



THE SMART SENIOR'S GUIDE  
— TO —  
A PORTRAIT PERFECT FACE





Pictures from magazines of makeup and hair styles that you like are always helpful to bring with you. It gives the artist an idea of the type of look you are going for. Bring several ideas from our Pinterest boards!

Exfoliate with a physical exfoliator at least 2 days prior to your application session. It will help reduce dry patches and texturing. It will also smooth your skin which will make your airbrush foundation apply smoothly to your face.



Wash your face thoroughly before your session and apply a hydrating moisturizer. The foundation will apply more evenly if your face is prepped and ready before any color is applied.

Try to avoid using products containing salicylic acid at least 3 days before your appointment. It can leave your skin red and extremely dry which can look patchy and textured.





Be sure to get a good night's rest prior to your appointment... there is nothing attractive about puffiness and bags under the eyes. Apply some ice cold tea bags to your eyes if you wake up with any issues.



Don't tan in the natural sun or tanning beds for an entire 2 weeks before your session. You could appear really red or even burn. Porcelain skin photographs best as it can actually reflect the light from our shoot beautifully!

For the entire week before your session, use your toothbrush to brush your lips vigorously. Then apply Vaseline or Mentholatum to your lips and sleep in it. This will make your lips smooth and ready for lipstick. Chapped lips looks awful in camera (and let's face it, in life too).



Be sure to wear a loose, light colored shirt with a large neckhole or a button up for easy removal after your makeup & hair session. You don't want to smudge your face with your favorite shirt!

Please GROOM your brows so they look clean! There's nothing more messy than errant hairs! Do not have your eyebrows waxed for at least a week before your session. It can cause a lot of redness and swelling. In some cases even some scabbing.



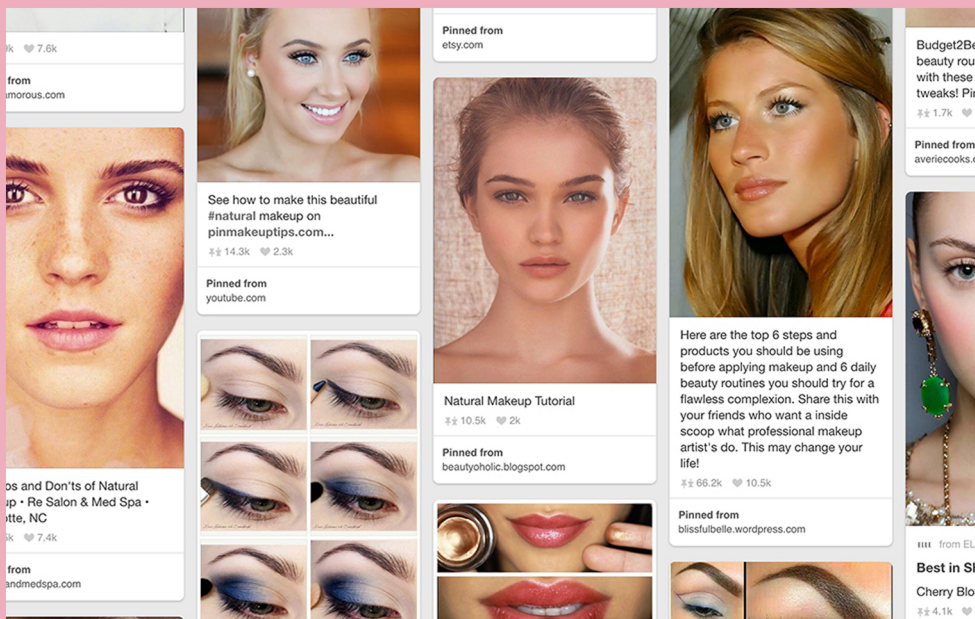


# PINTEREST

Please use the following links (my Pinterest boards) to pull/print inspiration for your makeup and hair for your senior portrait session! Remember to take into account different hairstyles and makeup looks to keep your style fresh and modern throughout your session!

[www.pinterest.com/victoriabidez/fresh-faces](http://www.pinterest.com/victoriabidez/fresh-faces)

[www.pinterest.com/victoriabidez/locks-i-love](http://www.pinterest.com/victoriabidez/locks-i-love)





[WWW.VICTORIABIDEZ.COM](http://WWW.VICTORIABIDEZ.COM)