

EAST PAULDING RAIDERS



2016 FALL PROGRAM

EAST PAULDING

2016 RAIDER FOOTBALL SCHEDULE

VARSITY

DATE	TIME	OPPONENT	SITE
AUG. 19	7:30PM	HARRISON (BLACK OUT)	HOME
SEPT. 2	7:30PM	NORTH PAULDING	AWAY
SEPT. 9	7:30PM	VILLA RICA (YOUTH NIGHT)	HOME
SEPT. 16	7:30PM	CARROLLTON	AWAY
SEPT. 30	7:30PM	KELL	AWAY
OCT. 7	7:30PM	CASS (HOMECOMING)	HOME
OCT. 14	7:30PM	WOODLAND	AWAY
OCT. 21	7:30PM	HIRAM (PINK OUT)	HOME
OCT. 28	7:30PM	ROME	AWAY
NOV. 4	7:315PM	PAULDING CO. (SENIOR NIGHT)	HOME

JUNIOR VARSITY & 9TH

DATE	TIME	OPPONENT	JV	9TH
SEPT. 1	6:00PM	SOUTH PAULDING	HOME	AWAY
SEPT. 8	6:00PM	ROME	AWAY	HOME
SEPT. 15	6:00PM	HIRAM	HOME	AWAY
SEPT. 22	6:00PM	PAULDING CO.	AWAY	HOME
SEPT. 29	OPEN			
OCT. 6	6:00PM	VILLA RICA	HOME	AWAY
OCT. 13	6:00PM	DOUGLAS CO.	AWAY	HOME
OCT. 20	6:00PM	CARROLLTON	HOME	AWAY

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East Paulding RAIDERS



East Paulding High School 2016-17

Welcome to the East Paulding High School 2016-2017 athletic season. Our vision at East Paulding High focuses on academic excellence and preparing our students to be college and career ready. We feel that it takes all stakeholders working together to truly make a difference in the lives of our students in the classroom and on our athletic fields. We challenge our students, parents, staff, faculty and the entire East Paulding community to join us in this endeavor. We have high expectations for every member of our "East Paulding Family." We can grow stronger and achieve more by committing to be, "One Raider" and supporting one another in all that we do.

Long before the 2016-2017 athletic season began, our coaches at East Paulding were committed to developing winning programs. They have worked many long days and logged many hours over the summer putting the plans in place to build strong character and winning attitudes within all of our student-athletes. They challenge our players to push themselves beyond their limits and encourage them to realize that having a "TEAM" before me, concept is essential to being successful in sports and in life. We ask you to join us in this commitment of encouraging high expectations, teamwork, and pride within our school, community, and athletic programs.

My wife, Laura, and my daughters Kiley and Ella-Kate join me in wishing all of our student-athletes, families, and coaches the very best in 2016-2017. We ask each of you to join us in the support and dedication of all of our programs at East Paulding High School. Our goal is to promote a family-friendly atmosphere that radiates with our beliefs of the importance of building pride and character and truly making a positive difference. We look forward to supporting the Raiders on and off the field and we would like to thank everyone in advance that will work so hard this year to support and provide the very best for our student-athletes.

Sincerely,

Jason Freeman

Principal



East Paulding RAIDERS



East Paulding High School
2016-17

Welcome Raider Fans and Guests,

It is with great Pride that I welcome you to the 2016 season of Raider Football, athletics, and academics here at East Paulding High School. This year we look forward to finding more success as we continue to advance our programs. On and off the playing field, the students, faculty, and staff of the Raider Nation meet success through hard work and perseverance.

Our coaches and athletes have a lot to be excited about. The East Paulding Coaching staff and faculty are devoted to offering students quality programs grounded in the development of knowledge, skills, character, and confidence. It is our hope that these principles are evident in all that we do.

I sincerely thank you for coming out to support the East Paulding Raiders. I hope that you enjoy the game and look forward to seeing you at other East Paulding High School events.

Sincerely,

Brad Thomason

East Paulding High School
Athletic Director/Assistant Principal



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The 5th Quarter After Game Party!

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CLASS OF 2017



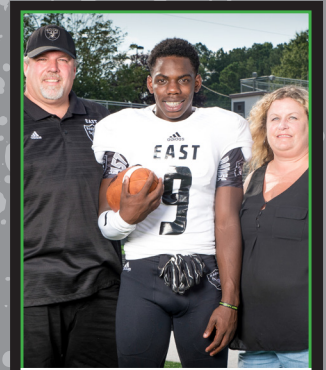
JALEN BROWDER



VONTERRIUS BRUNSON



MARIO BYSSAINTHE



KISHERN CHARLESWELL



SEAN CHEELY



MICHAEL CONE



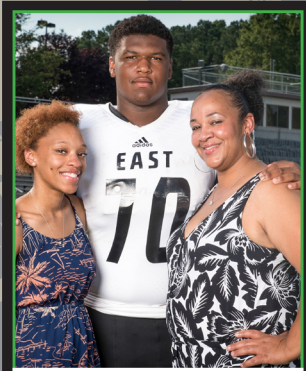
SHAUN FORD



CAMERON FOSTER



BLAKE MARTIN



DARNELL MCHARDY



RAQUAN MOORE



DYLAN PRATER

SENIORS

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CLAYTON POSS



ZYON ROSS



BRANDON SMITH



NATHAN TILSON



JODY WADDELL



JOSH WEEHUNT



CALEB WHITLEY



DAWSON VAUGHN



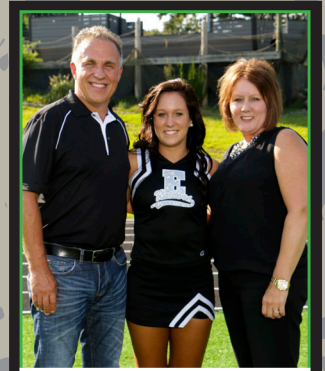
ASHLYN BROWN



CASSIE GATES



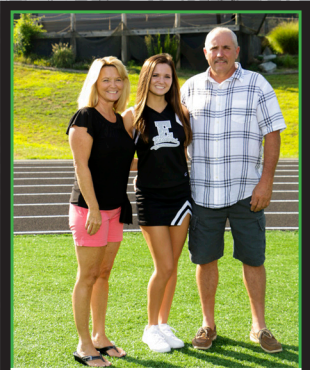
OLIVIA GOODSON



TAYLOR HOWELL

SENIORS

CLASS OF 2017



BROOKLYN OWENSBY



KYLER PARIS



BROOKE PROSSER



PEYTON WADDELL



BROOKE WATTS



CRISTEN ASTRACHAN



JULIA DAVIDSON



MARIS BOYD



BRITTANY BROCK



NICK CARTER



CALLIE DABIEN



LEXI DELLINGER

SENIORS

CLASS OF 2017



RENNE HAUCK



TEDDY HUMPHRIES



CHRISTIN JACKSON



MATTHEW LEWIS



RACHEL LOKHORST



EMILY MCCORD



SCOTT MCPHERSON



FELICIA PADGETT



ANGEL PATTERSON



NICK PETTY



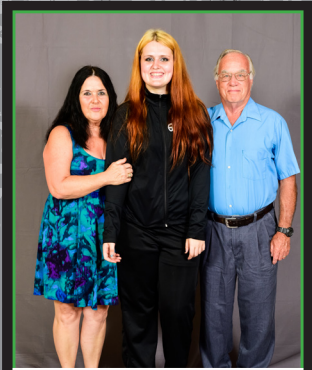
JAMESON SEACREST



MICHAEL RAY

SENIORS

CLASS OF 2017



TANYA SHARP



AMANDA SLAY



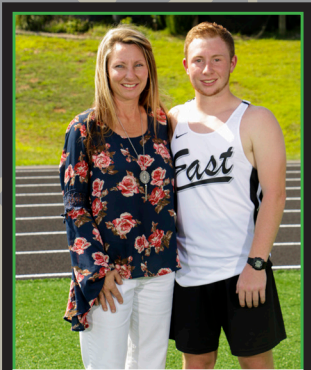
CONNOR SMITH



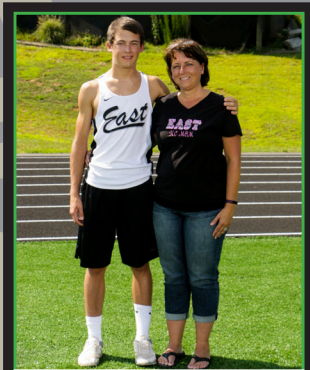
JADA SMITH



CIERRA WELDIN



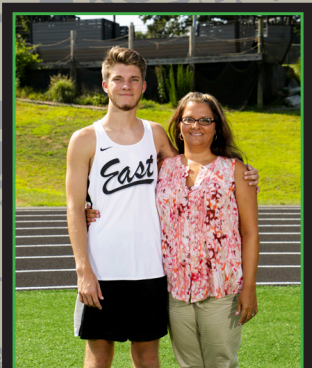
AUSTIN BASTIS



ALAN EWING



LEXIE GEIGER



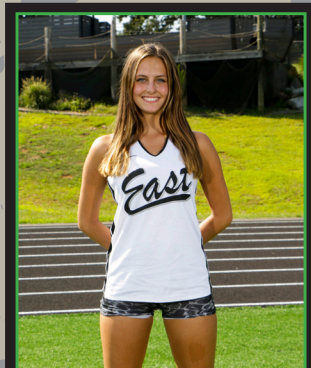
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Keep You
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GO RAIDERS

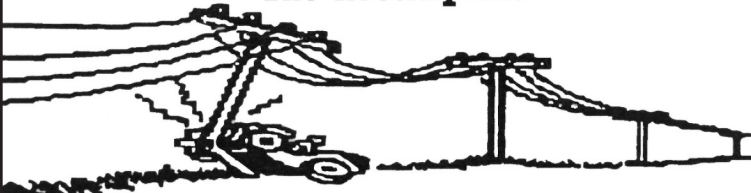


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VARSITY FOOTBALL 2016

Coaches



*Head Coach
Jon Lindsey*



Assistant Coach
Justin Willingham



Assistant Coach
Doug Johnson



Assistant Coach
Ryan Lawrence



Assistant Coach
Lee Dorsett



Assistant Coach
Michael Wilson



Assistant Coach
Steve Rahn



9th Grade Coach
Josh O'Kelley



Assistant Coach
Tommy Rogers

Not Pictured:
9th Grade Coaches Britt Strickland , Bill Curtis and Devin Billings

VARSITY FOOTBALL 2016



TERRANCE ALEXANDER



BRANDON BAGGETT



DALLAS BANKS



BEN BARNETT



BEN BASCH



JADEN BONCOEUR



GLEN BRENNAN



DAVIS BRENNAN



JALEN BROWDER



COLE BROWN



VONTERRIUS BRUNSON



DOMINIC BURNAM



MARIO BYSSAINTHE



CODY CATENACCI



TIJUAN CHANDLER



KISHERN CHARLESWELL



VARSITY FOOTBALL 2016



SEAN CHEELY



ELIJAH COLEMAN



MICHAEL CONE



JHALIL DANIELS



ANGELO DAVIS



MAGUIRE DEESE



ASHTON DIXON



DEVLIN DOLPH



AMARI DUNBAR



BLAKE DUTTON



ANDY ELLIS



JOHN ESTES



SHAUN FORD



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NICK GORDON



VARSITY FOOTBALL 2016



COLE HARMON



WYATT HARRISON



AUSTIN HARVEY



TYLER HUGHES



ELOHIM HULL



DANIEL JACKSON



BRANDON JONES



BAILEY KNOWLES



TANNER KURTZ



T.J. LEDFORD



AIDEN MADDUX



BLAKE MARTIN



ZACK MATZNICK



TYRECE MCDONALD



DARNELL MCHARDY



RAQUAN MOORE



VARSITY FOOTBALL 2016



HUNTER MUNDELL



LANDON NOLAN



DYLAN NORRED



PRESTON NUNN



NATHAN O'NEAL



PARKER O'NEAL



HUNTER PARIS



ZACH PELL



CLAYTON POSS



DYLAN PRATER



LARRY PRUIT



JANSEN RIDDICK



TYRELL ROBINSON



INMAR ROMERO



ZYON ROSS



BRANDON SMITH



VARSITY FOOTBALL 2016



WYATT THOMAS



NATHAN TILSON



DEYZMUN TRICE



JET TROUT



NOLAN TURNER



DAWSON VAUGHN



JODY WADDELL



WILL WARRINER



JOSH WEEHUNT



ORION WEEMS



ANTHONY WHATFORD



CALEB WHITLEY



JOHN WHITTEN



MICHAEL WILLIAMS



CALEB WOOTEN



NOT PICTURED:
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MYCAI JOHNSON
DONTE SIMMONS

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2016-2017 FOOTBALL TEAM

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2016-2017 FOOTBALL TEAM



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- Voles
- Many, many, more...



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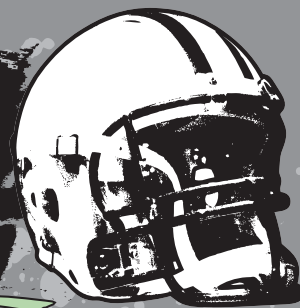
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COSTALLO



DAVIANA
JACKSON



SHANIA
JOSEPH



MARIE
KAMBINGA



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MILLER



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Junior Varsity CHEERLEADERS

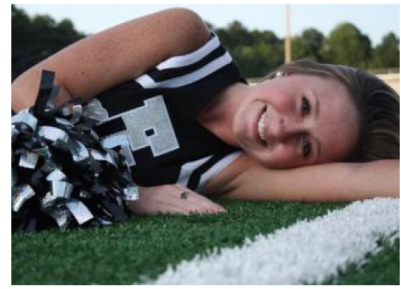


TOP ROW LEFT TO RIGHT: LASHAY GRAHAM, JADA COLLETT, TAYLOR HARRIS, JULIA STRAKA, DANA BROWN, LEAH BENSON

BOTTOM ROW LEFT TO RIGHT: MORGAN WATTS, ASHLEIGH CARRUTH, LEXI FORDHAM, PRESLEY JARRELL, MYRANDA HERNANDEZ, KASSIDY BEARDEN, SYDNEY KEENER, KAITLYN CHAMBERS, CHARLIZE PARKER

Brooke Watts

Class of 2017



From the time you could walk all you wanted to do was cheer and tumble and here we are watching your last year of being a high school cheerleader. We are so proud of the young lady you have become and you make us proud everyday. Continue to reach for the stars and follow your heart but always remember the road back home.

We love you so very much,

Mom, Morgan, Grandma, Grandpa and Mimi

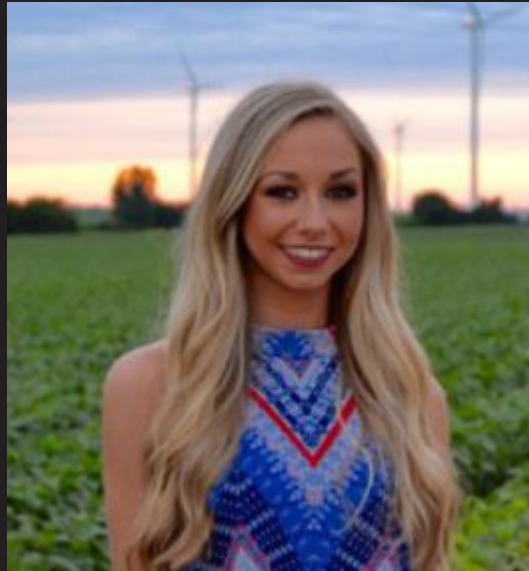
Ashlyn Brown

"So proud of you! We love you."

-Mom, Dad, Jake, Sidney & Brody



CLASS OF
2017



Congratulations on your Senior Year!

Olivia Goodson

Varsity Football Cheerleader & Varsity Tennis

Enjoy Your Senior Year!

We Love You,

Mom, Dad, Hunter, Grandma & Grandpa

Varsity CHEERLEADERS



CHEERLEADER *Coaches*



ANGEL FOSTER
Head Cheerleading
Coach

JV Football
Cheerleading Coach



TONI OLIVIER
JR RAIDER CHEER COACH
VARSITY BASKETBALL
CHEER COACH



MANDY MINCY
VARSITY FOOTBALL
CHEERLEADING COACH

Varsity

CHEERLEADERS



EMMA BRADLEY



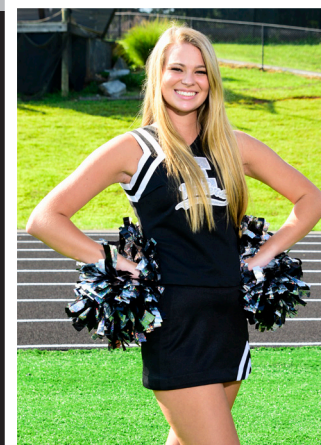
TAYLOR BREWTON



ASHLYN BROWN



BRIANNA COLEMAN



CASSIE GATES



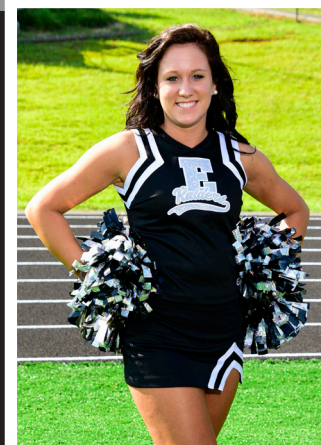
OLIVIA GOODSON



RYLIE HEGWOOD



TAYLOR HOWELL



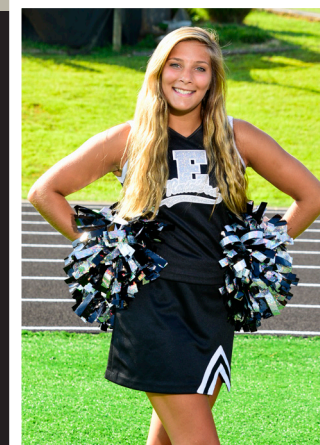
ABBY KIKTA



EMALEIGH KISH



PEYTON LAMB



Varsity

CHEERLEADERS



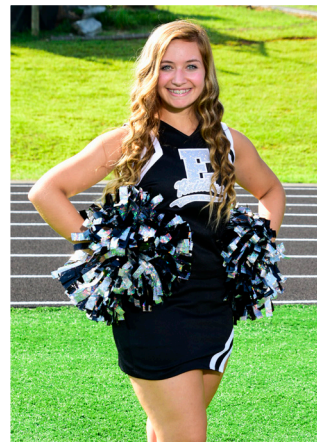
CAROLINE LINDSEY



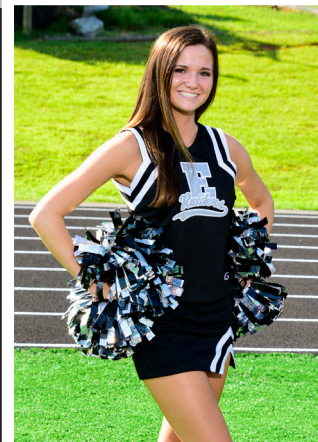
LOGAN MALONEY



MANDY OLIVIER



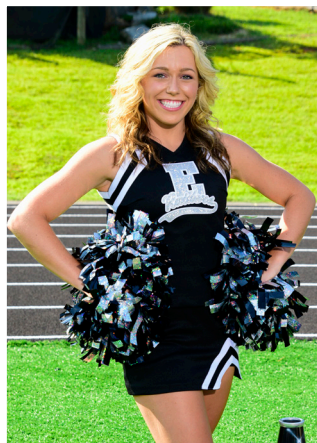
BROOKLYN OWENSBY



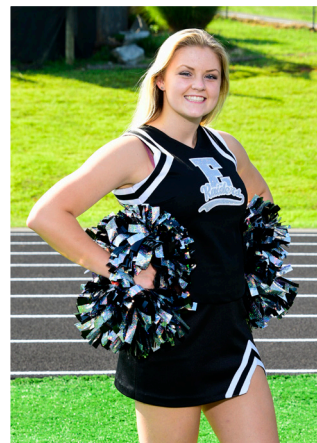
KYLER PARIS



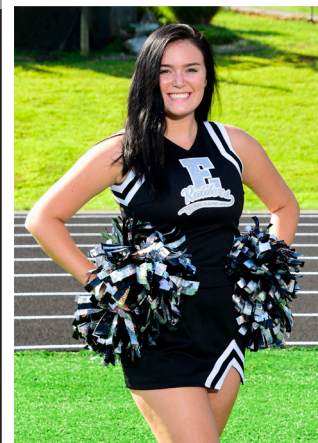
BROOKE PROSSER



KENNA TIDWELL



PEYTON WADDELL



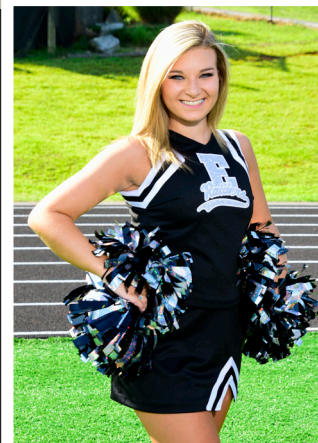
BROOKE WATTS



BRANDI WHITTON



MEGAN WILLIS



Varsity Basketball

CHEER



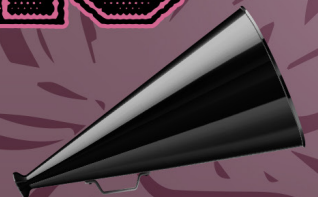
GO RAIDERS



2016



2017





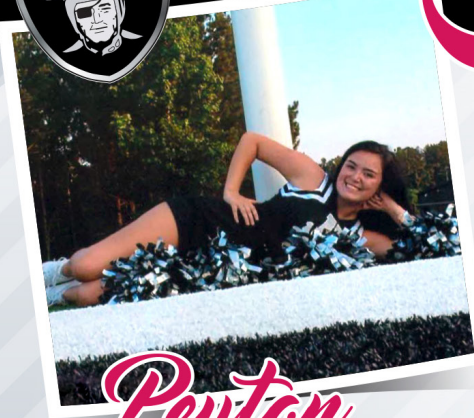
Pictures Courtesy of Casey Hoffmann Photography

Pictured: Ashlyn Brown, Brooke Prosser, Brooke Watts, Brooklyn Owensby, Cassie Gates,
Kyler Paris, Olivia Goodson, Peyton Waddell and Taylor Howell,


**Class of
2017**

*We didn't realize we were making memories,
we just knew we were having fun.*

Seniors



Peyton
Waddell



Brooke
Prosser

You started your EPHS Cheerleading together in middle school as just classmates before becoming best friends. You are the only two who are on the Varsity Basketball Cheer squad for all four years since making the squad as freshmen. Now, it's time for you to have one last year together cheering for your Raiders as sister SENIORS! We are so proud of you both. We love you! Show them your Raider spirit! We look forward to watching you do what you love as you CHEER ALL YEAR!!

Wishing you an AMAZING SENIOR year!!

Love,
Your Families



RAIDER
Nation



— CLASS OF —

2017

Junior Varsity CHEERLEADERS



East Paulding High School 2016 Juniors of Varsity Cheerleading



Logan



Kenna



Rylie

Have A Great Year Cheering
For The Raiders!
We Love You and We Are Proud
Of You!
Love, Your Families



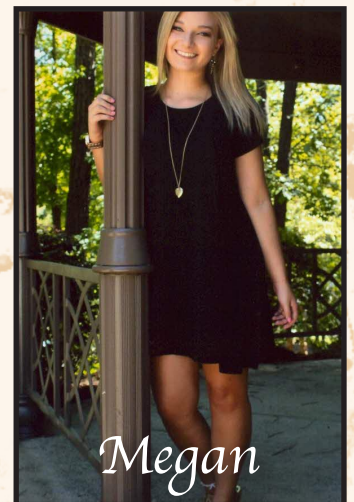
Abby



Brianna



Caroline



Megan



Varsity Football Sophomore Cheerleaders

Taylor Brewtton, Emaleigh Kish, Emma Bradley, Mandy Olivier, Brandi Whitton, Peyton Lamb (in order left to right)



Raiderettes Dance Team

From left to right: Claire Venenga, Sarah Sanders, Gracie Cooksey, Presley Jarrell, Shakinah Shockley, Brooke Prosser, Emily Tyler, Mandy Olivier, Karen Essen, Morgan Stout



Raider BRIGADE



Raider BRIGADE



CLARINETS



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Kelli Rickann
PORTFOLIO



Good Luck *Ashlyn*

Picture of Ashlyn & Sidney Brown

Raiders

SOFTBALL



2016 SOFTBALL SCHEDULE

DATE	OPPONENT	JV	V
8/09	NORTH PAULDING	5:00	TBD
8/11	PAULDING CO.	4:30	TBD
8/12	CARROLLTON TOURNEY		
8/13	CARROLLTON TOURNEY		
8/15	MARIETTA		5:55
8/16	KELL		5:30
8/18	HIRAM	4:30	TBD
8/23	VILLA RICA		5:55
8/25	CARROLLTON	4:30	TBD
8/26	WILDCAT INVITATIONAL (VILLA RICA)		
8/27	WILDCAT INVITATIONAL		
8/30	CASS	4:30	TBD
9/01	WOODLAND		5:55
9/06	PAULDING CO.	4:30	TBD
9/08	KELL	TBD	5:00
9/12	MARIETTA		5:55
9/13	HIRAM	4:30	TBD
9/15	VILLA RICA		5:55
9/19	SOUTH PAULDING		5:30
9/20	CARROLLTON	4:30	TBD
9/22	CASS	4:30	TBD
9/27	WOODLAND		5:55

Raiders VOLLEYBALL



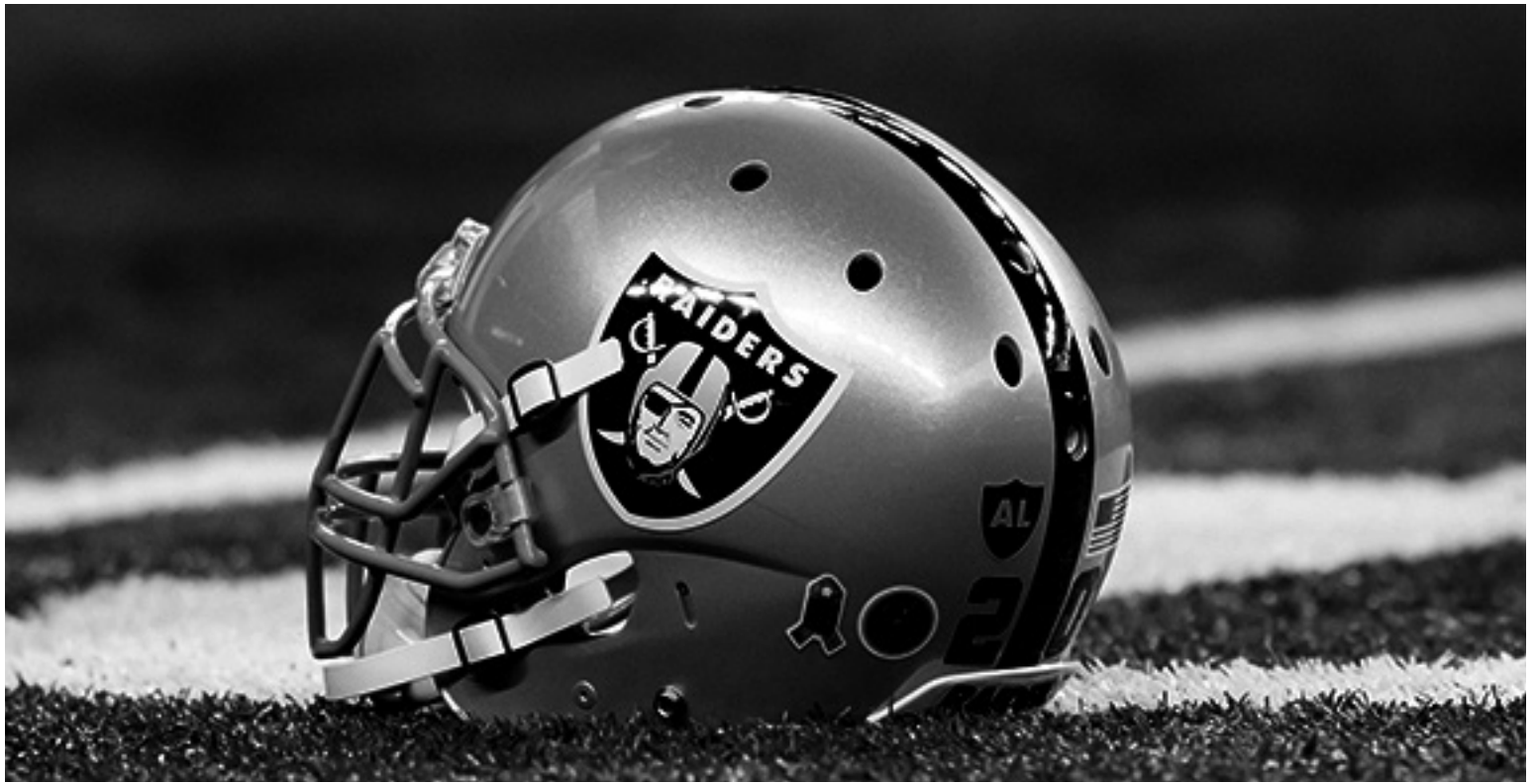
VARSITY

OPPONENT	DATE	TIME	LOCATION
COOSA	AUGUST 8	5:00 & 6:00	COOSA
PAULDING CO.	AUGUST 9	5:30	HOME
DOUGLAS CO.	AUGUST 16	5:30	DOUGLAS CO.
CHAPEL HILL	AUGUST 16	6:30	DOUGLAS CO.
WHEELER	AUGUST 18	5:30	HOME
NORTH PAULDING	AUGUST 23	5:30	NORTH PAULDING
KENNESAW MOUNTAIN	AUGUST 23	6:30	NORTH PAULDING
WHEELER	AUGUST 24	5:30	WHEELER
COOSA HIGH SCHOOL TOURNAMENT	AUGUST 27	TBA	COOSA
WOODLAND	AUGUST 30	5:30	WOODLAND
MARIETTA	AUGUST 30	6:30	WOODLAND
HIRAM	SEPTEMBER 1	5:30	HIRAM
MCEACHERN	SEPTEMBER 1	6:30	HIRAM
WOODLAND	SEPTEMBER 6*	5:30	WOODLAND
ROME	SEPTEMBER 6*	6:30	WOODLAND
CASS	SEPTEMBER 13*	5:30	HOME
HIRAM	SEPTEMBER 13*	6:30	HOME
CARROLLTON	SEPTEMBER 20*	6:30	CARROLLTON
VILLA RICA	SEPTEMBER 20*	7:30	CARROLLTON
SPRAYBERRY	SEPTEMBER 22	5:30	SPRAYBERRY
MARIETTA	SEPTEMBER 22	6:30	SPRAYBERRY
DOUGLAS CO.	SEPTEMBER 26	5:30	HOME
KELL	SEPTEMBER 27*	5:30	VILLA RICA
PAULDING CO.	SEPTEMBER 27*	6:30	VILLA RICA
HIRAM HIGH SCHOOL	SEPTEMBER 28	5:30	HOME (SENIOR NIGHT)
CHAPEL HILL	SEPTEMBER 29	5:30	CHAPEL HILL
PAULDING CO.	OCTOBER 3	5:30	PAULDING CO.
AREA TOURNAMENT	TBA		TBA

* DENOTES AREA MATCHES

JUNIOR VARSITY

OPPONENT	DATE	TIME	LOCATION
PAULDING CO.	AUGUST 9	5:30	HOME
ROME	AUGUST 13	TBA	ROME
DOUGLAS CO.	AUGUST 15	5:30	DOUGLAS CO.
WHEELER	AUGUST 18	5:30	HOME
NORTH PAULDING	AUGUST 23	5:30	NORTH PAULDING
KENNESAW MOUNTAIN	AUGUST 23	6:30	NORTH PAULDING
WHEELER	AUGUST 24	5:30	WHEELER
CHAPEL HILL	AUGUST 25	5:30	HOME
WOODLAND	AUGUST 30	5:30	WOODLAND
MARIETTA	AUGUST 30	6:30	WOODLAND
WOODLAND	SEPTEMBER 14	5:30	WOODLAND
HIRAM	SEPTEMBER 28	5:30	HOME
CHAPEL HILL	SEPTEMBER 29	5:30	CHAPEL HILL
PAULDING CO.	OCTOBER 3	5:30	PAULDING CO.
HIRAM	OCTOBER 5	5:30	HIRAM



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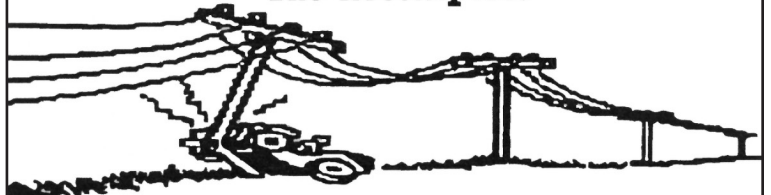


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3RD ROW: KEEGAN SCOTT, PATRICK REEDER, TREVOR ROBINSON, JARED SWINEY, AUSTIN WHITE, EVAN KILGOAR, PATRICK PUGH, THOMAS HAWLEY, JOSHUA NAPIER, ANDREW PENDLETON, AUSTIN BASTIS
2ND ROW: ANNA WOOLEY, JADE PORTER-ISIS, ABBY BRUMBELOW, LEXIE GEIGER, KATIE MCPHERSON, CATHERINE BASCH, VICTORIA BELL, BUNNY GEIGER
FRONT ROW: BRYLIE GALEAZZO, GRACE WOOLEY, ANNA CRUSSELLE, CHLOE CHIN, ALYSSA THOMPSON, CAROLINE LINDSEY, AVIS HULSEY

2016 CROSS COUNTRY SCHEDULE

DATE	VENUE	SITE
8/20	PICKENS PREVIEW	JASPER
8/27	BATTLE OF ATLANTA	HAMPTON
9/3	RUN AT THE ROCK	CARTERSVILLE
9/10	DOUBLE DIP (VARSITY)	ATLANTA
9/24	ROCK RANCH INVITE	YATESVILLE
10/4	COUNTY	DALLAS
10/15	COACH WOOD	GAINESVILLE
10/26	REGION	CARTERSVILLE
11/5	STATE (VARSITY)	CARROLLTON

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CSI places a strong emphasis on individualized care with treatment options designed to meet each patient's specific needs and goals. We utilize a combination of minimally invasive nonsurgical therapeutic techniques and advanced physical therapy to restore the highest quality of life.

Conditions Treated

Neck Pain

- Cervical Stenosis/Disc Herniation
- Cervical Facet Joint Arthritis/Cervical Radiculopathy
- Whiplash
- Headaches
- Occipital Neuralgia

Low Back Pain

- Lumbar/Thoracic Spinal Stenosis/Disc Herniation
- Lumbar Radiculopathy (Sciatica)
- Lumbar Facet Joint Arthritis
- Post-Surgical Scar Tissue pain
- Sacro-Iliac Joint Dysfunction

Neuropathic Pain

- Diabetic Peripheral Neuropathy

Osteo-Arthritis

- Shoulder/Hip/Knee Arthritis
- Tennis/Golfers Elbow
- Trigger Finger
- Hip Bursitis
- Vertebral Compression Fractures
- Thoracic/Lumbar Compression Fractures



Treatment Options

Epidural Steroid Injections

- Cervical
- Thoracic
- Lumbar
- Caudal

Medial Branch Blocks / Facet Joint Injections

- Cervical Medial Branch Blocks
- Thoracic Medial Branch Blocks
- Lumbar Medial Branch Blocks

Radio-Frequency Thermal Ablation

- Cervical RFA
- Thoracic RFA
- Lumbar RFA
- Sacro-Iliac Joint RFA
- Genicular Nerve Ablation

Neuromodulation

- Spinal Cord Stimulator Trials / Implantation

Kyphoplasty

- Thoracic Vertebral Compression Fractures
- Lumbar Vertebral Compression Fractures

Sympathetic Nerve Blocks

- Stellate Ganglion



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