

Everything

Horses AND Livestock TM

FEBRUARY 2017 • VOL. 2 NO. 1



*The Art of Working
with Leather*

BY JANA
BARCUS

ALSO FEATURING ARTICLES BY

DR. HARRY ANDERSON, JANICE PACK, CHAD MATHES, CORY YOUNG,
CAL MIDDLETON, MELISSA COWAN, JOSHUA RUSHING, JOLENE THOELE,
SHANNON ROWL, KELLY BEHNKE, KARLA BOOTS



www.EHALmagazine.com

A Few Good Horses

Running V Ranch



Sugar King Bartender

Ultimate
Ranch
Horses



Via King ID De Jupe

**Blending
Peppy San Badger & Two Eyed Jack
Bloodlines**



Dual N Bingo

Ranch Horses & Prospects For Sale

785-418-2880 www.RunningVRanch.com Richmond, Kansas



Being raised by an Avid Outdoor Sports Writer, it was only natural for me to start our Magazine, Everything Horses and Livestock.

In my youth, I talked with my father about writing some small books on living off the land in our area and caring for animals.

Out of high school, I gave riding lessons, trained horses, boarded, produced a variety of events and sold items from my own retail business, while also working for others.

I wrote articles on proper feeding and horse management for magazines, websites and newsletters. It was very enjoyable to listen to my father edit them for me.

He said, "It's good to write how you feel, what you believe, just get rid of the extra words!" My father and I never got around to writing our booklets before he passed away November 1, 2009. I have many fond memories of my father and our time together.

He worked at the same publishing company for 62 years.

My passion is proper care and feeding of all animals and helping others enjoy their ride. Our family loves to hunt, ride and team rope.

Flip through our pages. Enjoy articles, photographs, cartoons, word search, & fun news!

This magazine is dedicated to my dad, mom, sisters, husband, son, family, friends, and everyone out there enjoying the ride!

~Jana T. Harrington Barcus

Editor/Publisher; Jana Barcus

Editing/Setup; Jennie Pearce

Call Use to Advertise;

Bill Barcus 913-238-3139 Jana Barcus 913-731-2509



4	A Ride Down Memory Lane	Jana Barcus
5	Total Feeds, Inc.	Dr. Harry Anderson
9	Let's Go Trail Ride	Featured Brandy Von Holten
10	Horse Bits	Janice Pack
11	Reining it in	Featured Cal Middleton
12	Equine Energy Balancing	Jo Lene Thoele
14	Chad Mathes Roping	Chad Mathes
16	Living Life Ranch	Featured Melissa Cowan
18	Golden Spur Ministries	Cory Young
19	The Myofascia Body	Featured Kelly Behnke
20	Mounted Shooting	Featured Shannon Rowl
22	Rusty Spurs	Janice Pack
28	Horseshow & Rodeo Days	Staff & Karla Boots
31	Chewing the Cud	Dr. Harry Anderson
35	The Art of Blacksmith	Featured Josh Rushing

Ads Due January 8 / April 8 / July 8 / October 8

Publish Dates

February * May * August * November

The Publication office is located at 29545 Pleasant Valley Rd., Paola, Kansas 66071

Everything Horses and Livestock is distributed across the US and on the world wide web. No material from this publication may be copied or in any way reproduced without written permission from the publisher. Neither the advertisers nor Everything Horses and Livestock Magazine, nor staff are responsible for any errors in the editorial copy. This magazine reserves the right to refuse any advertising which we deem unsuitable for our publication. No liability is assumed for errors in or omissions of advertisers in this publication. Opinions and views expressed in articles and advertisements are not necessarily those of the publisher, editors or employees, nor does publication of any opinion or statement in Everything Horses and Livestock constitute an endorsement of the views, opinions, goods or services contained in any advertisement. Visit our website at www.EHALmagazine.com and [Like us on Facebook](#)
Copyright 2017 Everything Horse and Livestock All Rights Reserved



The Art of Working with Leather

As Randy Cornelius and I begin to talk about his passion for leather craft, my eyes couldn't help but wonder around his shop as I listened to his journey.



The first thing I see is his work bench where hundreds of tools all have their place and his leather work is mastered. As he carves and shapes the leather, a tech light illuminates his work for perfection of each hand stroke. Everything is organized and within reach.

I continue scanning the shop and focus on another bench full of larger tools. There is leather everywhere, carved earrings and necklaces, tooled canteens, chinks, chaps, and saddle trees waiting for leather.

As I focus back on Randy, my eyes stop on a framed picture of a beautiful Indian village and feather that is sporting a bald eagle, red string and beads.

"This is an example of the leather pictures I have been working on." Oh my goodness the feather and eagle are leather too! This piece is a favorite of his

wife Debbie and has a place on the wall in their home.

As he puts down the completed piece, he shows me one of the feathers up close. So many fine details



from the center vein to the curled edges and spot on paint job, these feathers are one of a kind. Not only do they look great in the leather pictures, they would look fantastic in the side of a straw or felt hat too!

Picking up his latest leather picture project, this one really caught my eye. It is my personal favorite and its not even completed yet.

This work of art is a single piece of flat leather carved with a White Buffalo, village and Indian head behind. This buffalo looks like he's running straight towards me. You can see and feel the buffalo's coat. I am very anxious to see this project complete.



Continued on Page 40

Total Feeds

with Dr. Harry Anderson



WHAT DOES TOTAL EQUINE CONTAIN?

There are certain questions about Total Equine that I get asked repeatedly. I would like to answer a few of them here to let everyone know just how complete a nutritional package it is.

Many of these things are items that are not part of the required guarantees, but do appear in the ingredient list.

Probiotics – Yes, we include some probiotics in Total Equine. But they are not a critical part of the success of the program as this formula is designed to support the natural bacterial in the cecum and colon that are always present.

Prebiotics – The term prebiotic is used to describe nutrients or ingredients that support the growth of microbes already present in the gut. Total Equine as formulated, would be considered a prebiotic and contains one ingredient that is known for its prebiotic effects.



Fallon Taylor

Biotin – Yes, Total Equine contains more than adequate Biotin when fed at the recommended feeding rate. A side note is that Biotin is only one component in hoof growth and health. Total Equine contains the other critical components also.

Lysine – Yes, even though the level of lysine is not part of the required guarantees, Total Equine contains 0.8% and this is adequate for all situations.

Non-structural carbohydrate (NSC) – Regular Total Equine contains 26% NSC and Total Equine LNSC contains 16%.



Tyler Magnus

Vitamins – Total Equine is formulated with 14 vitamins including all of the required fat soluble and water soluble vitamins.

Minerals – Total Equine contains all 7 of the required major minerals and all 7 of the required trace minerals for a total of 14. Five of the minerals are in the truly chelated form that provides maximum bioavailability.

Amino Acids- Total Equine contains all 10 of the essential amino acids plus 3 more that are non-essential but important to the digestion and well-being of the horse.

GMO free – No, Total Equine is not GMO free.

Continued on Page 25

Curiosity Corner

Does anyone remember or know what this is?



First one to send us the answer Wins a New Black Rope Halter & Lead!!

Send us your answer to ehalmagazine@gmail.com

We have a WINNER!

In our last issue we posted that whoever can identify what's in this picture with a name and purpose, will received a FREE T-Shirt from our Curiosity Corner sponsor, Better Equine - Your Tack, Feed and More Store!



WE HAVE A WINNER!!

Congrats to **Teresa Sitsler** Pryor, Oklahoma

ANSWER; It's a wire muzzle. It was used to go over the plow horses nose to keep them from eating while working!

We found there were several "styles" of these!

Spitz LOVES his "Pony Puffs" - he is 23 years old and has been on 4 lbs. of Total Equine per daily along with his brome hay, salt block and fresh water for the last 5 months. His owner is thrilled with the results!

Our Featured Horses on the Total Equine Feed Program

LOOK AT THE RESULTS!
Better Equine loves working together with trainers, owners, and veterinarians. Using quality feeds like *Total Equine Feed*, we help achieve success for our owners and their animals.
 Give us a call! We'd love to help you!

Before 08/24/16



Currently 02/02/17



Lone S Photography



www.LoneSphoto.com

David Seymore
2004 Manor Dr.
Dodge City, Ks 67801
620-225-2077 Home
620-253-0216 Mobile

Equine and Canine System Kits *GAME READY SYSTEMS*

***Mention this add for a 5% discount.**

The Game Ready System can be your secret weapon to heal and prevent injuries.



It is used for post-workout therapy chronic lameness, acute lameness, cellulitis, tendonitis, pre and post-operative care.

Delivering dry cold and acute compression.

Paige Wiseman 913-594-9730
Mandy Wiseman 913-238-0406

EQUINE MYOFASCIAL THERAPY

Main Body Works

KELLY BEHNKE
Cell:
913-731-2535

564 Main St.
Osawatomie, KS 66064
Office:
913-755-3768



HORSES

HUMANS

EquineMyofascialTherapy.com

MainBodyWorks.com



CROWN
REALTY



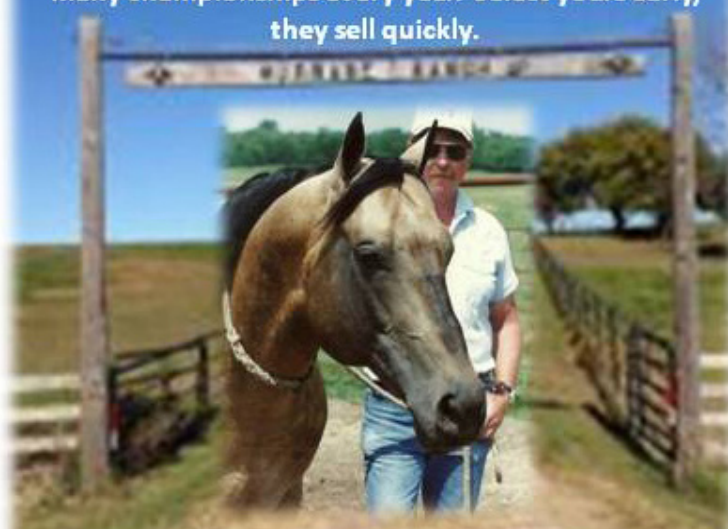
Whether you are buying or selling Crown Realty can help! We have been selling recreational land since 1973 so we have the experience to assist you in your real estate needs!

Louisburg - 913.837.5155 Paola - 913.557.4333
Mound City - 913.795.4555 Spring Hill - 913.592.2222
Olathe - 913.782.1155 Gardner location opening soon!
Overland Park - 913.681.8500

CrownRealty.com

MURNANE RANCH

We are now mostly retired. We are no longer standing our stallions to outside mares for the public. However, we still raise and sell a handful of Bar Money Sunny bred quality foals each year. They are still winning many championships every year. Select yours early, they sell quickly.



John and JoAnn Murnane 913 557-4930
murnaneranch@midwest-connections.com

Website www.barmoneysunny.com



KSCMSA 2 DAY MOUNTED SHOOTING
VISIT KANSASCMSA.COM FOR MORE INFO
COMPETITION BEGINS AT 10AM



Total Feeds
Distributor



CUSTOMER APPRECIATION

29545 PLEASANT VALLEY RD, PAOLA, KS
MAY 13, 2017 9AM-6PM

Day



DR. HARRY ANDERSON
Creator of Total Feeds
AVAILABLE 10AM-5PM





Our Featured Writer, Brandy Von Holten

The Making of “Country Tough”



I, Brandy Von Holten, am here to tell you that the American Dream is alive and well. Hard work pays off, the good guy still wins, saying yes ma'am, and loving your mother are ALL still concepts that are held near and dear in the heart of good 'ole country folk.

When my husband and I set out to chase our dreams of owning his 110 year old family farm and develop it into a one-of-kind trail riding facility, we did not know what we had in store for us.



The saying “no pain, no gain” has an entirely new meaning to us. In the end we are now wiser to the world, but we are different. We are STRONGER. We know exactly what we are made of - which is grit, heart, hard work, and a tenacious spirit, all while being humble.

It is what I like to call being “country tough”. One thing for sure that strikes an emotional cord with me is how much love and compassion we have received from the country community. They have opened their hearts to us and for that, I say thank you.

As we grew and hosted numerous events in different organizations, I felt like we had not found our niche. As a woman that has faced stereotypes my entire life, with a diverse background that includes internationally competing as a heavy weight fighter, winning a beauty crown, and pie baking competitions. I knew what that niche was oh so well.

I realized that in the equine world, people typically categorize equine owners into one genera, such as either a barrel racer, a trail rider, a roper, a mule owner, an English rider, or an obstacle competitor.

There were not any events that gave women the opportunity to show truly how diverse and amazing they are! This idea led me to designing what would become our first VHR Country Tough Cowgirl Challenge in 2016.

It was a team competition that embraced equine events and non-equine events. The ladies competed in barrel racing, campfire cooking, obstacles, trailer backing, roping, shooting, ranch pleasure, and a cowgirl test.

When I introduced this competition to the world, I was floored by the positive response and by how quickly the event filled. I then developed a second Cowgirl Challenge, a Cowgirl and Cowboy Challenge, and a One Fly Cowgirl Challenge in 2016.

The four challenges are back in 2017 and are going strong.

Continued on Page 24





“Looking Back and Looking Forward”

By Janice A. Pack

I can hardly believe the second month of 2017 has about slipped into history! I have spent some time since the New Year reflecting on our EHAL magazine and the vision of its creator, Jana Barcus.

Since the magazine’s inception in the fall of 2014, it has grown exponentially, perfected its name and printing challenges. EHAL will have smooth sailing in 2017!

The EHAL team wanted the magazine to inform, educate and entertain all animal lovers. To reach toward these goals, Jana and team members sought to find unique contributors to write positive articles and columns. The first issue in October 2014 had 14 pages and like any fledgling proved difficult to launch.

In 2015 the magazine experienced an expansion in advertisers, writers and topics. I believe this growth came as result of low cost advertising (as compared to other publications) plus contributors’ freedom of choice for topics and titles of their articles. Many provided their own article pictures. The magazine’s graphic artist designed the column headers. Creative and colorful headers allowed readers to recognize the various writers from one issue to the next. 2015 also saw the magazine grow from 14 to 15-20 pages as it became more organized and easier to put together.

Some writers also have their own “business” cards complete with contact information and designed from their column headers. I, for one, use my cards to introduce myself to strangers in Oklahoma, show them the magazine and “brag” on it. I pride myself

on having a knack for picking out “horse people” in a café or store checkout line. I haven’t missed yet and have written several articles about folks I have met just this way.

In my haste to demonstrate the magazine’s growth I have neglected to mention that in 2016 Jana put the magazine together with new and improved software. The magazines editing setup team suggested this better software. EHAL graphic arts designer, Ali McCollough with The Digital Cowgirl, designed all the beautiful and artistic covers. My personal favorites include the old Shipley Building on the August 2016 issue and the old red barn painting by Mary Hall on the November 2016 issue.



A recent change in a printing company made the magazine’s pictures and text cleaner and sharper than in 2015 issues. The length of the magazine grew to between 25-30 pages. The February (Equifest) 2016 issue took “first prize” with 31 pages plus 31 more pages as advertisers included their entire product catalog on the flip side!

2017 proposes to be a stellar year for EHAL magazine. Because of team agreement, the magazine will continue to use the bigger and bolder font introduced in 2016 for easier reading. Subscribers to EHAL have increased. The magazine can also be read online and downloaded on ANY device from phone to tablet to computer. A handy feature is the archived magazines on the website will allow readers access to any issue.

I still have many “old saddles” left to write about. If I should run low on saddles I will start researching vintage bits and spurs! Other column writers also have unending topics to share. In 2017 EHAL will have NEW contributors and animal-related topics.

The staff will continue its team effort to reach the goal 35-40 pages of interesting, informative and fun reading. We hope you enjoy it.



A BIT of Knowledge - Part 1

There isn't necessarily always a "right" bit, but there are many "wrong" bits.

Whether I go to a show, a clinic, or walk into the local tack store, there are so many bits to choose from. Sometimes it can get overwhelming for people to decide what to use on their horses. I thought I'd share some insight on the subject, and hopefully by the end of this 2 part article you can see that the simple choice is usually the best.

When starting a colt the best thing for the colt is to start in a snaffle, although just the first ride or two



may be in a simple rope halter, or sometimes no headgear at all. Starting a horse with no headgear at all is the only way to be sure you're not allowing the horse to push on you. A snaffle can be used for the life of the horse. It is hard to put an exact time frame on when something else can be used.

A snaffle has no shanks. It allows for direct feel and contact with the horse. A broken snaffle is ideally suited, because it is articulated in the middle, and allows the rider to exert differential pressure on each rein, without hurting the horse or making him dull to the reins.

I generally use a snaffle with only one joint, always remembering that a broken bit like this is made to be used with one rein at a time. This "one rein at a time" can come in many forms. Mostly, the idea is to use one rein more than the other. Regularly pulling on both reins at once, while using a broken bit, can cause physical problems in the horse's mouth, not to mention that the horse will quickly become "bracey" and will not learn to hold himself up properly. Pulling on both reins just gives the horse more surface area to lean on and brace against, until he learns to soften his body, give his feet and hold himself up.

One of the most important things you can teach a horse is to accept differential forms of pressure and move his feet accordingly. The reins and bit are just one more form of pressure. The word pressure is to be understood as always being as light as possible, but as firm as necessary.

Accepting the pressure of the bit basically means that when you pick up your hands and/or take the slack out or tug on a rein, a horse should adjust his body and feet. He should also acquire the overall body frame that will allow him to move his feet and body in a balanced way. "Butt down, back picked up, shoulders up, poll level, and chin soft." If the horse does this without a great deal of resistance, then you may be ready to move on from a snaffle as you increase the expectations placed upon your horse.

In the next and final part of this article, I will discuss more progression from a snaffle.

~ *Cal Middleton*

This has been an adaption from the book *Cal Middleton On Horses and Life*, published by Whirlybird Press. For More information at calmiddleton.com. Please email questions to cal@calmiddleton.com

Equine Energy Balancing
Mind Body Spirit

Jo Lene Thoele
Equine Therapist

1335 Vermont Rd
Rantoul, KS 66079
jlthoele@hotmail.com
785-418-4595
jolenethoeleenergybalancingoilsherbs.mynsp.com



Equine Emotional and Physical Trauma

While I was at a friend's house working on my magazine article, we had a gal come in to visit about her new horse.

This horse is a beautiful, 5 yr old brown quarter horse mare that was purchased July 2016. The owner explained that "this mare has issues".

She felt that her new horse June Bug was emotionally disturbed, not cooperative, obstinate and in a lot of physical pain for some reason.

Grooming was a challenge because she was so sensitive to even a gentle touch over her body. She lacked self confidence, trust and could only carry her saddle for a short period of time making riding and working her very limited.

So the journey began. We assessed the situation and knew that it was going to take a unity of Spiritual gifts working together to rehabilitate her. In I Corinthians 12:1-11 the Bible explains Spiritual gifts as unity in diversity, along with the discernment of spirits.



"Bug's" owner is a Sports Massage Therapist herself and works with muscle issues and deep tissue massage. She is very kind, loving and passionate in her work.

I work with the energy in balancing of the mind, the body and the spirit. I use several modalities depending on the assessment for treatment. Combining our therapies and our expertise we can facilitate change to assist the body in healing and accomplish more in shorter period of time.

On July 13th we assessed her pain level and agreed it was at a 5. I started with balancing the energy centers and she showed blockages at each of the 7 energy centers. While receiving the therapy she was very relaxed and cooperative.

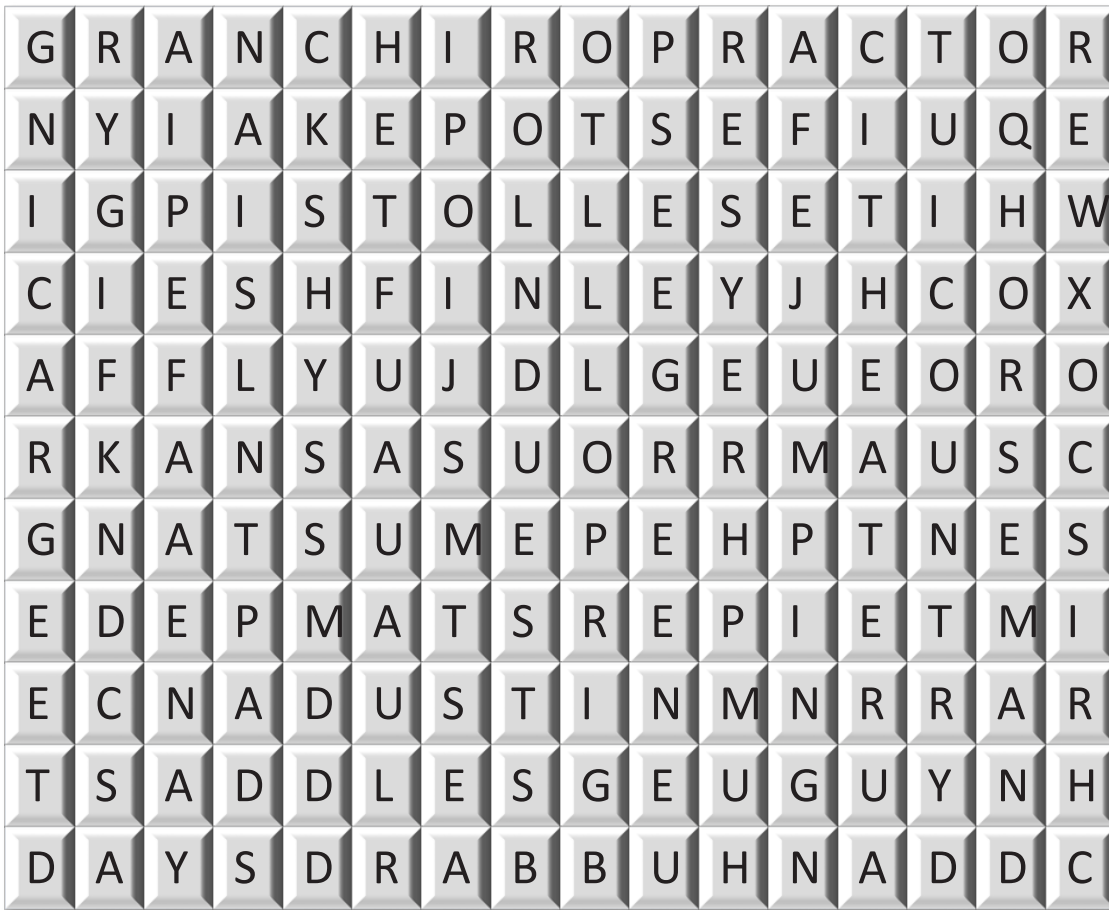


I then did Acupressure Massage. Starting with opening the bladder meridian, I then worked on the acupressure points on both sides. Moving to massaging and photonic therapy on the sensitive areas, I released the tight muscles. I did acupressure on the 12 ting points and closed the meridians to finish this part of her session.

Moving to emotional therapy, I worked on the 8 standard points. We had several releases including a few open mouth and body stretching.



Continued on Page 36



Word Search
 Help Blue Find all
 the
 Hidden Words

- | | |
|--------------|------------|
| Ranch | Jumping |
| Equifest | ChrisCox |
| Topeka | Horseman |
| Kansas | DanHubbard |
| Country | Saddles |
| Stampede | Mustang |
| Dance | Maddy |
| Dustin | Whitesell |
| FFA | Humphrey |
| Theater | Finley |
| Racing | Mules |
| Chiropractor | Gypsy |

Hi Kids - What's Your Name!

I am Big Diesel on the bottom, Miloman in the middle & Princess Casey Lynn on top!

We love playing together everyday. We run up and down the hills, chase the squirrels up the trees and love to carry sticks around. Best fun of all is when we get to bring the cattle out of the timber and up to the arena!

Have Fun coloring us then take a picture of your completed project, email it to betterequine@gmail.com to win a prize!

They will post us on facebook too!



DALEXANDRA.KANISS@GMAIL.COM



Visit our Website for
Video's & More!

ChadMathesRoping.com

What is your game plan?

Hello everyone. I hope you all had a great holiday season! As we start a new year, I'm sure we are all ready to work towards our new goals. In this insert I would like to discuss making changes and how we know when to make those changes in our game plan. That's actually the first thing to discuss, what is your game plan?

Having an idea of what kind of ropings you are planning on attending is a must. How will you prepare if you have no idea what you are getting ready for. Are you going to World Series or USTRC? The barrier system is completely different at both. Your horse needs to fire fast at a World Series but needs to stand there longer at a USTRC. Maybe you are going to both? You might need two different horses for one or the other. I know quite a few folks that struggle with that. That's what I'm talking about with making changes. Do you have the right horse for the situation or are you preparing correctly for the situation?

I have people come to me for help that say "I want you to help me be faster". To that statement I always ask the next question...Why do you need to be faster? To that I get this response..."I'm not winning like I want to be". To that statement I ask... Are you making the short round every time? Now the conversation can split. To those who say "yes, I make the short round almost every time but we just aren't fast enough to be in the money". These are the folks that need to be faster. The other answer is "No I never even make the short round". This is where we need to ask ourselves this question...

Am I not winning because I'm not fast enough, or because I don't catch all my steers. If you catch all your steers and aren't winning, it's time to step up your game. If you aren't catching all your steers, you guessed it, time to stay focused on fundamentals not speed.

Let's say you do need to be faster...what do you change first? Most of the time, if your fundamentals are sound, we start to fine tune the places that hurt us the most on time. How far are you off the barrier every time? Are you roping your steers when you first get there? Are you handling cattle to be roped faster? Heelers, are you getting a good start? Are you up and ready when they turn the steer? Is your loop in a good position to deliver out of on the first best shot? Is your horse helping you or hurting you? Sometimes the things we think we need to change are the opposite of what really needs to happen.

The thing I hear the most from headers is that they want to learn to reach more. If you are scoring good, roping when you approach the steer and your heelers are catching, you should be in the running for a check every time. If you are doing all that and still not placing, I would evaluate your horse first before I would start reaching. Getting a horse that scores better or runs faster is going to be much more consistent than trying to reach and then handle steers for your heelers. Reaching is a last resort. Heelers, are you finishing and shutting the run down or are you fumbling your dallies every time? Roping steers on the second jump every time and shutting the run down with a solid dally is much better than riding by the corner and fumbling your

slack or missing your dally every other run. Position and timing are everything when it comes to heeling steers. Do you need work in those areas?

On a personal note, I have had to face some realities of my own. The black gelding I have ridden the past two years is an outstanding heel horse. However, I was catching all my steers and not winning much. I asked 4 of the best headers in the world what I needed to do to make my situation better and they all had the same answer. "Your black horse



is nice but he doesn't let you take your shot quick enough". That horse is the nicest horse I had been on up to that point in time so those were hard words to hear. But, took the advise and found a horse that lets me rope faster. I have won two out of three of the first three places I have hauled him. I'm glad I took the advice.

Along with that came some changes in my swing that I had to make to adjust to the new shots I can now take on the new horse. It's hard to be honest with ourselves sometimes but it is absolutely neces-

sary. Sometimes we have to switch things up when we don't want to do so. Sometimes the areas that we think we have issues in are actually the opposite when we look at the big picture.

My wife has just gone through the same thing with her horse. She has outgrown the horse she learned to rope on. It was hard for her to let him go to another owner but she got tough and did it and is very happy with her new horse.

The new horse has restored her fire to rope and has made it fun again. In turn, her old horse has made roping fun for a beginner. That horse will teach her how to rope.

As always, I hope you can be honest with yourself about what changes need to be made and in what areas those changes need to be made. If all else fails, get some help from someone with a good coach's eye, sometimes the answer is simple.

Thank you for taking the time out of your day to read this article, it's really appreciated on my end. Keep working, don't get frustrated at the little things, and always PRACTICE HARDER!!! God bless.

Chad Mathes

Call to Schedule: 816-820-0560

Email: mathes58@icloud.com

www.ChadMathesRoping.com

www.facebook.com/ChadMathesRoping



www.BetterEquineInc.com
913-731-2509



What's going on at Living Life Ranch

I try to start my day by thanking God for all of his blessings and providing for us in every way possible. I love this area and our neighbors, who are all so nice. This has been/is such a wonderful place to live. I'm so grateful to have the opportunity to be here and have the ability to work with kids and horses.

I have to admit I was a little disappointed after speaking with the zoning and planning department. I learned that we really can't have the small events that we envisioned at this location. It is really okay though, I know with all my heart God will provide direction, he always does. I know that we just need to go with the flow and all will be shown in his time-line not ours.

I believe many people experience situations when things seem to be going in the right direction and you are on a roll. Then you come across some tough road blocks. The question starts creeping its way up "Is this what I'm supposed to be doing?" or "did I misunderstand what God wants me to do?" As you are trying not to ponder this, out of the blue, the phone rings or someone comes walking up to you and says "Hi my name is xyz and I heard you are starting a program for children working with your horses. Can you tell me about it?"

One thing leads to the next and all of the sudden you're doing the very thing you were wondering if you should be doing. God's time is worth waiting for. If ever there was any doubt in my mind its gone now. The old saying "The Proof is in the Pudding" applies here. I received the following testimonies from three families that are coming to Living Life Ranch. These families are touching my heart in so many ways and I'm honored to know them.

Trevor, age 12, started working with LLR and Melissa about a year ago. At first, Trevor came because he loves animals and was curious about the horses. Trevor loves to come visit the ranch because he says "it is a place that is calm to me, I can forget about all the hard

things going on in my life." Trevor also added, "when it is cold outside, I don't even notice because my attention is on the horses and they are so gentle and kind.

" When asked about working with Melissa, Trevor responded, "She is kind, and trustworthy, and she really cares about everyone and the horses and she knows what she is doing."

Trevor was asked what he has learned this past year and he said, " I have learned how to ride horses, and how to handle them in the right way. I love to just sing, and talk to the horses while I am grooming them. By cleaning up after the horses I have also learned that a little hard work can be good for you." When asked about the future, Trevor grinned and said, " I am looking forward to seeing what LLR becomes, and learning how to train the horses. I want to learn to train the horses so I can help Melissa and LLR."

Trevor was born with VADER syndrome and has kidney disease. He has been in and out of hospitals and has had over 12 surgeries. He continues to deal with medical issues on a daily basis. LLR and Melissa have given Trevor a safe place to go where the horses don't judge him, and let him work at his own pace. As Trevor's, mom, I have noticed a huge difference in Trevor in regards to his confidence. Trevor is a shy kid,

but the horses have helped him have confidence in his communication and break out of his shell.

--Jayne Hamilton

My daughter, Thayer who is 6 years old, started lessons with Melissa at Living Life Ranch in August 2016. This option for



**Continued on
Page 39**

TOOLS OF THE TRADE



TOTAL EQUINE

Please visit with
Better Equine
 and our area dealers
 for your
Total Feed Purchases!

**“Building Better Horses
 One Scoop At A Time!”**
- Dr. Harry Anderson



Jana Barcus
 913-731-2509

Bill Barcus
 913-238-3139

Billy Lane Barcus
 913-731-0006

Online Store:
www.BetterEquineOnline.com

Better Equine Inc.
 29545 Pleasant Valley Road
 Paola, Kansas 66071
www.BetterEquineInc.com



You supplement your horse for peak performance.



But what gives YOU the ultimate edge to go at Cowgirl Speed?

Contact Kasey at 316-251-7106 Mention this ad for a FREE product with Order!



**Building a Strong Relationship with Christ –
The Philadelphia Example: Faithfulness in
the Word – Revelation 3:7-13**

Continuing in our study of Christ's letters to the seven churches in Asia Minor we are going to focus this month on the church in Philadelphia:

“And to the angel of the church in Philadelphia write: He who is holy, who is true, who has the key of David, who opens and no one will shut, and who shuts and no one opens, says this: I know your deeds. Behold, I have put before you an open door which no one can shut, because you have a

little power, and have kept My word, and have not denied My name. Behold, I will cause those of the synagogue of Satan, who say that they are Jews and are not, but lie—I will make them come and bow down at your feet, and make them know that I have loved you. Because you have kept the word of My perseverance, I also will keep you from the hour of testing, that hour which is about to come upon the whole world, to test those who dwell on the earth. I am coming quickly; hold fast what you have, so that no one will take your crown. He who overcomes, I will make him a pillar in the temple of My God, and he will not go out from it anymore; and I will write on him the name of My God, and the name of the city of My God, the new Jerusalem, which comes down out of heaven from My God, and My new name. He who has an ear, let him hear what the Spirit says to the churches.”

Philadelphia (present day Alaşehir, Turkey) is located twenty-eight miles southeast of Sardis (discussed in our last study). At the time it was a

Continued on Page 30

The Myofascia Body

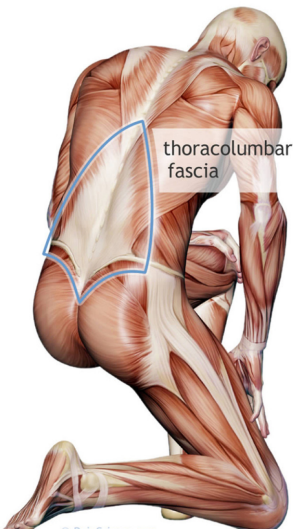
By featured writer - Kelly Behnke

New Year, New Journey

I wanted to share a testimonial I received from one of my clients I am helping with Myofascial Release.

“Two years ago, I was having to climb stairs at least 2-3 times per day at my place of employment. When I came down the stairs, my knees would not bend enough and I had to come down backwards. I was bull-legged and my back was starting to become hunched over. Then I met Kelly Behnke.

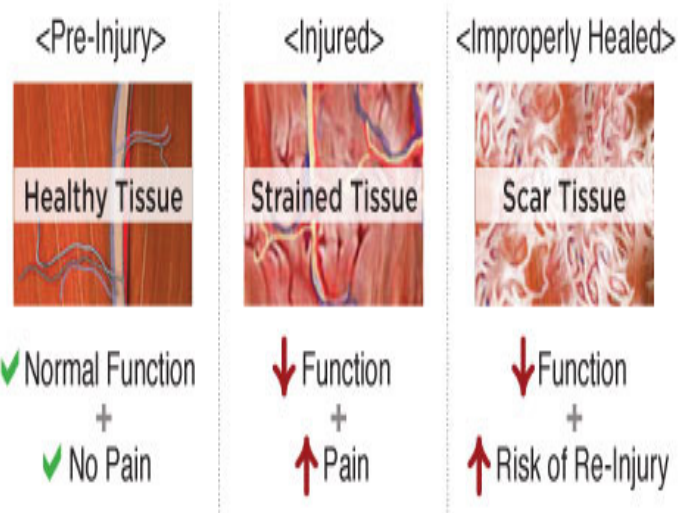
Kelly started doing myofascial release on me. The very next day I already felt the difference in my knees and I went outside and started doing things I couldn't do before. Of course, it is not an overnight cure, but I have steadily seen an improvement in how I feel and how much I can do. Before receiving myofascial release, I was thinking I would have to have knee replacement. I still feel pain sometimes but I can bend and am more flexible.



Myofascial release is an ongoing process to

repair many years of abuse to my body. I was constantly running and jumping during my elementary and teen years. I also played co-ed softball until I was almost 50.

I can still notice when I have not done the stretches which Kelly has taught me and have just gotten out of bed and started the day. The stretches keep the soft tissue pliable instead of being bound up. The more pliable your tissue is the more you can bend and do things.



When we started, Kelly could not get very deep into the tissue as it hurt too much. And now after two years, I have very little pain during treatment. I also laugh when Kelly is working on the tissue in my leg and knee and the tissue in my neck and shoulders responds.

Thank you Kelly for all your help! ~ Sandy



So here we are in the new year 2017, with new things to come. I do believe that everything happens for a purpose. The last nine months have been an interesting journey.

In my last article, written in November of 2016, I told the story of my fight with a pitch fork and the pain in my back. This has opened a whole new world of alternative medicine.

Meeting Dr. Diehn, an Integrative Medical Specialist, and working with a Doctor of Naturopathic Medicine (ND), as well as Dr. Brennan Chiropractic D.C., B.C.A.O, Atlas Orthogonal Specialists, I have found that the pain I was feeling was a lot more than just the pain in my back.

I have done many different tests and scans; blood work, CT, MRI, and ultrasound finding two herniated disc T4, T5, and a small mass on L2. I also found

Continued on Page 34



A New Year Brings a New Start

With a New Year, comes a new start for many cowboy mounted shooters. But for some, knowing where to start can be overwhelming. Here is some advice on being organized and preparing for the shooting season ahead.



A good way to start is by getting yourself organized at home; think about what you need in your barn or arena to make life easier for yourself. Replace broken equipment or tack before the season gets underway and really think about what you need when away from home as well.

The next step is to plan your competition calendar. Choose the shoots where you want to compete and at what level. This way you will have a goal in mind. I believe goals are very important to anyone who is competitive to make sure you are always pushing yourself to achieve your best.

Goals

So, how does one go about setting goals for the season ahead?

1. Write down your goals and schedule dates for their evaluation. Feedback is an essential component of the goal setting process. Without feedback, it is common to veer off course. With regular feedback, you can make necessary adjustments to stay on target.
2. Set long-term, intermediate, and short-term goals. As you write out your goals for the season ahead, first reflect on your longer term goals – goals that look 2, 5 or even more years down the road. These can also include a dream goal – something that looks inconceivable to achieve in the near-term but a motivating target for the long-term (e.g. finishing in the CMSA World Championships Top Ten for someone who is currently shooting as a Level 1 shooter).

As you think about your long-term goals, think about what you enjoy most about cowboy mounted shooting, what keeps you motivated, and what you want to accomplish in the years ahead.

Once you've looked at the BIG picture, now focus on establishing your goals for the shooting season ahead. What do you want to accomplish this season? What are your top priority shooting events and what do you want to accomplish at these events? What abilities do you want to improve? What performances do you want to achieve?

Finally, once you've set your goals for this season,



you will want to incorporate intermediate goals into your training cycles as well as short-term goals in your daily and weekly activities.

Think of goal setting like climbing a mountain. Your ultimate goal is to reach the summit; but to reach it you must break the climb into segments (intermedi-



ate goals) and then divide those segments into individual steps (short-term goals). The feedback you gain along the way will allow you to readjust your short-term and intermediate goals to stay on course for your long-term goals.

3. Goals are not just for your shooting events. It is just as important to include goals in you and your equine partners training. Benchmark goals can help you monitor your progress on a regular basis, and daily or weekly training goals can help you stay focused on both you and your horses training objectives, especially when life sometimes makes it difficult to see the forest for the trees.

4. Create specific goals. Specific goals, rather than vague ones, will provide clarity to your training program. Rather than saying, I want to improve my shooting skills (vague), specify, I want to move to the next class or level in mounted shooting this season (specific).

5. Specific goals need also to be measurable. If you want to move to the next class or level in mounted shooting, then you have a way to measure that goal – by gaining individual wins at shooting events. Measurable goals often involve time targets, e.g. I want to shoot ten out of ten targets.

6. Speak your goals with a positive tongue. Rather than saying, I cannot miss any balloons today (negative), state, I will shoot each balloon one at a time, as each one comes to me (positive).

7. Set goals that you have control over. This means focusing more on performance and process goals than outcome goals. Outcome goals have to do with placement in the overall results, performance goals have to do with achieving a certain number of popped balloons for example, and process goals

Continued on Page 41



Cornelius Saddlery
Quality Hand Made Leather Products

Randy Cornelius
38740 Somerset Rd.
LaCygne, KS 66040
Saddles, Tack, Chaps, Belts, Holsters and More. Specializing in Custom Work and Repairs

913-757-2302
Corneliusaddlery@yahoo.com
www.Cornelius-Saddlery.com



HORSE SPORTS THERAPY
Prevent Injury
Improve Performance

Horse Sports Therapy
WENDY WISEMAN
Certified Equine Sports
Massage Therapist
913-594-9625

Like us on Facebook
Horse Sports Therapy
horsesportstherapy@gmail.com
www.horsesportstherapy.com



“Parade Saddles”

By Janice A. Pack

I have always loved everything about parades—the bands, the floats, the baton twirling majorettes, the flags and the celebrities. Most of all I loved the HORSES! As a kid I looked forward to our local parades. I remember large saddle clubs coming down the street like cavalry in synchronized pairs. They had matching everything from their clothing, hats, saddles, bridles, breast collars, serapes to leg wraps and sometimes mounts of similar color. All these things made a big impression on a little horse-crazy country kid like me.

I grew up near Atchison, KS (home of Amelia Earhart), St. Joseph, MO (home of the Pony Express and Kansas City, MO (home of the American Royal). This kind of history afforded me the opportunity to experience many parades. My father shared my enthusiasm and took me to all these parades. Later we rode in many parades wearing our vintage “Gay Nineties” outfits with me on a sidesaddle.

I also remember watching the Rose Parade on TV at the neighbor’s house (no TV in my home in the 50’s and 60’s). My introduction to west coast opulence left me wide-eyed with disbelief! This parade had all the elements of mid-western parades but on a much different level. Live roses decorated every entry in the parade including the wonderful horses that represented the various breeds and cultures of origin.

Then came the beautiful parade horses with their high-stepping “parade gait”. Riders’ outfits glittered with sequins and jewels, which complemented the swishing fringe on their shirts. The typically black parade saddles glittered with elaborate silver

adornment. Leather bridles, breast collars, serapes and long tapaderos covered with silver finished this picture.

Readers should find it easy to understand that parade saddles were designed only to be seen. They have no other purpose. Horse shows of all levels during the 50’s and 60’s offered a “parade horse” class. Mostly well-bred American Saddlebred horses carried these elaborate saddles that often weighed 75-150 pounds. Popularity of this class gradually declined and today many of these fine saddles have become collector items. We can see them in museums and occasional parades. The internet abounds with well-kept parade saddles, some pricey, some not. One of a kind saddles built by famous saddle makers of the 50’s and 60’s sell for the most money.

One of these famous saddle makers, Ted Flowers hailed from Alexandria, Indiana. He began making



saddles in the 1940’s in his first shop in Anderson, Indiana. He made most of his saddles in his second shop, “Saddles on Parade” during the 50’s and 60’s near Alexandria. Hollywood “singing cowboy” actors Roy Rogers and Gene Autry often flew in to buy his products. Somewhere in this time frame, Trigger

and Champion galloped off into the sunset wearing Ted Flowers saddles. His saddles remained popular through the early 70’s as they were an affordable alternative to the more expensive saddles crafted in California.

The picture shows a high end Ted Flowers mod-

Continued on Page 42



- ◆ *Comfort*
- ◆ *Safety*
- ◆ *Durability*
- ◆ *Good Looks*

Your new building can provide a range of custom designs:

- Large clear-span riding arena
- Truck and trailer storage
- Office or living quarters
- Comfortable horse stalls



- **Exceptional Insulation**
- **Long Life Durability**
- **Economical Construction**
- **Strength and Safety Features**

Energy Panel Structures - Simply Better Buildings!



Bill Barcus
913-238-3139
www.BetterEquineInc.com

Continued from Page 9

At two of our Cowgirl Challenges, my husband, David, did an exhibition in both the tire changing and the skid steer classes and was in a league all of his own. David used to be an avid motorcycle racer, but now prefers a casual trail ride over equine competition. However, David has also built Von Holten Ranch with his own self-taught skills and with the work ethic of an army of Amish men.



My gears began to turn. I realized that just as women have been trapped into these categories that do not show our well roundedness, so have men. I wanted to create an event that the “average Joe” had a REAL shot at winning! The VHR Country Tough All-Around Cowboy competition was the answer.

There are three different divisions in the VHR Country Tough All-Around Cowboy competition: Top Farm Hand, Top Working Ranch Hand, and the All-Around Cowboy!

The guys have the freedom to enter into any of the three divisions. In the Top Farm Hand competition, the guys will compete in five events. My favorite is an event called “I Can Drive That!”, where competitors drive a standard truck, a tractor, a skid steer, and a riding lawn mower!

There are a few physical events such as hay stacking and post driving. However, there’s a twist. In this competition, you will have to figure out how many bales of hay you must stack based off a question. If you move the wrong number of bales, you will have time penalties added. We even added a 55+ division just for the Top Farm Hand. You see, being country

is not just about being crazy strong, it is about being smart, and being able to figure things out. I have seen David figure out solutions that would make MacGyver give him a high five!

The VHR Working Ranch Hand competition has events that will make the crowds cheer and add excitement into your giddy-up! One event is a field race. You guessed it; you run your horse across the field, go around a barrel and come back. Yee-haw, cowboy!!!

The All-Around Cowboy competes in both the Top Farm Hand and the Top Working Ranch Hand. The playing field will be evened up on all levels. Here’s the deal. It is time to celebrate the men in this world and take note to how much better the world is with them in it! I ask you to take a leap of faith and try something new. You might just have the time of your life!

Check us out in the next Issue of EHAL Magazine to read more about events at Von Holten Ranch!

A promotional poster for the VHR Country Tough competition. The poster features a large image of a man in a cowboy hat. Text on the poster includes: "October 7-8, 2017", "VHR COUNTRY TOUGH", "THREE DIVISIONS", "Top Working Ranch Hand", "Top Farm Hand", "All-Around Cowboy", "I Can Drive That!", "Hay Stacking", "Post Driving", "Shooting: Daisy Outdoor Products", "Tire Changing", "Roping Clinic Friday", "Saddle Hawkins Friday Night", "BONFIRE SATURDAY!", "Limited Entries Preregister", "VON HOLTEN RANCH", "30455 Pacific School Rd, Mora, Missouri", "www.vonholtenranch.com", and "(660) 668-0880". There is also a small image of a skid steer loader at the bottom right of the poster.

~ BRANDY

Contact us at vonholtenranch@yahoo.com

Call us at 660-668-0880

Continued from Page 5

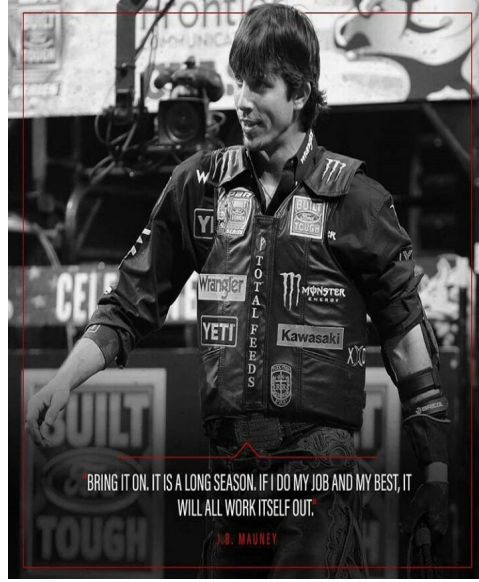
These are some of the most common questions I get and I'm excited to share my answers with you as we have a fantastic feed line. Below is proof this

feed program is working for beginners to professionals. Make your life much easier and provide your animals with great healthy products.

CHRIS COX Horsemanship - Feeds **TOTAL EQUINE** - VISIT WITH **CHRIS COX** in the **Better Equine Tack, Feed & More Store BOOTH #A16-18** for a Meet & Greet Autograph signing!



More Total Feeds Endorsees; Craig Cameron, JB Mauney, Tyler Magnus & Chad Mathes!



If you have specific questions, please feel free to go to Q&A at www.totalfeeds.com If you don't find what you are looking for there, send us a contact form and we will be glad to talk with you.

Until Next time....

Dr. Harry Anderson

Email any questions to: Harry@TotalFeeds.com

Dealer Locator; <http://bioremediesllc.net/locator/index.php?tab=US>



In our last Issue we ask our Readers “Why Do Horses Yawn?”

As promised, I have some answers and theories about why horses yawn. Some owners say they have never seen their horses yawn and assume they do not. But rest assured horses do yawn even though most plant-eating mammals do not.

My research did not reveal any other facts. Research did provide many reasonable guesses based on human yawning. Most of the time yawning signifies weariness, boredom or as a means of taking in more oxygen. One theory says horses hold their breath when tense or under strenuous training. Yawning allows them to “let down”, relax and regain oxygen.

Yawning could also indicate a release from other tensions or pain. Many horses yawn after receiving chiropractic, myofascial, massage, acupressure or acupuncture treatments.

Yawning may indicate a change in the “state of

arousal” such as waking from a nap or after a sudden fright. Horses may also yawn following something pleasurable such as grooming and eating.

Most equine yawning does not give owners an immediate cause for concern or alarm. Repetitive yawning during interactions with your horse could possibly be a sign of stress or pain. Excessive yawning, grinding of teeth or stretching to urinate may be signs of pain possibly from ulcers.

As always, horse owners need to pay attention to changes in their horses’ behaviors. Consult your veterinarian to determine normal and abnormal behaviors. Yawning causes no harm to humans or horses.

Beware, yawning can be addictive. If you see your horse yawn you will want to yawn, too!

Be sure to check out EHAL Magazine’s Spring issue for a new question in “What’s Under Your Hat?”

JANICE PACK

THE Digital Cowgirl
GRAPHIC DESIGNER
620-249-0604
@thedigitalcowgirl
The Digital Cowgirl
thedigitalcowgirl@gmail.com

egui FUSE™
SERIOUS HORSE CARE
SUPERIOR SHINE
Better Equine®
913-731-2509
www.BetterEquineInc.com
www.BetterEquineOnline.com
29545 Pleasant Valley Rd., Paola, KS
Distributor
ARKANSAS • KANSAS
MISSOURI • OKLAHOMA

MLS#: 1912877
10752 W. 2300 Road, Fontana, Ks. 66026

2 Story home on 40 Acres m/l, 3 Bed/2 Bath, Pond, Livestock Barn, Garage/Shop

Beautiful blue sky at this unique country setting makes this home a perfect place for raising a family, retirement or even a great potential spot for a unique Bed & Breakfast and event center. Located in the Prairie View School District, come relax in Linn County, Kansas.



Contact Jennifer Johnson 913-907-0499 jbmmjohnson@hotmail.com
Visit our Virtual tour at <http://tour.crownrealty.com/home/BKEV64> \$338,530.00

Get our magazine delivered to your door!

Fill Out the form below, make your check out for \$20.00 to EHALL Magazine
Receive 4 Issues/Year

Name: _____

Address: _____

City/State/Zip: _____

Email Address: _____

Mail to:
[EHALL Magazine](#)
29545 Pleasant Valley Rd
Paola, Ks. 66071

Questions? 913-238-3139





HORSESHOW & Rodeo Days

poles, flags and goat tying during 5 weekends of SEKLBR rodeos, Karlee's personal best shined as she was awarded the All Around Champion Buckle winner at each of them.

By EHAL Staff & Karla Boots

Family, Friends, Fun & Fast Horses

That just begins to describe the Exciting Rodeo Life for Miss Karlee Boots. Karlee is the Daughter of Justin and Karla Boots of Welda, Kansas. Mom and Dad own Pair of Boots Trucking, raise cattle, team rope and mom runs barrels too. Youngest brother, Stetson,



plays football, basketball, is the catcher on his baseball team and has started to rope. Karlee's older brother, Dakota Milner, is an accomplished Team Roper. This is a hard working busy family.

The 2016 rodeo season was the tops for this young cowgirl. As you read about her year, you will understand why. As most families that rodeo, farm, ranch, or play sports know, competing and winning takes a lot of dedication from everyone and Karlee right in the middle of it.

She is a member of the Southeast Kansas Little Britches Rodeo Association and competed in the 8 & under, Little Wrangler Division. Running barrels,

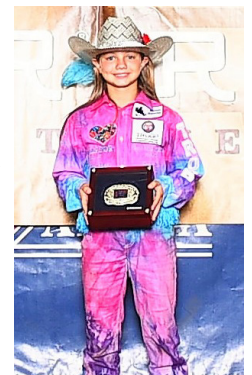
The National Little Britches Rodeo Finals were held at Lazy E arena in Guthrie OK this year. This was the



first year for the finals to be held in Oklahoma and the first NLBRA finals for Karlee. Karlee had an amazing finals winning 12 Belt buckles and 4 sets of Montana Silversmith Trophy Spurs, \$900 in College scholarship money and over \$1400 in Prize money.

In the Short Round she Won the Flag race with her fastest time of the year an 8.1 sec run. She also won 2nd in Poles, 3rd in Barrels and 5th in the Goat tail untying.

Her biggest accomplishment was Reserve All Around Champion of the world and of the 2016 finals right behind her good friend and toughest competition all year long, Jackson Schmidt.



Continued on Page 34

KANSAS HIGH SCHOOL RODEO ASSOCIATION



CONTACT:
DUSTY TURNER
620-655-6118
dusty.turner@conestogaenergy.com

ABOUT THE ASSOCIATION

The Kansas High School Rodeo Association is a 501c3 Not for Profit Organization. Our association's purpose is to help promote high school rodeo and bring recognition to this sport and to our members. We encourage sportsmanship, horsemanship, and character in our athletes. Many of our high school rodeo members eventually pursue a career in professional rodeo and our alumni have often achieved great success in the arena.

MEMBERSHIP

- 250+ Association Members
- Grades 6-12
- Kansas, Oklahoma, Colorado, Missouri and Nebraska

STUDENT OFFICER TEAM

President – Wacey Dorenkamp
Vice President – Logan Wiseman
Secretary/Treasurer – Taylor Algrim

KHSRA STATE FINALS

MAY 30 - JUNE 4, 2017 • KANSAS STAR • MULVANE, KS

The State Finals event is the final rodeo of the season for association members. Members are required to meet certain criteria to qualify for State Finals. At the end of the competition, the top 4 in each event are qualified to represent Kansas at the National High School Finals Rodeo. The finals event is webcast live to a large audience and replays all year.

SCHEDULE

- May 30 - Move in to Venue
- May 31 - Queen Contest, Scholarship Interviews and Contestant Meeting
- June 1 - Rodeo First Go Competition
- June 2 - Rodeo Second Go Competition
- June 3 - Rodeo Short Go followed by Concert
- June 4 - Awards Ceremony and Nationals Team Prep

SPONSORSHIP OPPORTUNITIES

- Online Recognition
- Arena Banners and Barrel Wraps
- Program Advertising
- Logo on National Team Jackets
- Logo on State Champion Saddle
- Grand Entry Flag
- Commercial on Live Webcast

Continued from page 18

farming community known for many agricultural products but was plagued constantly by earthquakes. As John was recording the book of Revelation in 95 AD the most recent earthquake had occurred about 37 AD. The city itself was named for a king of Pergamum, Attalus Philadelphus, who had built it. The name is similar to a Greek word that can be translated “brotherly love” (a Greek word translated into the English phrase seven times in the New Testament). Despite two thousand years of wars and cultural changes a Christian testimony remains to this day where Philadelphia once stood.

Jesus starts out this letter commending the Philadelphians for their faithfulness and perseverance in the faith despite their “little power” – or little strength. As a result of their heart for the Word and their refusal to deny Jesus name the Lord informs the church that He has placed an open door that cannot be closed before them – a special blessing given to them as a result of their faithfulness to Christ.

The Lord’s encouragement of the Philadelphians continues as He informs them that their opposition, the synagogue of Satan, will one day be brought to account. It is likely that the members of this group were not overt worshipers of Satan but simply followers of various false religions that could be seen throughout the region. Whether in this letter’s time (95 AD) or now, pagan religions have always been major antagonists of the church. It is not a surprise that they had opposition but it should come as encouragement that Christ promises to bring them into judgment. He guarantees the Philadelphians that their adversaries will be forced to “bow down” at their feet and “make them know that I [Jesus] have loved you.” I’m not sure of the logistics of how or when this happens but the blessing to the Philadelphians for their faithfulness is still obvious...

In the End Our Enemies Have to Acknowledge Our Faith is Real and Jesus Loves Us Because of It.

Christ’s promise to this group of believers, as a result of their faithfulness, was that they were not

going to have to endure “hour of testing” (the Great Tribulation). Notice that He did not say “I will keep you through the hour of testing” or “I will keep you safe in the hour of testing.” Jesus intentions could not be clearer – as a result of their trust and faith in Him they would be kept out of (one might even say raptured) the time of tribulation.

While the Lord makes some pretty awesome promises in this letter about the Philadelphians’ enemies being brought to justice and their absence in the tribulation there is an even greater lesson to this passage that can be found in what is not included. Philadelphia is one of only two letters found in the seven letters to the seven churches of Asia Minor that did not receive a rebuke or a stern correction from Christ. The first was the church at Smyrna who were under constant intense persecution and poverty yet remained faithful.

In Philadelphia’s case it appears that their perseverance was tied directly to two things: keeping the Word and not denying Jesus’ name. Of the two I am convinced that the hardest to work into our daily lives is keeping the Word. I don’t know about you but I often have the greatest intentions of spending time in the Word daily but the busyness of life usually drags me away or at least gives me the excuse to be lazy. The only way for us to survive as believers (or make it until He returns) is to faithfully grow in our knowledge of His Word. Romans 10 reminds us that faith comes by hearing the Word. I might add that to continue to grow in that faith and to continue to be led by the Holy Spirit we must remain faithful to and increase our knowledge of His Word. In short...

Study the Bible If You Want to Remain Faithful!



Be Blessed!

Cory Young
[Golden Spur Ministries](#)
816-260-8583



What is Different About Total Bull? It's not just for Bulls...

A question I often get is, what is different or unique about Total Bull that sets it apart from other cattle products on the market?

But first of all, I apologize for making the name sound like it is for only intact male bovine. The reason it is called Total Bull is that it was the bucking bull producers that requested it and the name sounded catchy.

I want to make sure that everyone knows this product is very useful for all cattle no matter how young, how old or what the activity or expectations are.

We are seeing it used for weaning calves, receiving calves, bottle calves, growing and show cattle, roping calves, roping steers, donor cows, recipient cows and yes also bucking bulls.

We have very positive stories and testimonials from where it is being fed to all of these different types of cattle.

Now for the point of why it is different. One of the main goals I had when I formulated Total Bull was a product to improve the digestibility of the grass and hay you have and not make it so you have to feed large amounts of this product.

This comes from my many years consulting with commercial feedyard manager who view feed efficiency or digestibility as the key factor in any ration.

With this in mind, I had to look at how to improve

the fermentation of fiber as most of the target animals for Total Bull are fed nearly 100% forage diets.

The next step was going against most conventional thinking in ruminant rations. I was taught that ruminant animals have plenty of bacteria in the rumen and they create many of the micro nutrients they need. What we need to add is a limited number of micro nutrients compared to how we formulate for an animal with a simple stomach.

So, what did I do different. I decided that I needed a formulation that would feed the microflora of the rumen so they would grow faster and if they grow faster they digest the fiber in the ration more rapidly and more completely.

To do this, I formulated it with micronutrients that would support and grow bacteria in the laboratory and from all reports it is working. The other difference to most other cattle products on the market is the use of *Ascophyllum nodosum*, which is a species of seaweed that has been proven to improve fiber digestibility in ruminant animals.

Now, how is it working in the field?

Bucking bull people report that the bulls consume 1/3 less hay even feeding 1/3 as much Total Bull as they would other programs. People weaning or receiving new calves report drastically reduced health problems and they use much less treatment medication. Customer with roping calves and roping steers report having to stock fewer animals per event because they stay stronger and healthier. Donor cows reportedly produce more eggs and more fertile eggs.

For additional information go to www.totalfeeds.com or ask your local dealer.

Use Our Locator to find Dealers in your area at <http://bioremediesllc.net/locator/index.php?tab=US>

Unparalleled Excellence in Nutrition
Dr. Harry Anderson



Hi my name Pistol and I am a Team Roping Horse
COLOR HIM AND HAVE SOME FUN!



FLAIR® Equine Nasal Strips are veterinarian-developed self-adhesive strips that promote optimum respiratory health in equine athletes at every level of competition.




FLAIR™
EQUINE NASAL STRIPS

PREVENT. PROTECT. PERFORM.™

FLAIR Strips are proven to reduce airway resistance to help your horse breathe easier, resulting in reduced fatigue, conserved energy, faster recovery and reduced lung bleeding.

Better Equine®

Purchase at Better Equine® 913-731-2509 www.BetterEquineInc.com



Priefert[®]
Farm, Ranch & Rodeo

PONDEROSA FENCE
GOOD FENCES MAKE GOOD NEIGHBORS



Custom Fit to Your Needs in a Variety of Colors with 3-Rail or 4-Rail Styles
BETTER EQUINE 913-238-3139

800-527-8616 | www.priefert.com



Priefert[®]
Farm, Ranch & Rodeo
BETTER EQUINE 913-238-3139
AUTHORIZED DEALER
"Serving All Your Livestock and Ranch Needs Since 1964"

Continued from Page 28

The NLBRA finals airs on TV every Wednesday at 4:00 pm. Karlee has been on RFDTV running Barrels and Goat tail untying so far this year! That has been really exciting for their family.

Karlee's main mount is Frog. He is a 16.2 hand, 14 yr old Red Roan grade gelding. Karlee loves Frog and says, "he will never leave our home." Karlee and Frog run Poles, Barrels and Flags.



Below is a picture of Lucky, her goat tying horse that is owned by her Grandpa Gene Laver. Lucky is 15 yrs old and has only one eye.

Karlee also had special wins at the Ryan White Benefit Rodeo at Fort Scott, Ks. where she was the Youth

Barrel Racing Champion. She also attended the Fort Scott Summer Series on Tuesday nights and brought home 2 new buckles in the Goat tail untying and the Barrels.

Karlee is a member of Eastern Kansas Timed Event Circuit. She also belongs to MEKWHA.

Over Christmas break, Karlee and her family were blessed with a trip to Arizona where she competed in barrels at Buckeye Arizona against Cayla Small and Ivy Conrado. It was exciting to run less than a second behind those Ladies and she brought home \$650 in prize money from that trip.

Karlee is very proud to have some amazing sponsors that helped her get to attend the National Little Britches Finals.

She sends a big Thank You to Better Equine, Paola Ks, ElJimeador Mexican Restaurant, Garnett, Ks., Twin Motors Ford, Tim and Teresa Henry, Iola, Ks., Beachner Grain, Parsons, Ks., Loomis Tack Supply, Iola Ks., KV Feed Shed, Orville and Susan Kroenke, Iola Ks, Citizens State Bank, LeRoy Ks, Pair of Boots Trucking, Welda Ks, and Ard Trucking, DeWayne and Janice Ard, Humboldt, Ks, Chancys Grill and Shake, Moran Ks.

Continued from Page 19

that I have a small mass on my aortic atresia and parathyroid.

So here I am back to where I began with Myofascial Release. What does that have to do with my results? It has to do with the trauma, inflammatory responses, and/or surgical procedures creating Myofascial restrictions. These restrictions can produce tensile pressures of approximately 2,000 pounds per square inch on pain sensitive structures that do not show up in many of the standard tests x-rays, myelograms, CAT scans, electromyography, etc.

Fascia is the connective tissue that holds us together. It is the most important part of the human body.

Sometimes we have Trauma to the Fascial tissue that causes adhesions. Then the fascia becomes globule (tight and bound down).

In all tests, they can only see what they can see. Understanding the fascial body is a blessing for me. All that is going on in my body is just the past trauma that I have had over my life causing a malfunction in the body that I have ignored for years. With Myofascial Release and working with Dr. Diehn and Dr. Brennan I see a very good healing journey for 2017.

~ Thanks for your Time, Kelly

Kelly Behnke - Main Body Works & EMT
Office 913-755-3768 | Cell 913-731-2535

THE ART OF *Blacksmith*



SHOEING THE ALL AROUND PERFORMANCE HORSE By Featured Writer Joshua Rushing

If you and your horse have a specific discipline then you probably have a farrier/shoeing program tailored to best suit your needs. However if you're anything like me, you never know from one weekend to the next if you'll be gathering cattle in open country, cowboy racing on dirt or grass, ranch sorting, working cowhorse in the arena, trail riding in rocky country, or maybe even taking in a local versatility show.

If you don't know already, I absolutely love shoeing horses, but I have a deep passion for good horses and horsemanship. I strive to create good all around horses. An all around horse to me, is a horse I can go do anything from trail riding to mounted shooting to performance work. I like my horses to know what a roping pen is, what a reining pattern is, and ultimately what a cowboy race is.

Today the equestrian world has so much to offer for disciplines. I'm not sure you could try them all in a life time. We sure can't afford to buy and take care of a horse for each one. So many of us have to ask our beloved equine partners to wear different hats from time to time.

As a farrier, my job is to help make sure each horse can do his job correctly and to the best of his ability. This is relatively easy if a horse has one specific job. Each discipline generally has a certain way to shoe a horse for optimum performance.

A western pleasure horse typically will have aluminum on the front to decrease weight and allow for more natural movement. A jumper will typically have a wide heavy shoe for support. It will often be

tapped for screw in studs to aid in traction. A reining horse will often have wide plates in the rear to decrease traction and allow it to slide to a stop.

These are all great and healthy modifications to help enhance a horse's performance. However, what about the all around horse? We can't put wide plates on the rear and go gather cattle on grass!



It would look more like equine figure skating! (You never know, this may be a new sport) You wouldn't want to go trail riding or packing with reining plates either. The aluminum we put on Western pleasure horses wouldn't hold up well in those rocky conditions either.

So how do we handle the all around performer? The jack of all trades, master of none type horse?

One thing is for certain. Any horse used for any kind of job deserves the best hoof care possible.

Continued on page 38

Continued from Page 12

Using the essential oils Frankincense and Myrrh, we anointed Bug while praying over her. This will assist in removing her fear, pain and to fill her with love, trust and hope.

To finish the session, we muscle tested her for an Essential Oil mixture to address the imbalances that we had identified earlier. Our oil mixture was applied to the acupuncture points Governing Vessel 3 & 4 and Bladder 27.

This will be continued for several days by Bugs owner between the hours of 3 and 5 pm. Applying the oil mixture during these specific hours is believed to be the most effect time as this is when the chi is cycling through those meridians.

We were curious after our 2.5 hour session, what Bug would be on her pain level. Our effort was very worth while as she tested at a 3.

The photo on the left was taken on July 13, 2016. This horse is standing straight legged. She is not resting a



foot like it appears. Notice the right hip muscles show atrophy.

The photo on the Right was taken on August 3, 2016 just 21 days after her therapy.

This is amazing proof of the wonderful benefit of these types of therapies. Proper nutrition, conditioning and care all are important to keeping our animals comfort-

able and ready to compete at the best of their ability. On August 6th, Bugs owner took her to a barrel race. She saddled and ponied her for about 15 minutes and could tell she was getting agitated. She decided to remove her from exercising around all the other horses and tied her to the trailer for awhile. After being tied to the trailer, she got even more agitated as she threw herself against it. She was then unsaddled and walked around. The rest of the day she was good.

We don't believe she was just being a brat, but dealing with the emotional and physical trauma from her past. We still have work to do and she is still in a healing process.

This picture taken August 10th just 28 days after her original therapy session.

Her hips at the top line are more level than before. Amazing improvement and continued proof that proper therapy works.



In looking at the sides of her hips, you can see how the left side of her hip is normal. (See black line length) compared to the right side. (See shorter black line) They are Not symmetrical.

Feelings and sensations are stored in the cells of the body, much like fact is stored in the cells of the brain. Using essential oils for clearing emotional blocked energy, you can release the negative energy and bring in positive energy. This balances the mind, the body and the spirit.

We use pure, medicinal grade Essential oils for both of these therapies. Raindrop and emotional therapy will be done for her next session.

Join us for our next issue and learn more about our progress with this equine athlete.

~ Jo Lene



Better Equine Dealer Group - Dealers for the entire line of the Total Feeds Family

Please Check out our Dealer Group for Total Feeds! They are here to Help you and your animals!



Learn more about Total Feeds by visiting www.betterequineinc.com/total-feeds.html



Kansas

E.B. Sprouts
Lyndon, Ks.

HARRIS FARMS
Erie, Kansas

KV FEED SHED
Iola, Ks.

KW CATTLE
Fort Scott, Ks.

LANSING LUMBER
Lansing, Ks.

RISING SUN LIVESTOCK INC.
Emporia & Strong City, Ks.

SHANE IRVIN HORSE TRAINING
Cleveland, Missouri

WASHINGTON ANIMAL HEALTH
Washington, Ks.

WM HORSE & CATTLE CO.
Louisburg, Ks.

Missouri

4W's FEED STORE
Higginsville, Mo.

CARSON'S FEED & PET
Concordia, Mo.

JED BATTSON
Sedalia, Mo

COLSON FARM
Centerview, Mo.

KEN & KARI MASON
MISSOURI VALLEY COLLEGE
Marshall, Mo.

Milne Arena and Feed
Oregon, Mo.

MATTHEW JOBE
Windsor, Mo.

ODESSA FEED & PET
Odessa, Mo.

PILOT GROVE COOP
Pilot Grove, Mo.

Redden Ranch
Ravenwood, Mo.



Continued from Page 35

Balance and support are an absolute must when it comes to performance across all disciplines. A steady consistent farrier program is very important along with a total and complete diet. People ask me all the time about supplements for feet specifically. There are feeds out there now that are complete and should have everything your horse needs. I don't typically recommend supplements unless feet are abnormally unhealthy.

So when I'm shoeing a horse who has many jobs I like to start with a good solid shoe up front. One of my favorites to use is a St Croix Eventer. It is a wide web rim shoe with a rolled toe. The rim will help provide traction on multiple terrains and the rolled toe will help increase break over. It's a really versatile shoe and works really well in many different situations. The wide web increases protection and support. I also like to use a Kerckhaert's Sx8 when a rim isn't necessary.



Now for the hind feet. I typically run a narrow plate. These are not for every horse but for those that are often used in and out of the arena, they can be a good compromise. They are not much wider than a typical keg shoe but the nail groove is absent. This decreases traction just enough to allow for a little more slide in those hard stops. They are often used in the beginning stages of training for young reining horses.

I use them a lot on cutters or calf/heel horses



where a lengthy slide isn't necessary. They work great for Cowboy Race horses that must perform on several different types of dirt or terrain. They are narrow enough to provide a bit of lateral traction making those outdoor jobs manageable. They are not ideal if you want to slide thirty feet but they work great for practical using horse type situations.

If your all-rounder doesn't see much dirt, then I would lean towards a typical keg shoe. I like Kerckhaert's standard or hind pattern for the rear. I don't care much for rims or other traction devices on the rear unless conditions absolutely demand it. Too much traction can be hard on joints and tendons.

It's important to visit with your farrier and discuss your goals and performance needs from your horse. If possible, try to know in advance what shows or disciplines you may be doing during that shoe cycle. That way adjustments or shoe changes can be made if necessary.

Joshua Rushing

[Shoe-n-R Horsemanship and Farrier Service](#)

620-224-6562



Continued from Page 16

our daughter was a difficult one. We were desperately looking for a connection something for Thayer outside of the home that would empower her. My friend gave me Melissa's name and I contacted her right away. Her Ranch was exactly what we were seeking for our daughter. We were thrilled to connect with Melissa. Thayer's eyes were lit up the entire time we were at the ranch. Thayer has sensory needs and LOVES horses,



and she immediately connected with Melissa and with the horses. Thayer looks forward to "going to the horse" with extreme enthusiasm. Melissa and Stephanie work with Thayer and allow her to have some control of what happens that day.

Thayer on Mouse and Stephanie with Toots off on a ride to the lake.

Some days Thayer wants to just go for a ride and help clean up the stables. Other times she may want to do ground work and lead Mouse around. She comes home full of excitement from what she did that day.

I thank God for Melissa and the work she does at Living Life Ranch. I can't wait to see what all Thayer learns about riding and even more importantly the connection and discipleship that will come from her time at Living Life Ranch.

--Brandi Alt

We started our daughter in lessons with Melissa at Living Life Ranch in December. In only a short time this has given our family a sense of hope. We have desperately struggled to stabilize our sweet girl. Kelbi, now 11, was diagnosed bipolar at a young age. We have struggled to find any likable interest for her. Seeing Kelbi smile

the whole time she's at the ranch is reassuring this is the place for her. She looks forward to going to each and every lesson. I love to hear her tell people about her experiences at the ranch.

In this picture we are discussing the importance of properly having your foot in the stirrups.

Her favorite thing to do is trot. She has a liking for speed! One thing that surprised me is that I realized how scared of horses I am. It amazes me the confidence she has around them. She has no fear and I see the confidence she experiences there reflect in her every day life. Our family is so grateful to Melissa and can't wait to watch Kelbi and the ranch grow.

--Kera Owens



Please Come and Enjoy the journey with us.

Living Life Ranch ~ Melissa Cowan

Children that we serve at Living Life Ranch will be offered through hands-on experience, the values of God's Love, hope, trust and faith.

Contact us at 913-731-5579
www.LivingLifeRanch.com
contact@livingliferanch.com



Continued from Page 4

Randy began to explain the process of wetting the leather, molding, carving, painting. Hard work and countless hours goes into each piece. I love looking



at all the creations that this top craftsman can do.

I ask Randy, “when did you realize you had a passion for working with leather.” Randy explained “When I was in elementary school, I asked for a Tandy leather working kit for Christ-

mas. I began with that set, and a great art teacher.” His passion grew each year as he studied different leather work techniques.

Through the years, Randy and his son Riley have spent hours together in the leather shop. Riley seems to have a “natural” knack for leather work. In no time at all, his pieces like his fathers, were winning awards too in the International Federation of Leather Guilds shows. There are three different levels of show competition; open, advanced and master. This is the only organization in the world that can issue a certification to a leather worker on his or her skill level.

Their passion and winnings were first featured in a 2005 article written by Bob Harrington for the Miami County Republic. Since then several publications have focused on Cornelius Saddlery’s continued talent with various leather work.

Saddle restoration is another service that Randy offers. He loves the history behind each saddle he works on. This is an old Hamley saddle, it came in for some minor repairs. Randy knew it was old and decided to call Hamley’s as they were still in business. Randy was able to get the date the saddle was or-



dered, 1938, who ordered it, who the saddle maker was that made it and the delivery date. The customer was really happy to find out this information.

He really enjoys the custom work. Creating his customers visions of belts, chaps, chinks, holsters, lamps, shaving kits, and the likes, these special projects keeps his creativity flowing and challenges his skills.

Randy and his wonderful wife Debbie are enjoying their trips together. Whether on horseback or motorcycle, they love spending their time adventuring new places.



Life is a Journey, Enjoy The Ride..~Jana Barcus

Continued from Page 21

have to do with how you compete (I kept my mind in the moment with every shot).

8. Write down goals that are agreeable to you, that you will commit to, and that you are willing to accept as your own. These are YOUR goals and should represent what you want to achieve, not what you think others want you to accomplish.

9. Involve others. Let your supporters (friends, family, training partners) know what your goals are so they can help you stay accountable to those goals.

FITNESS

You've decided on the dates of all the competitions you want to attend this season, now you need to think about your horse's fitness and your own. It is essential that you are fully prepared to be able to achieve your potential. As you design the fitness program for you and your horse, keep these points in mind:

- Consider your fitness goals. Are you starting a fitness program to help lose weight? Or do you have another motivation, such as preparing for this year's shooting season? Having clear goals can help you gauge your progress and stay motivated.
- Create a balanced routine. Try to get about 30 minutes of aerobic exercise on most days of the week for both you and your horse. Also aim to incorporate strength training of all major muscle groups into a fitness routine at least two days a week for both you and your horse.
- Start low and progress slowly. A good fitness program will gradually improve both you and your horse's range of motion, strength and endurance.
- Build activity into your daily routine. Finding time to exercise can be a challenge. To make it easier, schedule time to exercise for both you and your horse as you would any other appointment.
- Plan to include different activities. Different activities (cross-training) can keep exercise boredom at bay. Plan to alternate among activities that emphasize different parts of the body, such as walking, trotting, loping, drill work, and strength training.
- Allow time for recovery. Plan time between sessions for both you and your horse's body to rest and

recover.

- Put it on paper. A written plan may encourage you to stay on track.

TACK

Now that you and your horse's fitness plans are set in motion it's time to start thinking about the proper equipment you need to be able to compete successfully. Your horse's tack is a vital element to competition success. From previous experience, would your horse benefit from a tie-down or a different bit? Would a shooting saddle support you more than a roping saddle?

Check that your old tack is still in good working order. Sometimes it can become worn which will make it prone to breaking at inconvenient moments. Is the Velcro on your horse's support boots still strong? Are they free of tears and holes?



What about you, do you have the right equipment for mounted shooting? Do you have a good, solid set of shooting holsters and belt? How are your guns, are they in good working order?

Last but not least, make sure your trailer is packed with all the essentials you need, including first aid treatments for you and your horse. Also pack spare tack, clothes, buckets, and grooming gear.

There you have it, out with the old and in with the new for 2017! With these tips, you are sure to make yourself look smart for the new shooting season and ooze professionalism at every competition.

Be sure to join the Kansas Cowboy Mounted Shoot-
Continued on Page 43

Continued from Page 22

el called the “Special”. This particular saddle was one half of a “his and her set. The couple who originally owned them had a son who competed in the US and Canada. They followed him and rode their horses with these two saddles in parades and rodeos. A later owner from Texas entered many parades in Texas, Oklahoma and Louisiana. When she retired she sold both saddles to the owners of paradesaddlearchive.com. The “Her’ saddle went to a Roy Rogers Museum in Canada. The pictures shows the complete set—saddle, bridle, breast collar, silver reins, tapaderos, serape hip drop, vintage wool corona blanket, pair of Crockett parade spurs, gun belt with double holsters and two nickel plated pistols!

Adornment on Ted Flowers’ saddles ranged from germen silver, stainless steel, monel, brass and copper to the less often used sterling silver. His fancier saddles sometimes had an Indian or horse head for decoration made of 14 carat gold inlay. One such model called “the Royal” once belonged to an official connected with the great American Royal, Kansas City, MO.

My efforts to find some local parade saddles yielded



only one. Others had slipped away through auctions and trades. This beautiful saddle has a place of honor in the owner’s home. Very little history came with it. The grandfather of the present owner purchased this saddle. The owner’s aunt had another not quite so fancy parade saddle. The owner believes the

two saddles had been used on a matching pair of parade horses ridden by his grandfather and aunt.



The owner states that the saddle has been in his family for 70 years. He thinks the adornments are both some kind of silver and stainless steel. A makers mark on the back of the saddle indicates Jude Knapp from Wyandotte County KS built the saddle.

I know many of our readers are too young to know about parade saddles and their rich history in the United States.

I hope all of you have enjoyed learning something about these unique saddles and the role they played in horse shows, movies, and parades.

~ Janice Pack

We want to thank Pat at www.ParadeSaddleArchive.com for permission to use the Ted Flowers Parade Saddle Picture.

You Rip It! We Fix It!

Stable Blanket Repair

Sue Vogler
18755 S. Kiowa Rd
Claremore, Ok 74017
Call for Pricing – Repairs Guaranteed
918-698-4883

Continued From Page 41

ing Association for our 2017 shooting season! We will be hosting two weekend shooting competitions at the Better Equine Arena in Paola, Kansas on April 8th & 9th and May 13th & 14th.



May 13th is also their Customer Appreciation weekend. Come out for drawings and special prices on

Tack and more! Free to spectators and ALL are welcome!!

For more information on Cowboy Mounted Shooting, visit our website at www.kansascmsa.com or at www.cowboymountedshooting.com.

Til We Meet Again! ~ Shannon Rowl



Open Range Fellowship and Area Cowboy Churches presents;

The Ultimate Partnership

A day of fun, faith, fellowship and horses!

Saturday May 6, 2017

Lone Wolf Ranch, 22801 State Line Rd., Cleveland, MO 64734



Open Range Fellowship will be "Partnering Up" with other area Cowboy churches and fellowships using the horse/human partnership to help teach us about the "Ultimate Partnership" that each of us can have with Jesus Christ!

9:00 - 12:00 Horsemanship Clinic - Cal Noyons

12:30 - 3:30 Introduction to Working Equitation - Bill Walton

3:30 - 6:00 Evening program including Cowboy Church and special presentations from Cal Noyons and Bill Walton.

6:00 PM Chuck Wagon Dinner \$10.00 (must buy tickets in advance)

FREE SPECTATOR ADMISSION!! \$75.00 to ride in one of the clinics!

BRING A FRIEND AND COME JOIN US!

Please contact Terri DeLouche for dinner tickets or more info at 660-441-1697



Protecting your greatest assets since 1974.



Farm and Ranch

- Package Policies
- Auto
- Scheduled Tack
- Equine Mortality
- Full Mortality
- Cargo and Transport
- Major Medical

Boarding

- Care, Custody and Control
- Therapeutic Riding
- Trainer General Liability
- Property of Others
- High Value Arenas
- On-Site Events

Visit ElliottInsuranceGroup.com

Phone: 888.228.5375





Everything Horses and Livestock Magazine
29545 Pleasant Valley Road
Paola, Kansas 66071