## **COMBATING CANCER AND FLOW 2 SURVIVE**

**JOIN US ON OCTOBER 8 AT 8:30AM** AT THE TOWSON TOWN CENTER LEVEL 1 GRAND COURT.

> \$25 registration goes to fight Cancer. Receive a free T-shirt when you register!



An hour long of group fitness that will get your heart pumping! Class is 30 minutes of Body Combat and 30 Minutes of Body flow.

> Class will be taught by Les Mills Master **Presenter and Trainer**

**ANGEL SANTIAGO!** 



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