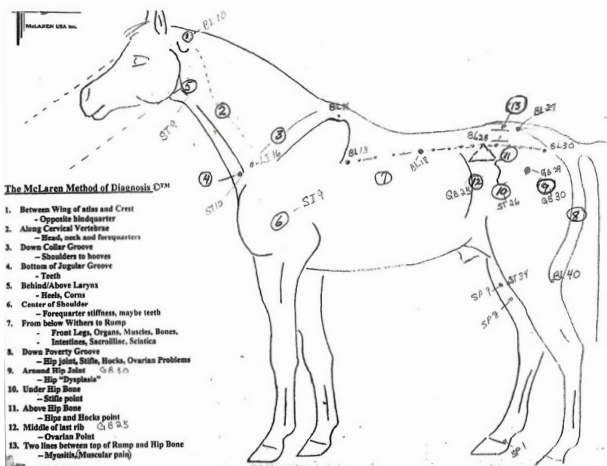
**Continued from Page 15**

Nothing is beyond the power of the body's own healing process. Our understanding is not great enough to know why or even precisely how this process works, so what we do is balance the energy flow, Asymmetries of the body (see chart below) and the posture, putting the body in the best possible state of form in which to heal itself.

We use a Symmetrical chart during assessment to identify Asymmetries and mark them on the chart. Symmetrical means both sides are equal and Asymmetrical means both sides are not equal or not in balance and mark Symptomatic areas as identified. We also use The McLarin Method of Assessment Acupuncture Chart identifying electrical energy blockages, excess and deficient areas of concern during the assessment and the Bladder Meridian opening process. (Click on the pictures below when viewing online to see full size)



**Symmetrical Chart**



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flow: there are no constrictions, impediments, or blockages.

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Electrical frequency is defined as a measurable rate of energy flow that is constant between any two points and is measured in megahertz (MHz). Clinical research shows that Essential Oils have the highest frequency of any natural substance known to man. They have frequencies several times greater than that of herbs and foods.

The human body's normal Electrical Vibration Frequency ranges between 62 MHz and 68 MHz, this is considered in a state of health. The frequency of your body when you have a cold or are getting the flu is 58 MHz. The frequency of a body wherein degenerative disease can appear is 42 MHz.

Each Essential oil has its own individual frequency and the ability to penetrate cell membranes, travel throughout the blood and tissues, and enhance electrical frequencies, some can cross the blood brain barrier. Essential Oils in the lower frequencies have more effect on structural and physical changes, including cells, hormones, and bones, as well as viruses, bacteria, and fungi. Essential oils in the higher frequency ranges tend to influence the emotions, mental and spiritual. The electrical vibration frequency of essential oils, attracts a like frequency in the body that can be used to balance the energy system, help the body raise the frequency high enough to create an environment in which disease, bacteria, virus, fungus, etc. cannot live. It is the frequency that stays in the body to maintain the longer lasting effects of the essential oil and helps to keep the body frequency high enough and well oxygenated, to be free of disease.

Essential oils do not resonate with the toxins in our bodies. This incompatibility is what helps eliminate the toxins from our systems. Neither do they resonate with negative emotions. So they can help dislodge forgotten traumas by surfacing them in our

**Continued on Page 38**

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The “bling craze” remains alive and well. While once confined to western belts, bling has long since moved to add color and sparkle to bridles and breast collars. Inlaid beadwork dresses up a leather halter as well as braided rawhide on bridle cheek pieces.



Photos' Courtesy of Sue Vogler

Remember no self-respecting horse should be without salt on a rope (pink or white), some colorful hoof wraps or even a psychedelic grooming brush!



“Horse bonnets” serve both as an aid and an adornment. Many jumper and dressage riders use them to keep bugs out of their horses’ ears. They believe the bonnets help with their mounts’ concentration on the task at hand. Numerous blogs indicate many competitors use them because “they just look so darned cute.”



“they just look so darned cute.”



Visit me in the Better Equine booth at EquiFest, February 23 - 25, 2018 Topeka, Kansas

- Janice

I will stop the confusion here. Thanks to the The Better Equine Store for letting me “shop” around and take pictures of all the useful and fun items.

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**Rambling with Randy**      **By Janice A. Pack**

If a writer conducts a formal interview, he/she will likely get specific answers to the specific questions asked. Casual conversations in a relaxed atmosphere can elicit much more information. Never underestimate the power of folks sitting down together, having an unstructured chat.

Jana and I recently spent a leisurely afternoon with Randy Cornelius, a talented saddle maker and leather artist from LaCygne, Ks. We set around the big table in the office, coffee cups in hand and let the talk go. We learned new things by simply saying “tell us what you know about...” In one of our past Issues of EHAL, I featured parade saddles in my “If Saddles Could Talk” series. Specifically, I wrote about Ted Flowers and his beautifully crafted parade saddles. Randy has restored some of these saddles.



The Flowers saddles have no makers mark. Randy consulted Dusty Johnson from Pleasant Valley Saddle Shop, Prescott, AZ a self-proclaimed expert on Flowers parade saddles. These saddles all have a “certain signature look”, plus stitching of only linen thread. Synthetic Nylon thread came out after the era of Ted Flower Saddles. Although linen thread is strong, it only lasts about 20 years. Hence these saddles often show up in saddle repair shops for new stitching. But the trouble with repairing a Flowers saddle is that there is nowhere to stop. In most cases these saddles are all over 45 years old. The linen thread that was used to sew them together is all rotten and in most cases these saddles need a tree up restoration. If not restored they will simply fall apart some day.

Randy can still purchase the German silver conchos that Ted Flowers used on his saddles. Loon Creek Leather, Huntington, IN bought the original



dies that Ted Flowers used from the Flowers estate after his passing. Any of the original conchos can be replaced with authentic new ones made from the original dies. These conchos were anchored with now difficult to find “split rivets”. These rivets were made from brass or copper and had a split down the middle about half way so the ends could be bent over to secure the rivet. These rivets were soldered on the back side of the concho and then placed on the saddle through a hole in the leather and secured.



Over time the reaction between the copper or brass and the chemicals in the leather made the rivets corrode and they simply

Continued on Page 27



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**Words from Sherri:** “The best part of the season was by far the people that I competed with in the championship and the support we had for each other to do better every ride, the challenge of each competition. My beloved Pete was my favorite part of the State Championship.”

**Rider: Emily Gomez**

Equine: Bucks Fancy Rose aka Maya  
Division: Green Horse 1



Words from Emily: “My favorite part of the MO State Championship Series was advancing my relationship with Maya. We’ve really been through a lot this year and I have learned so much about her and myself. My other favorite part was meeting so many new wonderful friends.”

**Rider: Kathy Tyre**

Equine: Gato Commado aka Gato  
Division: Amateur



Words from Kathy: “I really enjoyed the opportunity to experience so many different obstacles! Through this year’s training, I have improved my riding skills and strengthened the bond between myself and my mule. It was a pleasure to meet so many wonderful people and form new friendships for life.”

**Rider: Debbie Murry**

Equine: Dun My Lucky Spice aka “Sage”  
Division: In Hand 1



Words from Debbie: “My favorite part of the championship series was riding this incredible horse and enjoying every moment of her training. She has taught me as much as I’ve taught her.”

**Rider: Terri Hatcher**

Equine: I Will Smash  
Division: English



Words from Terri: "What I liked about the State Championship was showing how barrel horses are well educated, spending a lot of time with my horses, wonderful new friends and treasured old friends, helping others, and camping conversations."

**Rider: Tyler Ayler**

Equine: Peppy Dawn, HESACDCUTTER

Division(s): Open, Green Horse 2



Now that AHCA has grown in Missouri, Von Holten Ranch has partnered with Eagle Ranch in Collins, MO for the 2018 Missouri State Championship. The two facilities believe in the vision of AHCA and with AHCA requiring the host to pay back 50% in each division. Von Holten Ranch and Eagle Ranch will provide options for competitors to take their winnings, apply winnings to future camping,

or credit them toward a buckle or leather products.

At this time VonHolten Ranch can not provide championship buckles. You may purchase them at a discounted price. With the foreseen growth in AHCA by 2019, the divisions should be large enough to provide buckles and other amazing prizes to competitors.

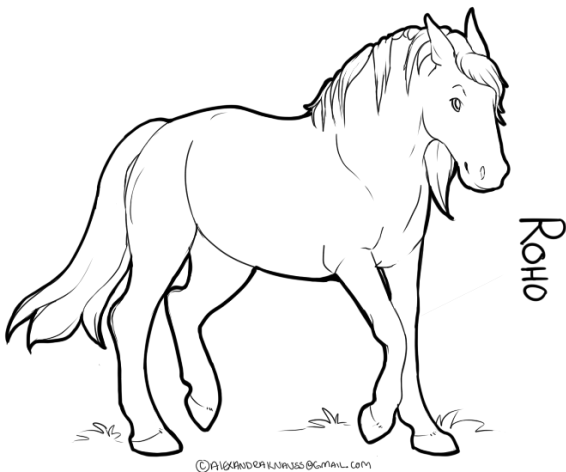
In order to become the next MO State Champion, your top 8 scores will be combined. Ties will be broken by greatest number of firsts, seconds, etc. World Champion Lee Hart will be at Von Holten Ranch before each AHCA in 2018 for a training clinic.

Below is the 2018 schedule for the MO State Championship:

March 24-25	Von Holten Ranch
April 21-22	Eagle Ranch
May 19-20	Von Holten Ranch
June 2-3	Von Holten Ranch
June 23-24	Eagle Ranch
July 14-15	Von Holten Ranch
August 11-12	Eagle Ranch
September 8-9	Eagle Ranch

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should deworm enough to keep horses healthy and to decrease the risk of recontamination. We find with the fecal count that deworming needs done a lot less often and we are sure to use the correct product. Your Vet can do the fecal count and provide you with recommendations.

Dental checkups are essential for horses. Check ups should be done annually (semi-annually with young horses, 18mon+). Young horses may have loose caps that need removed or wolf teeth pulled that could cause interference with the bit. The upper and lower teeth grow and natural chewing keeps the teeth ground down. The grinding often creates sharp enamel points on cheek teeth. This often results in cutting up the cheeks making the horse uncomfortable which in turn leads to many problems. As a horse becomes older, the shape and angle of its teeth begin to change and some problems may occur. Proper dental care from the beginning of your horse's life can help eliminate problems before they start. By the time you see outward signs, like losing grain and weight loss, your horse has been suffering for quite a while.



Consult your equine dentist regularly.

Set your Horse up for Success... Before he heads to the trainer...

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fell off and were most times lost. These items not only help to identify a Ted Flowers parade saddle, but also to restore one to its original beauty.

Saddle repairs continued as the topic of our conversation. The term “broken tree” once meant doom for any saddle. Randy stated today that most saddle trees can either be repaired or replaced. When making a decision to repair or replace a broken tree in a saddle the owners should ask themselves these questions: Is my saddle worth the repair? And will my saddle still be safe after the repair?

With today’s technology a tree can be duplicated with a CNC machine. The Precision Saddle Tree Co. Yoakum, Texas has that ability. Randy said he has had them repair trees before. They will simply take the tree apart and re-manufacture the broken parts, re-assemble the tree, cover with traditional rawhide. Or they offer a new spray on coating called “Duracoat” that gives the tree added strength and seals it from the elements.

The cost to duplicate or repair a tree is between \$200-300.00. The labor adds to the cost. The tree has to be stripped of all leather parts and send it off. Once returned, Randy has to re-assemble it like it was before. The cost to manufacturer a wood / rawhide tree remains more costly. Some other types of trees that have become popular are the older Rawhide trees, Flex trees and treeless saddles.

Randy talked about the Laporte “Poly-Tuff” tree that has come on the market in the last few years. This innovative tree uses cable to hold the rigging. A 3/8 plastic coated steel cable is molded into the tree during the manufacturing process. This cable runs through the front swells and then back through the rear cantle. This cable has an adjustment nut that allows the rider to adjust the rigging setting from a full, 7/8 or 2/4 rigging just by using a hex key to move the adjustment nut. This nut keeps the leather billet strap from sliding past the desired position. The polymer tree is lighter weight

than a traditional wood / rawhide covered tree, less costly to manufacturer. Because the cable system eliminates a traditional leather rigging, this eliminates some weight and bulk under the leg and seat.



Randy not only repairs saddles but builds them. He learned many of his saddle making skills from Bill Gomer, Highland, Ks., who teaches saddle making. Randy chuckled when he said “you can learn a lot from Bill who is quite a talker and quite knowledgeable about saddle makers. “Randy also described Bill Gomer as the “best leather artist he knows”. With his help, Randy has expanded into this area and has crafted some lovely leather art and jewelry. You can see some of Randy’s work on his web site, [www.Cornelius-Saddlery.com](http://www.Cornelius-Saddlery.com) or go by his booth at Equifest 2018. His booth is just inside the front door as you come in the exhibition hall.

By now, the coffee had gotten cold and the sun has started to cast some shadows. Reluctantly we ended our conversation with a “til next time”. Other topics we discussed will surely lead to other interesting articles in the future.

So..... “Til Next Time”

Janice Pack





Equus Magazine January 2013 shares these simple horse expressions of thoughts, ideas and feelings;

1. Ears Forward - Alert, paying attention or interested in what's in front of him.
2. Ears pinned back close to the neck - Angry and about to bite or kick
3. Ears turned out to side - Relaxed or dozing and not attuned to what is going on around him. Be careful not to startle this horse as he may react by kicking when abruptly awakened.
4. Ears turned back (not pinned) Listening to something behind him and deciding whether to stay or run.
5. Ears rapidly swiveling - Ears flicking back and forth may indicate a heightened state of anxiety, alertness or an overload of stimuli. Deciding to stay, run or "blow up" cross his mind here also.

## How Do Horses Communicate with their Ears?

Communication makes the world go around. The exchange of information connects people to people or places.

Such connections could serve the common good or not. People use words, sounds, signs and behaviors to communicate their ideas, thoughts and feelings to others, (positive or negative)

Animals communicate in much the same manner minus the use of words. Horses "talk" to us in various ways. As caregivers, we need to pay attention and understand what our equine friends tell us.

Much communication come from the horse's ears.

As always, pay attention to your horse's behaviors. Learn how to reinforce positive behaviors and how to reverse negative ones. If necessary see a professional trainer. Consult your veterinarian to determine normal and abnormal behaviors.

Check out the February 2018 Equifest Issue of EHAL for a new question in "What's Under Your Hat?" ~ Janice Pack



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**Continued from Page 18**

Second, verse 8 carries on and teaches that Jesus ultimate act of humility was submitting to death on the cross. Crucifixion was easily the most painful and torturous form of death known to man at the time and still probably is today. We don't often talk about it but death on the cross was also easily the most humiliating form of punishment. A man condemned on the cross could literally be taunted and harassed for hours or potentially days as he waited for death to overtake him. And that was after days or weeks of cruelty from Roman guards.

Jesus, who was already bearing the humility of veiling some of His deity and who was fully God and could speak and stop the shame and pain at any time, endured the cross and was eventually overcome by death. Why? He thought of others before Himself. As we've all learned from John 3:16 He loved us more than He loved Himself. What an incredible act of humility! What an incredible example for us to follow!

Verses 9 through 11 share the rest of the story with

us. We know that Jesus was resurrected and that same resurrection was the Father's seal of approval on His Son's sacrifice for our sin. That's why to this day we celebrate the resurrection every spring.

Through humility Christ conquered sin for those who believe in Him.

As you remember the Lord's birth this year, I pray you'd take some time to consider and even walk out His example of "placing others' needs before your own"!

**Be Blessed! Cory Young**

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# THE ART OF *Blacksmith*



## “Hoof Ring” By Featured Writer Joshua Rushing

You may have noticed some horizontal lines or even ridges in your horses feet from time to time. These are most commonly called growth rings, hoof rings, or in some cases fever rings.



These growth rings are perfectly normal. They are generally caused by subtle changes in diet. Horses that are on grass pasture for instance will develop different rings as growing seasons change and nutrients in the grass change. A change in feed or the addition of a supplement will usually cause a significant ring. Often times when we start hoof supplements people give up pretty soon because they don't see dramatic changes right away. Usually because there looking at the ground surface for improvement. We have to remember that the hoof grows from the coronet band down. It can take up to a year to grow from the coronet to the ground surface. The first place we will see improvement is at the top of the hoof. This new growth should appear healthier and smoother and can be tracked from the top down as the foot grows over time.

Diet isn't the only thing that can cause growth rings. Hoofs are greatly effected by the environment they are in. More specifically hoof growth is effected by the environment the coronet band is in. Changes in moisture will become obvious as your horses hoof grows out. As the climate cycles in and out of wet or dry seasons, cold vs warm weather all can show up writing a story in the growth of your horses hoofs. Blood flow is a big deal when it comes to hoof growth and changes in exercise can become apparent in the feet. I often see wide bands of growth with horses sent away to a trainer.

Changing environment, exercise, and diet all at once will be very obvious as the hoof grows out. Again it's perfectly normal. That same horse comes home back to its normal routine and the growth rate changes again. As the hoof grows out the section of growth obtained while at the trainer will become very obvious.



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When I'm presented with a patient that exhibits the clinical signs of Parvo I perform a Parvo Snap Test. If the test is negative my top differential diagnosis goes to Coronavirus. While waiting on laboratory test to confirm what I suspect, I begin treatment as with any viral gastrointestinal disease, but usually see better and quicker results if the problem is Coronavirus. As with any viral infection age, body condition and good nutrition all affect the outcome of treatment.

Parainfluenza virus or viruses offer upper respiratory signs in the patient. Flu like symptoms are normally seen, fever, nasal discharge, cough, difficulty breathing, lethargy and exercise intolerance are seen. Most viral infections are treated with broad spectrum antibiotic to take care of secondary bacterial infection brought on by the virus effect on the body. The virus must be allowed to run its course as we support the patient with antibiotics, fluids and nutritional support. Usually this virus responds to treatment better than the others even though it's very contagious but the mortality rate is low.

Leptospirosis is a bacterial disease that affects mammals including humans. It's very contagious and can even penetrate intact skin that can cause an infection. Generally this bacteria affects the kidneys and can be deadly if left untreated. "Lepto" is fairly common in our part of the country and should certainly be included in your pet's yearly vaccines. Deer are a common vector or spreader of this disease, they shed the bacteria in their urine and contaminate soil and water. Another very common spreader of "Lepto" are rodents, those nasty mice and rats running around. And you can find them anywhere.

Kennel Cough or Bordetella bronchiseptica is a bacterial infection in canines. It can also be caused by different viruses including distemper, respiratory corona, herpes and influenza. A harsh, dry hacking cough is the main clinical sign but lethargy, poor appetite are also seen. It is very contagious especially in kennel and pet salons where dogs congregate. For dog owners this disease can be very exasper-

ating with the constant hacking and coughing. On a positive note it has low death rate but it is very annoying.

Rabies, as we all know, is a deadly disease in all mammals including humans. Once contracted it is always fatal. No treatment exists for this disease and the only way to combat it is immunization. Most veterinarians will go through their entire career without ever seeing a case of rabies. I happen to be one of the few that experienced a case of rabies in a dog my second year out of school. Excessive salivation, nervousness, aggressive behavior and neurologic signs are seen. Not a pretty sight but certainly one I'll never forget. Take home message.....Make sure your pet has this vaccine!

Other vaccines are available like Lyme disease and depending on your location should be considered. Your veterinarian can make recommendation for your area. Vaccines effects wear off and antibodies produced to combat these diseases have a limited lifespan. They are easily replaced by yearly booster vaccines and will be there if your pet is challenged. I hope this has been informative and sparked your interest to learn more about what you can do to help your pets have a healthy life.

MARK PILAND, DVM



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your fee, and ride two handed anyway. This can help your horse to prepare for bigger shows to come by letting him have confidence in the show pen. We call this “schooling” your horse.



If your club won't allow this type of “schooling” to happen, consider getting some other people together for support and push to get those inappropriate rules changed for the next year. A possible rule change is to allow horses to be shown for two or three consecutive years in the two handed class before they are required to be shown one handed, and not make the age of the horse a factor. This would allow you the necessary time to help your horse improve, as you prepare him to be ridden one-handed.

Rule changes like these in our associations can be only positive. Not only are they good for the horses, but they can greatly increase participation and membership.

Once you are working with your horse using one hand, you can still use two hands now and then to help your horse. Even on my aged show horses I will use two hands on a regular basis to help them when they need it, always keeping in mind the goal of showing them one handed in their class.

When you're guiding your horse using both reins in one hand, remember to keep your hand move-

ments small and slow and expect your horse to look away from the neck rein. This is really just an extension of previous training.

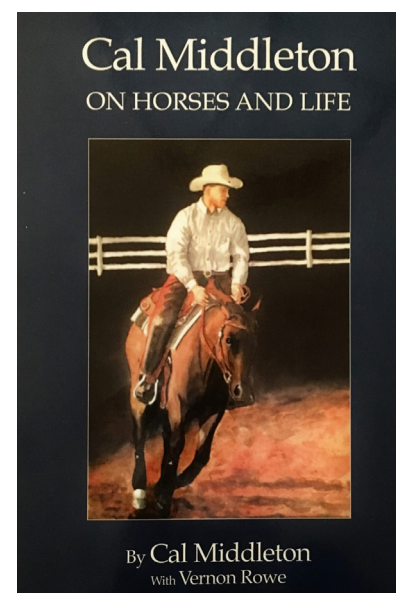
Using a bit properly is about offering balance and straightness to the horse. The process of collection, softness, and prompted self carriage all starts with a horse staying balanced and being guided by the rider while in motion.

Be confident in your training and trust your horse. Turn him loose and let him figure some things out, and solve problems as much as he can himself. Just help him when he needs help following your direction with the reins.

Sometimes it's better to keep your horse two-handed forever. It's not about whether you use one hand or two hands. It's about using them correctly to provide directions to your horse, as you provide energy with your legs. Let your horse make the “how to” decisions on his own, as you keep your balance yourself, and he will not disappoint.

**~ Cal Middleton**

This has been an adaption of the book Cal Middleton On Horse's and Life published by Whirlybird press in 2016. You can find more information at [www.calmiddleton.com](http://www.calmiddleton.com). Please send any questions you might have to [cal@calmiddleton.com](mailto:cal@calmiddleton.com)







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These are Commands that we use with horses:

**Come-Not pull**

Come is a significant command. Obedience requires the horse to make a response of both body and will. "Come" never involves pulling. A horse cannot offer to "Come" if there is no choice other than compliance or being dragged forward. Jesus never dragged anyone anywhere. Jesus offers, he doesn't force us. That principle is what we strive for in training our horses and working with the children that come to LLR.



Storm enjoying her new friend Vega

**Follow-Not drag**

The word follow may also be used to describe a choice as well as a command. Sheep follow the shepherd because he is the place of provision, affection, and safety. When Jesus told Peter to follow Him (John 21:22) it was both a command and an end to the discussion.

Regardless of how it is used, as invitation, question, request, or command, when used by our Lord or when we are training our horses the opportunity to "follow" should not be accompanied by force.

**Go-Not run away**

Until you establish a good "Go" you won't get very far with any other lesson. Most responses we want a horse to make are made in motion. Turning, changing speed or gait, or perfecting how a horse carries himself requires the horse to already be in motion. To be in motion the horse must "Go" when you ask.

This was one of my favorite paragraphs that read from her teachings:

Obedience is only possible if the opportunity exists to not obey. Jesus will never force you to do anything. Following His example properly means that we issue requests or make commands without force; at liberty, with a slack rope, or with hands that assist rather than accuse.

During one of our sessions; I was working with Zoe showing her ground work techniques with one of the horses. I made a mistake and confused the horse. I stopped the horse stroked her and apologized to the mare out loud and I said to Zoe; "horses are so "Forgiving" I remind myself at times that they are like God always forgiving the humans. Zoe's response to this was; "yeah only we do a lot worse." Isn't that the truth!



A smile is worth a thousand words Tiona and Mouse.

Tiona told me at our last session that she would like to help us in the summer and volunteer. We look forward to what the future brings.

McKenna is focused on rein management discussion.

Notice the horse's expression, calm and relaxed.



Each of us come together sharing what we learn and how we can apply it in our own lives. We discuss our life as it was in the past, as it is today and any struggles where support is needed. Then we discuss how we can change our future, what expectations is Jesus communicating to us on being his disciples and following him. This is a wonderful experience and I feel so blessed to have the opportunity.

Living Life Ranch ~ Melissa Cowan

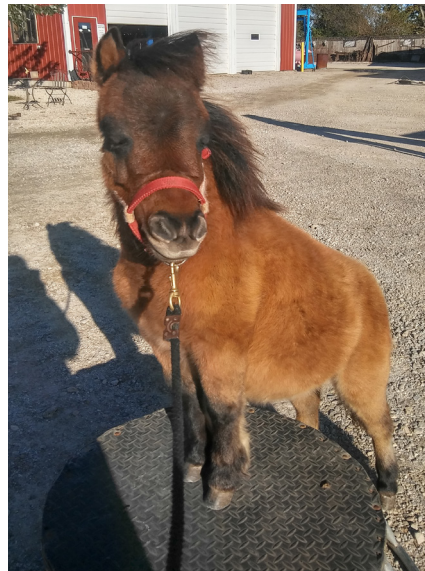
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## Here.....Hold My Mini By Featured Writer Delana "Dee" Hay

I often get asked how I train my minis to drive. I do not train show horses. I train strictly for pleasure driving. Some of my methods are the same as with a big horse. The minis are quick willing learners. They truly love having a job. The key to my training is a lot of handling and plenty of visual stimulation. It is very important to teach "whoa" and "stand".



They are desensitized before I start driving them. My minis are exposed to many things. We have a noisy mechanics shop at our farm. I lead the minis through there as



motors are running, air hoses are spewing and fans are blowing.

We participate in the Kaw Valley Farm Tour. Our animals are exposed to over



700 people in two days. I also use an obstacle course with a pedestal, teeter totter, bridge and jumps. They are used at parties for grooming and petting. All of this handling and desensitizing help prepare them to drive.



Crowds and noise are not a problem at any of our events. The more they are exposed to, the easier they are to train. Try not to scare your mini.





them. They will never be good driving horses if not patient and confident.

I am a firm believer that not all minis are cut out to drive. Some cannot handle the pressure and remain spooky. These are ways to get a good start on your mini driving project.

Look for my next article coming in the February 2018 Equi-FEST Issue of EHAL. Contact me for your mini needs from purchasing and training a mini to carts and harness.

The more they trust you the better they will be for driving.

They need to stand tied. I leave my minis tied up a little each day. They will learn patience from standing tied. Patience is a very important thing to teach

**Delana "Dee" Hay**

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consciousness where we can deal with them and let them go.

Essential oils offer us a natural way to restore our body's healthy electromagnetic vibrational frequency. The elegance of their holism allows for easy functionality in our daily lives. Their constant subtle presence gently resonates with our body's electrical fields aiding and restoring harmonic health and well-being on all levels.

### **Aromatherapy Equine Emotional Release:**

I reviewed Junebugs history, her behaviors, consulted with her owner on the therapies that we have used and prayed to determine when and how to do the Aromatherapy Emotional Release. We agreed it would be beneficial for Junebugs rehabilitation and help bring closure to her past traumatic mental, emotional /spiritual abuse.

### **These are some things we know:**

- Feelings and sensations are stored in the cells of the body, much like fact is stored in the cells of the brain. Negative or traumatic experiences, stress, unexpressed emotion, fear, anger, resentment or self-limiting beliefs can become "stuck" (or suppressed) in the body and inhibit or disrupt the flow of vital life force energy at a cellular level. These energy blockages limit our experience of life and can result in a lack of spontaneity, energy depletion, a feeling of unrest, agitation or disease.
- In the brain limbic system, is a gland called the amygdala. In 1989, it was discovered that the amygdala plays a major role in the storing and releasing of emotional trauma. The only way to stimulate this gland is with fragrance or the sense of smell. Therefore, with Aromatherapy and essential oils, we are now able to release emotional trauma from the brain.
- Everything comprised of energy; each cell can be addressed energetically, transforming the negative vibration of the stuck ideas, beliefs,

emotions, or sensations from a level of dysfunction to one of true freedom or love. When the negative energy is removed, then we can vibrationally attract positive situations into our lives that radiate our inherent love, goodness and magnificence.

- To remove the suppressed trauma issues will require Aromatherapy Emotional Release. I have never used this therapy on a horse I have been trained in using this therapy for people.
- In preparation to proceed I modified the human process and adapted the procedure for equine. I used the 12 special blends of the higher frequencies for humans and modified the 12 locations for Equine application.

I assessed Junebugs demeanor, ask for permission to do Emotional Therapy Release and opened the Bladder Meridian. I also place my hands on them to make a connection.

Wendy and I then prayed a Spiritual Healing Prayer over her. Since she is not able to verbally forgive those who have abused her in the past, we prayed for God to forgive Junebug for her own mistakes and to forgive those who had abused her. We prayed for her to be filled with the holy spirit, and let this be a time of new beginnings and a time of miracles for her and her owner/partner.

I began the Emotional Release with Wendy's assistance. For the next 3 hours, our office consisted of various supplies, creative equipment, and modified charts. We placed the essential oils on her to begin clearing the blocked negative energy, and bring in the positive energy. There are 12 special blend oils for this application. Each point receives its own designated oil. Junebug experienced many releases at each application point opening them to allow the positive energy to enter. We allowed her to completely release her feelings and emotions at each of these points.

To complete the emotional release session, I closed the bladder meridian. It will continue to process through the meridian system for the next 24 hours.

We put Junebug in her stall for quiet time after we showed her some love and affection. She has responded well to the Emotional Release Therapy and continues to improve in her performance mentally, physically, and emotionally.

Wendy and I have been working jointly for over a year now. Her horse has provided us with a great challenge and an opportunity for combining and developing our techniques beyond our imagination. We are amazed and grateful for the progress Junebug has made. During this same time we also worked on 20 other horses using our combined therapies. We have witnessed greater progress

and maintaining better results joining techniques. As we work with the animals an amazing thing happens. Instinctively they know we are there to help them. They respond to our body language, and even our thoughts. This depth of relationship with animals is intensely rewarding.

Next issue we will discuss the processes and benefits of Muscle Therapy and Equine Stretches that we use in our program.

Jo Lene and Wendy



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Now should these rings develop a significant bump or deformity that you can feel it usually indicates a change in body temperature. We call these fever rings or hoof ridges. They often indicate a period of time where the horse may have been sick or experienced a nutrition imbalance. A lack of nutrition can cause ridges and an over abundance of nutrition can cause founder and laminitis which will definitely create some hoof deformities.



Pictured here is a hoof that belongs to a great horse that endured an abscessed tooth earlier this year accompanied by a virus and fever. His hoof was severely affected. Most of his foot became

brittle and actually lost chunks of hoof out of the wall (not a typical scenario). You can see healthy growth most of the way down the hoof. There is



still some evidence towards the bottom of his hoof of his ordeal.

A horse kept in a consistent environment, exercise routine and diet may not show any rings at all. However, if your horse does it's usually nothing to worry about. It's just a story written by nature.

Josh Rushing





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